

Name: Victor Romero

## Your learning style is KINAESTHETIC.

Someone with a Kinaesthetic learning style has a preference for physical experience - touching, feeling, holding, doing, practical hands-on experiences. These people will use phrases such as 'let me try', 'how do you feel?' and will be best able to perform a new task by going ahead and trying it out, learning as they go. These are the...

1. When I operate new equipment I generally: Read the instructions first

 Listen to an explanation from someone who has used it before Go ahead and have a go, I can figure it out as I use it

When I need directions for travelling I usually: Look at a map Ask for spoken directions

Follow my nose and maybe use a compass

3. When I cook a new dish, I like to: Follow a written recipe Call a friend for an explanation

Follow my instincts, testing as I cook