Your learning style is VISUAL.

Someone with a Visual learning style has a preference for seen or observed things, including pictures, diagrams, demonstrations, displays, handouts, films, flip-chart, etc. These people will use phrases such as 'show me', 'let's have a look at that' and will be best able to perform a new task after reading the instructions or watching someone else do it first. These are the people who will work from lists and written directions and instructions.

- 1. When I operate new equipment I generally:
- Read the instructions first
 Listen to an explanation from someone who has used it before
 Go ahead and have a go, I can figure it out as I use it
- 2. When I need directions for travelling I usually: Look at a map
- Ask for spoken directions
 Follow my nose and maybe use a compass
- 3. When I cook a new dish, I like to:
- Follow a written recipe
 Call a friend for an explanation
 Follow my instincts, testing as I cook