



Meet the Expert - Schizophrenia Cases

OBJECTIVES

- To provide scientific updates on the current disease management and treatment strategies of schizophrenia.
- To enhance expertise sharing through in-depth scientific discussion on challenging schizophrenia clinical cases.

ONLINE WEBCAST

**Thursday, 19th November 2020,
19:00 - 21:00 (SGT / GMT+8)**

This virtual medical educational event is intended only for **Healthcare Professionals** practicing in Hong Kong, Singapore, Taiwan and Thailand.

PROGRAMME

19:00 – 19:05	Welcome Address Dr Hakimi Meor
19:05 – 19:10	Introduction to the webinar & expert speaker Prof Swapna Verma
19:10 – 19:45	Lecture: Today's challenges in managing schizophrenia patients Prof Eric Chen
19:45 – 20:20	Case – A: Managing acute schizophrenia with metabolic concerns Dr Charmaine Tang Prof Swapna Verma Prof Eric Chen
20:20 – 20:55	Case – B: Managing treatment-resistant schizophrenia A/Prof Pornjira Pariwatcharakul Prof Swapna Verma Prof Eric Chen
20:55 – 21:00	Summary Prof Swapna Verma

SPEAKERS PROFILE



Professor Eric Chen Yu Hai, MA(Oxon), MBChB(Edin), MD(Edin), FRCPsych, FHKAM(Psychiatry) is the Chi-Li Pao Foundation Professor in Psychiatry and Chair Professor at the Department of Psychiatry, Lee Ka Shing Faculty of Medicine, University of Hong Kong.

Prof. Eric Chen studied medicine at Oxford and Edinburgh Universities. He received specialist psychiatry training at Nottingham and continued senior training in Cambridge, working with top scientists from the Cambridge University Department of Psychiatry and the Medical Research Council Applied Psychology Unit. There he developed his research interest in cognitive neuroscience approach to psychopathology, in particular schizophrenia and psychosis. EC embarked on a number of longitudinal studies on psychotic disorders in Hong Kong. He has led the development of a specialised early intervention service for psychosis in Hong Kong, the internationally recognised EASY service (Hospital Authority). With the EASY service, EC and the team endeavoured to map out the clinical pathways in the initial critical years following psychosis onset. One important piece of knowledge assembled by the team is the role of maintenance treatment following first episode psychosis (published in the BMJ). This addressed a very significant clinical problem and has attracted widespread attention. Another collaborative study (together with Professor William Honer) address the treatment of patients who became treatment refractory (published in the NEJM). He has published over 200 research articles, including 1 book and over 10 book chapters. These articles has appeared in top medical journals such as the New England Journal of Medicine, the Lancet, and the British Medical Journal.



Professor Swapna K. Verma is the senior consultant psychiatrist and the Head of Department Psychosis and East Region at Institute of Mental Health, Singapore.

She completed her residency training in Psychiatry at Baylor College of Medicine in Houston, Texas, USA and is a board-certified psychiatrist. She started her academic career with the Singapore Early Psychosis Intervention Programme (EPIP) in 2001. As the Chief of EPIP, she ensured that EPIP was at the forefront of patient care, research and training. EPIP has won prestigious awards including the WHO award for research in health promotion in 2004 as well as the inaugural National Medical Excellence Team award in 2008. She is also the Programme Director of the Community Mental Health Assessment Team, a youth mental health initiative which was launched in 2009.



Dr. Charmaine Tang Yu Zheng is a consultant psychiatrist and the Head of Early Psychosis Intervention Programme at Institute of Mental Health, Singapore.

She graduated with MBBS from National University of Singapore, and MRCPsych in the United Kingdom. Her research area and interest include first episode psychosis and active in teaching medical and nursing undergraduates, residents, junior doctors and allied health professionals.



A/Prof Pornjira Pariwatcharakul is an Associate Professor in the Department of Psychiatry, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand.

She graduated with MD and FRCPsychT from Mahidol University. She then completed MSc in Clinical Neuroscience (Distinction) at the Institute of Psychiatry, King's College London and Research Fellowship in Neuropsychiatry at South London and Maudsley NHS Foundation Trust, and obtained MRCPsych qualification from the Royal College of Psychiatrists, United Kingdom. Her main clinical and research interests are in neuropsychiatry, mood disorders, clinical psychopharmacology and consultation liaison psychiatry. Her researches have been published in multiple peer reviewed journals in Thailand and internationally.