



## OUR MISSION

we provide information and inspire hope to people fighting against breast cancer. A safe place for fighters, survivors, and supporters to build community where everyone feels comfortable to share their stories.



## 1 IN 8 WOMEN

in the United States will develop breast cancer in her lifetime.



## CONNECTION

a contact form that connects the user to the community.



## FORUM

a immediate medium for users to express their thoughts.

## SOCIAL GOOD

a helpful resource for breast cancer patient.



## SIMPLE

a simple and user friendly design.



A PROJECT FROM  
THE WEB  
PROGRAMMING  
COURSE @UNION  
COLLEGE



# BREAST CANCER BUDDIES

YOUR BUDDY IN A CLICK.

CREATED BY An, Gio, Jon, Minh  
INSTRUCTOR Prof. Zeynep Orhan

a clean, easy-access homepage with useful links to external resources.



## 1 IN 8 WOMEN

in the United States will develop breast cancer in her lifetime.



created by an, gbo, jon, msh for csc 240 - 2020



## STORIES

a journal that uploads real stories submitted by users.

the sample stories are collected from **real breast cancer survivors** that were interviewed.



SHOT OF

Stories from Patients of Breast Cancer

Please read below stories from previous patients of breast cancer!

STORY 1: JNG | AGE: 45

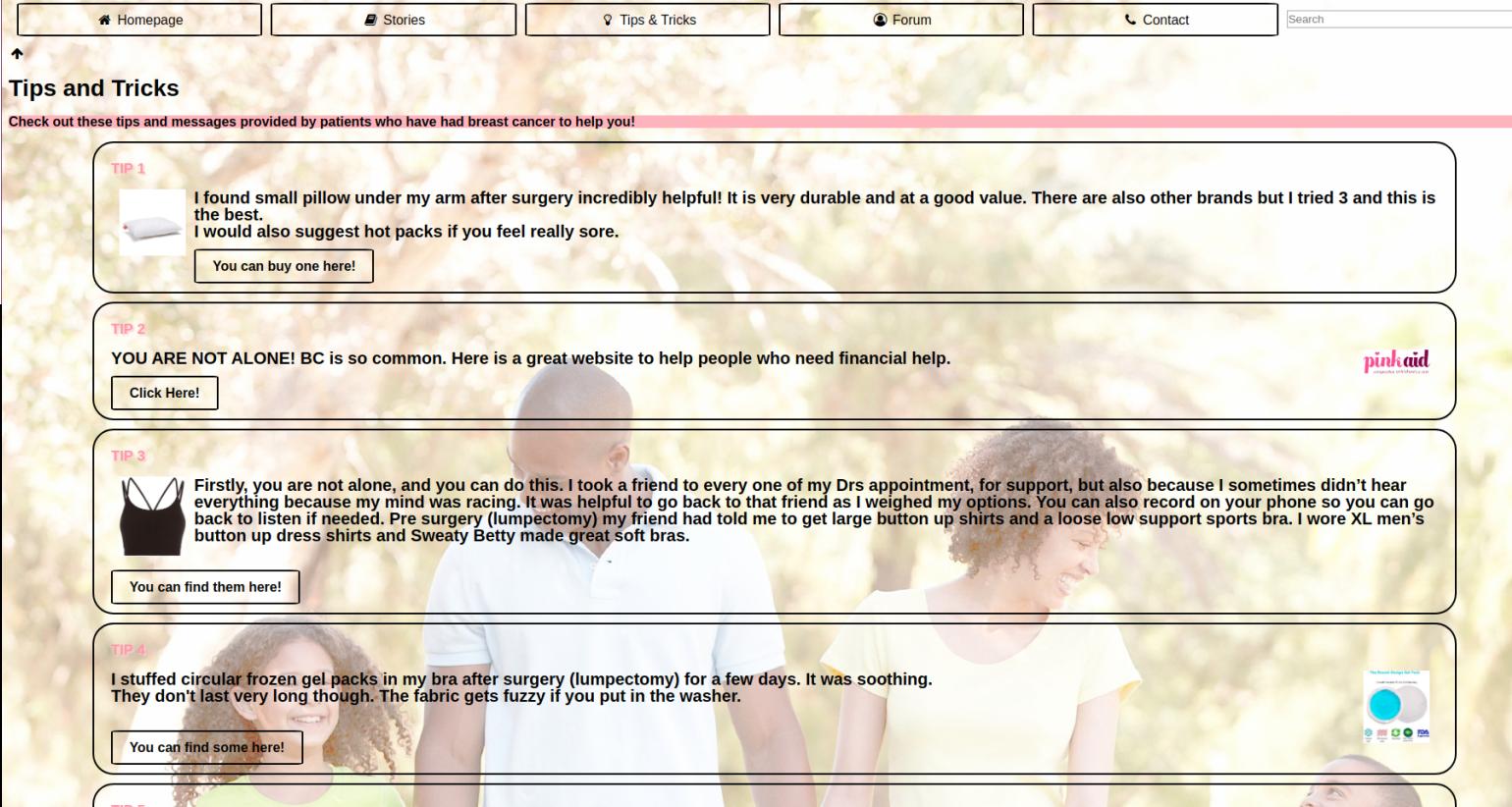
The radiologist came out after my routine mammogram and said that there was an area that he thought needed to get biopsied. I was in complete shock that I could possibly have breast cancer. I convinced myself that the biopsy would be negative. However, to my amazement, the biopsy was positive and it showed that I did have breast cancer. I was sure that it would be very very early and very small and therefore plan to do a lumpectomy followed by radiation. Once again I was surprised. It turned out that the margins from the piece that was removed were positive and more extensive surgery was required. I scheduled a bilateral mastectomy. I was so frightened. I had so many questions. I cried every night in the shower. But I was fortunate my PET scan was negative - indicating that there was no spread outside of the breast. Although the recovery from surgery itself was painful, it was not long before I was back at work and in my usual state of health. I went back to running and exercising regularly and I no longer cried! In fact I felt very happy and very fortunate!! I have to say that the experience taught me a lot, allowed me to meet people that I might not have met, gave me perspective, and I can honestly say that I am truly grateful that I did the surgery and I am a happy person!! I have spoken to many people before their surgery and I would be happy to help anyone else going through the same procedure. I wish all of you health and happiness.

STORY 2: MN | AGE: 46

I was 46 years old when I was diagnosed with breast cancer. I ended up having to do a bilateral mastectomy but I can honestly say it was one of the best things I ever did!! My kids were 10, 13 and 14 years old. I think one of the hardest parts in the beginning was not knowing what the future would bring and deciding whether or not I was going to talk to my kids about what was happening. At first I decided that way I would not tell them because I didn't want to upset them, worry them. However one of my friends texted me well intentioned thoughts saying: "we're going to get through this together we're all working with you!!" For some reason my daughter read the text looked at me and said "oh my God you have breast cancer!!" I really didn't know how to respond because yes I did have breast cancer but no I wasn't ready to discuss this with her or my younger children. I knew I had to be honest. I felt like honesty was so important in my family. And I expected my children to be honest with me. So I did tell her but, yes, I also said that we were going to do surgery and everything was going to be OK!! I think that once the information was out and in the family it was actually

# TIPS AND TRICKS

several helpful tips  
that are collected  
**real breast cancer**  
survivors.



Check out these tips and messages provided by patients who have had breast cancer to help you!

**TIP 1**  
I found small pillow under my arm after surgery incredibly helpful! It is very durable and at a good value. There are also other brands but I tried 3 and this is the best.  
I would also suggest hot packs if you feel really sore.  
[You can buy one here!](#)

**TIP 2**  
YOU ARE NOT ALONE! BC is so common. Here is a great website to help people who need financial help.  
[Click Here!](#)

**TIP 3**  
Firstly, you are not alone, and you can do this. I took a friend to every one of my Drs appointment, for support, but also because I sometimes didn't hear everything because my mind was racing. It was helpful to go back to that friend as I weighed my options. You can also record on your phone so you can go back to listen if needed. Pre surgery (lumpectomy) my friend had told me to get large button up shirts and a loose low support sports bra. I wore XL men's button up dress shirts and Sweaty Betty made great soft bras.  
[You can find them here!](#)

**TIP 4**  
I stuffed circular frozen gel packs in my bra after surgery (lumpectomy) for a few days. It was soothing. They don't last very long though. The fabric gets fuzzy if you put in the washer.  
[You can find some here!](#)

**TIP 5**

WITH LINKS  
TO THE  
PRODUCTS  
AND  
EXTERNAL  
RESOURCE





## NAVIGATION BAR AND A SEARCH BOX FOR EASY ACCESS



FORUM

a real, functional forum created using nabble.

Homepage Stories Tips & Tricks Forum Contact Search

Refresh Permalink Login Register

Breast Cancer Buddies

New Topic Topics View People Options

Sub-Forums & Topics (4)	Replies	Last Post	Views
Not Diagnosed but Concerned (0 topics)	0	Empty	3
Tests and Treatments (0 topics)	0	Empty	2
Day-to-Day Matters (0 topics)	0	Empty	1
Inspiration (0 topics)	0	Empty	1

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Sun Mar 08 2020 22:41:09 GMT-0400 (Eastern Daylight Time)

created by an, gio, jon, minh for csc 240 - 2020





COLLAPSABLE  
NAVIGATION  
BAR

## Contact Us!



Name  ex: John D. Doe or "Anonymous" if you would like

Email  ex: youremail@example.com

You are a...  Current Fighter  Birthday  mm/dd/yyyy

Survivor

Medical Staff

Family

What would you like to tell us?

Write a message to us!

I would like to receive newsletters and communication emails.

## CONTACT FORM

a real contact form that utilize php for users to contact the website masters.

WE HOPE THAT THIS PROJECT  
WOULD ONE DAY BE  
IMPLEMENTED IN REALITY,  
PROVIDING SUPPORT FOR  
BREAST CANCER PATIENTS,  
SURVIVORS, AND SUPPORTERS.



thank you professor Zeynep and our 240 classmates for your guidance and feedback!