

Balancing Touch LLC Services:

Massage Therapy

Relaxation...

Classic techniques are utilized to deliver a therapeutic soft tissue massage. A firm but gentle pressure is used to ease muscle tension and provide deep relaxation. Feel soreness and fatigue melt away. 30 min \$40/ 60 min \$70/ 90 min \$100/ 120 min \$130

Deep Tissue...

This massage is for the client suffering from chronic pain. Your problem areas will be addressed with slow, deliberate strokes to access the deeper tissue layers. You will leave with better range of motion and decreased muscle tightness. 30 min \$50/ 60 min \$80/ 90 min \$110/ 120 min \$140

Mom-to-be...

Our custom designed pregnancy pillow provides a mother-to-be with a relaxing way to receive a massage. Mom can comfortably relieve stress, neck and back discomfort. (12+ Weeks)

30 min \$45/ 60 min \$75

Hot Stone...

Heated Basalt Lava stones are used to massage and loosen your tight muscles, relieve stress and ease tension. Leave with a warm, relaxed feeling in your muscles and your mind.

60 min \$80/ 90 min \$100

Cupping Therapy...

Discover the magic that cupping can do for your body. Utilizing the ancient art of suction (or negative pressure), cupping provides amazing therapeutic results in far less time than regular massage. Skillfully applied cups pull and stretch the body's tissues, myofascial adhesions, stimulate the movement of your lymph, clear interstitial debris and initiate the parasympathetic nervous system.

The cupping session also incorporates some massage.

30 min \$55/ 60 min \$85/ 90 min \$115

Add ons...

Add CBD to any massage \$15

Hot Stone Spot treatment \$10

Steamy Wonder Steam

Tent \$25 (additional 20-30 mins)

Far Infrared Sauna Session mins)	\$35	(30
Ero fin - hands or feet for both)	\$10	(\$15

Body Treatments

Fresh Sugar Scrub...

Let our crisp sugar scrub exfoliate, nourish, and leave your skin soft and glowing, (may add essential oil of your choice to personalize your experience).

60 min \$75/ 90 min \$95

Hydrating Seaweed Wrap...

Relax while being wrapped up in our soothing seaweed gel that hydrates and plumps skin.

60 min \$75/ 90 min \$95

Detoxifying Body Wrap...

This aroma algae wrap is hydrating and detoxifying, the algae stimulates circulating and improves elasticity.

60 min \$75/ 90 min \$95

Ero Fin Body Treatment...

This ultra hydrating service uses Ero Fin - a no paraffin, petroleum, synthetic fragrance or dyes paraffin alternative. A full body massage is performed using the ultra rich ero fin in place of massage oil or lotion to seriously moisturize thirsty skin. Then you are cocooned in a thermal blanket to seal in moisture.

Choose from several scents to suit your needs.

- * Unscented (may add essential oil) 75 min
\$100/ 105 min \$130
 - *Retreat: Coconut and Pineapple 75 min
\$100/ 105 min \$130
 - *Happy: Raspberry and Grapefruit 75 min \$100/
105 min \$130
 - *Relax: Lavender and Vanilla 75 min \$100/
105 min \$130
 - *Eucalyptus CBD 75 min \$110/
105 min \$140
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Facials

Basic Facial...

Express facial includes skin analysis, cleanse, exfoliation, steam, mask and moisturizer. For those who get frequent facials as maintenance or want a quick facial on lunch break. 45 min \$60

Ultimate Facial...

This ultimate facial focuses on skin analysis, cleansing exfoliation, steam, extractions toner, mask and moisturizer with massage of the neck and shoulders.

70 min \$85

Men's Classic...

Treat your over-stressed skin from everyday shaving and outdoor elements. This facial softly removes impurities with a thorough cleansing, exfoliation, and mask. Includes massage of neck and shoulders.

70 min \$80

CBD Facial...

Reach new heights with this MEGA CBD facial. See the difference that CBD makes in all skin types. Whether you are combating aging, acne or sensitive skin. CBD helps skin reach a state of balance.

75 min \$115

Treatments

Hydrating Enzyme Treatment...

Dry skin got you down? This treatment is the perfect pick-me-up with its exfoliating and hydrating masques and serums that will infuse moisture back into the skin.

75 min \$105

Firming Peptide Treatment...

An anti-aging exfoliating treatment that utilizes the protease enzymes to firm, tighten and hydrate skin. Using five potent peptides to stimulate collagen- peptides, synthesis, rejuvenating and strengthening connective tissues for firmer, healthier, and younger looking skin.

75 min \$110

Back Skin Treatment...

This treatment utilizes skin appropriate products to exfoliate and decongest the skin. You will get a cleanse, steam, exfoliation, mask and moisturizer.

60 min \$70

LED Light...

Add on to any facial- LED light therapy utilizes a dual- wavelength LED system that activates skin cells to promote healing and anti-aging by stimulating collagen and elastin formation.

LED light therapy is also beneficial for the treatment of blemishes, age spots and acne.

Add on to any facial \$35 with additional 30 mins