



Date: 1st March 2025

Organized by: Yenepoya Allied Health Sciences

Speaker: Dr. Priyanka SANGURMATH

Duration: 1 Hour

1. Introduction

Yenepoya Allied Health Sciences organized a Cancer Awareness Session on 1st March 2025 to educate students about cancer prevention, risk factors, early detection, and available treatments. The session was conducted by Dr. Priyanka SANGURMATH, a medical expert in oncology, who provided valuable insights on the topic.

2. Objectives of the Session

The primary objectives of the session were:

- To create awareness among students about different types of cancer and their causes.
- To highlight the role of lifestyle choices in cancer prevention.
- To emphasize the importance of early detection and regular screenings.
- To address myths and misconceptions related to cancer.

3. Session Details

The session commenced with a welcome speech by Rupsa Ma'am, who emphasized the need for spreading cancer awareness among students and the general public.

Dr. Priyanka SANGURMATH then took the stage and began by explaining the rising prevalence of cancer globally and in India. She elaborated on the most common types of cancer, including breast cancer, lung cancer, cervical cancer, and oral cancer, and discussed their symptoms, causes, and potential treatments.

A major highlight of the session was the discussion on preventive measures, where Dr. Priyanka SANGURMATH stressed the importance of:

- Healthy eating habits
- Regular exercise
- Avoiding tobacco and alcohol
- Routine medical check-ups

She also explained the significance of self-examinations and early screening tests, which can significantly increase survival rates if cancer is detected at an early stage.

4. Interactive Segment

The session included an interactive Q&A segment, where students actively participated by asking questions and clarifying their doubts.

Dr. Priyanka SANGURMATH addressed several myths surrounding cancer and provided scientific explanations to debunk misinformation.

5. Conclusion

The session concluded with a vote of thanks by Deena Ma'am, followed by the presentation of a memento by the Vice Principal, Deena Ma'am, and the President of the Rotaract Club of Yenepoya.

They expressed their gratitude to Dr. Priyanka SANGURMATH for sharing her knowledge and to the students for their enthusiastic participation.

The event successfully raised awareness about cancer and encouraged students to take proactive measures to maintain their health and well-being.



6. Outcome of the Event

- Increased awareness about cancer symptoms, causes, and prevention.
- Encouraged students to adopt a healthier lifestyle.
- Addressed misconceptions and myths about cancer.
- Emphasized the importance of early detection and medical check-ups.

The Cancer Awareness Session was a highly informative and engaging initiative by Yenepoya Allied Health Sciences, reinforcing the importance of health education in the fight against cancer.

Report by:

Rtr. Abdullah Ishaqui

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Rotaract Club of Yenepoya.

SOME GLIMPSE OF THE SESSION

