



Social Internship Report

2nd june 2025 - 9th july 2025



CHANDIGARH
UNIVERSITY

Discover. Learn. Empower.

University Institute of Engineering (UIE)

Submitted by:

Name: GAURAV KUMAR
UID: 24BCS12437
Section: 712(A)
Program: BE-CSE

Submitted to:

Name: Mr. Sheikh Afaan Farooq
(Department Social Internship
Coordinator)



Letter by the Gram Sarpanch

Date : 20th June - 2025

To whom It May Concern

This is to certify that Grawov Kumar, a student of BE-CSE, Chandigarh University, completed social internship activities in village Belai Tiraskund from 2nd June 2025 to 20th June 2025, contributing a total of 45 hours of community services.

During this period, He actively participated in a range of impactful activities aimed at promoting social welfare and raising awareness within our village community. These initiatives played a valuable role in educating residents, addressing local issues, and fostering community engagement. Grawov Kumar exhibited dedication, responsibility, and enthusiasm throughout the internship and worked closely with villagers, making meaningful contributions.

We appreciate his efforts and extend wishes for future endeavours.

Sincerely,

Rekha Devi

Sarpanch, Belai Tiraskund

Shot on OnePlus 5
Contact: 9123456789

सरगांडी
सरपंच
दाम कर्तवी नेरसकुड
प्रशाण्ड-फलटीविसगंड (अरोरेली)



Letter by NGO

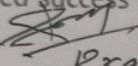
Date: 02/07/2025

To Whom It May Concern,

This is to certify that GAURAV KUMAR , a student of BE- CSE, Chandigarh University, has actively participated in a social internship with our organization 'Apne Aap Women Worldwide India Trust' from 05-06-2025 to 30-06-2025

During this period, he was engaged in community development activities, awareness drives and field based interventions, successfully completing a total of hours under our supervision.

We acknowledge his sincere efforts, dedication and collaborative spirit and wish him continued success in the future.


Praveen Kumar
Apne Aap Women Worldwide India Trust
Designation: Sr. Program Manager
Organisation: Apne Aap Women Worldwide India Trust
Date: 02/07/2025
Contact: 9852312871





Certificate by NGO



Apne Aap Women Worldwide (India) Trust
Jagdish Mills Compound, Dr. Ram Manohar Lohia Path, Ward
No.08, Bus Stand, Forbesganj, Dist.- Araria, Bihar - 854318
www.apneaap.org

EXPERIENCE CERTIFICATE

TO WHOMSOEVER IT MAY CONCERN

This is to be certify that Gaurav Kumar(UID- 24BCS12437), a student of Chandigarh University, Chandigarh, Punjab, has been completed a 5 days of Social internship with our organization **Apne Aap Women Worldwide India Trust** in our Forbesganj Center, Bihar starting from 25th June 2025 to 30th June 2025.

During this period, He works directly interact with the adolescent girls and women from the Nat and DNT community to spread awareness among them about their rights and entitlements.

We wish him very success in future endeavor.

With Best Wishes

From- **Apne Aap Women Worldwide India Trust**
Forbesganj, Araria, Bihar

Praveen Kumar

Sr. Program Manager

Bihar

0210212025





Acknowledgement

I would like to express my deepest gratitude to everyone who contributed to the successful completion of this internship. Firstly, I extend my heartfelt thanks to my internship supervisor Mr. Sheikh Afaan Farooq and mentor Dr. Navjyot kaur for their invaluable guidance, support, and encouragement throughout the internship period. Your insights and feedback have been instrumental in shaping this report and enriching my learning experience.

I am profoundly grateful to the staff and residents of Forbesganj, especially Mr. Parveen kumar, for their cooperation and hospitality during my visits. Your willingness to share your experiences and insights has provided me with a deeper understanding of the challenges and impacts of NGO programs on the elderly.

I would also like to thank the vendors of Belai Pothia village for their time and openness in sharing their challenges and experiences during the interviews. Your contributions were essential in understanding the socio-economic dynamics of rural markets. Special thanks to the residents of Mazbat who participated in the health survey. Your responses were crucial in evaluating the impact of health initiatives on maternal and child health outcomes in the village.

Finally, I am thankful to my institution for providing me with this opportunity to engage in meaningful fieldwork and apply my academic knowledge in real-world settings. This internship has been a significant learning experience, and I am grateful for the support and resources provided by the institution.

Thank you all for your contributions and support. This report is a reflection of our collective efforts and shared commitment to making a positive impact on society.

Sincerely,

Gaurav Kumar

UID: 24BCS12437

24BCS-712(A)



Executive Summary

The rural field engagement program provided an in-depth understanding of village life, focusing on infrastructure, education, agriculture, gender equality, digital awareness, and cultural heritage. Students explored rural realities through direct interaction, gaining practical insights into animal husbandry, healthcare, agricultural practices, and the challenges of limited access to modern techniques and digital infrastructure.

Engagements with local communities and SHG (Self-Help Group) members revealed the empowering role of women in fostering entrepreneurship and social inclusion. Awareness campaigns on government schemes like Beti Bachao Beti Padhao and Mission Shakti emphasized women's rights and community resilience.

Visits to educational institutions and digital access centers highlighted significant gaps in rural education and the urgent need for inclusive development. Discussions with families uncovered the socio-economic complexities of seasonal employment and migration.

Environmental and cultural initiatives, including plantation drives, waste segregation, folk traditions, and spiritual architecture, strengthened the community's connection to their heritage. Activities promoting gender equality challenged stereotypes and advocated for equal opportunities and inclusive educational outreach.

Overall, the fieldwork enhanced students' understanding of rural livelihoods, socio-economic challenges, and the need for sustainable, participatory, and inclusive rural development.



Index

S.No	Chapter	Page No.
1	Introduction	8
2	Social Internship Experience	9
	[A] Stakeholder Interaction	9
	[B] Data Collection & Analysis	9
	[C] Initiatives Taken (if any)	9
	[D] Implementation (if any)	9
3	Problem Statement	10
4	Reflections on Learning	11
5	Conclusion	12
6	References	13
7	Annexures	14-20



Introduction

Social Internship

Social internship refers to a structured experiential learning program where students engage with rural or underprivileged communities, NGOs, or local institutions to understand social issues and contribute meaningfully. It blends practical exposure with social responsibility, enabling students to gain insights into grassroots realities while promoting community development and personal growth.

Objective of the Social Internship

The key objectives of the social internship include:

Developing social sensitivity and empathy towards marginalized sections.

Providing hands-on experience in rural infrastructure, healthcare, education, agriculture, and women's empowerment.

Enhancing students' understanding of government schemes, rural innovations, and sustainable development practices.

Encouraging active civic participation and a sense of responsibility.

Bridging the gap between theoretical knowledge and real-world challenges.

Relevance to Social Development and Societal Welfare

Social internships play a crucial role in societal welfare by:

Creating awareness about social issues such as education gaps, women's rights, digital divide, and agricultural challenges.

Promoting inclusive growth by empowering rural communities through student-led initiatives.

Supporting national missions like Swachh Bharat Abhiyan, Digital India, Beti Bachao Beti Padhao, and Skill India.

Enabling students to contribute meaningfully to rural transformation, thus becoming socially responsible citizens.

Importance of the Theme / Module Chosen

Each module you worked on is significant in today's context:

Appreciation of Rural Society (M1): Helps understand the core structure of Indian society and rural lifestyle.

Agricultural Innovation (M2): Focuses on sustainable farming practices and challenges faced by farmers, crucial for food security and economic development.

Women Empowerment and Gender Equality (M3): Addresses critical issues of women's rights, SHGs, and inclusive growth.

Education for All & Digital Literacy (M4): Targets fundamental aspects of universal education and the digital divide, vital for long-term social upliftment.



Social Internship Experience

1. Schedule or Work Plan Followed

The internship followed a weekly plan with four modules:

Week 1: Rural society visit

Week 2: Agricultural practices

Week 3: SHG and women empowerment

Week 4: Education and digital literacy

Each activity was conducted from 9 AM to 2 PM.

2. Description of Tasks Performed

Visited villages and interacted with locals

Observed schools, farms, SHGs, and infrastructure

Assisted in awareness campaigns

Supported NGO in student engagement activities

Attended community meetings

3. Community Profile

Social: Joint family systems, traditional roles

Cultural: Folk traditions, local languages, festivals

Economic: Farming-based, low income, seasonal migration

4. Major Challenges Faced

Language barriers

Poor digital and physical infrastructure

Limited participation time from locals

Cultural hesitation in discussing sensitive topics

5. Limitations of the Internship

Short duration

Limited resources for deeper interventions

No follow-up possible

Basic tools for data collection



Problem Statement

Initial Observations:

Lack of proper infrastructure, outdated farming methods, low digital access, weak educational support, and limited women empowerment despite SHG presence.

Background:

Rural areas still struggle with basic needs and awareness of government schemes, limiting development.

Relevance to SDGs:

Related to SDG 4 (Education), SDG 5 (Gender Equality), SDG 8 (Economic Growth), SDG 9 (Infrastructure), and SDG 11 (Sustainable Communities).

Stakeholder Views:

Villagers: Need better education, jobs, healthcare.

SHGs: Want training and financial guidance.

NGOs: Highlight lack of scheme awareness and poor coordination.

Defined Problem:

Rural communities face major gaps in education, farming, digital access, and women empowerment due to poor infrastructure and low awareness.



Reflections on Learning

Key Personal and Professional Takeaways:

The social internship offered a meaningful opportunity to step outside the classroom and understand real-world issues. Personally, it helped build a sense of responsibility towards society. Professionally, it improved my ability to observe, analyze, and adapt in real-life situations. It also taught the value of grassroots engagement in achieving sustainable development.

Skills Developed – Empathy, Teamwork, Communication:

Through continuous interaction with villagers, students, SHG members, and NGO staff, I developed empathy—understanding their struggles and aspirations deeply. Working in teams during field visits taught me collaboration and coordination. Communicating with diverse groups helped strengthen my verbal and non-verbal communication skills, especially in culturally different settings.

Knowledge of Social Systems and Issues:

The internship gave me first-hand exposure to the challenges of rural education, digital literacy, women's empowerment, agriculture, and health. I learned how social systems function at the village level and how government schemes are implemented. It highlighted the gap between policy and practice and the need for awareness among beneficiaries.

Insights into Personal Growth and Community Connection:

The experience allowed me to grow as an individual—more aware, compassionate, and socially conscious. It strengthened my connection to grassroots realities and helped me value cultural traditions, local knowledge, and community participation. It also inspired me to continue contributing to social causes in the future, both personally and professionally.



Conclusion

The social internship experience was both enriching and eye-opening. Over the course of multiple field visits and community interactions, I gained valuable insights into the real-life struggles of rural populations. From education and digital literacy to agriculture and women's empowerment, each module revealed specific challenges and opportunities for growth at the grassroots level. These observations helped bridge the gap between academic knowledge and practical social realities.

The internship allowed me to explore how government schemes, NGOs, and local communities interact in the development process. It also emphasized the importance of empathy, communication, and collaboration when working in diverse environments. Being part of awareness drives, interacting with Self-Help Groups (SHGs), and observing school conditions helped me understand how even small interventions can make a big difference.

On a personal level, the internship helped me become more patient, socially aware, and motivated to contribute positively to society. On a professional and academic level, it improved my problem-solving skills, field research ability, and understanding of sustainable development goals (SDGs). This experience has inspired me to integrate social responsibility into my career path and continue contributing to community-focused initiatives in the future.



References

APA (American Psychological Association) -7th edition

Government of India. (2021). Annual report 2020–21: Ministry of Rural Development.

<https://rural.nic.in/annual-reports>

International Labour Organization. (2020). Skills for rural employment and development.

<https://www.ilo.org/global/publications/lang--en/index.htm>

United Nations. (2015). Transforming our world: The 2030 agenda for sustainable development.

<https://sdgs.un.org/2030agenda>

World Bank. (2020). Rural development overview.

<https://www.worldbank.org/en/topic/ruraldevelopment/overview>

UNESCO. (2018). Education for sustainable development goals: Learning objectives.

<https://unesdoc.unesco.org/ark:/48223/pf0000247444>

National Institution for Transforming India (NITI Aayog). (2021). SDG India Index and Dashboard 2020–21.

<https://www.niti.gov.in/sdg-india-index-dashboard-2020-21>

Annexures









Weekly Activity Reflection Report	
Student Name: <u>Gaurav Kumar</u>	UID: <u>24BC512437</u>
Program Name: <u>BE-CSE</u>	Semester & Section: <u>3rd +712</u>
Name of DSIC: <u>Mr. Sheikh Afzaan Farooq</u>	Date / Day: <u>06-06-25 / Friday</u>
Activity No. <u>1</u>	Time of activity (start & end): <u>9am to 12pm</u>
Location of Field Visit (Village): <u>Belai Pothia, Tiraskund Samaul, Simisha Araria</u>	UGC Module No & Name: <u>M1 Appreciation of Rural Society</u>
Title of the activity: <u>Appreciation of Rural Society</u>	Theme of activity: <u>Overall performance from all the 5 activities of week 1</u>
Activity Reflection Report submission Option -	
<p><u>Summary:</u> A visit to a village offered deep summary into rural life confirming Grandhi's belief that the soul of India lies in its villages. We studied rural infrastructure like roads, irrigation, healthcare and education, observing both progress and challenges. A tree plantation drive promoted environmental awareness, while a cleanliness campaign with youth & SHG's emphasized waste segregation and reuse. The village heritage walk highlighted cultural, spiritual and architectural elements, strengthening our connection with tradition.</p>	
Additional Notes:	
<p>Submitted by- Student Name: <u>Gaurav Kumar</u> Signature: <u>Gaurav Kumar</u></p>	
<p>Verify By- Name: _____ Signature: _____ Date: _____</p>	
<p>Approved By- DSIC Name: _____ Signature: _____ Date: _____</p>	

Shot on OnePlus



Weekly Activity Reflection Report

Student Name:	Gaurav Kumar	UID:	24BCS12437
Program Name:	BE - CSE	Semester & Section:	3rd + 712
Name of DSIC:	Mr. Sheikh Afzaan Farooq	Date / Day:	13-06-25 Friday
Activity No.	2	Time of activity (start & end):	
Location of Field Visit (Village):	Belai Pothia, Tiraskund Samaul, Simroha Area	UGC Module No & Name:	M2
Title of the activity:	Exploring agricultural practices and farmer challenges through field interaction	Theme of activity:	Agricultural Innovation
Activity Reflection Report submission Option - (B)			

During our field interaction, we explored various rural realities through direct interactions and observations. By engaging with local farmers, we gained hands-on insights into animal husbandry issues such as veterinary access, fodder availability, and livestock health management. Similarly, we studied agricultural practices and farmer challenges like dependence on monsoons, pest issues and limited access to modern techniques. In nearby rural schools, we assessed the educational infrastructure and digital access, noting a lack of adequate facilities and limited internet connectivity. Conversations with families revealed the complex realities of migration, including economic pressure, seasonal employment and social disruption.

Additional Notes:

Submitted by-

Student Name: Gaurav Kumar
Signature:

Verify By-

Name: _____
Signature: _____
Date: _____

Approved By-

DSIC Name: _____
Signature: _____
Date: _____



Weekly Activity Reflection Report

Student Name:	Gaurav Kumar	UID:	24BCS12437
Program Name:	BE-CSE	Semester & Section:	3rd + 712
Name of DSIC:	Mr. Shrikh Afzaan Farooq	Date / Day:	20-06-25 / Friday
Activity No.	3	Time of activity (start & end):	9 a.m to 12 p.m.
Location of Field Visit (Village):	Belai Pothia, Tiraskund Samaul, Simranpur Area		
Title of the activity:	Empowering rural women through self help groups Insights + Action.		
UGC Module No & Name:	M3 Women Empowerment + Gender Equality		
Theme of activity:	Empowering women through interaction with SHG members		
Activity Reflection Report submission Option -			

In week 3 several insightful activities were undertaken to understand the functioning of rural and local institutions. Through engaging with SHG members, it was observed that women are being empowered socially & economically through collective efforts, savings & entrepreneurship. A community awareness campaign helped in educating villagers especially women about vital government schemes like Mission Shakti and BBBP. The role of SHG in creating resilient and smart communities was evident, as they contribute to crisis response, livelihood improvement and digital awareness. Participation in Gram Sabha meetings highlighted community initiatives aimed at preserving traditional values, folk cultures & local languages.

Additional Notes:

Submitted by-

Student Name: Gaurav Kumar
Signature: Gaurav Kumar

Verify By-

Name: _____
Signature: _____
Date: _____

Approved By-

DSIC Name: _____
Signature: _____
Date: _____





Weekly Activity Reflection Report	
Student Name:	Gaurav Kumar
Program Name:	BE-CSE
Name of DSIC:	Mr. Sheikh Afzaan Farooq
Activity No.	4
Location of Field Visit (Village):	Forbesganj, Araria, Bihar, India
Title of the activity:	Strengthening students of NGO and telling them the valuation of studies.
Activity Reflection Report submission Option -	
UID:	24BCS12437
Semester & Section:	3rd & 712
Date / Day:	27-06-25 / Friday
Time of activity (start & end):	
UGC Module No & Name:	M4
Theme of activity:	Education for all & digital literacy

The activities focused on strengthening education and promoting gender equality through community engagement. While working with students of an NGO, it was observed that many lacked awareness about the long-term value of education. Interactive sessions motivated them to set goals and view learning as a path to a better future.

The community dialogue on empowering girls and challenging gender stereotypes enabled open discussions on harmful traditional beliefs. Local participants recognised the need for equal opportunities and began to shift their perspectives toward supporting girls' education & rights.

Exploring rural school systems revealed challenges like poor infrastructure and limited digital access. Strengthening the outreach of SSA helped spread awareness about educational schemes and the importance of universal education.

Additional Notes:

Submitted by-

Student Name: Gaurav Kumar
Signature:

Verify By-

Name: Prateek Kumar
Signature:
Date: 02/07/2025

Approved By-

DSIC Name: _____
Signature: _____
Date: _____

