

AGENDA

One-Day Training

“Growth Mindset and Positive Attitude”

Date: November 18, 2023

Venue: Dara Hotel

Objectives:

- ✓ Becoming more motivated, energetic, confident, and inspirational for others;
- ✓ Have a positive vision for your life and for others around you;
- ✓ Inspire learners to take actionable steps demonstrating a positive mental attitude.
- ✓

Time: 8:00 AM - 5:00 PM

Time	Activities	Person in Charge
7:30AM - 8:00AM	Arrival of participants and registration	All
8:00AM - 8:15AM	Self-Introduction & Expectation	All
8:15AM - 10:00AM	Module 1: Growth Mindset 1 – What is a Growth Mindset? 2 – Fixed vs Growth Mindset 3 – Benefits of a Growth Mindset 4 – Growth Mindset Statement and Challenge	Mr. Noem Chhunny Corporate Trainer
10:00AM - 10:15AM	Coffee Break	All
10:15AM - 12:00PM	Module 2: Positive Mental Attitude Component 1 – Recognizing the Way You See Your World 2 – Leading Yourself 3 – Ways to Developing Positive Commands, Positive Self-Talk 4 – TEAM DISCUSSION & ACTIVITY 2	Mr. Noem Chhunny Corporate Trainer
12:00PM - 1:30PM	Lunch Time	All
1:30PM - 3:00PM	Module 3: Components of Critical Thinking & Logical Thinking 1 – Applying Reason 2 – Open Mindedness 3 – Ask the Right Questions 4 – How to motivate yourself and others	Mr. Noem Chhunny Corporate Trainer

3:00PM - 3:20PM	Coffee Break	All
3:20PM - 4:30PM	Module 4: 7 Habit of Highly Effective Team 1 – Be Proactive 2 – Begin with the end in Mind 3 – Put First Things First 4 – Think Win-Win 5 – Seek First to Understand, Then to be Understood 6 – Synergize 7 – Sharpening the Saw	Mr. Noem Chhunhy Corporate Trainer
4:30PM - 4:40PM	Ongoing Assessment	Mr. Noem Chhunhy Corporate Trainer
4:40PM - 4:50PM	Wrap up	Mr. Noem Chhunhy Corporate Trainer
4:50PM - 5:00PM	CERTIFICATE HANDOUT & PHOTO SESSION	All

Note: This agenda is subject to change.

❖ We thank you for your cooperation, and we look forward to welcoming you.