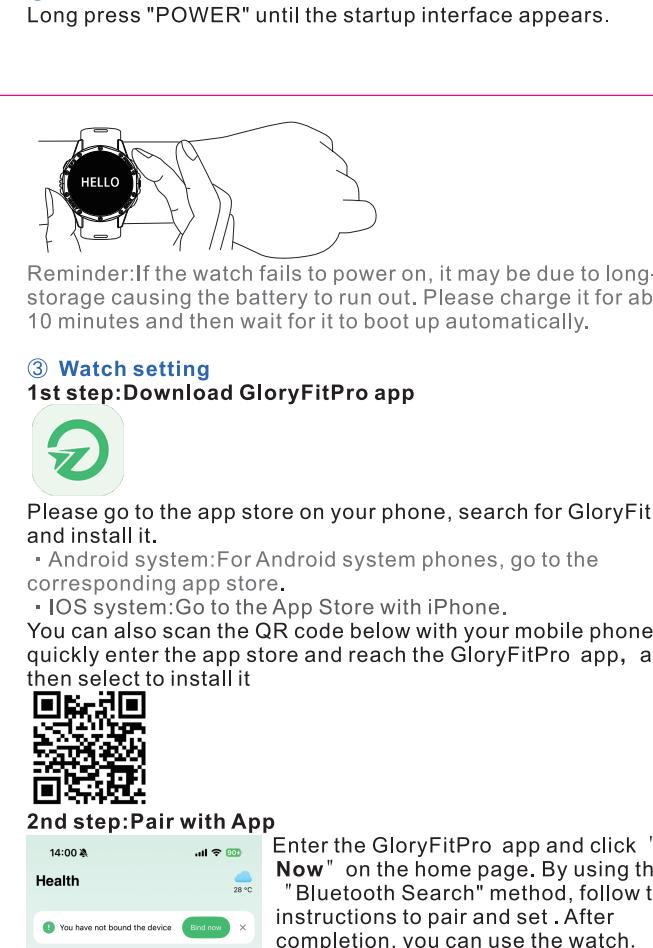


Smartwatch Instruction

About product



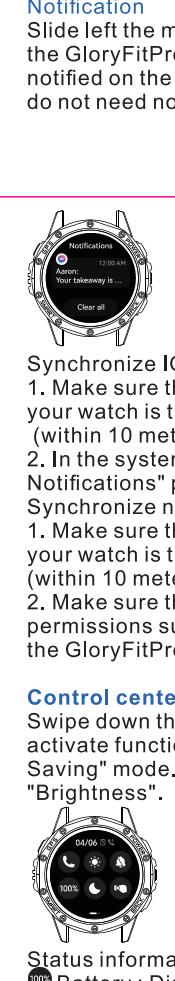
The front of the product

The back of product

Instructions

① Wear a watch
② Turn on → ③ Setting → ④ Start to use
The following steps will take you approximately 5 to 10 minutes.
Please choose an appropriate time to start.

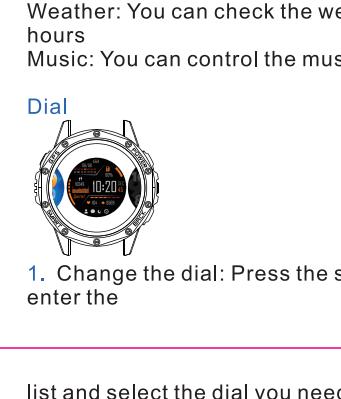
① Wear a watch



In order for the watch to measure your data more accurately, the following points need to be noted:
1st step: pass the long strap through the first loop of the short strap.
2nd step: after adjusting to a comfortable tightness, press the hole of the long strap into the metal buckle of the short strap.
3rd step: insert the long strap into the second loop of the short strap and tighten it.

② Power on

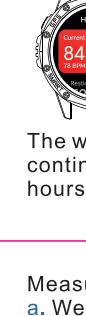
Long press "POWER" until the startup interface appears.



Reminder: If the watch fails to power on, it may be due to long-term storage causing the battery to run out. Please charge it for about 10 minutes and then wait for it to boot up automatically.

③ Watch setting

1st step: Download GloryFitPro app

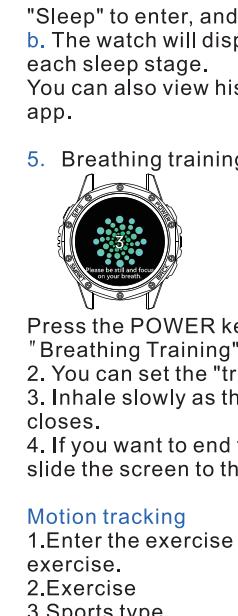


Please go to the app store on your phone, search for GloryFitPro and install it.
- Android system: For Android system phones, go to the corresponding app store.
- iOS system: Go to the App Store with iPhone.

You can also scan the QR code below with your mobile phone to quickly enter the app store and reach the GloryFitPro app, and then select to install it

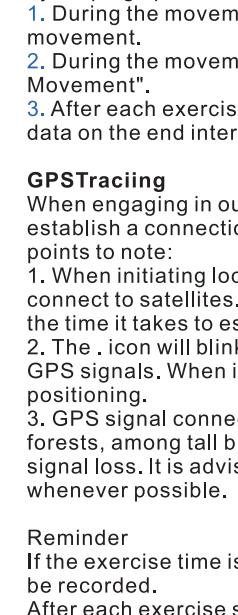


2nd step: Pair with App



Enter the GloryFitPro app and click "Bind Now" on the home page. By using the "Bluetooth Search" method, follow the instructions to pair, and after completion, you can use the watch.

Search via Bluetooth

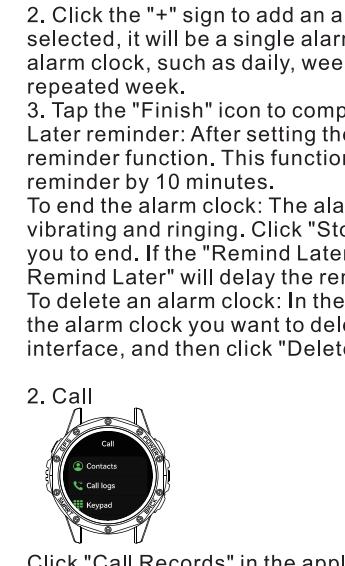


Reminder:
1. Don't pair directly in the Bluetooth list of the mobile phone system to avoid causing the GloryFitPro app to fail to connect to the watch.
2. Please allow the GloryFitPro app to obtain permissions such as "Bluetooth, Location, and Camera" on your phone to ensure a successful pairing.

④ Touch screen

1. Touch screen operation

Support full-screen touch (swipe, tap, long press)



2. POWER button, BACK button and GPS button

Press POWER button

1. Press when the screen is off to light up the screen

2. Long press to power on/off

3. Exit the application

Press BACK button

1. Press to light up the screen or set more features

2. Long press to enter the Voice Assistant mode

Product function

Notification

Slide left on the main watch face to bring out the notification center. In the GloryFitPro app, you can set the applications that need to be notified on the watch, and you can also close the applications that do not need notifications.

Synchronize iOS system mobile phone notifications:

1. Make sure that the Bluetooth of the mobile phone paired with your watch is turned on and it remains within the connection range (within 10 meters) with the watch.

2. In the system Bluetooth, enable the "Share System Notifications" permission for your watch's Bluetooth.

Synchronize notifications for Android system mobile phones:

1. Make sure that the Bluetooth of the mobile phone paired with your watch is turned on and it remains within the connection range (within 10 meters) with the watch.

2. Make sure that the mobile phone has granted permissions such as "Bluetooth", "Location", and "Notifications" to the GloryFitPro app, and keep the App always running

Control center

Swipe down the screen to bring out the control center, and you can activate functions such as "Do Not Disturb" mode, and "Power Saving" mode. You can also quickly adjust Settings like "Brightness".

Status information

Battery: Display the remaining battery level of the watch at present

Bluetooth connection: Displays the Bluetooth connection status between the watch and the paired mobile phone

Quick function

Screen brightness: Click to adjust the brightness of the screen.

Silent mode: Activating this option will switch to silent mode.

Quick menu

Slide up the main watch face to quickly switch and browse: data, heart rate, blood oxygen, sleep, weather or music.

Dial

1. Change the dial: Press the screen on the dial for 2 seconds to enter the

list and select the dial you need to change
2. Add a new watch face:
In the GloryFitPro app, go to the Watch Face Settings and select the watch face you like

3. Personalized Settings

Custom watch face: You can set the watch face according to your preferred photos

Activities and Health

1. Daily activity record

Daily activity record

2. Heart health

Heart health

The watch is equipped with a wrist optical sensor that supports continuous measurement and recording of your heart rate for 24 hours, helping you keep track of changes in your health condition.

Measure heart rate:

a. Wear the watch normally and keep your arm flat.

You can measure your current heart rate by remaining still for 10 seconds.

b. You can browse more historical data about heart rate through the GloryFitPro app.

All-day heart rate measurement: When your watch is connected to your phone, you can go to the GloryFitPro app → Devices and turn it on/off in "Continuous Monitoring". After it is turned on, when you wear the watch, it can automatically measure and record the changes in your heart rate all day long.

3. Blood oxygen saturation

Blood oxygen saturation

Measure blood oxygen:
1. Wear the watch normally and keep your arm flat.

2. Click "Start Measurement" and keep it still for 30 seconds to measure your current blood oxygen saturation value.

You can browse more historical data about blood oxygen through the FitCloudPro app

4. Sleep tracking

Sleep tracking

Wear a watch to sleep. The watch will automatically identify when you fall asleep, wake up, and whether you are in deep or light sleep.

a. Press the POWER key to enter the application menu, click "Sleep" to enter, and you can view your sleep record
b. The watch will display the sleep data of the day and the time of each sleep stage.

You can also view historical sleep data through the GloryFitPro app.

5. Breathing training

Breathing training

Press the POWER key to enter the application menu, and click "Breathing Training" to enter the interface.

2. You can set the "training time" to start the breathing training;

3. Inhale slowly as the animation unfolds, and then exhale as it closes.

4. If you want to end the animation before it is completed, please slide the screen to the right and then tap "End".

Motion tracking

1.Enter the exercise and select a sport to start recording your exercise.

2.Exercise

4.The watch supports brisk walking, running, mountain climbing, cycling, basketball, badminton, football... There are over 100 types of exercise modes (you can select the exercise mode in the exercise push within the APP).

5.You can choose the exercise method that suits you according to the scenario to record the data of your exercise

6.Start exercising:

Press the POWER key to enter the application menu, click

"Motion" to enter the motion interface, and select the motion mode by swiping up and down

1. During the movement, press the POWER key to pause the movement.

2. During the movement, by sliding right, you can enter "End Movement".

3. After each exercise session, you can view detailed exercise data on the end interface.

Reminder:
If the exercise time is too short, the result of this exercise will not be recorded.

After each exercise session, please click the "End" button to avoid affecting the statistical accuracy of the exercise data record.

You can click on the exercise record in the FitCloudPro app page to view the detailed historical exercise data.

More applications

1.Alarm clock

Alarm clock

Press the POWER key to enter the application menu, and click "Alarm Clock" to enter the alarm clock interface.

2. Click the "+" sign to add an alarm clock. If no repeated date is selected, it will be a single alarm clock. You can choose a repeated alarm clock, such as daily, weekday, weekend, or a specific repeated week.

3. Tap the "Finish" icon to complete the Settings;

Later reminder: After setting the alarm clock, you can set the later reminder function. This function can help you delay the alarm reminder by 10 minutes.

To end the alarm clock: The alarm clock rings to remind you by vibrating and ringing. Click "Stop" and the alarm clock will remind you to end it. If the "Remind Later" function is enabled, clicking "Remind Later" will delay the reminder for 10 minutes.

To delete an alarm clock: In the "Alarm Clock" interface, click on the alarm clock you want to delete to enter the alarm clock interface, and then click "Delete" to delete the alarm clock.

2.Call

Call

Click "call Records" in the application menu to enter the call records.

You can browse the recent call records, frequently contacted contacts and the dial keys.

2. When your mobile phone receives an incoming call, you can click the "Answer Button" to connect the call on your watch.

Frequently used contacts can be set up in the FitCloudPro app. Click on "Devices" → "Frequently Used Contacts" to edit, add or delete contacts.

Note: The call should be made within a good communication distance with the mobile phone's Bluetooth.

3.Compass

Compass

In the application center, click "Compass" to enter the application menu, you can judge the actual direction of your front by the direction and scale of the arrow.

3. Through the "altitude" displayed on the screen, you can know the height of your current location compared to standard sea level.

Note: Altitude is calculated based on the standard atmospheric pressure through the air pressure sensor. You need to connect the App to calibrate every 12 hours or open the app when you are ready to obtain the altitude to ensure that the accuracy is accurate enough.

4.Stopwatch

Stopwatch

Press the POWER key to enter the application menu, and click "Stopwatch" to enter the stopwatch interface.

2. You can choose the default timer, including :1 minute, 3 minutes, 5 minutes, 10 minutes, 15 minutes, and 20 minutes. Click on any duration to start the timer.

3. You can also choose a custom timer to set your countdown time, Click "+" to start the countdown, click "-" to pause the countdown, and click "X" to end the countdown.

7.Weather

Weather

Weather Quick Card: Swipe left five times on the main interface of the watch to turn on the weather card. The screen will display information such as weather and temperature.

8.Remote control photography

Remote control photography

It is necessary to turn on the camera function of the mobile phone in advance and ensure that the Bluetooth connection between the

watch and the mobile phone is successful. When in use, it is necessary to ensure that the distance between the two is not too far. Try to keep it within 10 meters and there should be no objects blocking in the middle.

9.Music control

Music control

After the watch is connected to the mobile phone, music playback can be controlled on the watch. If not connected, a prompt will appear asking you to connect the FitCloudPro app.

Press "POWER" key to enter the application menu, click "Music Control" to enter the music control page.

1. Click on "Music Control" to enter the music control page.

2. Clicking the "Play/Pause" button can control the phone to play or pause.

3. Click the "Volume Key" to increase or decrease respectively.

4. Clicking on "Previous Song" or "Next Song" allows you to switch between the previous and next songs.

Note: It is recommended to use the system's built-in or mainstream music player. Otherwise, due to compatibility issues, you may not be able to control the music playing on your phone.

10.Find my phone

Find my phone

Make sure the watch is connected to the mobile phone and the FitCloudPro APP needs to be opened.