

Wade Desir

Resilient Coders Week 1

Learning How to Learn: Powerful mental tools to help you master tough subjects

I really enjoyed taking this course. It really opened my eyes to things which I had never thought of before. Who would have thought that there could be so much science behind the process of learning? I particularly liked the fact that they not only provided the tools and concepts that were necessary to improve how we learn and understand new information, but they also were sure to include the science behind all of it as well. I will definitely be using a pomodoro in the future and will also attempt to watch out for all of the caveats such as stressed repetition and illusions of competence. Aside from that I plan on introducing a couple of new things that I learned such as the memory palace and chunking to my study routine.






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You passed this course! Your grade is 87.10%.

Item	Status	Due	Weight	Grade
 Introductory Quiz (Lots of fun and useful info!) Quiz	Passed	Jan 24 11:59 PM PST	5%	100%
 What is Learning? Quiz	Passed	Jan 24 11:59 PM PST	20%	91.07%
 Chunking Quiz	Passed	Jan 31 11:59 PM PST	20%	79.72%
 Procrastination and Memory Quiz	Passed	Feb 7 11:59 PM PST	20%	84.28%
 Final Quiz	Passed	Feb 14 11:59 PM PST	35%	88.94%



Congratulations!

You've successfully completed **Learning How to Learn: Powerful mental tools to help you master tough subjects!**

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Week 1



Week 2



Week 3



Week 4

