How to Backup Your WordPress Site (The Easy Guide)

Introduction

Backup is an operation that creates copies of your data to ensure safety measurements for your site. In the new era of technology, the threats of losing data are increasing so we have to be aware of it and prepare for further incident. So, it can't t be overlooked. It might be the key component for your WordPress site which is like a disaster recovery plan for your business or organization.

However, there are many questions and confusion about WordPress backup like- What Is a WordPress Backup? Why do You need to backup your WordPress Site? When to backup Your WordPress Website? How often should you back up your WordPress site? How to backup WordPress site? What is the best way to backup a WordPress Site? And many other questions' answers this guide will answer.

What Is a WordPress Backup?

WordPress backup is an extra copy of your website along with files and database to protect your website from any type of incident for that you lose the site.

There are mainly 3 different ways to backup WordPress website- Manual backup, web host backup, Plugin backup. Manual backup consists of two-part file backup and database backup. File backup that contains contents, theme, plugins, tools, extra upload backup and database backup contain only database backup. File backup done by CPanel or FTP (FileZilla, Jscape). Database backup done by phpMyAdmin. By this backup the file and database are kept in the computer. Web host backup is what your hosting company offers for backup data and in this procedure, files are kept in your web host. Plugin Backup is backup the site by WordPress plugins that stores your data in your computer or in any other cloud. It is your choice which backup you want to use. But make sure to backup. In short, a backup of your WordPress website is a copy of its data that is stored either online or your computer.

Why do You need to Backup your WordPress Site?

It is time consuming and waste of toil build your site as well as update and managing. Measurement should be taken to secure the site. So, you have to backup your site daily or adopt a customize backup.

It is mandatory to make a full backup if the following reason are present -

- Publishing or updating your content daily
- Consist of lot of comments
- Having an online store or largest development shop
- Handful of plugins, theme and tools
- Put on custom code
- Need to restore a backup
- Apply Security to site
- Chances of deleting the content by accident
- Chances of crashing plugin or theme
- New update can be the problem
- Chances of malware threats or hacking
- Chances of Sudden data lose

We love to ignore backups for as long as we can. It is a hassle and often an afterthought. But how sensible is that really? With a sound backup procedure and applying necessary security; you can be fearlessly deal with your websites. It is highly recommended that website backup should part of your website maintenance. Another important part is that byou should backup both of your website files and database. Files are your base of your website that consist of installation, themes, plugins, tools, and so on.

It is good practice to have multiple copies of the backup in different Location. As the technology is enriching more threats are involving and that includes website requires more advance system.

When to Backup Your WordPress Website?

It depends upon your updating of your website. If your site has bunches of updates then it will need more backups. On other hand the site isn't changed for a long time, then you don’t need to backup too often.

- After significant change or big amount of change you should backup.
- Facing security issues
- To restore the file later
- Frequent server issues
- Before a huge update
- Consist of lot of comments
- Changes to settings
- Before migrating your website
- New user registrations

It is good practice backup files nightly. you have to know when will backup occur? When your website needs emergency backup? You should keep knowledge about that because know the best about your website. You can have suggestions when to backup but it is your decision for your website actually when it should backup. You can customize your backup plans. It is hard to guess when the accident will take place for that it is better to backup the sites frequent as necessary. Though manual backup can be time consuming for your WordPress website. Thus, the daily backup might be impractical. Many surveys have shown that people often forget to check backup files as a result they suffer. Make sure the file isn't corrupt.

How often should you back up your WordPress site?

- if it is a portfolio, it can be update once in a month.
- For online store you have to backup every day.
- If your website is static HTML website and dose not updated daily, then a monthly backup is sufficient as they do not database.
- Having a blog, it is good procedure backup every two weeks.

According to a survey 60% of small businesses that experience data loss as a result they face loss and go down to the business within six months of the occurrence. How often should you back up your

WordPress site? That only depend on your usage. Frequent updates and rarely update site backup different from one another.

What is the best way to BackUp a WordPress Site?

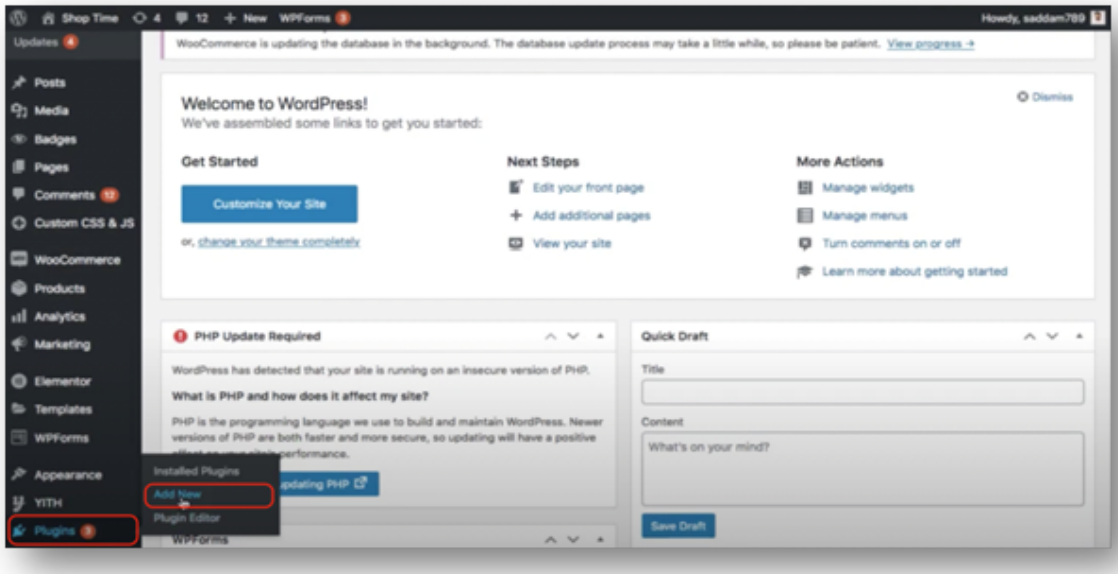
There are mainly three ways to backup WordPress website- manual backup, web host backup, plugin backup. All these backups frequently use by people. But the best way to backup a WordPress site is using plugin backup. Several reasons-

- Easy backup process and near to hand
- Incremental backups that are stored in separate locations
- Covers multiple cloud storage.
- Secure and different backup options
- Adopts cloning and migration
- Ability of restoring website
- Automated backup schedule
- Free version that is cost efficient
- Steady backup process
- Various add-ons to extend the functionality

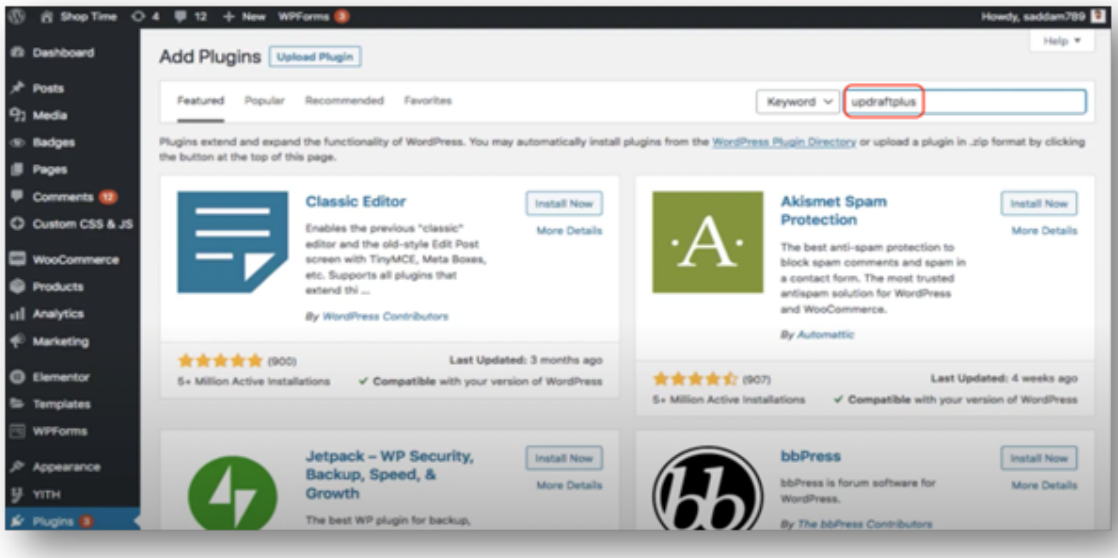
How to backup WordPress Site Using Backup Plugin

The most popular plugin you will find in WordPress is UpdraftPlus WordPress Backup Plugin. This one is a fantastic free version and has tons of great features; this one was the only free one that would work on a WordPress multisite. For those who need the free version that will work on WordPress multisite then this one will do it for most plugins multisite.

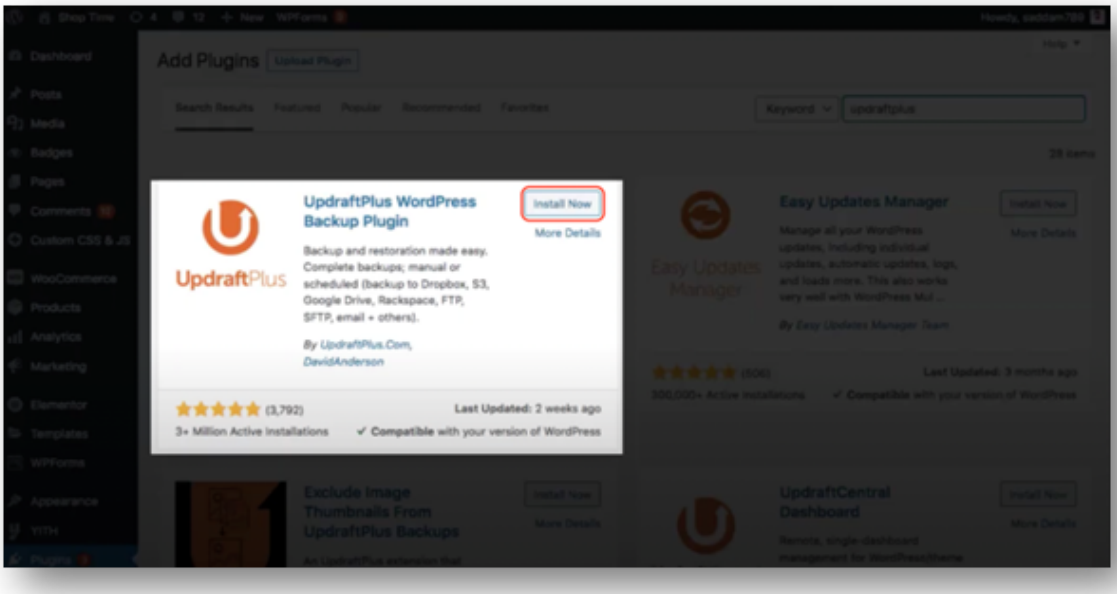
1. login to your WordPress dashboard and jump on the plugin. Click **Add New**.



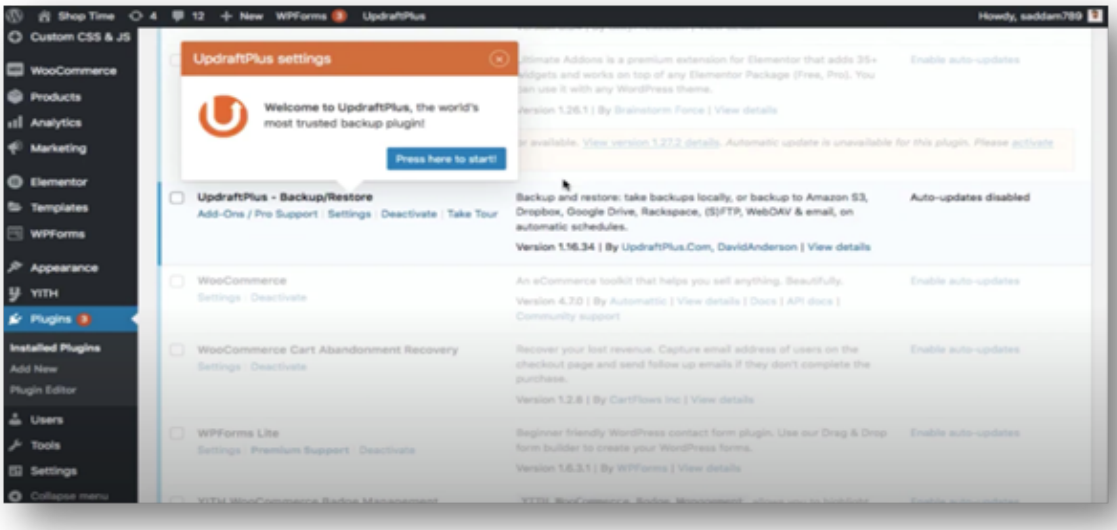
2. then enter in plugin section. Search plugin name **UpdraftPlus**.



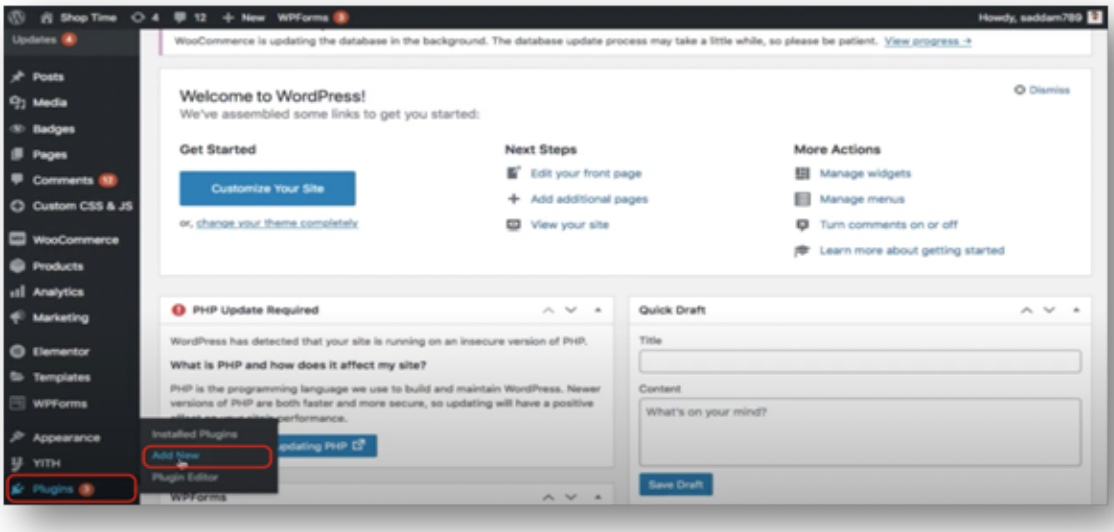
3.Click **Install now** button which is beside **UpdraftPlus WordPress Backup Plugin**.



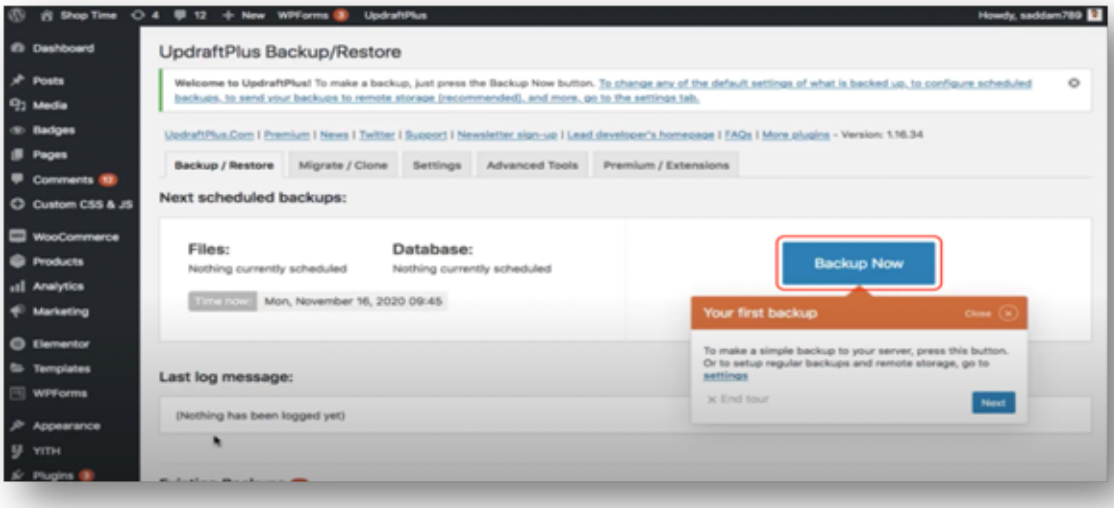
4. Then the plugin will successfully be activated.



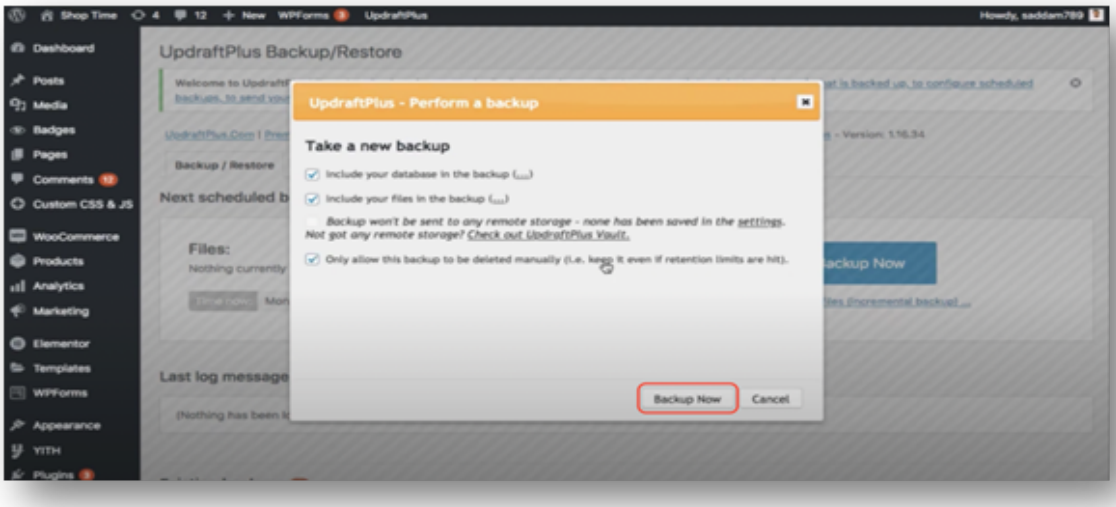
5. Navigate to **Settings** menu. You will find new submenu **UpdraftPlus WordPress Backup** and click it.



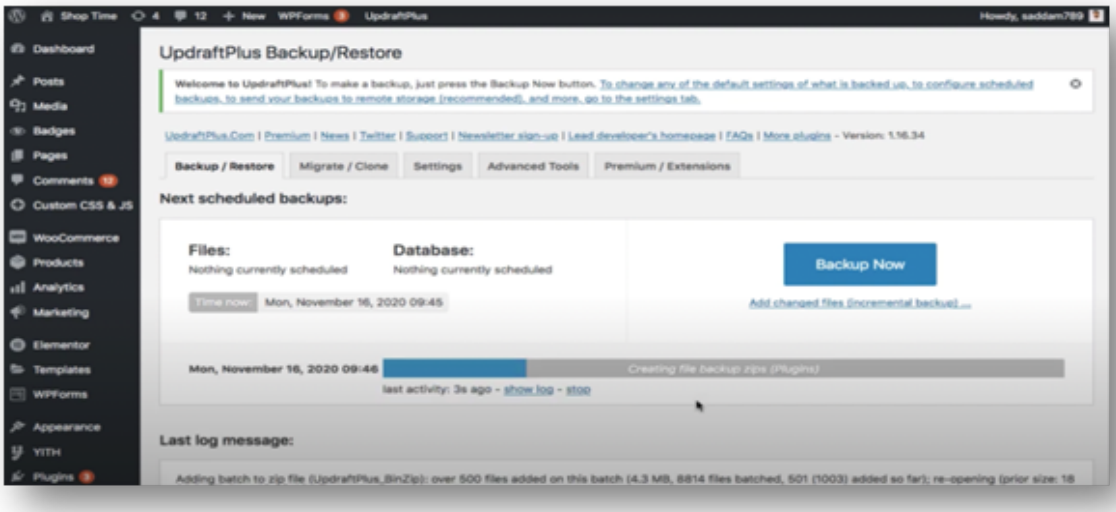
6. By clicking **Backup Now** button we can get complete backup of your WordPress website and you can also download the backup files on your computer.



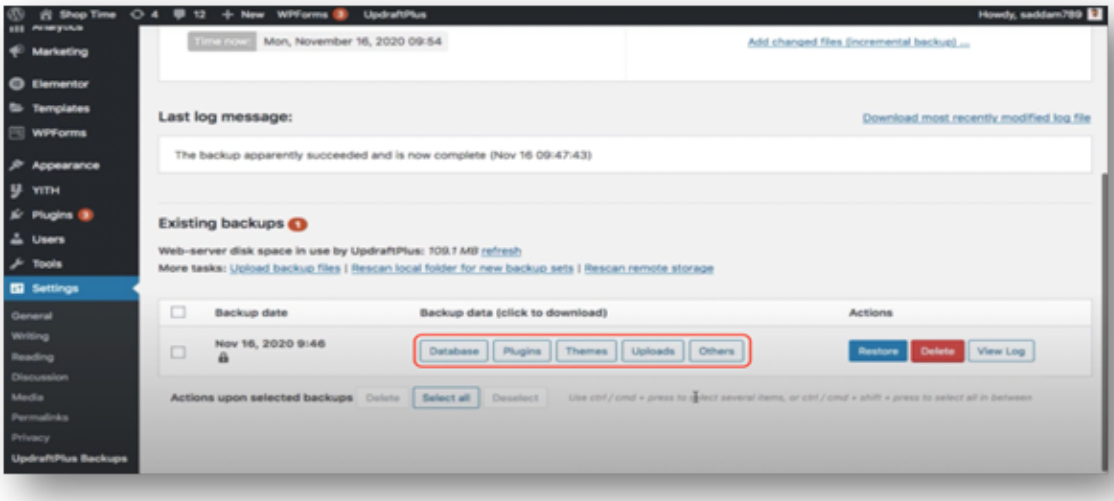
7. Then a pop message will appear. Select all the check boxes and hit the B**ackup Now** button.



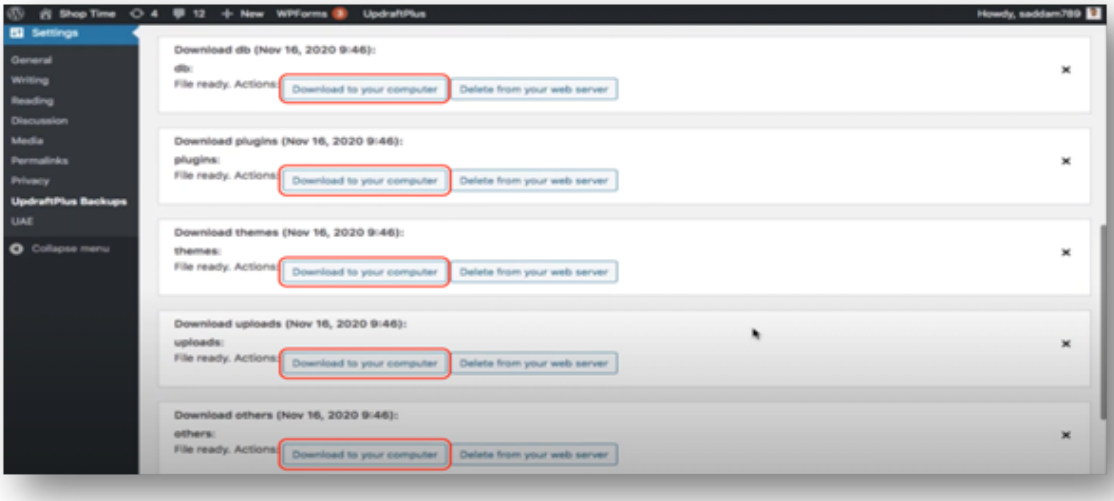
8. This will take a couple of minutes to create backup according to the size of your website files.



9. After that there will be appear backup files named as **Database**, **Plugins**, **Themes**, **Uploads** and **Others**. To download this backup file; click one by one as well as the **Download to your computer** button will appear.



11. Click **Download to your computer** button one by one for backup. So, this is how you can make a full backup your WordPress website.



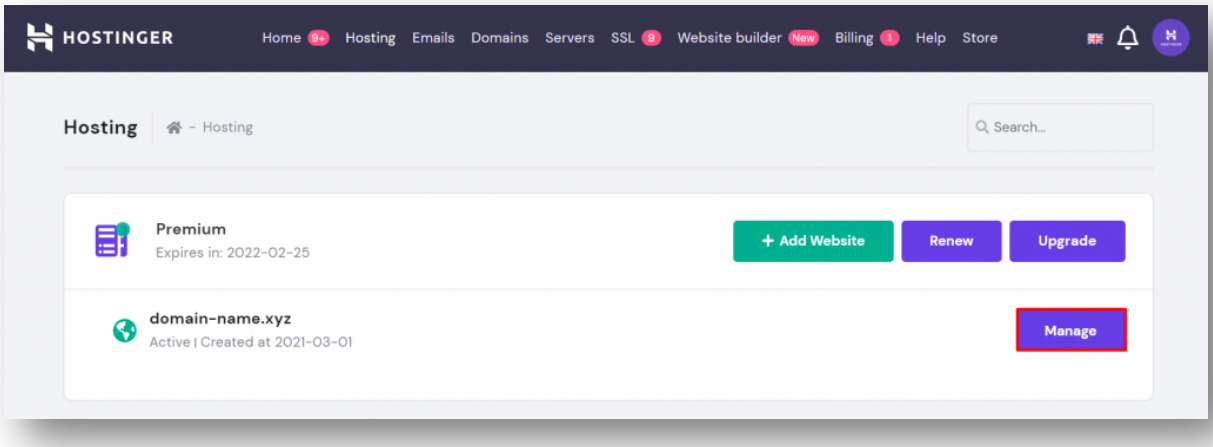
How to backup WordPress Site Manually

The second guidline of 'how to backup WordPress site' tutorial is about Manual backup. You can manually back up your WordPress site's files using a file transfer protocol (FTP) client. It might be a good option for a more customized backup process. There are several different FTP clients available for free, like FileZilla, CyberDuck, and ClassicFTP.

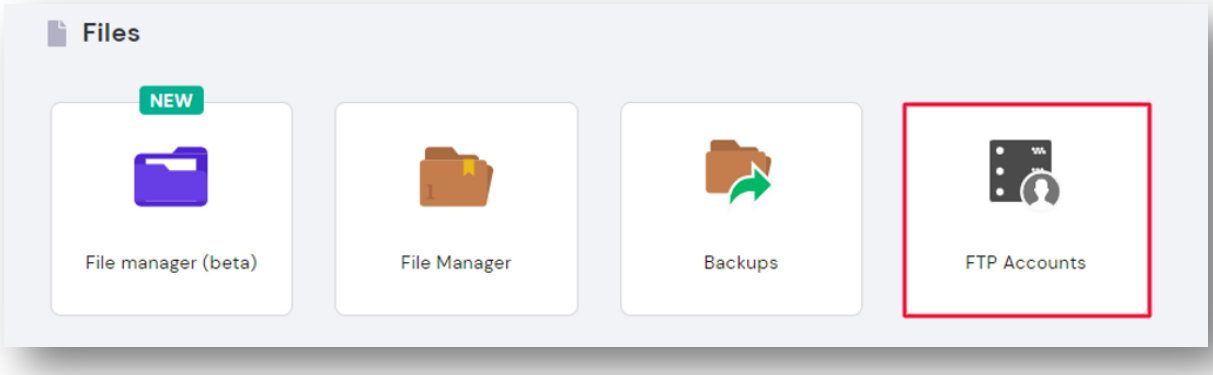
How to Backup your files using FTP

FTP stands for “file transfer protocol”. It works to connect a server or computer to establish connection through internet. In this tutorial, we’ll use FileZilla and guide you through the step-by-step process of creating manual backups using FTP client. You can also backup your file by SFTP also. SFTP stands Secure File Transfer Protocol. for SFTP and FTP both are similar only SFTP is a more secure than FTP.

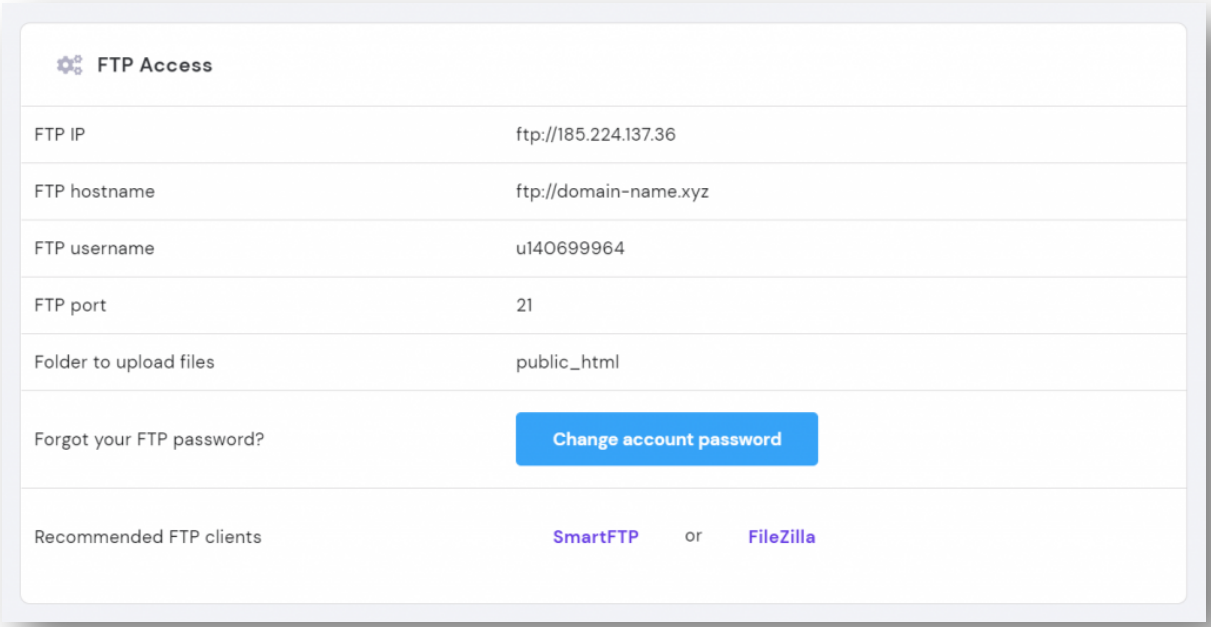
01. Log in to your hosting account. Click Hosting on the menu bar, find your domain name and click the Manage button.



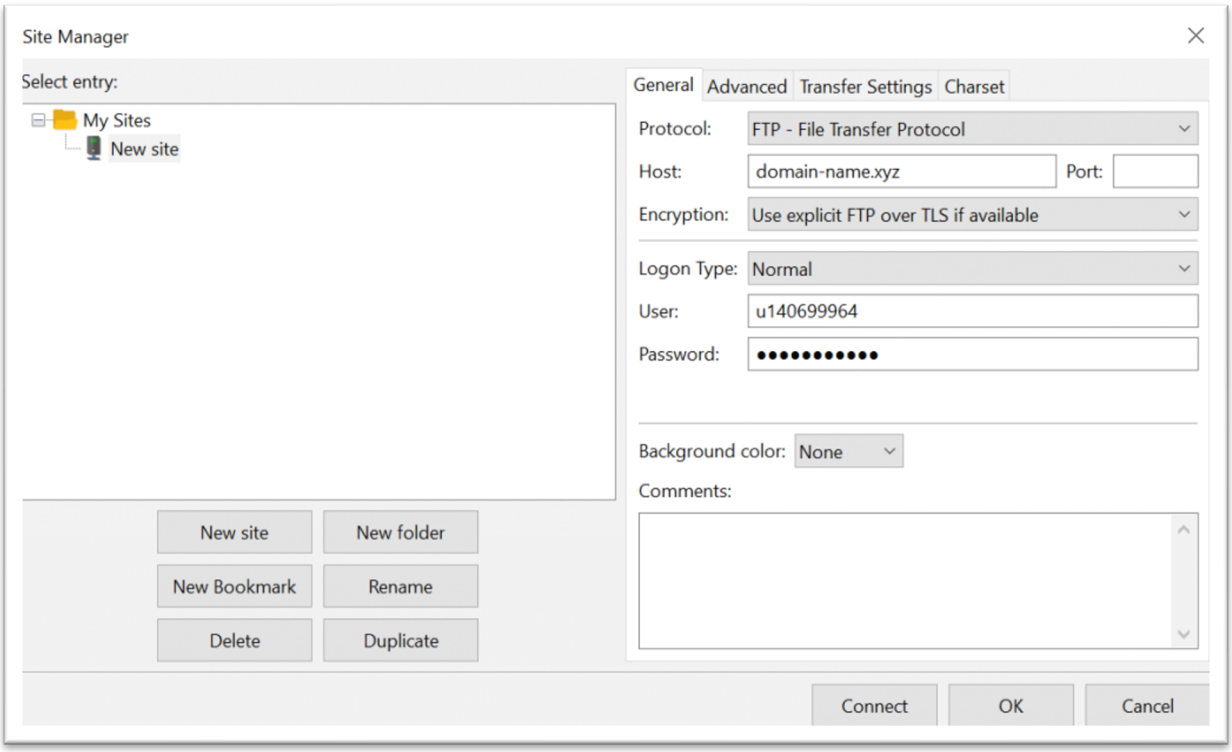
02. Scroll down to the Files section and click on FTP Accounts.



03. Copy your FTP hostname, FTP username, and FTP password. Click the Change account password button if you have not set your FTP password yet or you want to change it.

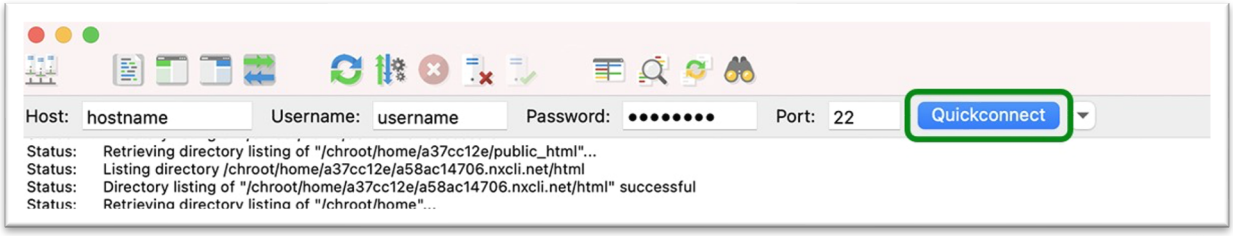


04. Fill in the information you have copied before – FTP hostname, username, and password – into their respective fields and click Connect.

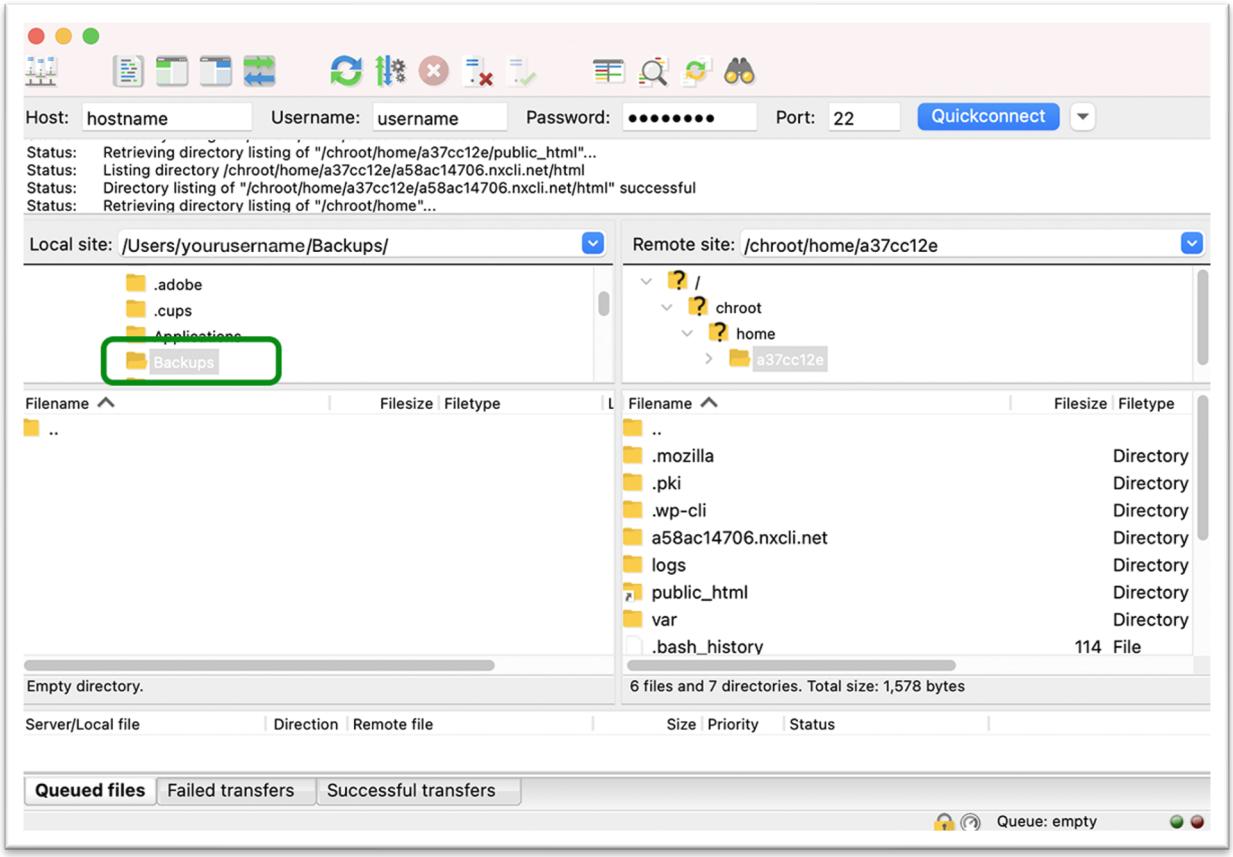


5. Find your FTP credentials in your hosting control panel:

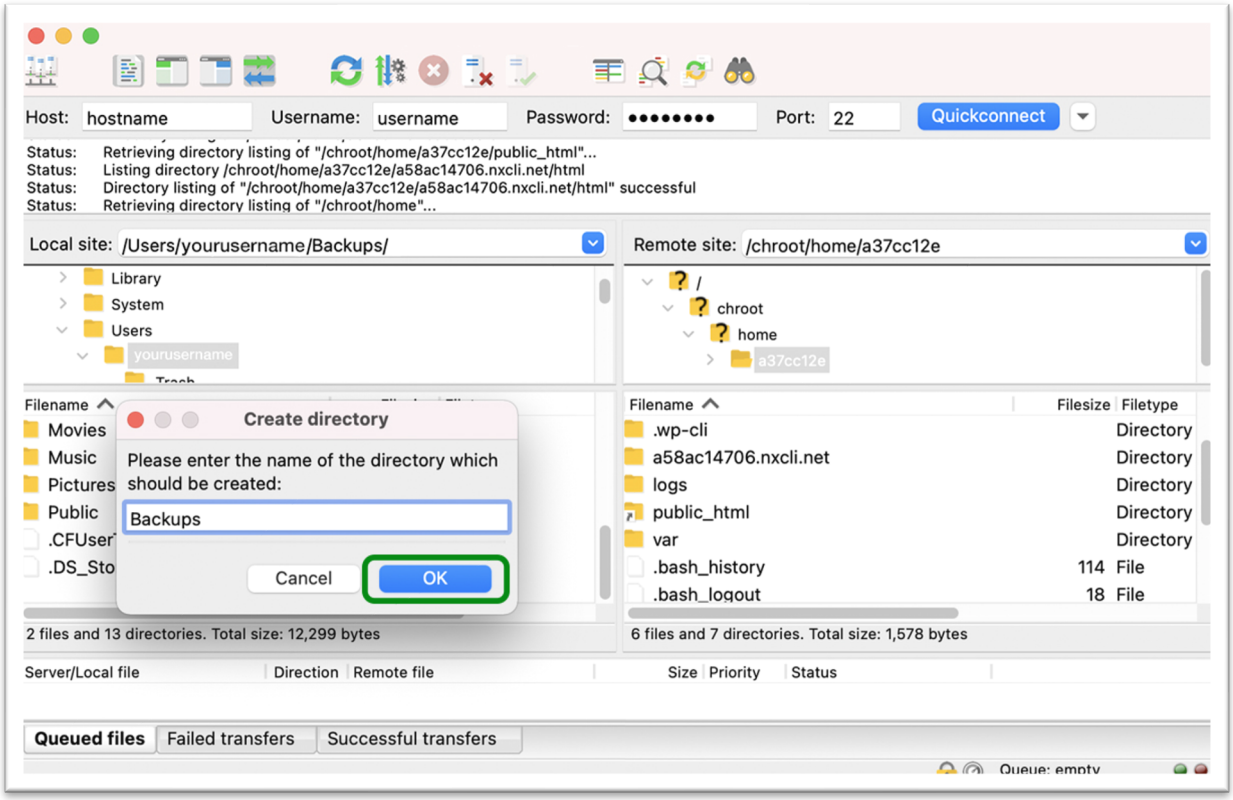
Host address usually the server IP address or might be a URL. Username is your FTP username. Click the Change account password button if you have not set your FTP password yet or you want to change it..The ports are usually 22 or 2222.



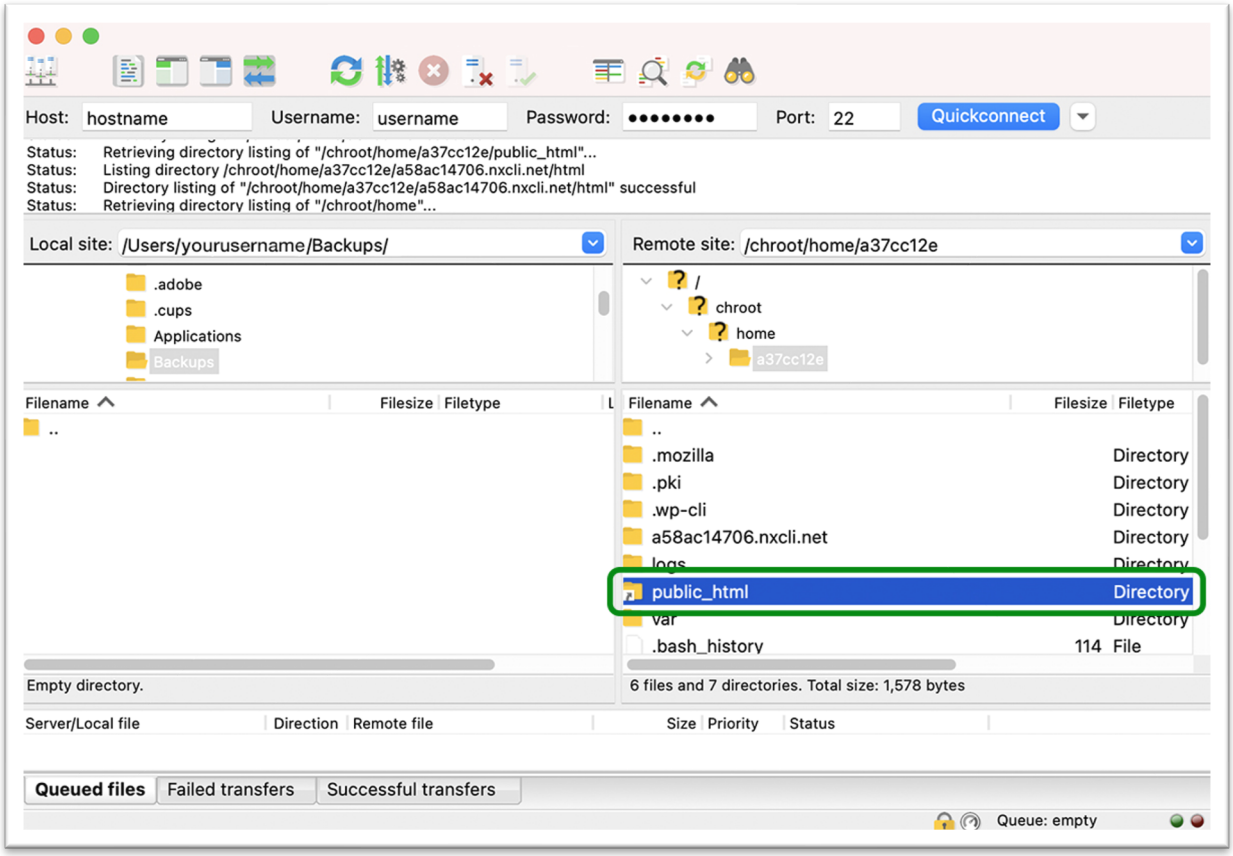
6. The left side of screen will show the computer's files, select a folder.



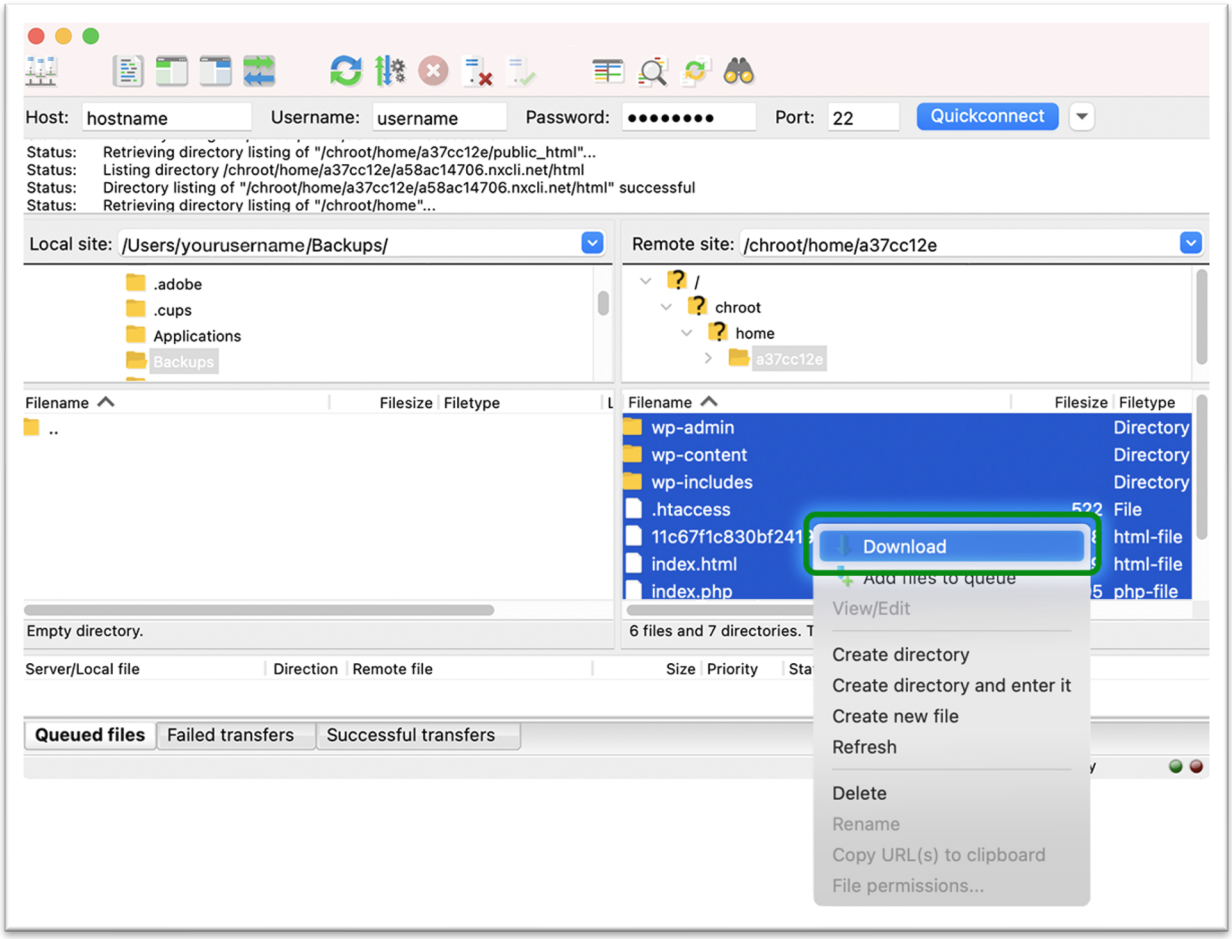
7. You'll see its contents in the bottom left window. create a new file or select any file where you want to save backup.



8. depending on your host the directory name will differ it can be html, public_html, wp-admin, wp-content, and wp-includes folders.



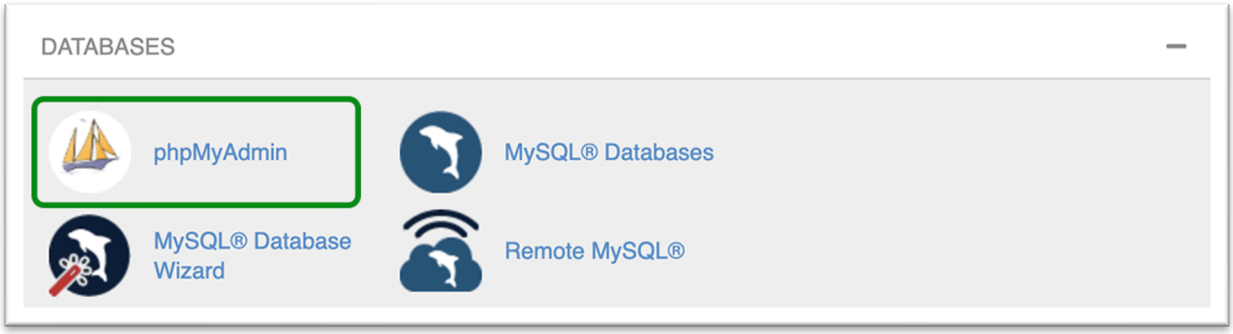
9. Select all the files and folders in your site’s root directory. Right-click and select Download.



WordPress database backup with phpMyAdmin.

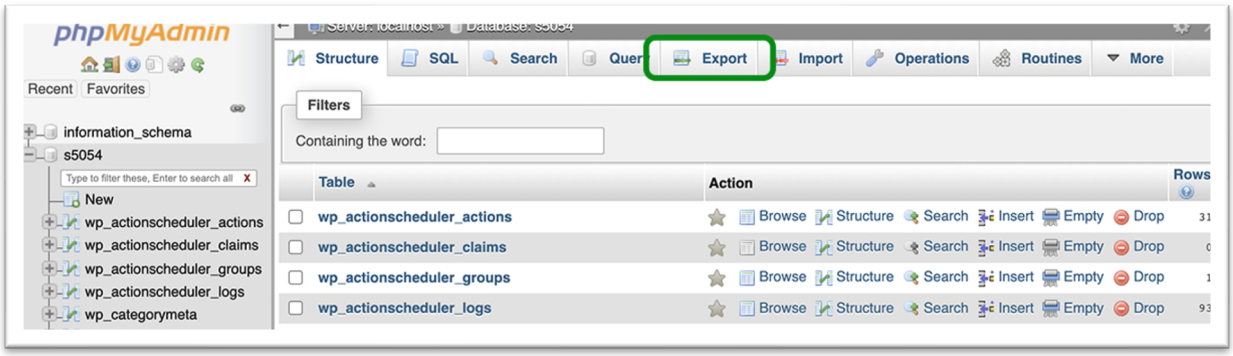
PHPMyAdmin is an excellent free, open-source, web-based database client which can be used to interact more easily with WordPress databases. There are a few steps for the backup:

1. Click on the phpMyAdmin icon to launch the phpMyAdmin window in your browser.

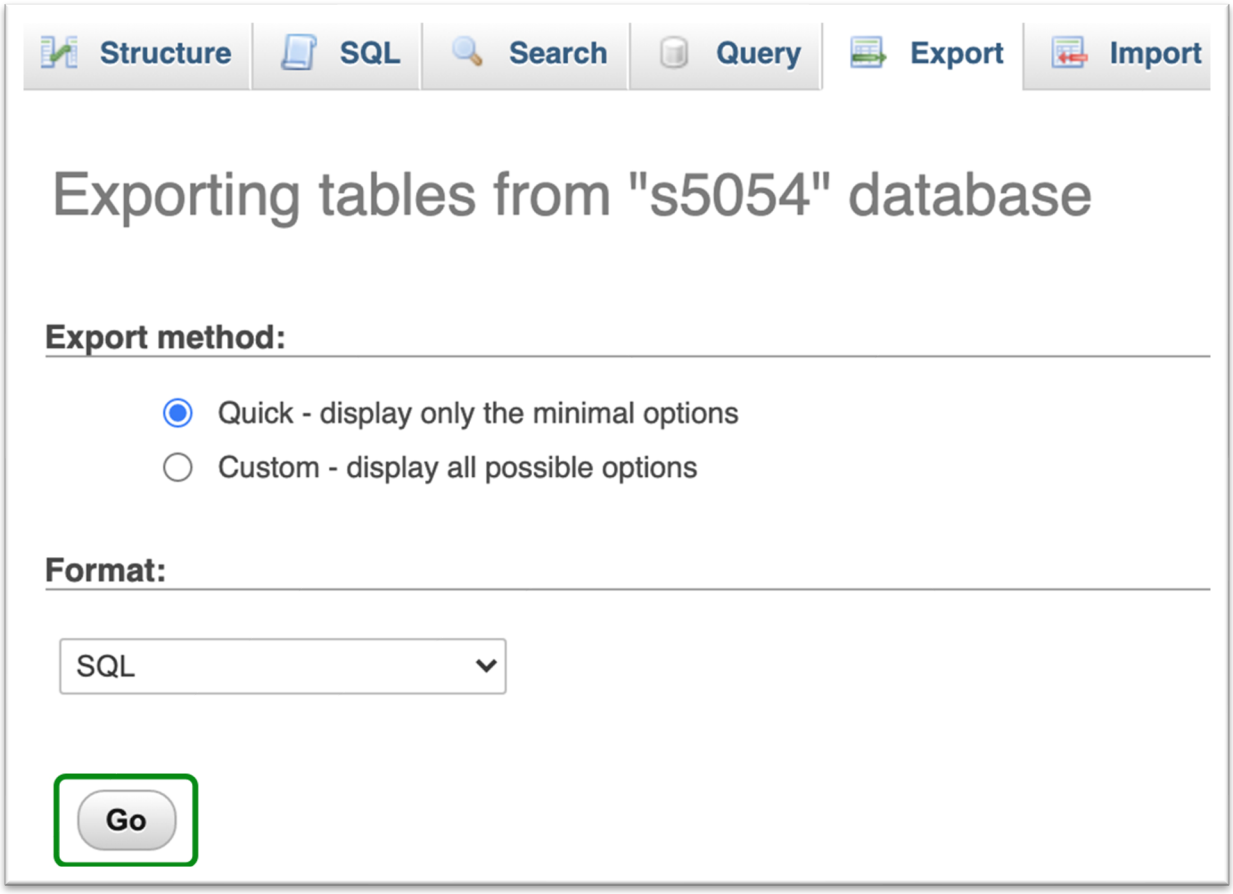


2. Select your database.

3. Click on the Export tab

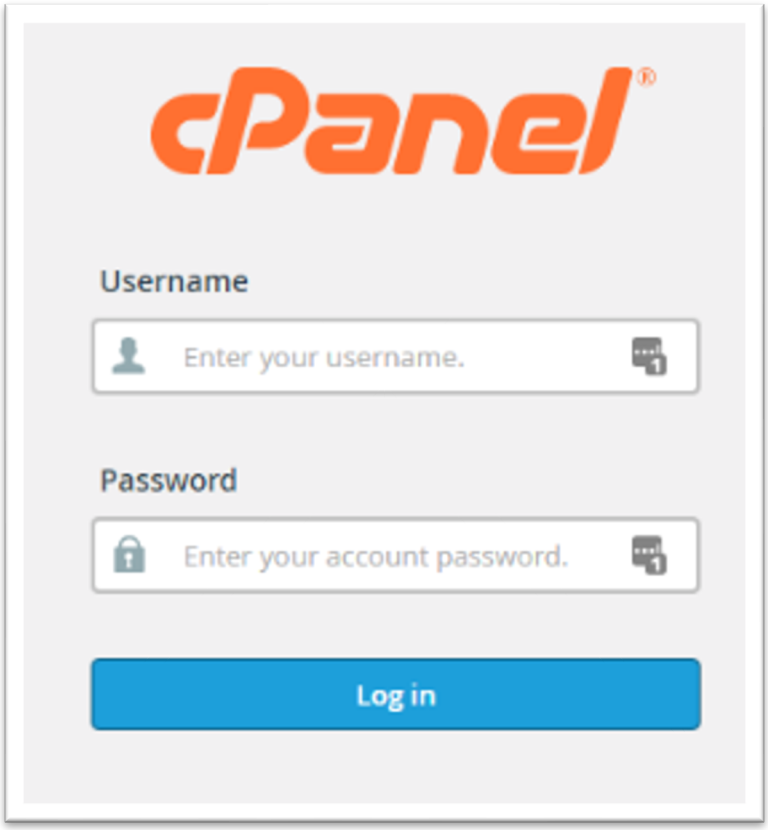


4. Select "Quick - display only the minimal options", that will export your entire database and click "Go".



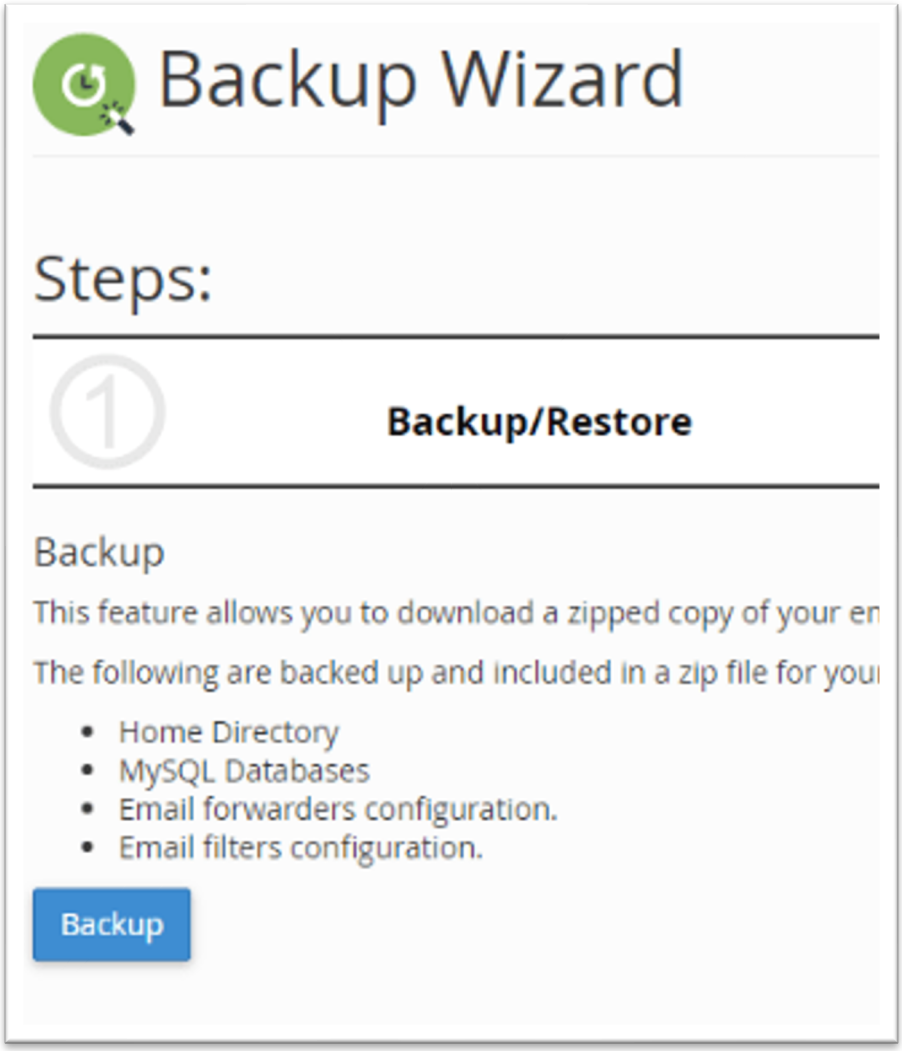
How to Backup your files Using cPanel

1. Login to your cPanel account.

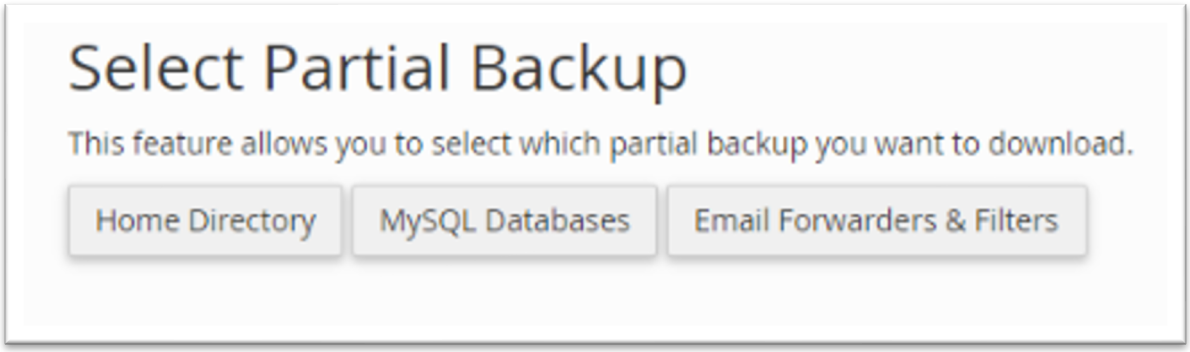


2. Under the files section, click on the backup Wizard Icon.

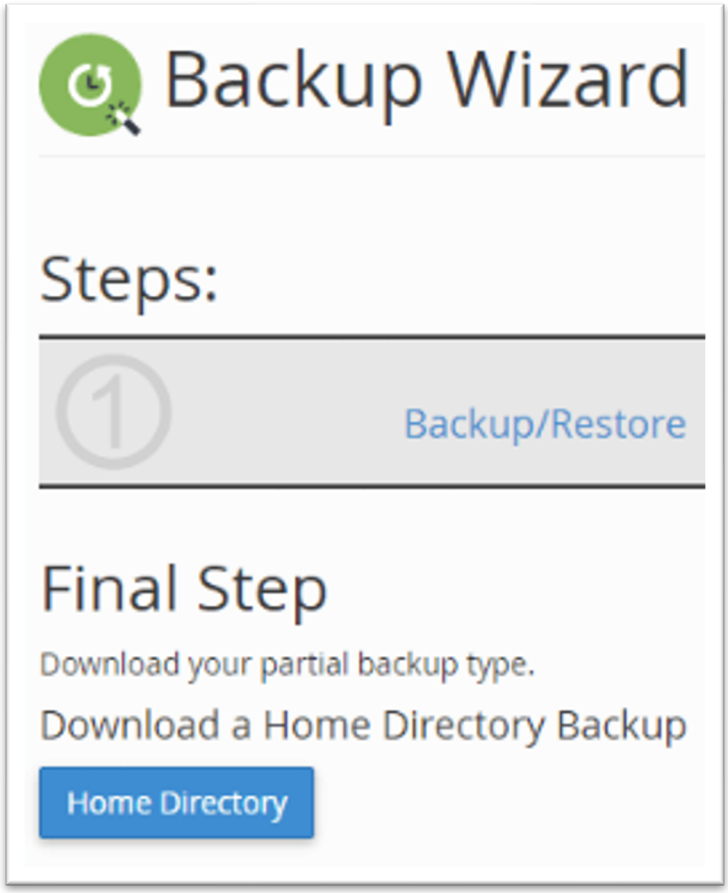
3. Click on the “Backup” button.



4. Under the “Select Partial Backup” header, click on the “Home Directory” link.

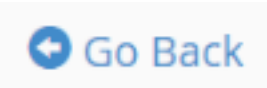


5. Click on the “Home Directory” button to download a compressed copy of your home directory.

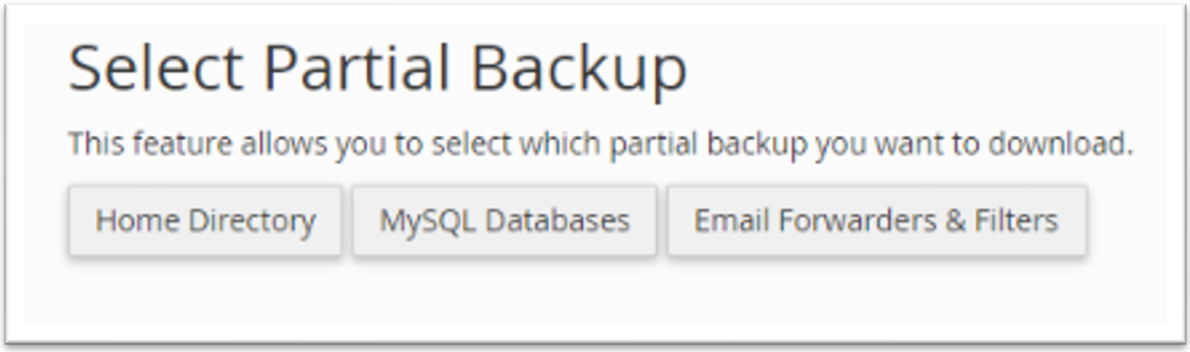


Depending upon the size of your site, this may take a little while.

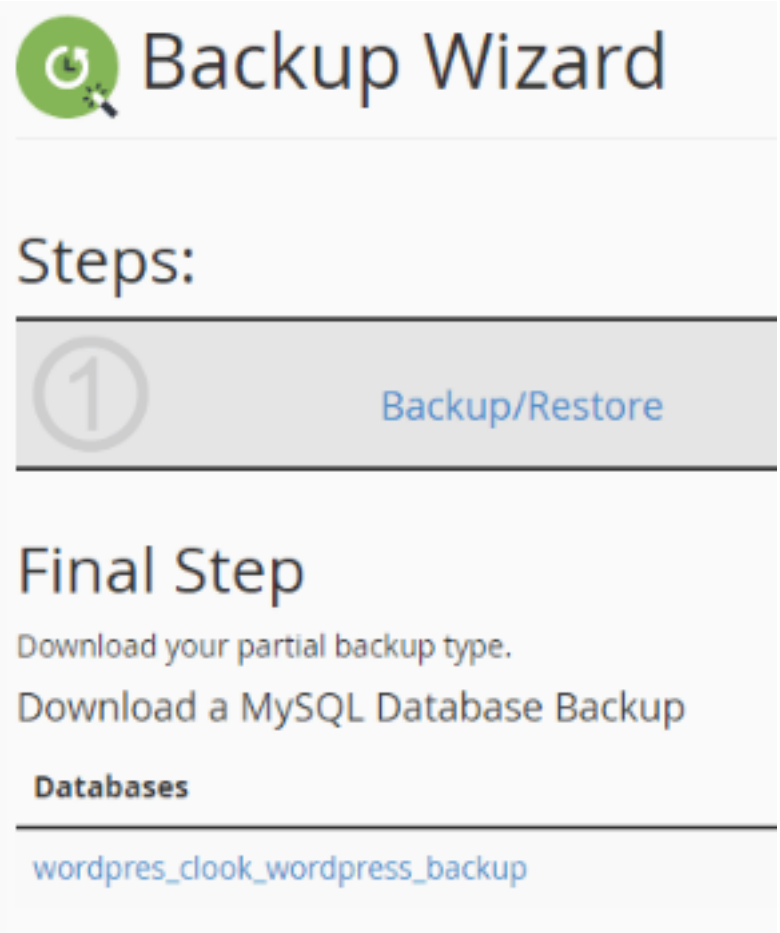
6. Now that you have a copy of your home directory on your local machine, the next step is to download a copy of your WordPress database. First click on the “Go Back” link to get to the previous page.



7. Under the “Select Partial Backup” header, click on the “MySQL Databases” link.



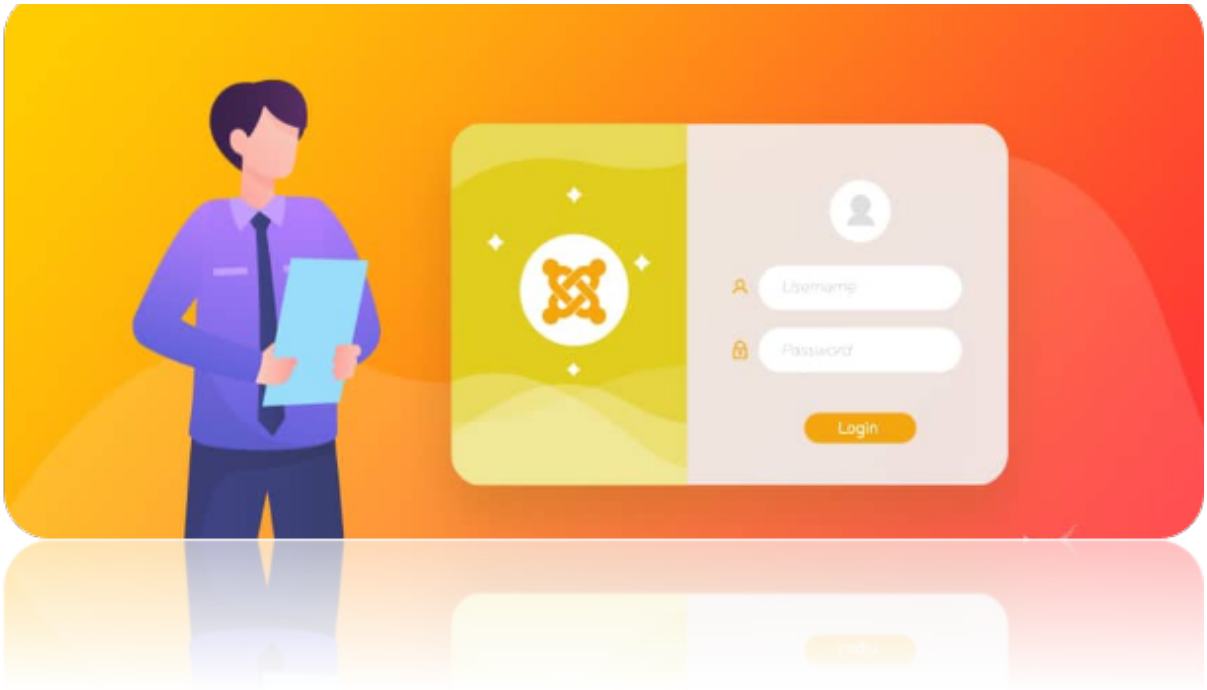
8. Finally, click on the link for your WordPress database, to download a copy to your local machine.



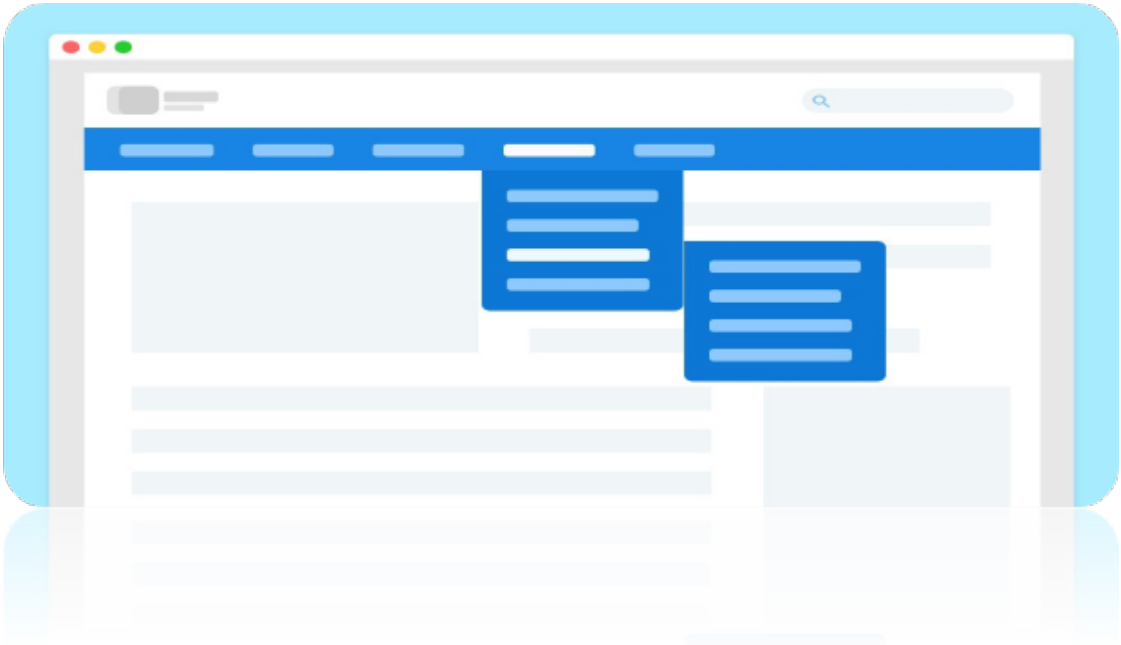
9. Now that you have a local copy of your WordPress files, we recommend that you archive them in a suitable location.

How to backUp WordPress site Using Your Web Host

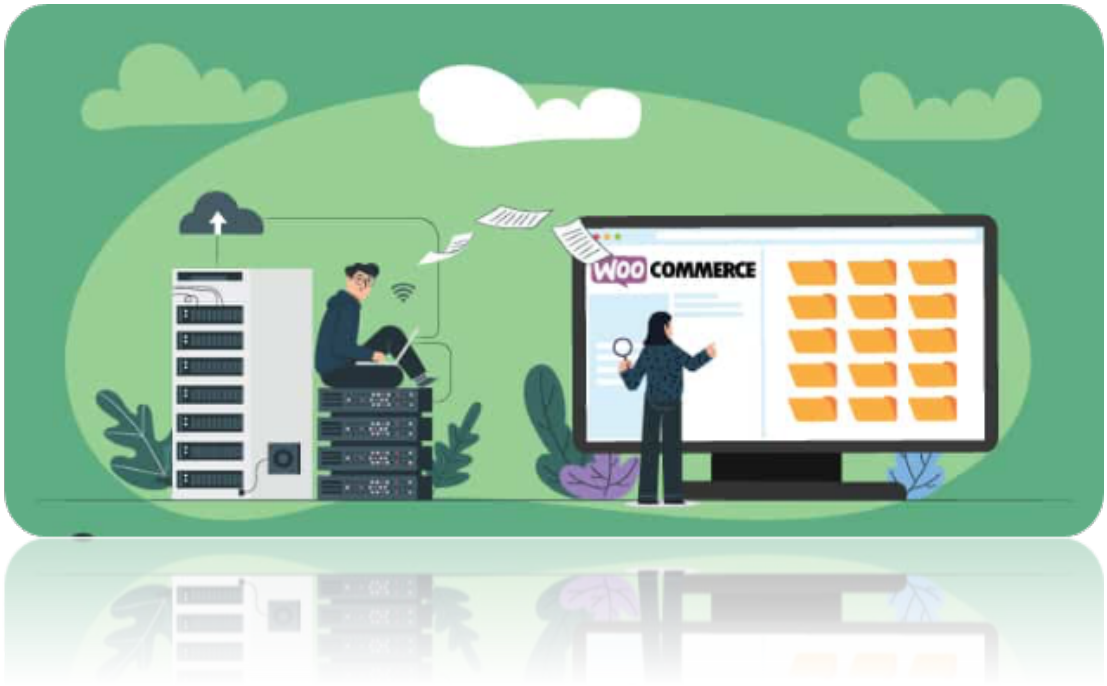
1. Firstly, log into your hosting with the necessary credentials.



2. Enter to dashboard or menu bar.

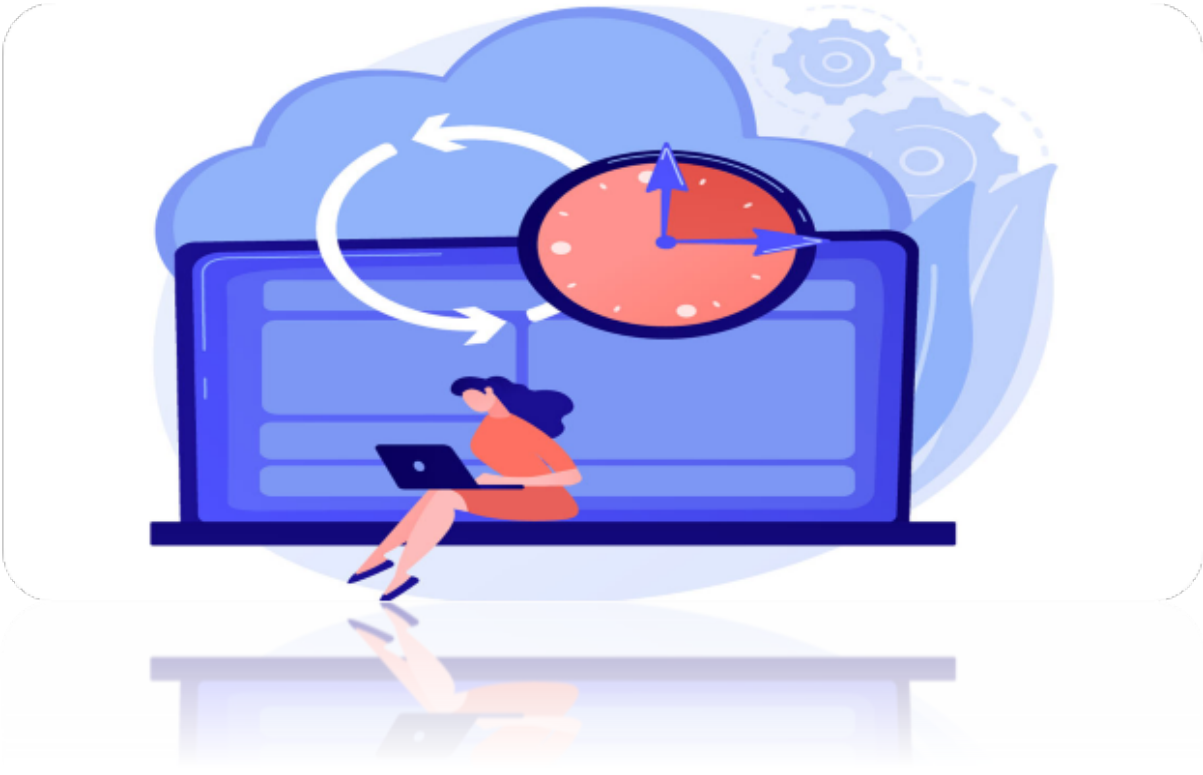


3. Find the backup option.



4. Follow the instructions and complete the process it will be different according to hosting.

5. Some hosts provide customize backups as your requirements like automatic schedule; that might be hourly, monthly or have a specific backup schedule. Also, they can be customized which portion of your website should be backup. So, you have to choose which one are more effective.



As your hosting is your website's shelter always try to choose a good hosting server not only for backup but also for many reasons. Beware of cheap hosting as your hosting is your home. Problems of cheap hosting-

- Bounded or no backup: every well ranked host has systemic backup option for your website and keep them up to 30 days. Backup data are encrypted as well as database also well backup. On the other hand, for budget web hosting taking regular backups are not be seen. Even if they have the option, there is issues for limitations of size and kept for short period of time. In some cases, they even fix a price for backup.

- Lack of security: the cheap web hosting has no standard hosting service. The security features are weak to rely. Hackers can quickly find hack your site by injecting malicious code. As you never know that your site is injected with malware. As a result, your domain's SEO ranking drops.

- Inexpert support: support team might not be able to help even with even manageable hosting problems. There might not consist of suitable software system. In some cases, support team pay attention to help you or not able to help you.

- Frequently lengthier downtime: for maintaining the server well skilled technicians are very basic. But the skilled admins are not very cheap. So, they don't effort them. As a result, down and repeated downtime.

- Hidden fees: cheap web hosting are often cost- efficient. But they often have hidden charge. For availing a normal option, there are cost like backup website, domain transfer, resource overuse and so on.

Avoid cheap hosting for backup

Ending

Hope you have the proper guidelines of how to backup WordPress site. That's how backup your WordPress website in different ways. All of this information might feel like it's a lot to take in, but in the end, it's simple. There are some misconceptions-

- WordPress automatically have backups- no, it's not.
- The site backup is taken care by web host- may be or maybe not.
- My site will never need a backup- people tells that before suffering.
- Backup means expensive- Not at all.
- A single backup is enough- it's not right.
- Backup is hassle- there are easy backup systems available.

After reading this guide, we hope you will have a full knowledge of WordPress backup and implement the it your WordPress site to backup. By small effort you can have your good night sleep by ensuring safety and protection of your own WordPress website. Evaluate your options. See what works best for you and your WordPress site. Then, choose the one that's going to make your life easiest. These are all about 'how to backup WordPress site' guideline; hope you like it.

Meta Description: How to backup WP website with manual backup, plugins, web host. Why do You Backup your WP Site? What is the best way to Backup a WP Site?

Meta Title: How to Backup WP Site | plugin, FTP, hosting - DevsCred