

Patient Name: Sarah Khan

Age: 58

Gender: Female

Date: 14 Oct 2025

Diagnosis:

Coronary Artery Disease (CAD)

Mild left ventricular hypertrophy.

Medical History:

The patient has a 3-year history of hypertension and high cholesterol.

She experiences shortness of breath on exertion and occasional chest discomfort.

No family history of cardiac disease.

Medication:

Aspirin 75 mg once daily.

Atorvastatin 40 mg once daily.

Metoprolol 25 mg twice daily.

Advice:

- Continue all current medications.
- Avoid high-cholesterol and fatty foods.
- Walk 20–30 minutes daily.
- Schedule follow-up ECG in 2 months.
- In case of severe chest pain, visit ER immediately.