

**AA Course Sequence Guide - Full-Time Enrollment**  
**Exercise Science Pathway**  
**Associate in Arts Degree | Code: 12103 | 60 Credits**  
**Effective Term: Fall 2025 (2257)**

SEMESTER	COURSE ID	COURSE TITLE	CREDITS	PRE/COREQUISITES
<b>Semester 1</b>	ENC 1101 (W)	English Composition 1	3	Prerequisite: Student must meet the Developmental Education reading and writing requirements in State Rule 6A-10.0315 (by course, placement score, or eligible exemption).
	MAT 1033	Intermediate Algebra	3	Prerequisites: MAT 0022C, or MAT 0028, or MAT 0057 or by placement score, or eligible exemption
	MAT 1033L	Intermediate Algebra Recitation Hall	0	Corequisite: MAT 1033
	<i>Social Sciences</i>	AMH 2010, AMH 2020, POS 2041	3	
	SLS 1106	First Year Experience Seminar	1	
	<i>Computer Competency</i>	Computer Skills Placement (CSP) ---or--- CGS 1060C		<b>Departmental Recommendation:</b> Computer Skills Placement (CSP)
<b>TOTAL CREDITS</b>			<b>10</b>	
<b>Semester 2</b>	ENC 1102 (W)	English Composition 2	3	Prerequisite: ENC 1101
	MAC 1105 (C)	College Algebra	3	Prerequisite: MAT 1033
	BSC 2085	Anatomy and Physiology I	3	Corequisite: BSC 2085L
	BSC 2085L	Anatomy and Physiology Lab I	1	Corequisite: BSC 2085
	CHM 1025	Introductory Chemistry	3	Prerequisite: MAT 1033
	<b>TOTAL CREDITS</b>			<b>13</b>
<b>Semester 3</b>	BSC 2086	Anatomy and Physiology II	3	Prerequisite: BSC 2085; Corequisite: BSC 2086L
	BSC 2086L	Anatomy and Physiology II Lab	1	Prerequisite: BSC 2085L, BSC 2085 Corequisite: BSC 2086
	HLP 1080	Wellness	2	
	HUN 1201	Essentials of Human Nutrition	3	
	DEP 2000	Human Growth & Development	3	
	<b>TOTAL CREDITS</b>			<b>12</b>
<b>Semester 4</b>	<i>Oral Communication</i>	ENC 2300 (W), SPC 1017 (W), SPC 2608 (W)	3	Prerequisite for ENC 2300: ENC 1101, ENC 1102 Prerequisite for SPC 2608: ENC 0025
	<i>Humanities</i>	ARH 1000, HUM 1020, LIT 2000 (W), MUL 1010, PHI 2010 (W), THE 2000 (W)	3	Prerequisite for LIT 2000: ENC 1101
	HLP 1081	Fitness & Wellness for Life	3	
	PHY 1004	Physics with Applications I	3	Prerequisite: MAT 1033; Corequisite: PHY 1004L
	PHY 1004L	Physics with Applications I Lab	1	Prerequisite: MAT 1033; Corequisite: PHY 1004
	<b>TOTAL CREDITS</b>			<b>13</b>
<b>Semester 5</b>	<i>Humanities</i>	ARC 2701, ARC 2702 (W), ARH 1000, ARH 2050, ARH 2051 (W), ARH 2740 (W), DAN 2100, DAN 2130 (W), HUM 1020, LIT 2000 (W), LIT 2120 (W), MUH 2111, MUH 2112 (W), MUL 1010, MUL 2380 (W), PHI 2010 (W), PHI 2600 (W), THE 2000 (W)	3	<b>Note:</b> Check with an MDC advisor for requisite information.
	STA 2023 (C)	Statistical Methods	3	Prerequisite: MAT 1033 or MGF 1131
	GEB 1011	Principles of Business	3	
	HUS 1001	Introduction to Human Services	3	
	<b>TOTAL CREDITS</b>			<b>12</b>
<b>PROGRAM TOTAL</b>			<b>60</b>	

**AA Course Sequence Guide - Part-Time Enrollment**  
**Exercise Science Pathway**  
**Associate in Arts Degree | Code: 12103 | 60 Credits**  
**Effective Term: Fall 2025 (2257)**

SEMESTER	COURSE ID	COURSE TITLE	CREDITS	PRE/CO-REQUISITES
<b>Semester 1</b>	ENC 1101 (W)	English Composition 1	3	Prerequisite: Student must meet the Developmental Education reading and writing requirements in State Rule 6A-10.0315 (by course, placement score, or eligible exemption).
	MAT 1033	Intermediate Algebra	3	Prerequisites: MAT 0022C, or MAT 0028, or MAT 0057 or by placement score, or eligible exemption
	MAT 1033L	Intermediate Algebra Recitation Hall	0	Corequisite: MAT 1033
	<i>Social Sciences</i>	AMH 2010, AMH 2020, POS 2041	3	
	SLS 1106	First Year Experience Seminar	1	
<b>TOTAL CREDITS</b>			<b>10</b>	
<b>Semester 2</b>	ENC 1102 (W)	English Composition 2	3	Prerequisite: ENC 1101
	MAC 1105 (C)	College Algebra	3	Prerequisite: MAT 1033
	CHM 1025	Introductory Chemistry	3	Prerequisite: MAT1033
	<b>TOTAL CREDITS</b>			<b>9</b>
<b>Semester 3</b>	HLP 1080	Wellness	2	
	HUN 1201	Essentials of Human Nutrition	3	
	DEP 2000	Human Growth & Development	3	
	<b>TOTAL CREDITS</b>			<b>8</b>
<b>Semester 4</b>	<i>Humanities</i>	ARH 1000, HUM 1020, LIT 2000 (W), MUL 1010, PHI 2010 (W), THE 2000 (W)	3	Prerequisite for LIT 2000: ENC 1101
	PHY 1004	Physics with Applications I	3	Prerequisite: MAT 1033; Corequisite: PHY 1004L
	PHY 1004L	Physics with Applications I Lab	1	Prerequisite: MAT 1033; Corequisite: PHY 1004
	<i>Computer Competency</i>	Computer Skills Placement (CSP) ---or--- CGS 1060C		<b>Departmental Recommendation:</b> Computer Skills Placement (CSP)
	<b>TOTAL CREDITS</b>			<b>7</b>
<b>Semester 5</b>	<i>Oral Communication</i>	ENC 2300 (W), SPC 1017 (W), SPC 2608 (W)	3	Prerequisite for ENC 2300: ENC 1101, ENC 1102 Prerequisite for SPC 2608: ENC 0025
	BSC 2085	Anatomy and Physiology I	3	Corequisite: BSC 2085L
	BSC 2085L	Anatomy and Physiology Lab I	1	Corequisite: BSC 2085
	<b>TOTAL CREDITS</b>			<b>7</b>
<b>Semester 6</b>	<i>Humanities</i>	ARC 2701, ARC 2702 (W), ARH 1000, ARH 2050, ARH 2051 (W), ARH 2740 (W), DAN 2100, DAN 2130 (W), HUM 1020, LIT 2000 (W), LIT 2120 (W), MUH 2111, MUH 2112 (W), MUL 1010, MUL 2380 (W), PHI 2010 (W), PHI 2600 (W), THE 2000 (W)	3	<b>Note:</b> Check with an MDC advisor for requisite information.
	HLP 1081	Fitness & Wellness for Life	3	
	BSC 2086	Anatomy and Physiology II	3	Prerequisite: BSC 2085; Corequisite: BSC 2086L
	BSC 2086L	Anatomy and Physiology Lab II	1	Prerequisite: BSC 2085L, BSC 2085 Corequisite: BSC 2086
	<b>TOTAL CREDITS</b>			<b>10</b>
<b>Semester 7</b>	STA 2023 (C)	Statistical Methods	3	Prerequisite: MAT 1033 or MGF 1131
	GEB 1011	Principles of Business	3	
	HUS 1001	Introduction to Human Services	3	
	<b>TOTAL CREDITS</b>			<b>9</b>
<b>PROGRAM TOTAL</b>			<b>60</b>	