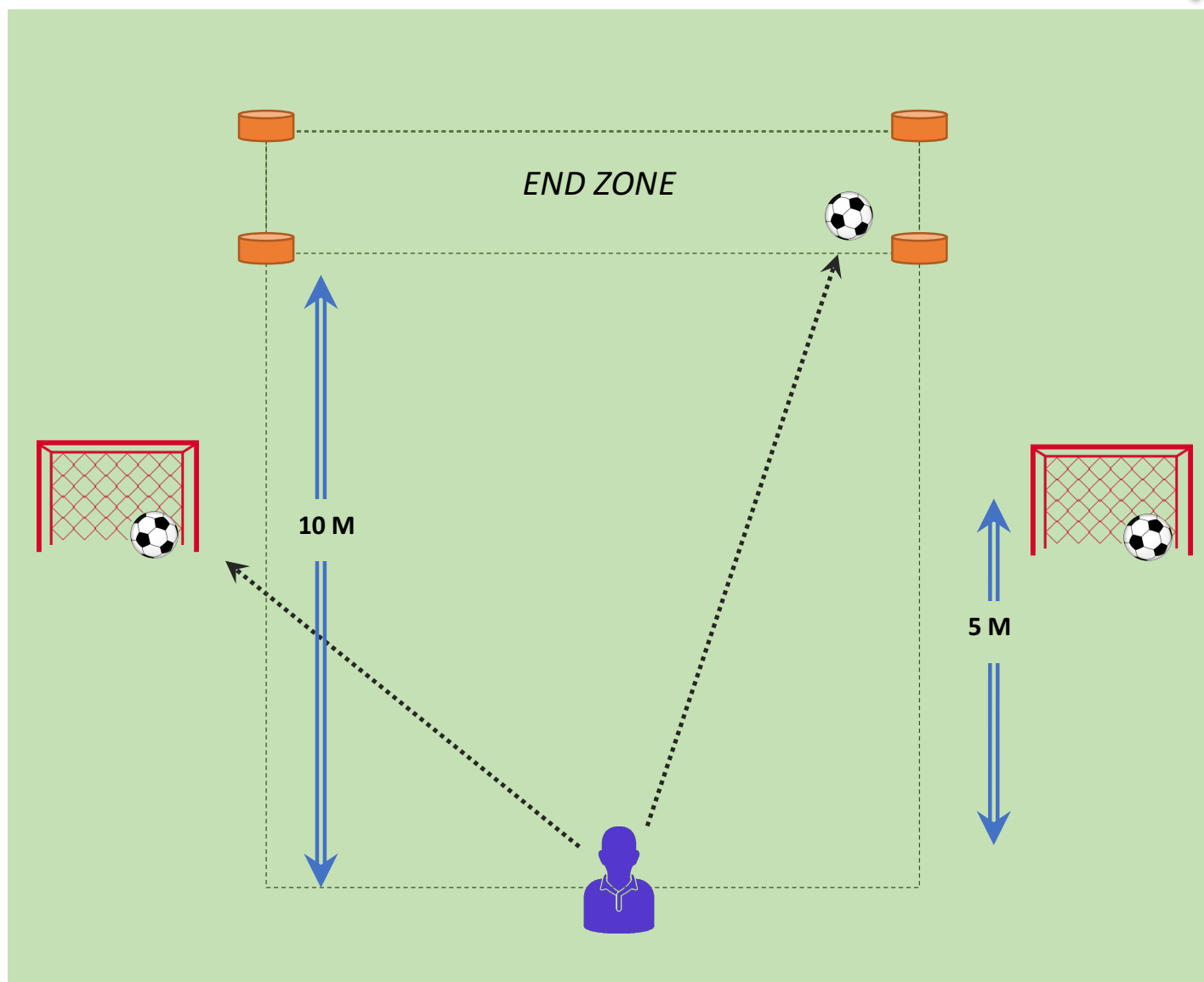




Passing Bronze Assessment

The player will have 10 balls **to pass into the goals** from 5m away alternating with left and right feet, they must then pass 5 more balls to **stop in the end zone**.

Make sure your **passes** are weighted correctly into the target area.



Criteria: 60 % Success rate – 15 Balls.

Touches:

- Left and Right Foot

Tips:

- Your standing foot should be pointing in the direction you are passing
- Run towards the balls like in a game.
- Use the inside of your foot for more accuracy.