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Program Name: - JAVA 8- timeZone

```
package timeZone;
```

```
public class SQLDateExample {  
    public static void main(String[] args) {  
  
        long millis=System.currentTimeMillis();  
  
        java.sql.Date date=new java.sql.Date(millis);  
  
        System.out.println(date);  
  
    }  
}
```

