

4PM TO 3AM, 40 OUT OF 48 HOURS WEEKEND

October 14-20 2024

	TWITTER 45 MINS	SLEEP 1 HOUR	CODE	READING	CRYPTO 45 MINS		FOOTBALL
MONDAY			8 HOURS 30 MINUTES LEFT. 4 HOURS READ, 3 HOURS CODING				
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY	90 MINS DAILY = 3 HOURS	1 HOUR DAILY = 2 HOURS	31 HOURS 30 MINUTES 20 HOURS CODE WITH BREAKS, 10 HOURS READ.		45 MINS DAILY = 1 HOUR 30 MINS	2 HOURS ON WEEKENDS	
SUNDAY							

October 21-27 2024

	TWITTER 45 MINS	SLEEP 1 HOUR	CODE	READING	CRYPTO 45 MINS		FOOTBALL
MONDAY			<i>8 HOURS 30 MINUTES LEFT. 4 HOURS READ, 3 HOURS CODING</i>				
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY	<i>90 MINS DAILY = 3 HOURS</i>	<i>1 HOUR DAILY = 2 HOURS</i>	<i>31 HOURS 30 MINUTES 20 HOURS CODE WITH BREAKS, 10 HOURS READ.</i>		<i>45 MINS DAILY = 1 HOUR 30 MINS</i>	<i>2 HOURS ON WEEKENDS</i>	
SUNDAY							

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MONDAY			<i>8 HOURS 30 MINUTES LEFT. 4 HOURS READ, 3 HOURS CODING</i>				
TUESDAY							
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FRIDAY							
SATURDAY	<i>90 MINS DAILY = 3 HOURS</i>	<i>1 HOUR DAILY = 2 HOURS</i>	<i>31 HOURS 30 MINUTES 20 HOURS CODE WITH BREAKS, 10 HOURS READ.</i>		<i>45 MINS DAILY = 1 HOUR 30 MINS</i>	<i>2 HOURS ON WEEKENDS</i>	
SUNDAY							

November 4-10 2024

	TWITTER 45 MINS	SLEEP 1 HOUR	CODE	READING	CRYPTO 45 MINS		FOOTBALL
MONDAY			8 HOURS 30 MINUTES LEFT. 4 HOURS READ, 3 HOURS CODING				
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY	90 MINS DAILY = 3 HOURS	1 HOUR DAILY = 2 HOURS	31 HOURS 30 MINUTES 20 HOURS CODE WITH BREAKS, 10 HOURS READ.		45 MINS DAILY = 1 HOUR 30 MINS	2 HOURS ON WEEKENDS	
SUNDAY							

November 11-17 2024

	TWITTER 45 MINS	SLEEP 1 HOUR	CODE	READING	CRYPTO 45 MINS		FOOTBALL
MONDAY			8 HOURS 30 MINUTES LEFT. 4 HOURS READ, 3 HOURS CODING				
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY	90 MINS DAILY = 3 HOURS	1 HOUR DAILY = 2 HOURS	31 HOURS 30 MINUTES 20 HOURS CODE WITH BREAKS, 10 HOURS READ.		45 MINS DAILY = 1 HOUR 30 MINS	2 HOURS ON WEEKENDS	
SUNDAY							