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# **Structural changes of gu<sup>t</sup> microbiota in Parkinson's disease and its correlation with clinical features**

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The aim of this study was to compare the structure of gu<sup>t</sup> microbiota in Parkinson's disease (PD) patients and healthy controls; and to explore correlations between gu<sup>t</sup> microbiota and PD clinical features. We analyzed fecal bacterial composition of <sup>24</sup> PD patients and <sup>14</sup> healthy volunteers by using 16S rRNA sequencing. There were significant differences between PD and healthy controls, as well as among different PD stages. The putative cellulose degrading bacteria from the genera *Blautia* (*P*=0.018), *Faecalibacterium* (*P*=0.048) and *Ruminococcus* (*P*=0.019) were significantly decreased in PD compared to healthy controls. The putative pathobionts from the genera *Escherichia-Shigella* (*P*=0.038), *Streptococcus* (*P*=0.01), *Proteus* (*P*=0.022), and *Enterococcus* (*P*=0.006) were significantly increased in PD subjects. Correlation analysis indicated that disease severity and PD duration negatively correlated with the putative cellulose degraders, and positively correlated with the putative pathobionts. The results sugges<sup>t</sup> that structural changes of gu<sup>t</sup> microbiota in PD are characterized by the decreases of putative cellulose degraders and the increases of putative pathobionts, which may potentially reduce the production of short chain fatty acids, and produce more endotoxins and neurotoxins; and these changes is potentially associated with the development of PD pathology.

microbiome, a-synuclein, gastrointestinal dysfunction, gut-brain-axis, 16S rRNA sequencing, short chain fatty acids

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# **INTRODUCTION**

Parkinson's disease (PD) is <sup>a</sup> chronic, progressive, disabling neurodegenerative disorder that begins in mid to late life. The etiology of PD is not well understood but likely to be the interactive effects of environmental and genetic factors ([de](#page-8-0) Lau and [Breteler,](#page-8-0) 2006); whereas the potential contributions of gu<sup>t</sup> microbiota and the enteric nervous system to aging and PD are becoming increasingly recognized ([Fasano](#page-9-0) et al.,

[2015](#page-9-0); Hu et al., [2016](#page-9-0); [Keshavarzian](#page-9-0) et al., 2015; [Scheperjans](#page-9-0) et al., [2015](#page-9-0)). Braak et al. demonstrated that the appearance of α-synuclein-positive Lewy pathology initially occurred in both the enteric nervous system and the dorsal motor nucleus of the vagus at the presymptomatic stage of PD; however, when pathological changes were observed in the substantia nigra, most patients had entered symptomatic stages of PD [\(Braak](#page-8-0) et al., 2003; Braak et al., [2004](#page-8-0)). Recent studies reported that gastrointestinal dysfunction occurred with relatively high frequency in PD patients:  $70\%-100\%$ of PD patients reported gastric motility disorders, 80%–90% of patients reported constipation, and 25%–67% of patients

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reported small intestinal bacterial overgrowth [\(Dobbs](#page-8-0) et al., [2012](#page-8-0); [Fasano](#page-9-0) et al., 2013; [Fasano](#page-9-0) et al., 2015; [Heetun](#page-9-0) and [Quigley,](#page-9-0) 2012; Tan et al., [2014](#page-9-0)). These gastrointestinal symptoms and disorders are frequently reported years before the onset of parkinsonian motor symptoms ([Cersosimo](#page-8-0) et al., [2013](#page-8-0); [Lang,](#page-9-0) 2011; Rayner and [Horowitz,](#page-9-0) 2013).

The gu<sup>t</sup> microbiota contributes to regulation of gastrointestinal motility, facilitating nutrient absorption and metabolism, modulating mucosal immune system and maintaining intestinal health ([Collins](#page-8-0) and Bercik, 2009; [Macpherson](#page-9-0) and [Harris,](#page-9-0) 2004). Furthermore, accumulating evidence indicates an intense bidirectional interaction between gu<sup>t</sup> microbiota and the central nervous system ([Bercik](#page-8-0) et al., 2011; [Cryan](#page-8-0) and [Dinan,](#page-8-0) 2012; [Felice](#page-9-0) et al., 2016; Mulak and [Bonaz,](#page-9-0) 2015; [Scheperjans](#page-9-0) et al., 2015). Recent studies sugges<sup>t</sup> <sup>a</sup> role for gu<sup>t</sup> microbiota in metabolic, neoplastic, and immunologic diseases [\(Brugman](#page-8-0) et al., 2006; Qin et al., [2014](#page-9-0); [Scher](#page-9-0) et al., [2013](#page-9-0); [Sjögren](#page-9-0) et al., 2009), and even some neurological disorders, such as autism and major depressive disorders ([Adams](#page-8-0) et al., 2011; [Jiang](#page-9-0) et al., 2015; [Keshavarzian](#page-9-0) et al., [2015](#page-9-0); [Parracho](#page-9-0) et al., 2005; [Scheperjans](#page-9-0) et al., 2015). Thus, we assume that the gu<sup>t</sup> microbiota composition of PD patients may differ from healthy controls, and this difference may be correlated with PD clinical features.

#### **RESULTS**

#### **Subjects**

Characteristics of the participants are shown in Table 1. There was no statistically significant differences between patient and control groups in terms of age, gender and body mass index (BMI). All but two PD patients were taking anti-parkinsonian medication. No study subjects had diabetes, infectious diseases, or required special diets.

# **Table 1** Demographic characteristics of the participants<sup>a)</sup>

#### **Characteristics of sequencing data**

From <sup>14</sup> fecal samples of healthy controls (HC), 1,413,984 reads were obtained (average 100,999 reads per sample). From <sup>24</sup> fecal samples of PD patients, 2,735,933 reads were obtained (average 113,997 reads per sample). Comparisons of community richness (Chao) and diversity (Shannon) were performed after equalizing library sizes to the minimum library size by random subtraction. There were no statistically significant differences of community richness or diversity between PD patients and controls. Summary information for sequencing data is shown in Table 2. The Shannon rarefaction curves approached <sup>p</sup>lateau indicating that no more Operational taxonomic units (OTUs) would likely be detected by increasing the number of sequences (Figure S1 in Supporting Information). Good's coverage for each sample was more than 98%, indicating that the OTUs identified in each sample represented the majority of bacteria species identified in all samples.

## **Intestinal microbial compositions of PD and HC groups differed significantly**

*Phylum-level comparison of PD and HC.* <sup>22</sup> <sup>p</sup>hyla in PD group and <sup>20</sup> <sup>p</sup>hyla in HC group were identified respectively. The top four dominant <sup>p</sup>hyla of both groups were Bacteroidetes, Firmicutes, Proteobacteria and Actinobacteria, which were 98.8% of total reads, and this agreed with previous studies ([Ottman](#page-9-0) et al., 2012). Despite the highly diverse bacterial communities among individuals, the fecal microbial compositions of the PD group were distinctively different from controls at the <sup>p</sup>hylum level ([Figure](#page-2-0) 1A). Compared with controls, the relative abundance of Actinobacteria were highly enriched in patients with PD (1.42% vs. 0.22%, *<sup>P</sup>*<0.001), and <sup>a</sup> similar trend was seen with Proteobacteria



a) \*, Chi-squared test; \*\*, Student's *<sup>t</sup>*-test; \*\*\*, BMI=kg <sup>m</sup>−2

# **Table 2** Summary of sequencing data<sup>a</sup>



a) \*, Student's *<sup>t</sup>*-test.

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**Figure <sup>1</sup>** Phylum level comparison. A, Comparison of the relative abundance of the ten most abundant bacterial <sup>p</sup>hyla in HC and PD groups; B−E, Comparison of the relative abundance of the top four dominant bacterial <sup>p</sup>hyla: Bateroidetes, Firmicutes, Actinobacteria and Proteobacteria. Statistical analysis was performed by Metastats method. \*, *<sup>P</sup>*<0.05; \*\*, *<sup>P</sup>*<0.01.

(5.51% vs. 2.92%, *<sup>P</sup>*=0.029) (Figure 1D and E). Whereas, Bacteroidetes were significantly decreased in the PD group (55.27% vs. 63.26%, *<sup>P</sup>*=0.045) (Figure 1B). Although the <sup>p</sup>hylum Firmicutes did not significantly change (Figure 1C), two classes in this <sup>p</sup>hylum: Bacilli (1.19% vs. 0.12%, *<sup>P</sup>*<0.001) and Negativicutes (9.16% vs. 3.22%, *<sup>P</sup>*=0.005) were both significantly enriched in the PD group.

There were <sup>26</sup> statistically significant differences between PD and HC groups at the family level. The relative abundance of Enterobacteriaceae, Veillonellaceae, Erysipelotrichaceae, Coriobacteriaceae, Streptococcaceae, Moraxellaceae and Enterococcaceae were significantly higher in PD group compared to the HC group. The family of Prevotellaceae, Ruminococcus and Lachnospiraceae were substantially decreased in PD group compared with controls, although they did not achieved statistically significance (Figure S2 in Supporting Information).

*Genus-level comparison of PD and HC.* The microbial composition was also distinctly different at the genus level. Among the top <sup>50</sup> abundant genera, *Acidaminococcus*, *Acinetobacter*, *Enterococcus*, *Escherichia-Shigella*, *Megamonas*, *Megasphaera*, *Proteus*, *Streptococcus* were significantly more abundant in PD compared to HC. *Blautia*, *Faecal-* *ibacterium*, *Ruminococcus* were significantly more abundant in HC (Table S1 in Supporting Information). Interestingly, among these genera, *Enterococcus*, *Escherichia-Shigella* and *Proteus*, putative pathobionts that could produce endotoxins and promote inflammation in human intestines, were enriched significantly in the PD group ([Figure](#page-3-0) 2D−F) [\(Chen](#page-8-0) et al., [2011](#page-8-0); [Huycke](#page-9-0) et al., 2002; Schaffer and [Pearson,](#page-9-0) 2015). *Blautia*, *Faecalibacterium*, and *Ruminococcus*, putative cellulose degraders that facilitate fermentation of resistant starch and cellulose in the colon and produce short chain fatty acids (SCFAs), were decreased significantly in PD group ([Figure](#page-3-0) 2A−C) ([Abell](#page-8-0) et al., 2008; [Leitch](#page-9-0) et al., 2007; [Takahashi](#page-9-0) et al., 2016; [Walker](#page-10-0) et al., 2011).

*Structural differentiation between PD and HC.* According to the unweighted UniFrac principal co-ordinates analysis (PCoA) analysis, the gu<sup>t</sup> microbiota of the HC and PD patients are separated according to PC1 and PC2 (8.03% and 6.32%) ([Figure](#page-3-0) 3). Hierarchical cluster analysis based on the relative abundance of genera demonstrated that the HC and PD groups were different according to the Spearman's correlation distance matrix, and samples from each group were clustered with relatively high similarity [\(Figure](#page-4-0) 4). The heatmap based on the genus-level data agreed with this out-

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**Figure <sup>2</sup>** Relative abundance of putative cellulose degraders and pathobionts. A−C, Relative abundance of putative cellulose degraders, *Ruminococcus*, *Faecalibacterium* and *Blautia* in HC and PD groups. D−F, Relative abundance of putative pathobionts, *Escherichia-Shigella*, *Proteus* and *Enterococcus* in HC and PD groups. Statistical analysis was performed by Metastats method. \*,  $P<0.05$ .



**Figure 3** Principal co-ordinates analysis (PCoA). PCoA plots based on unweighted UniFrac distance metrics using the relative abundance of OTUs. Red points stand for HC samples, blue squares stand for PD samples. The PCoA <sup>p</sup>lots separate the PD subjects from HC.

come (Figure S3 in Supporting Information).

# **Intestinal microbial compositions of different PD stages differed significantly**

We divided patient group into two subgroups according to disease stages, to learn if there were bacterial indicators that changed consistently with the development of PD pathology. Patients with Hoehn and Yahr (H&Y) stage ranging from 1−2.5 were included in the mild PD (MPD) group, while patients with H&Y stage ranging from 3−5 were included in the severe PD (SPD) group. There were no statistically significant differences among MPD, SPD and control groups in terms of age, gender and BMI, however, the unified Parkinson's disease rating scale (UPDRS) scores of the MPD group were significantly lower than that of the SPD group, which proved our assumption (Table S2 in Supporting Information). At the genus level, only two bacterial genera changed consistently with the development of PD pathology. The relative abundance of *Faecalibacterium* was 5.14% in control group, reduced to 3.17% in MPD group, and remarkably decreased to 1.22% in SPD group (*P*=0.048). The relative abundance of *Megasphaera* was 0.04% in controlgroup, increased to

<span id="page-4-0"></span>2.52% in MPD group, and substantially increased to 5.50% in SPD group ( $P=0.003$ ) (Figure 5). When the two untreated PD samples were removed from the analysis, the significant differences were maintained for genera *Faecalibacterium* (*P*=0.038) and *Megasphaera* (*P*=0.004), suggesting that though medication was likely having an effect, disease stage was still significantly impacting gu<sup>t</sup> microbiota in PD. These data indicate that gu<sup>t</sup> microbiota of different disease stages may differ as PD pathology progresses.

#### **Intestinal microbiota correlates with PD clinical features**

Clinical PD features such as PD duration, disease severity (UPDRS and H&Y stage), constipation (Wexner), non-motor symptoms (NMSS), and anxiety and depression symptoms (HAMA & HAMD) were quantified and associated with intestinal microbial composition. Clinical details of all subjects were summarized in Table S3 in Supporting Information.

The correlation matrix based on the Spearman's correlation distance confirmed correlations between the relative abun-



**Figure 4** Hierarchical clustering analysis. Hierarchical clustering based on Spearman's correlation distance matrix using the relative abundance of genus, and ward. D method is used to cluster the samples using R stats package. The clustering shows grouping of PD subjects toward the left part of the dendrogram, and grouping of HC subjects toward the right par<sup>t</sup> of the dendrogram. This pattern indicates <sup>a</sup> differentiation between PD and HC groups.



**Figure <sup>5</sup>** Genus level comparison among groups of different disease stages. Comparison of relative abundance of *Faecalibacterium* and *Megasphaera* in groups of different disease stages. Statistical analysis was performed by Kruskal-Wallis test. \*, *<sup>P</sup>*<0.05; \*\*, *<sup>P</sup>*<0.01.

dance of the top <sup>65</sup> abundant genera and clinical features (Figure 6). At the genus level, UPDRS scores positively correlated with *Enterococcus* (*r*=0.336, *<sup>P</sup>*=0.039), *Proteus* (*R*=0.45, *<sup>P</sup>*=0.005) and *Escherichia-Shigella* (*R*=0.383, *<sup>P</sup>*=0.018), and negatively correlated with *Blautia* (*r*=−0.50, *P*=0.002), *Faecalibacterium* (*R*=−0.357, *P*=0.028), *Ruminococcus* (*r*=−0.51, *P*=0.001), *Haemophilus* (*r*=−0.46, *P*=0.004) and *Odoribacter* (*r*=−0.41, *P*=0.011). PD duration positively correlated with *Proteus* (*r*=0.46, *<sup>P</sup>*=0.003), *Enterococcus* (*r*=0.56, *P*<0.001), *Escherichia-Shigella* (*r*=0.52, *<sup>P</sup>*=0.001), *Megasphaera* (*r*=0.41, *<sup>P</sup>*=0.012), and negatively correlated with *Blautia* (*r*=−0.40, *<sup>P</sup>*=0.013), *Ruminococcus* (*r*=−0.58, *P*<0.001), *Sporobacter* (*r*=−0.40, *P*=0.013), *Haemophilus* (*r*=−0.47, *P*=0.003). Interestingly, we noticed that putative pathobionts *Enterococcus, Escherichia-Shigella* and *Proteus* were significantly increased in the PD group, and positively correlated with disease severity (UPDRS) and PD duration ([Figure](#page-6-0) 7A–C); whereas, putative cellulose degraders *Blautia*, *Faecalibacterium*, and *Ruminococcus* were significantly decreased in the PD group, and correlated negatively with disease severity (UPDRS) and PD duration ([Figure](#page-6-0) 7D–F).

# **DISCUSSION**

Gut microbiota interact extensively with the host through metabolic exchange and co-metabolism of substrates to maintain normal functions and health of the intestinal tract and the whole body ([Nicholson](#page-9-0) et al., 2005). In this study, we found that the intestinal microbiota composition of PD patients and HC differed significantly at all taxonomic levels. One characteristic of this structural differentiation is fewer putative cellulose degraders. Previous studies indicate that *Ruminococcus* is <sup>a</sup> key cellulose degrader colonized in the large bowel, cecum or rumen of the host, which facilitates the fermentation of carbohydrates such as cellulose, pectin and starch [\(Abell](#page-8-0) et al., 2008; [Leitch](#page-9-0) et al., 2007; [Wang](#page-10-0) et al., [1997\)](#page-10-0). *Blautia* and *Faecalibacterium* are butyrate -producing bacteria that facilitate the degradation of cellulose and starch ([Takahashi](#page-9-0) et al., 2016). Fermentation of resistant starch and dietary fibers in the large bowel by bacteria produce volatile SCFAs, including acetate, propionate and butyrate (Topping and Clifton, 2001). Acetate and propionate could affect cholesterol synthesis; reduction of acetate propionate proportion could reduce the risk of cardiovascular disease ([Erkkilä](#page-9-0) et al., 2008). Butyrate is the major trophic factor of enterocytes, which is beneficial for intestinal mucosa and for preventing colonic cancer (Cho et al., [2014](#page-8-0); [Nakano](#page-9-0) et al., [1997](#page-9-0)). In addition, SCFAs have been recognized as potential mediators involved in the effects of gu<sup>t</sup> microbiota on intestinal immune function; SCFAs regulate the inflammatory process by acting on leukocytes and endothelial cells ([Vinolo](#page-10-0) et al., 2011). Because *Ruminococcus, Blautia* and *Faecalibacterium* are closely related to the production of SCFAs, significant decreases of these genera in PD subjects compared to HC is likely to reduce SCFAs in the host intes-





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**Figure <sup>7</sup>** Correlation scatter <sup>p</sup>lots with fitting line. A–C, UPDRS score positively correlated with the relative abundance of putative pathobionts, *Enterococcus, Escherichia-Shigella* and *Proteus*. D–F, UPDRS score negatively correlated with the relative abundance of putative cellulose degraders, *Blautia*, *Faecalibacterium*, and *Ruminococcus*.

tine, which might promote gu<sup>t</sup> inflammation and increase the risk of α-synuclein deposition in the gastrointestinal tract. <sup>A</sup> recent study indicated that fecal SCFAs concentrations were significantly reduced in PD, which agreed with our assumption ([Pfeiffer,](#page-9-0) 2011). In <sup>a</sup> previous study of the gu<sup>t</sup> microbiome in PD, Keshavarzian et al. reported that *Blautia* was significantly reduced in fecal samples of PD subjects, and that *Faecalibacterium* was significantly reduced in colonic mucosal samples of PD subjects [\(Keshavarzian](#page-9-0) et al., 2015).

Another important characteristic of this structural change of the gu<sup>t</sup> microbiome subjects is <sup>a</sup> significant increase in putative pathobionts in PD. *Escherichia-Shigella* could cause diarrhea and produce Shiga toxin, which could cause functional lesions in the central nervous system of rabbits and rodents ([Bridgewater](#page-8-0) et al., 1955; [Cavanagh](#page-8-0) et al., 1956). *Streptococcus* could also produce neurotoxins such as streptomycin, streptodornase and streptokinase, which might lead to permanen<sup>t</sup> neurological damages. Clinical research indicates that *Escherichia* and *Streptococcus* might be respon-sible for the bacterial infection in liver cirrhosis ([Qin](#page-9-0) et al., [2014](#page-9-0); Riordan and [Williams,](#page-9-0) 2006). *Proteus* are commonly responsible for urinary and septic infection, which produce endotoxin and hematoxin in the gu<sup>t</sup> [\(Schaffer](#page-9-0) and Pearson, [2015](#page-9-0); [Endimiani](#page-9-0) et al., 2005). *Enterococcus faecalis* produces extracellular superoxide and hydrogen peroxide that damages colonic epithelial cell DNA [\(Huycke](#page-9-0) et al., 2002); and the increase in *Enterococcus* was reported in colorectal cancer patients ([Wang](#page-10-0) et al., 2012). In our study, we found that the abundance of *Escherichia-Shigella*, *Streptococcus*, *Proteus* and *Enterococcus* were significantly increased in PD subjects compared to HC. The Abnormal increase of these putative pathobionts could produce endotoxins and neurotoxins and elevate inflammation; and evidence suggests that there are systemic immuno-inflammatory processes in PD ([Dobbs](#page-8-0) et al., [1999](#page-8-0); [Dobbs](#page-9-0) et al., 2016). Significantly overgrowth of these putative pathobionts in PD could cause or be the result of elevated inflammation, which might provide an internal environment for emergence and development of PD pathology.

In an earlier study of the gu<sup>t</sup> microbiota in PD of European population, Scheperjans et al. reported that the abundance of family Prevotellaceae in feces of PD patients was reduced by 77.6% compared with controls, which was considered to be <sup>a</sup> biomarker of PD ([Scheperjans](#page-9-0) et al., 2015). We reported that family Prevotellaceae was markedly reduced in PD (4.56% vs. 10.35%), as well as the genus *Prevotella* (4.4% vs. 9.79%), but these reductions did not reach statistical significance. This difference may be attributed to differences in race and dietary patterns of Asian and European populations, or it may be due to the smaller sample size of our study.

With correlation analysis, we found that the abundances of those putative cellulose degraders (*Ruminococcus*, *Blautia* and *Faecalibacterium)* were negatively correlated with UPDRS score and PD duration, but not correlated with age, gender or BMI index, which indicated that reductions in putative cellulose degraders might be related to PD pathology. Second, we found that abundances of putative pathobionts (*Enterococcus*, *Escherichia-Shigella* and *Proteus)* positively correlated with UPDRS score and PD duration, indicating that abnormal increases in these putative pathobionts might be related with PD pathology. Keshavarzian et al. reported that *Blautia* and *Faecalibacterium* negatively correlated with PD duration, but not with UPDRS [\(Keshavarzian](#page-9-0) et al., [2015](#page-9-0)). Research also reported that *Enterococcus* and *Escherichia-Shigella* significantly increased in colorectal cancer patients ([Wang](#page-10-0) et al., 2012); and *Proteus mirabills* significantly increased in children with autism disorders ([Adams](#page-8-0) et al., 2011), but these putative pathobionts have not been correlated with PD clinical features.

With cross-sectional case-control study, it is not possible to deduce causal relationships between gu<sup>t</sup> microbiota alterations and PD; <sup>a</sup> large cohort study is needed to <sup>g</sup>ive more definitive conclusions. We could not strictly control for medication and diet of our subjects and this may have confounding effects on the results, We did rule out some medication and dietary habits that could strongly affect the gu<sup>t</sup> microbiome. As samples were collected from patients already diagnosed with PD, changes in gu<sup>t</sup> microbiota identified in this work might be just <sup>a</sup> consequence of PD. But, the structural changes might contribute to progression of PD via mechanisms discussed above. <sup>A</sup> function study based on metagenomics sequencing would better identify functional pathways of gu<sup>t</sup> microbiota on PD. In the future, clinical interventions for PD such as specific probiotic treatment or fecal transplantation from healthy donors may be considered for PD patients; and the mechanism of the gu<sup>t</sup> microbiota acting on PD may be elucidated by separating specific strains of gu<sup>t</sup> microbiota and examining their effects on PD pathology in an animal model.

In summary, our study suggests that structural changes of gu<sup>t</sup> microbiota in PD are characterized by the decreases of putative cellulose degraders and the increases of putative pathobionts, which may potentially reduce the production of SCFAs, and produce more endotoxins and neurotoxins; and these changes is potentially associated with the development of PD pathology. In the future, structural changes of gu<sup>t</sup> microbiota may become sensitive biomarkers for predicting and evaluating the risk for PD, and this may provide <sup>a</sup> potential solution for early diagnosis and treatment for PD.

## **MATERIALS AND METHODS**

## **Patients and controls**

PD subjects (*n*=24) were recruited from Beijing Hospital

(Beijing), whereas healthy volunteers (*n*=14) were recruited by research advertisements in communities. All subjects consented to use of their samples for research, and signed written informed consent. The study protocol was approved by the Ethics Committee of the Institute of Psychology, Chinese Academy of Sciences, and performed according to the declaration of Helsinki.

PD was diagnosed according to the UK Brain Bank Criteria ([Hughes](#page-9-0) et al., 1992) by experienced neurologists. Exclusion criteria for PD subjects were: (i) atypical or secondary Parkinsonism, (ii) regular use of probiotics or antibiotics within three months prior to sample collection, (iii) active or persistent primary gastrointestinal diseases, or (iv) unstable medical, neurological, or psychiatric illness.

HC were citizens who matched the PD group by age and gender. Exclusion criteria for HC subjects were: (i) active or persistent primary gastrointestinal disease or neurodegenerative diseases, (ii) unstable medical, neurological, or psychiatric illness, or (iii) regular use of probiotics or antibiotics within 3 months before sample collection [\(Keshavarzian](#page-9-0) et al., [2015](#page-9-0)).

Parkinsonian symptoms were measured using the Unified Parkinson's Disease Rating Scale and the Hoehn and Yahr scale ([Goetz](#page-9-0) et al., 2004; Movement Disorder Society Task Force on Rating Scales for Parkinson's, 2003). Non-motor symptoms were assessed using the Non-Motor Symptoms Scale [\(Chaudhuri](#page-8-0) et al., 2006). Constipation severity was quantified using the Wexner Constipation Scoring System ([Agachan](#page-8-0) et al., 1996). Anxiety and depression symptoms were rated using the Hamilton Anxiety Scale (HAMA) and Hamilton Depression Scale (HAMD) ([Hamilton,](#page-9-0) 1959; [Hamilton,](#page-9-0) 1960).

#### **Sample collection and DNA extraction**

Subjects collected fecal samples into sterile disposable containers at the hospital or at home. Fecal samples were frozen and stored at −80°C for further use. Bacterial DNA was extracted using <sup>a</sup> TIANamp stool DNA kit (Tiangen Biotech Co. Ltd., Beijing) according to the manufacturer's instructions. DNA samples were quantified using <sup>a</sup> Qubit 2.0 Fluorometer (Invitrogen, USA) and DNA quality was confirmed using 0.8% agarose ge<sup>l</sup> electrophoresis.

#### **16S rRNA gene amplification**

Isolated fecal DNA was used as <sup>a</sup> template for the amplification of the V3–V5 region of 16S rRNA gene. The V3 and V4 regions were amplified using forward primers containing the<br>sequence 5'-CCTACGGRRBGCASCAGKVRVGAAT-3' 5'-CCTACGGRRBGCASCAGKVRVGAAT-3' and reverse primers containing the sequence 5′-GGACTAC-NVGGGTWTCTAATCC-3′. The V4 and V5 regions were amplified using forward primers containing the sequence 5′-GTGYCAGCMGCCGCGGTAA-3′ and reverse primers <span id="page-8-0"></span>containing the sequence 5'-CTTGTGCGGKCCCCCGY-CAATTC-3'. Besides the 16S target-specific sequence. Besides the 16S target-specific sequence, primers also contained adaptor sequences allowing uniform amplification of <sup>a</sup> highly complex library ready for downstream NGS sequencing on Illumina MiSeq.

DNA libraries were validated using an Agilent <sup>2100</sup> Bioanalyzer (Agilent Technologies, USA), and quantified by Qubit and real time PCR (Applied Biosystems, USA). DNA libraries were multiplexed and loaded on an Illumina MiSeq instrument according to manufacturer's instructions (Illumina, USA). Sequencing was performed using a  $2 \times 250$ or 2×300 paired-end (PE) configuration; image analysis and base calling were conducted with MiSeq Control Software on the MiSeq instrument.

## **Bioinformatics and statistical data analyses**

The barcodes and primers were trimmed from the sequences, and the bases below quality score of <sup>20</sup> were cut off at the start and the end of reads (Trimmomatic v0.30) (Bolger et al., 2014). Sequences that contained ambiguous base calls and short sequences <400 bp were removed from the raw data. Then, chimeras were removed using USEARCH (v8.0). OTUs were identified clustering at 97% similarity (3% divergence) using Mothur (version 1.34.4) ([Schloss](#page-9-0) et al., [2009\)](#page-9-0). Taxonomical assignments of OTUs were performed in accordance with SILVA 16S rRNA database v119 at 80% confidence level [\(Pruesse](#page-9-0) et al., 2007). The library size of each sample was normalized based on the smallest library size of samples by random subtraction following the Mothur MiSeq SOP [\(Kozich](#page-9-0) et al., 2013). Bacterial diversity and richness were analyzed by calculating the Chao1 index, the Shannon index and Good's coverage, and Rarefaction curves were <sup>p</sup>lotted based on the Shannon index.

The Metastats method was used to evaluate abundance features between PD and control groups ([http://metas](http://metastats.cbcb.umd.edu/detection.html)[tats.cbcb.umd.edu/detection.html](http://metastats.cbcb.umd.edu/detection.html)) [\(White](#page-10-0) et al., 2009). Heatmaps and hierarchical clustering was generated by using <sup>R</sup> package "heatmap" and "stats" respectively. Unweighted UniFrac distance metrics analysis was performed using OTUs, and PCoA was conducted according to the matrix of distance. Correlation between variables was computed using Spearman rank correlation, and <sup>a</sup> scatter <sup>p</sup>lot was generated using <sup>R</sup> package "ggplot2". Kruskal-Wallis test, Student's *<sup>t</sup>*-test, Chi-squared test, and Spearman's rank correlation were conducted using SPSS version 20.0 for Windows.

**Compliance and ethics** *The author(s) declare that they have no conflict of interest.*

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## **SUPPORTING INFORMATION**

- **Figure S1** Rarefaction curves of Shannon index.
- **Figure S2** Family level comparison.
- **Figure S3** The heatmap based on the relative abundance of top 65 abundant genera.
- **Table S1** Significantly different genera between PD and HC groups
- **Table S2** Demographic characteristics of three groups
- **Table S3** Summary of clinical information between PD and HC groups

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