

Lesson 3:

« Engaging with Volunteering »

Module: CCCA3

Level: 3rd year

Instructors: Up Anglais

Learning outcomes:

By the end of the session students should be able to:

- Discuss and express your opinions on issues such as your own experiences, volunteering and how volunteering can help.
- Develop empathy and emotional intelligence skills.
- Use vocabulary related to volunteering.
- Infer information from listening.

Listening

Video: Who Benefits From Gap Years?

You are going to watch a TEDx Talk by Charlotte Baker Maher called “Gap year volunteering - Who Gains More?” Charlotte talks about her own experience volunteering in Namibia in Africa as part of her school’s volunteering project and how it wasn’t perhaps as useful for the locals as it was for the volunteers.

Watch the video here: <https://www.youtube.com/watch?v=cF5-K6TcU48>

Watch the video and answer the following questions:

1. What did the volunteers from King Alfred School do in Namibia?

a) built a church b) dug a water well c) renovated school classrooms

C

2. How did Charlotte feel at the end of a day of volunteering?

a) uncomfortable b) happy c) angry

A

3. Where did the volunteers eat?

a) in a dining hall b) under a tree c) in a classroom

B

4. What could students coming out of university use to help charities?

a) skills b) money c) time

=> A

5. What are volunteers doing that they are not qualified to do?

a) construction work b) aid work c) teaching

=> C

6. How can people guarantee that they are really going to help a charity?

a) a one off donation b) a short volunteer project c) helping them become independent

=> C

1. How long does the King Alfred School trip to Namibia last?

One week

2. How are people in the West contributing to poverty in places like Africa?

climate change

3. What proportion of international volunteers are performing manual tasks that locals could be doing?

80%

4. According to a survey of George Washington University, what was the main reason for volunteering abroad?

professional development

5. How long are students looking to volunteer for during their gap year?

2 to 3 weeks

6. What are the year 12 students raising money for?

Writing

Some people say that volunteering helps the volunteer more than the people they are trying to help. Do you agree or disagree with this?

No one can deny that volunteering has been and will always be something really important in everyone's life. It has lots of benefits on the society and the community, and on the volunteer himself.

In fact, volunteering is a two way street, both the volunteer and the people you're volunteering to can benefit from it, but some people think that it helps the volunteer more than the people they are trying to help.

Personally, I disagree with that, I think volunteering is more beneficial to the people we're trying to help.

For example, volunteering to charity, as we all know, the volunteer will feel satisfied and emotional because he helped people, but that can change the whole life of a poor person, imagine you provide a homeless person with a house, it will change his life completely and he will have hope and faith in the world.

Also, hundreds of animals are dying everyday from hunger and accidents, providing them with food and water can literally save their lives.

Helping with the environment also is something that is beneficial to our earth and nature and can even change the future.

There are many ways to volunteer, it can be by volunteering money, time or skills, and all the ways are important and needed and have a big impact on the community as i mentioned earlier, sometimes you volunteer and you don't think it will make a big change but it can change lives, so everyone should consider that and volunteer with the intention to help and improve the world and for a better change.