**CURRICULUM VITAE**

**PERSONAL DETAILS**

**Name Julia Jeptepkeny Rotich**

**Gender Female**

**Marital Status Married**

**Languages English, Kiswahili**

**Religion Christian**

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**Current Employer Government of Kenya -Ministry of Health**

**Registered and licensed to practice by Kenya Nutrition and Dieticians Institute (KNDI).**

**CAREER OBJECTIVES**

* To carry out researches that inform policy, programs, organizations and implementations using evidence- based information in order to address challenges by coming up with intervention measures to alleviate the constraints
* To secure a challenging and rewarding nature of work in my profession by serving and improving the wellbeing of the less fortunate members of the communities within my jurisdiction.
* To disseminate technical and scientific skills on research, primary health care, nutrition and dietetics aspects to prevent control and manage micronutrient deficiencies among deserving populations in all working settings within my reach.
* To improve the quality of life of all humanity within my reach through nutrition and health interventions using available resources at any given point in time.

**ACADEMIC QUALIFICATIONS**

2019 MSc Food Nutrition and Dietetics (awaiting graduation) -------------- Kenyatta University.

2005 Degree in Education Home Science and Technology ------------------- Moi University

1993 Diploma in Agriculture and Home Economics-------------------------- Egerton University

1988 KACE 2 Principals and 2 Subsidiaries -------------- St. Josephs Chepterit Girls High School

1986 KCE Division 1 --- 23 Points ------------------------------------------- Aldai Girls High School

**SEMINARS AND WORKSHOPS**

* Governance and leadership Course in Health Information System management (Kenya School of Government) ------------------------------------------------------------------ 2019
* Master trainer Iron and Folic Acid (IFA) Supplementation -------------------------- 2017
* Master trainer Micronutrient Powder (MNP) Supplementation --------------------- 2017
* Master trainer Vitamin A Supplementation -------------------------------------------- 2017
* Senior Management Course (Kenya School of Government – Kabete) ----------- 2014
* Palliative Care for cancer patients-------------------------------------------------------- 2011
* Life member of Red Cross Society ------------------------------------------------------ 2010
* IMAM (Integrated Management of Acute Malnutrition) ---------------------------- 2010
* Trauma counseling by Liverpool ------------------------------------------------------- 2008
* IYCF/BFHI (Infant and Young Child Feeding/ Baby Friendly Hospital Initiative) 2008
* Nutrition in HIV/AIDs (FBP) -------------------------------------------------------------- 2007
* Rationale use of ARVs --------------------------------------------------------------------- 2007
* 9th CNE on Diabetes and Weight Management------------------------------------------- 2007
* PMTCT (prevention of mother to child transmission) for service providers -------- 2007

**WORK EXPERIENCE**

1. 2016 to date Program manager Micronutrient Deficiency Prevention and Control (MNDPC) at the Division of Nutrition and Dietetics, Department of Family Health, Ministry of Health, Nairobi, Kenya

2. Civil Servant Ministry of Medical Services (2010 to 2016) as the Nutritionist In-Charge in Nakuru County Referral Hospital. Overseeing all nutrition related activities within the facility, carrying out Continuous Medical Education among health care professionals. Positively contributed to departmental progress by strengthening use of client specific therapeutic diet, introduced use of enteral and parenteral feeds for deserving patients in every section of the facility. Actively participated in overall improvement in provision of nutrition services and support in the facility as a Hospital management team (HMT) member.

Supported the Provincial nutrition officer in coming up with programs that were funded by USAID, namely HIV/AIDS support groups for the youth equipped with indoor recreational facilities, and adult HIV/AIDS support groups.

Facilitated on Food-By Prescription protocols updates to health care workers dealing with HIV/AIDS clients in the North Rift Region.

3. Served at Kapsabet district hospital (2008-2010) as the Nutritionist in-charge, ensuring adequate provision of nutrition services and support in the facility. Coordinated patient-follow ups, defaulter tracing and outreach programmes in diverse communities.

Carried out Outreach programs in the society by addressing nutrition and health care issues affecting individual communities like combating malnutrition and nutrition in HIV/AIDS, this was done in liaison with community leaders, influencers and stakeholders.

Empowered the youth in various institutions on good social behavior, body nutrient needs in the life cycle, hygiene, disease prevention and positive living with HIV/AIDS

4. NASCOP (2006-2008) Nutrition Officer responsible for nutrition counseling and education, pre-testing including actual testing and post-testing for HIV among clients as well as prescription of therapeutic feeds.

Facilitated outreaches in local schools to educate youth on behavior change, self-dignity and comprehensive knowledge in HIV/AIDS. In addition carried out dissemination programs in health facilities within Nandi North Constituency where HIV/AIDS programs where launched in new satellite centers.

Coordinated major ward rounds with an all-inclusive health care professional team to provide holistic care to the patients. Advocated for and facilitated provision of nutrition support through use of appropriate and individualized nutrition therapy and supplements.

Facilitated assessment, planning and implementation as well as monitoring and evaluating nutrition care plans for both in and out patients within the facility.

Mobilized and sensitized communities in the district by liaising with the local authorities, leaders and partners on positive living with HIV/AIDs, Diabetes and other conditions on good nutrition care and management on critical nutrition and overall improvement of the communities’ nutrition health status using locally available resources.

**REFEREES**

1. Dr. Winnie Maoga Nyamota 0721347144 [wmaoga@gmail.com](mailto:wmaoga@gmail.com) Clinical Nutrition lecturer Kenyatta University
2. Professor Joshua Kayima 0719555445 [joshuakayima@yahoo.com](mailto:joshuakayima@yahoo.com), Nephrologist and Senior Lecturer University of Nairobi