**CURRICULUM VITAE**

**PERSONAL INFORMATION**

NAME:  Jane Mueni Mutuku.

NATIONALITY:  Kenyan.

IDENTIFICATION NO:  22100440.

MARITAL STATUS:  Married

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**CAREER OBJECTIVE**

Promote better health and well being by utilizing appropriate nutrition plan to meet clients’ health goals

**ACADEMIC QUALIFICATIONS**

**2016 To date: Kenyatta University**

PursuingM.SC Food and Nutrition

**1998 –2003:  University of Eastern Africa Baraton**

Bachelor of Science in Food and Nutrition

Minor: Biology

Grade: 2nd Class Honors

**2006: The Springboard College**

Certificate in Computer Literacy

**1994 -1997:  St. Angelas Girls High School**

Kenya Certificate of Secondary Education

**1986 –1993: Tulya Primary School**

Kenya Certificate of Primary Education

**WORKING EXPERIENCE**

**The Nairobi Hospital: Nutritionist 2007 Dec - To Date**

**Responsibilities.**

* Team leader for the department (From Sep 2016)
* Develop strategies the team will use to reach department goals
* Communicate clear instructions to team members
* Listen to team members' feedback
* Supervise team members
* Manage the flow of day-to-day operations
* Create reports to update the company on the team's progress
* Distribute reports to the appropriate personnel
* Assess, plan, implement and evaluate patient’s nutritional needs in the hospital with a view of improving nutritional care to meet individual requirements.
* Planning suitable supplementary feeds for patients on specialized nutritional support such as tube feeds and parenteral feeds.
* Develop menus for different vulnerable groups in the hospital to facilitate coordination with food preparation.
* Co-ordinate with the food service supervisors and their staff for improved food service.
* Participating in departmental and hospital internal audits.
* In service training through Continuous Medical Education sessions to medical staff within the hospital on nutrition
* Giving out nutrition health talks within the hospital and other organizations
* Tutoring students at the Cicely Mc Donald school of nursing on nutrition topics

**Surgipharm Limited: Medical Delegate: January 2007– December 2007**

**Responsibilities.**

* Promoting and detailing nutritional supplements.
* Offering Continuous Nutrition Education to various health care professionals in hospital settings, on dietary management of the critically ill patients.
* Educating doctors and nutritionists on the nutrient contents of each nutrition supplement and its importance in the body.
* Monitoring stock levels
* Planning work schedules

**Gertrude’s Children Hospital: Nutritionist   May 2006 – Jan2007**

**Responsibilities.**

* Planning, implementing, assessing and evaluating nutritional care of patients.
* Providing nutritional education to the patients and parents with different conditions through dietary advice and counseling.
* Advising mothers on importance of breastfeeding and on how to wean their babies.
* Advising and incorporating nutritional activities, skills and requirements into the catering services of the hospital to ensure for enhanced nutritional value of the diet in the hospital.
* Advice and counsel HIV patients on nutritional care and support in the comprehensive care clinic.
* Writing comprehensive report on the monthly nutritional activities.

**Kenyatta National Hospital: Nutrition Officer:  Jan 2003 – July 2003**

**Attachment and Voluntary Service**

**Responsibilities.**

* Provision of nutritional education to mothers of malnourished children through demonstrations and dietary advice/counseling in the pediatric demonstration units and wards.
* Carried out nutritional care process of patients by assessing patient’s nutritional status, planning the nutritional care, implementation and evaluation of the care.
* Participated in the preparation and service of therapeutic diets in the kitchen.
* Educating and counseling patients and families on nutritional Issues. (Breast feeding, infant and young child feeding, complimentary feeding).
* Evaluation and assessment of nutritional status of patients.
* Writing weekly nutritional reports.

**PRESENTATIONS DONE**

* GIST (Gastro intestinal stoma tumor) presentation on cancer and diet at The Nairobi Hospital (2019,2015)
* Presentation on Health Eating at UNHCR on 27th September 2018
* Presentation on obesity in NCD during 5th Annual non communicable disease symposium 2018 held at The Nairobi Hospital
* Presentation on Chronic Kidney Disease and diet to the Renal support group at the Nairobi hospital (2015 and 2018)
* Presentation on diet and cancer to the Cancer Support group at The Nairobi Hospital (2008,2009,2010,2011,2012,2013,2014,2016,2017,2018)
* Training of ICU student nurses on nutrition assessment and management of critically ill patients (2017)
* Trained critical care nurse students at Cicely McDonnell school of nursing on Parenteral nutrition for the critically ill patients (2015,2016)
* Presentation on complementary feeding to Pediatric consultants at The Nairobi Hospital (2016)
* Presentation on diet and TB to The Nairobi Hospital TB nurse’s champions (2016)
* Presentation on nutrition assessment and management to Palliative care team at The Nairobi Hospital (2016)
* Presentation on diet management of the critically ill patients to nurses at the critical care units at The Nairobi Hospital (2016)
* Presentation on Cancer and Antioxidants to cancer support group meeting at the Nairobi hospital (2015)
* Presentation to pediatric consultants and nurses at The Nairobi Hospital on **“Nutrition management of picky eaters**” (2015)
* Presentation on “Improving diabetes management with diet” to the Diabetes Liaison team at The Nairobi Hospital (2015)
* Presentation on the “Role of Diet, Nutrition in prevention of lifestyle diseases” to The Nairobi Hospital staff at Warwick Centre (2015)
* Presentation on weight management at the main Nairobi hospital and Gigiri outpatient Centre (2012)
* Presentation on BMI at World Vision (2009)

**COMMUNITY AND MEDIA OUTREACH**

* Biashara Leo Magazine article on Nutrition and Lifestyle diseases (2011)
* Kenya Television Network (KTN) presentation on effects of fasting on one’s health (2011)
* Kenya Television Network (KTN) presentation on malnutrition (2009)
* Kenya Television Network (KTN) presentation on crash dieting (2008)
* Radio Waumini presentation on Healthy Eating (2008)

**PROFESSIONAL AND TECHNICAL EXPERTISE**

* Technical Committee Member Kenya Bureau of Standards in Nutrition and Health Standard

**OTHER ACHIEVEMENTS**

* Attended 6th annual NCD symposium on 27th July 2019 at The Nairobi hospital “Integrated healthcare in modern Kenya”
* Attended Fresenius Kabi Nutrition symposium on April 2018
* Attended Critical Care Congress- Sun City, South Africa (2017)
* Attended NNIA Scientific conference on breastfeeding key to good health and wellbeing (2016)
* Attended Danone nutrition conference on ‘Nutrition in first 1000 days’ month of September 2015
* Attended Nestle Launch of Celerac with Probiotics on 1st August 2015
* Attended Danone scientific symposium on gastro intestinal disorder and its management in pediatrics on February 2012 at Laico regency hotel
* Attended seminars on pediatrics gastrointestinal disorders, start healthy stay healthy as well as nutrition in the first 1000 days (2012)
* Training on Integrated Management systems awareness on Quality, Environment and Food Safety (2012)
* Participated in Exclusive Breastfeeding campaign at Mbagathi District hospital in October 2011
* Attended Pfizer nutrition scientific symposium on high protein diet in pediatrics on August 2011 at Crown plaza
* Attended Millupa Scientific symposium on feeding the pre-term on May 2011 at Silver springs hotel.
* Attended Millupa scientific symposium on prebiotics and gut health in pediatrics on March 2011 at the Intercontinental hotel
* Attended 32nd ESPEN Congress on Clinical Nutrition and Metabolism on September 2010 at Nice, France.
* Attended Milupa conference at Intercontinental Hotel during the launch of new infant formulas (2010)
* Attended Nestle conference at Hilton Hotel on the launch of new Cerelac products (2009)
* Attended Nestle Scientific symposium on clinical management of diarrhea in infants on November 2008 at the Intercontinental hotel
* Attended the 12th Continous Nutrition Education (CNE) on Nutrition Recommendations on July 2008 at FAWE House
* Attended the 11th Continous Nutrition Education (CNE) on Nutrition Career Day on April 2008 at FAWE House.

**REFEREES**

1. MR. FAITH ROTICH,

NUTRITIONIST,

THE NAIROBI HOSPITAL,

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NAIROBI.

TEL: 0720810790

1. MRS. CAROLINE OMAR,

NUTRITION SPECIALIST,

TEL: 0722661560

1. DR. HELLEN NDIKU,

HEAD OF DEPARTMENT- NUTRITION DEPARTMENT,

UNIVERSITY OF EASTERN AFRICA BARATON,

TEL NO. 0726404401