Madhvi **DALAL**

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**Education and Qualifications**

November 1993 Diploma in Bharata Natyam. Graduated on from Nrityalaya, Nairobi with a diploma.

Sept 1994-1997 University of Wales, College of Cardiff (UWCC) BPharm Degree.

April 2000 and Aug 2004 First and Second degree in Reiki.

July 2013 (diploma) Yoga Instructor with Yoga Professionals, London.

October 2014 Prenatal Yoga with CamYoga, Cambridge.

Dec 2016 Doctorate in Pharmacy in Kenya.

Oct 2018 Acumen Social Enterprise online course.

**2018-present** *PadMad founder and director*

* Start up and all matters arising from concept to shelf
* Reached more than 10,000 children and women with the program
* Designing the website and the e-commerce platform for populations to access with ease
* Educating girls, boys, women and communities on Menstrual Health Management and Sexual Reproductive Health and Rights
* Training of Trainers and Training tailors
* Employing, Empowering and Managing 25+ marginalized staff who are earning up to $150 a week
* Securing more than 50 Partnerships which are on-going contributing to revenue over GBP80,000
* Cultivating Environmental Responsibility and Education

**2016-present** *Seren Associates co-director*

* Project management and Operational activity
* Accounting and Managing Tally system
* Maintaining positive relationships with clients attracting a revenue of more than GBP 100,000 per year

**2014-present** *Yoga Studio owner and instructor*

* Instructing and Maintaining positive relationships with clients
* Looking after wellness of the client including pharmaceutical and anatomical knowledge
* Marketing and forming partnerships with other ambassadors and well-being professionals in various yoga retreats, International Yoga Day committee and other yoga festivals.

**2015-present** *Teaching Yoga and Mindfulness at the International School of Kenya*

* Understanding the anatomy of children
* Assisting with Autistic and ADHD children to help them focus and calm down
* Making Yoga and mindfulness fun and keeping the children engaged

**2005-2014** *Pharmacy retail and wholesale owner and proprietor*

* Building and maintaining relationships with other NHS professionals
* Keeping up with Continued Professional Development on a regular basis
* Employing dispensers, assistants and drivers and managing 6 members of staff
* Marketing and Consulting with patients and pharmaceutical companies
* Leading a team for wholesaling, dispensing and delivering pharmaceutical products and services attracting a revenue of GBP200,000 per annum.
* We quadrupled the turnover within eight years.

**1999-2005** *self employed Locum/ Relief Manager*

* Managing retail pharmacy branch

**March 2004-June 2004** *Working in Western Australia*

* Involved understanding the national health system there
* Involved working in a community pharmacy
* Sat exams and are now qualified to work as pharmacists in Australia.

April 1996-2004

* Worked in retail pharmacy, Hospital, Health Care at Home and did my pre-registration under this per

**Additional Information**

Interests: Dancing. Choreographed and directed numerous shows internationally and received numerous acclamations including awards at Kala Academy. I used to choreograph for the National Ballet company in Wales and also worked with various artists in Kenya. I like to practice yoga and I am on the International Yoga Day core committee since the inception five years ago. I am also an instructor at the Lamu Yoga Festival and have run various yoga retreats. I am also in the committee for saving the City Park through Yoga.

Achievements: Won 7 awards for the Pharmacy, including best pharmacy award. I have won The Asian Woman’s Achievement award for Business and for Arts (for my dance and yoga). I have also won the Power Woman Award for The Asian Weekly Awards in 2019. I also won an award by Kenbharti for the social enterprise. Overall, for Yoga, Dance, the Pharmacy and PadMad, I have won many awards. I have also been featured on National TV and newspapers nationally and internationally.

Nationality: British

Languages: English, Kiswahili, Hindi, Gujarati, French.