**CURRICULUM VITAE**

**RUTH WAIRIMU MWANIKI**

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**Current Address**:

33543-30100

Eldoret

**PROFESSIONAL SUMMARY**

A versatile and industrious professional with three years of experience as a Physician in-training in Internal Medicine. Committed to providing quality healthcare and improving overall patient health and quality of life.

**EDUCATION**

2017 to date Post Graduate. Moi University School of Medicine, Department of Internal Medicine

2007-2013 Undergraduate. Kenyatta University School of Medicine

2002-2005 Secondary School. Precious Blood, Riruta

1998-2001 Upper Primary School. St. Hannah’s Preparatory School

1994-1997 Lower Primary School. Loreto Convent Msongari

**APPOINTMENTS**

Sept 2017 to Date: Registrar. Internal Medicine, Moi Teaching and Referral Hospital

Jan 2016- Aug 2017: Medical Officer. General Practice, Mount Kenya Level IV Hospital, Nyeri County

July 2015- Dec 2015: Medical Officer. General Practice, Karatina Level IV Hospital, Nyeri County

April 2014-April 2015: Medical Officer Intern, Karatina Level IV Hospital, Nyeri County

**CERTIFICATIONS**

Sep 2015: Management in Health. World Bank Organization

Sep 2015: Clinical Transfusion Practice. Blood Safe Australia

Dec 2015 Leadership and Management in Health. University of Washington

Dec 2015 Basics in Health Economics. World Bank Organization

Nov 2015 Basics of HIV and TB management. Doctors without Borders

Dec 2015 Basics of Palliative Care. African Palliative Care Association

Sep 2017 Senior Management. Kenya School of Government

Dec 2020 Fundamentals of Implementation Science. University of Washington

Dec 2020 Policy Development and Advocacy for Global Health. University of Washington

**WORK EXPERIENCE**

**Sep 2017 to date Moi Teaching and Referral Hospital, Eldoret**

*Resident-Internal Medicine*

* Initial and ongoing assessment of patient's medical, physical, and psychosocial status
* Perform history and physical examinations
* Develop assessment and treatment plans
* Perform ward rounds
* Record patient progress notes
* Order patient tests, examinations, medications, and therapies
* Arrange for patient discharge and after care
* Write patient admission notes, progress notes, procedure notes, and discharge summaries
* Provide patient education and counseling covering health status, test results, disease processes, and discharge planning.
* Perform diagnostic and interventional procedures

**May 2015-Aug 2017 Mount Kenya Hospital, Nyeri County**

*Medical Officer*

* In patient management of medical, surgical, obstetric, gynecological and pediatric patients
* Outpatient management of medical, surgical, obstetric, gynecological and pediatric patients
* Prescription and administration of medications and treatments
* Management of medical emergencies
* Reporting of notifiable diseases to the necessary authorities
* Performing major and minor surgical procedures as required
* Conducting and attending Continuous Medical Education (CME) sessions
* Referral of patients to specialists where appropriate

**April 2014-April 2015 Karatina Sub County Hospital**

*Medical Officer Intern*

* Supervised in and outpatient management of medical, surgical, obstetric, gynecological and pediatric patients.

**LEADERSHIP AND SERVICE**

2020 to date Committee member. Kenya Medical Association, Public Health Committee

2016-2021 Treasurer. Kenya Medical Practitioners Pharmacists and Dentists Union, Central Branch

Aug 2017 Distinguished service as President. Kenya School of Government, Senior Management course number 68

2016-2017 Secretary. Nyeri County Substance Abuse Disorders Committee

2016-2017 Council Member. Kenya Medical Association, Nyeri division

2016-2017 Acting Medical Officer in-charge. Mount Kenya Hospital, Nyeri County

**RESEARCH**

Ongoing Thesis on clinical inertia to the initiation of insulin therapy among patients with type two diabetes in Moi Teaching and referral Hospital, Eldoret

**PROFESSIONAL AFFILIATIONS**

Kenya Medical Association

Kenya Medical Women’s Association

Kenya Chemical Society

Kenya Association of Physicians

Saiyari Investments Limited- Director

**SPECIAL INTERESTS**

Nephrology

Dermatology