**CURRICULUM VITAE**

**PERSONAL DETAILS**

**Name**: Ngereso Erick Kihugwa

**Date of birth:** 1984

**Gender:** Male

**Marital Status**: Married

**Nationality:** Kenyan

**Languages:** English and Kiswahili

**Address:** P.O Box 150, Chamakanga, Kenya

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**QUALIFICATION PROFILE**

A self driven nutritionist with extensive knowledge and experience in health and nutrition programs, nutrition and weight management counseling, data management, community based research, community nutrition, community development, food security and nutritional management of HIV/AIDS. Exceptional collaborative and interpersonal skills, Familiarity with statistical analysis software such as SPSS, dynamic team player with well developed written and verbal communication abilities. Attentive to detail with ability to follow procedures, work under minimal supervision and meet deadline. Knowledge in Participatory Rural Appraisal.

**SCHOOLS ATTENDED**

**2005 – 2009:** Egerton University, Njoro

Degree in Foods, Nutrition and Dietetics

**2000 – 2003:** Senende High School

K.C.S.E

**1992 – 1999:** Chavogere Primary School

K.C.P.E

**WORKING EXPERIENCE**

**2019: Assistant Chief Nutrition officer to Date**

* Team leader for the medicine division
* Carrying out assessment of patients to identify those who require nutrition support
* Determining nutrition requirements, ordering patients meals and preparing feeding regimes.
* Planning for the patients’ nutritional care,monitoring and documentation of the same.
* Active Participation in Development of specifications for the hospital nutrition formulary
* Active participation in the development of the nutrition departments’ annual budget.
* Participating in teaching and research.
* Participating in counseling of patients/family/caregivers on nutritional issues.
* Implementing of standard operating procedures and standards of care to patients.
* Submitting weekly reports.
* Supervision of staff on locum/temporary appointment, interns and student.
* Any other duties as may be assigned

**Achievements:**

-Operationalized continuous nutrition education for the purpose of mentorship and skills update.

-Active member in the technical working group in the review of the Nutrition manual

- Facilitation in curriculum development of the Nutrition continuous professional development program

**2016: Senior Nutrition officer**

**Kenyatta National Hospital -Sept.2016**

* Carrying out assessment of patients to identify those who require nutrition support
* Determining nutrition requirements, ordering patients meals and preparing feeding regimes.
* Planning for the patients’ nutritional care,monitoring and documentation of the same.
* Active Participation in Development of specifications for the hospital nutrition formulary
* Active participation in the development of the nutrition departments’ annual budget.
* Participating in teaching and research.
* Participating in counseling of patients/family/caregivers on nutritional issues.
* Implementing of standard operating procedures and standards of care to patients.
* Submitting weekly reports.
* Supervision of staff on locum/temporary appointment,interns and student.
* Any other duties as may be assigned.

**2013: Nutrition officer I**

**Kenyatta National Hospital -Feb.2013 – Sept.2016**

* Carrying out assessment of patients to identify those who require nutrition support
* Determining nutritionrequirements, ordering patients meals and preparingfeeding regimes.
* Planning for the patients’nutritional care,monitoring and documentation of the same.
* Ensuring that each patient receives the correct diet.
* Planning and supervising the administration of therapeutic diets
* Participating in teaching and research.
* Participating in counseling of patients/family/caregivers on nutritional issues.
* Implementing of standard operating procedures and standards of care to patients.
* Submitting weekly reports.
* Accurately charge the nutrition services as appropriate.
* Any other duties as may be assigned.

**Achievements:**

-Establishment of out-patient review system

-Overseen the development of a nutrition prescription booklet

-Presented in the KNH-UoN symposium in 2016 on nutrition in cancer.

-Active facilitation in the departmental continuous nutrition education

**2009-2012: Dietitian at the Nairobi Hospital**

* Make daily ward rounds in order to visit patients and assess nutritional needs with a view of improving nutritional care to meet individual patients and medical requirements.
* Educating and counseling in and out patients on therapeutic diets.
* Formulation of special diets; advising and instructing the special diet cooks on the preparation of therapeutic diets.
* Planning suitable supplementary feeds for patients on specialized nutritional support such as tube feeds and parenteral feeds
* Supervise and offer training to students on attachment.

**2009-2011: Community-based Nutrition Educator (Bomer Nutrition and Health Consultants)**

**Activities**

* Nutritional assessments(body fat, BMI, total cholesterol, blood sugar, osteoporosis assessments)
* Nutrition education and counseling
* Food security trainings
* Follow-up for the clients

**2009: Intern at the Centre for Nutrition Education and Research (CENER) – 3 months**

**Activities**

* Proposal and Report writing
* Conducted a market survey on nutrition supplements and weight loss drugs in Nairobi
* Data collection and analysis
* Nutrition awareness campaigns
* Management of severe malnutrition at PGH-Garissa

**2008: Intern at New Nyanza Provincial General Hospital (3 months**)

**Activities**

* Provided periodic nutritional assessment and counseling to patients,
* Supported prompt management of diet –related symptoms for the clients
* Data management.
* Nutritional care for clients on inpatient / outpatient therapeutic program (I/OTP) as well as orphaned & vulnerable children (OVC)
* Running the supplementary feeding program (SFP).

**2008: School arranged practical experience in Clinical Dietetics at Rift Valley Provincial General Hospital (14 weeks**)

**Activities**

* Nutritional education and counseling to the clients.
* Planning and supervision of service of therapeutic diets
* Continuous medical education
* Data management

**2007:Volunteer at the Nairobi Hospital (3 months)**

**Activities**

* Assessment of Nutritional status of the clients
* Nutrition education and counseling
* Planning of therapeutic diets
* Keep and update records of inpatients and outpatients in all the wards and clinics who need dietary counseling

**Professional training**

**Year Course Institution**

**2020ISO 9001:2015 Internal Audit KEBS**

**2014 Customer Care K.N.H**

**2014 Occupational health and safety and environment K.N.H**

**2014 HIV Testing and Counseling K.N.H**

**2014 Performance contracting K.N.H**

**2013 Ergonomics K.N.H**

**2012 Diabetes Nutrition Therapy MoPHS**

**Competencies**

Knowledge in:

* Development of Departmental budget
* Development of Specifications for nutrition commodities
* Development of Strategic objectives
* Technical report writing

**Summary of Computing Skills**

Operating Systems: Windows

Office productivity: Ms. Word, Email, Ms. PowerPoint, Ms. Excel,

Statistical Packages: SPSS, Nutri-survey

**Leadership Experience**

**2007:** Vice chairman, Egerton University Foods and Nutrition Students Association

**2009-2011:**Chairman Bomer Nutrition and Health Consultants

**2021 to date:** Team leader-Medicine

**Community and Media Outreach**

* Radio Waumini presentation on *Healthy Eating.*
* Biashara Leo Magazine article on *Nutrition and Lifestyle diseases.*
* Health talk presentations in various Corporate Organizations.

**REFEREES**

1. Mr. Samuel Mbugua

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Egerton University – Njoro

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2. Ms Faith Rotich

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3. Mrs.Irene Makori

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