**Christine Wairimu Muturi**

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**PERSONAL PROFILE**

**Date of birth**: 19th March 1990

**Gender**: Female

**Marital Status**: Married

**Nationality**: Kenyan

**Religion:** Christian

**KEY SKILLS**

* Planning, coordinating and strategizing program development and implementation
* Proposal development
* Nutrition Counseling
* Diet planning
* Report Writing
* Conducting literature reviews
* Research
* Information technology skills
* Leadership and management
* Supervision
* Coordination
* Capacity Building
* Strong Interpersonal skills

**EDUCATION**

**BSC FOOD, NUTRITION, AND DIETETICS**

Kenyatta University

Graduated: December 2013

Second Class Honors- Upper Division

**INTERNATIONAL COMPUTER DRIVING LICENSE**

Institute of Advanced Technology

Graduated 2009

**CERTIFICATE IN HIV/AIDS COUNSELING AND MANAGEMENT**

East African School of Certified Studies

Graduated 2010

**KENYA CERTIFICATE SECONDARY EDUCATION**

Loreto Girls Secondary School Kiambu

Graduated: 2008

**WORK EXPERIENCE**

**KENYATTA NATIONAL HOSPITAL**

Senior Assistant Nutrition and Dietetics iii – June 2020 - Current

**As a nutrition officer, my duties include implementing the nutrition care process for patients assigned and participating in nutrition education and research.**

**KENYATTA NATIONAL HOSPITAL**

Nutrition Officer – June 2020 - Current

**MVIRINGO WELLNESS CONSULTING**

Founder and Managing consultant - January 2018 – May 2020

As the managing consultant, my Duties include the daily running of the company, including proposal development, project planning, scheduling, staffing, networking, negotiation, reporting, and correspondence.

**SANTE REVA MEDICAL CENTER**

Nutrition Consultant | February 2018- June 2019

I manage disease conditions through the nutrition care process and incorporation of nutraceuticals into the regimen for successful outcomes using behavior change communication.

**AVA PHARMACY, THE HUB KAREN**

Nutritionist | Nairobi, Nairobi | April 2016 - September 2016

I was able to successfully set up and manage the nutrition department, keeping inventory, and maintaining relationships with the clients.

**NAIROBI WOMEN'S HOSPITAL**

Nutritionist consultant | Nairobi | December 2014 - October 2015

My duties included planning and providing guidelines for the use of nutrition/dietetics modified products, specialized meal planning, scheduling, and follow up of clients.

**NGONG ROAD CHILDREN ASSOCIATION**

Case Worker | April 2013 - December 2014

In my tasks as a caseworker, I was able to support over 80 orphans and vulnerable (OVC) children assigned to me, following up on their education, health, and family status and intervening where needed. I was also able to maintain relationships with the Kenyan sponsors and plan and implement the local fundraiser where there was a 100% increase in funds collected.

**CONSULTING EXPERIENCE**

**DEUTSCHE STIFTUNG WELTBEVÖLKERUNG (DSW)–MOMBASA (SCALING UP NUTRITION- CIVIL SOCIETY ALLIANCE)**

Lead Consultant for Public-Private partnership mapping | January 2019

As the lead consultant, I was able to strategize, develop tools, build relationships with potential partners through the Business Management Organizations. I was able to develop and set up an online questionnaire portal for the survey and come up with a report mapping companies carrying out nutrition sensitive and nutrition specific activities in Mombasa County.

**KENYA STRONGEST MAN, STRONGEST WOMAN NAIROBI CIRCUIT**

Lead Nutrition Consultant for Body Composition Analysis of Athletes| May 2018

I was able to coordinate with the events team to perform Body Composition Analysis on the athletes and provide a report on their nutrition status.

**VOLUNTEER EXPERIENCE**

**KAMUKUNJI SUB COUNTY- BIAFRA HEALTH CENTRE**

Nutritionist Volunteer | October 2016- May 2020

· Facilitating training for nutrition staff in Primary Health Care.

· Implementing and managing nutrition interventions, including cooking food demonstration and meal planning.

· Ensuring integration of the nutrition component into primary health care and curative services.

· Managed teams of nutrition volunteers, providing guidance and coaching as required to enable high performance.

· Facilitating data collection, analysis using ENA for SMART, and presenting the nutrition program findings at the facility level.

**OTHER RESPONSIBILITIES**

-      **Nutrition Attaché**  Mbagathi Level 5 Hospital June 2012 - August 2012

-      **Nutrition intern** Mathare North Health center February 2013 – April 2013

**PROFESSIONAL REGISTRATION**

**KNDI**- Registered Nutritionist/Dietician by the Kenya Nutritionists and Dieticians Institute and cleared to practice nutrition - Reg no. G1239/2014

**AFFILIATIONS**

* Technical Working Group for Primary Immunodeficiencies (PID) Kenya – Member
* KEBS/TC 176 "Alternative Medicines and related Services"– Member
* KEBS/TC 164 "Nutrition and Health Services"- Member
* KEBS/TC 029 "Nutrition and foods for special dietary use" – Member
* ARSO TC 82 “Technical Committee on African traditional Medicine” – Secretary Working group 2

**CONFRENCE AND SYMPOSIUM PRESENTATIONS**

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| --- | --- | --- | --- | --- |
| **Conference / Symposium** | **Dates** | **Venue** | **Title** | **Poster / Oral presentation** |
| Annual Kenya Pediatric Association Conference 2019 | Sarova Whitesands Mombasa | 9th – 12th April 2019 | The Role of Interdisciplinary Collaboration in the Implementation of the Baby-Friendly Hospital Initiative | **Poster** |
| 1st International Food Safety Conference | 20th – 24th May 2019 | Kenyatta University Business and Student's Center | The Role Of Risk Perception as a Driver Of Food Choice Among Women Aged 20-59 Years in Kiambu County | **Poster** |
| The A-Project Symposium on Demystifying Primary Immunodeficiencies | 26th October 2019 | Aga Khan University Hospital | Nutrition in management of Primary Immunodeficiencies | Oral Presentation |
| Pediatric Rheumatology Symposium | 7th March 2020 | Aga Khan University Hospital | Nutrition Considerations in Pediatric Rheumatology | Oral Presentation |

**REFERENCES**

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| Dr. Eunice Njogu,  Lecturer,  Kenyatta University,  P.O. Box. 62697-00200,  Nairobi.    Phone: +254-722862052/ +254-733850618  Email: [njogu.eunice@ku.ac.ke](mailto:njogu.eunice@ku.ac.ke) | Caroline .A. Omufira,  Sub-County Nutritionist,  Kamukunji Sub County.  County of Nairobi,  P.O Box. 14531 – 00100,  Nairobi.  Phone: +254-722489090  E-mail: [carolombiso@gmail.com](mailto:carolombiso@gmail.com) | Tunda Lepore  Head of Primary Department,  Ngong Road Children Association,  P.O Box. 1765 – 00502,  Karen.    Phone: +254-701569335  Email: [tunda@ngongroad.org](mailto:tunda@ngongroad.org) |