**ISO/IEC 45001:2018 Occupational health and safety management systems**

**Requirements with guidance for use** is the internationally recognized assessment specification for **OHSMS**. It was developed and prepared by project committee ISO/PC 283, occupational health and safety management systems.

The purpose of an OH&S management system is to provide a framework for managing OH&S risks. The intended outcomes of the OH&S management system are to prevent work-related injury and ill health to workers and to provide safe and healthy workplaces; consequently, it is critically important for the organization to eliminate hazards and minimize OH&S risks by taking effective preventive and protective measures.

When these measures are applied by the organization through its OH&S management system, they improve its OH&S performance. An OH&S management system can be more effective and efficient when taking early action to address opportunities for improvement of OH&S performance.

Implementing an OH&S management system conforming to this document enables an organization to manage its OH&S risks and improve its OH&S performance. An OH&S management system can assist an organization to fulfil its legal requirements and other requirements.

**ISO 45001:2018 addresses the following key areas:**

* Hazard Identification, Assessment of risks and opportunities.
* Managing OH & S risks
* Legal and Other Requirements
* OHS Objectives and planning to achieve them
* Resources, Roles, Responsibility, Accountability and Authority
* Competence, Training and Awareness
* Communication, Participation and Consultation
* Operational planning and Control
* Emergency Preparedness and Response
* Monitoring, Measurement, analysis and Performance evaluation
* Improvement.

**The Benefits**

* **OHSMS** promotes a safe and healthy working environment by providing a framework that allows organizations to consistently identify and control their health and safety risks, reduce the potential for accidents, aid legislative compliance and improve overall performance (Prevent work-related injury and ill health to workers and to provide safe and healthy workplaces)
* Improves the efficiency of internal operations
* Improved employee safety and the quality of the working environment
* Compliance with applicable legal requirements
* Demonstrate high levels of occupational health and safety when bidding for international contracts
* Improves the reliability of your internal operations to meet customer requirements and overall performance
* Gain significant improvement in staff motivation and commitment and understanding of their responsibility in helping ensure workplace safety