

What is the problem?



# What is the problem?

ayahuasca | Walnuss WHO | Suicide data x

www.who.int/mental\_health/prevention/suicide/suicideprevent/en/

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Every 30 secs, someone commits suicide.

Mental health

Suicide data

There is no improvements over the decades. Depression is on the rise.

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Over 800,000 people die due to suicide every year and there are many more who attempt suicide. Hence, many millions of people are affected or experience suicide bereavement every year. Suicide occurs throughout the lifespan and was the second leading cause of death...

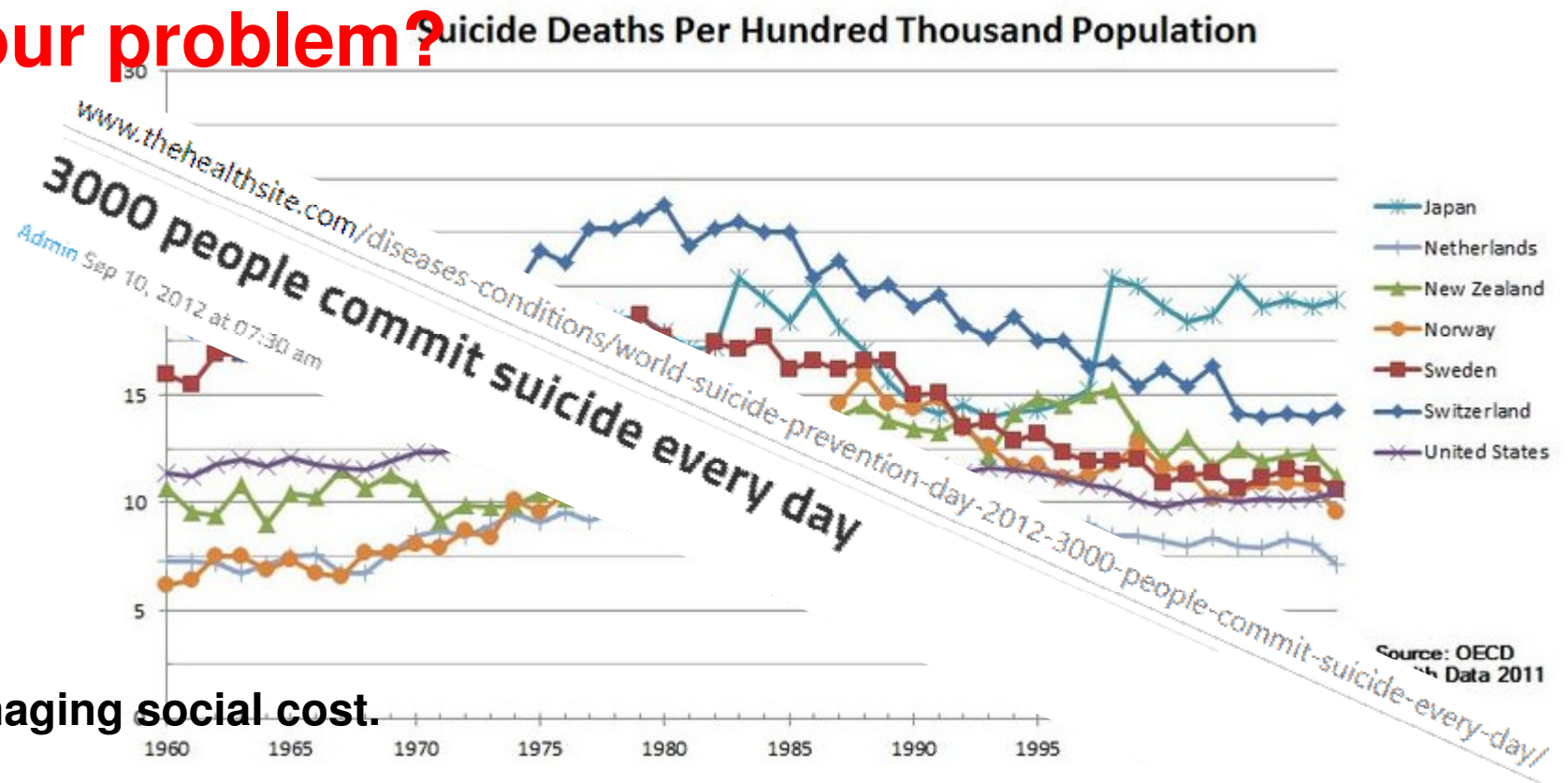
Age-standardized suicide rates per 100 000 population, both sexes, 2012



Over 800,000 people die due to suicide every year and there are many more who attempt suicide. Hence, many millions of people are affected or experience suicide bereavement every year. Suicide occurs throughout the lifespan and was the second leading cause of death among 15-29 year olds globally in 2012.

Suicide is a global phenomenon in all regions of the world; in fact, 75% of global suicides occurred in low- and middle-income countries in 2012. Suicide accounted for

**Is it our problem?**



**It is a damaging social cost.**

**One loss of life drags down the people around them. A vicious cycle proceeds.**

**Loss of human productivity and opportunities. Human is the most wasted resource as economic activities spins around human productivity.**



**World Suicide Prevention Day**

10 September 2007

# Is it our problem?

[www.thehealthsite.com/diseases-conditions/world-suicide-prevention-day-2012-3000-people-commit-suicide-every-day/](http://www.thehealthsite.com/diseases-conditions/world-suicide-prevention-day-2012-3000-people-commit-suicide-every-day/)  
**3000 people commit suicide every day**  
Admin Sep 10, 2012 at 07:30 am

**It can happen to anyone.**

**It is not a mental disorder, but a social epidemic.**

**Many people are experiencing it. People do not want to talk about it, largely due to social stigmata and the lack of safe means to do so.**

**We can lose a love one.**



**World Health  
Organization**

**World Suicide Prevention Day**

10 September 2007

# Can we do something about it?

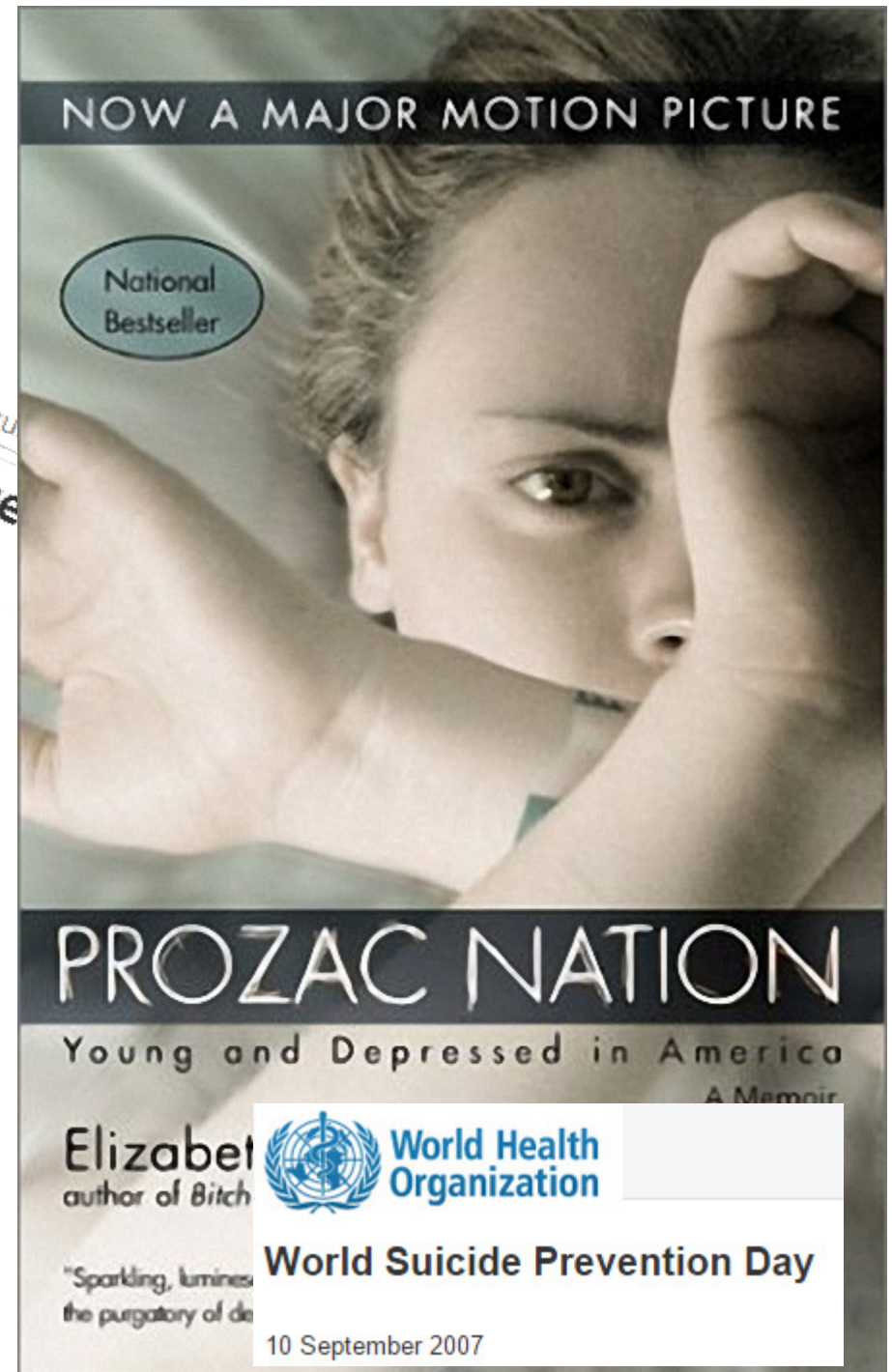
[www.thehealthsite.com/diseases-conditions/world-suicide](http://www.thehealthsite.com/diseases-conditions/world-suicide)  
**3000 people commit suicide every day**  
Admin Sep 10, 2012 at 07:30 am

People who see psychiatrists don't provide enough details.

Psychiatrists are expensive but they can't diagnose within short sessions that are conducted every 2 weeks or even longer.

Medication is only one factor. Fundamentally, the lifestyle and mindset has to be treated.

Individuals lack ability to manage their situations.





# Can we do something about it?

Even normal people ...

O CAPTAIN! MY CAPTAIN!

ROBIN WILLIAMS  
1951 - 2014

A TRIBUTE TO A TRUE



World Health  
Organization

**World Suicide Prevention Day**

10 September 2007

# How do we solve it?

To be continued ...

Here's help ...



*Ayahuasca 2015*

# How do we solve it?

We **can** and we **should** do something about it.



# Is there no alternative to your solution?

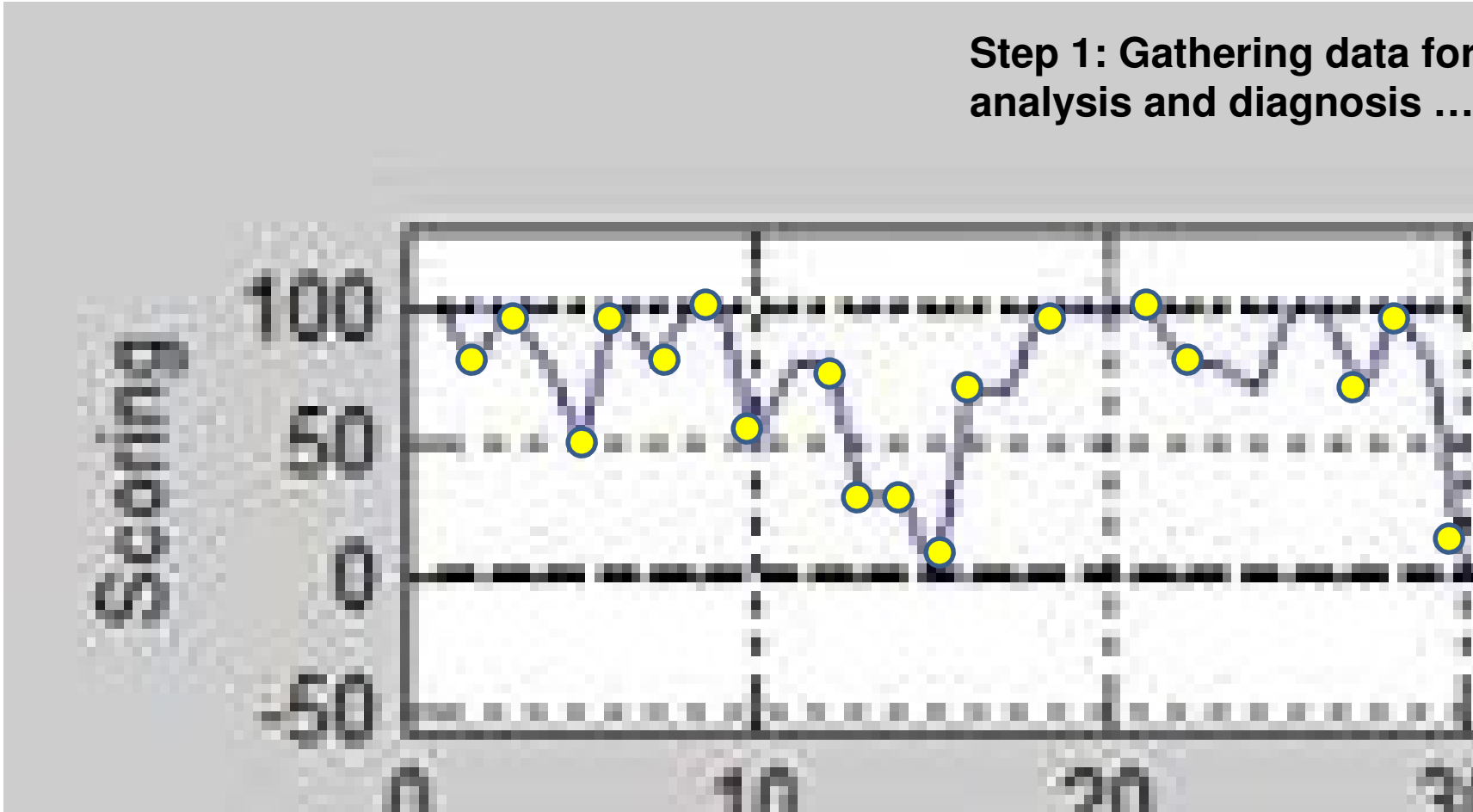
Currently, most solutions provide only

**monitoring**, it is **inaccurate** and lacks tools to guide individuals to conduct proper **analysis**. Current solutions also lacks **synthesis** of intervention. It lacks direction of **resolution**. Even if they show you the problem, they don't guide you to the solution.

# How do we solve it?

# How **should** we help them?

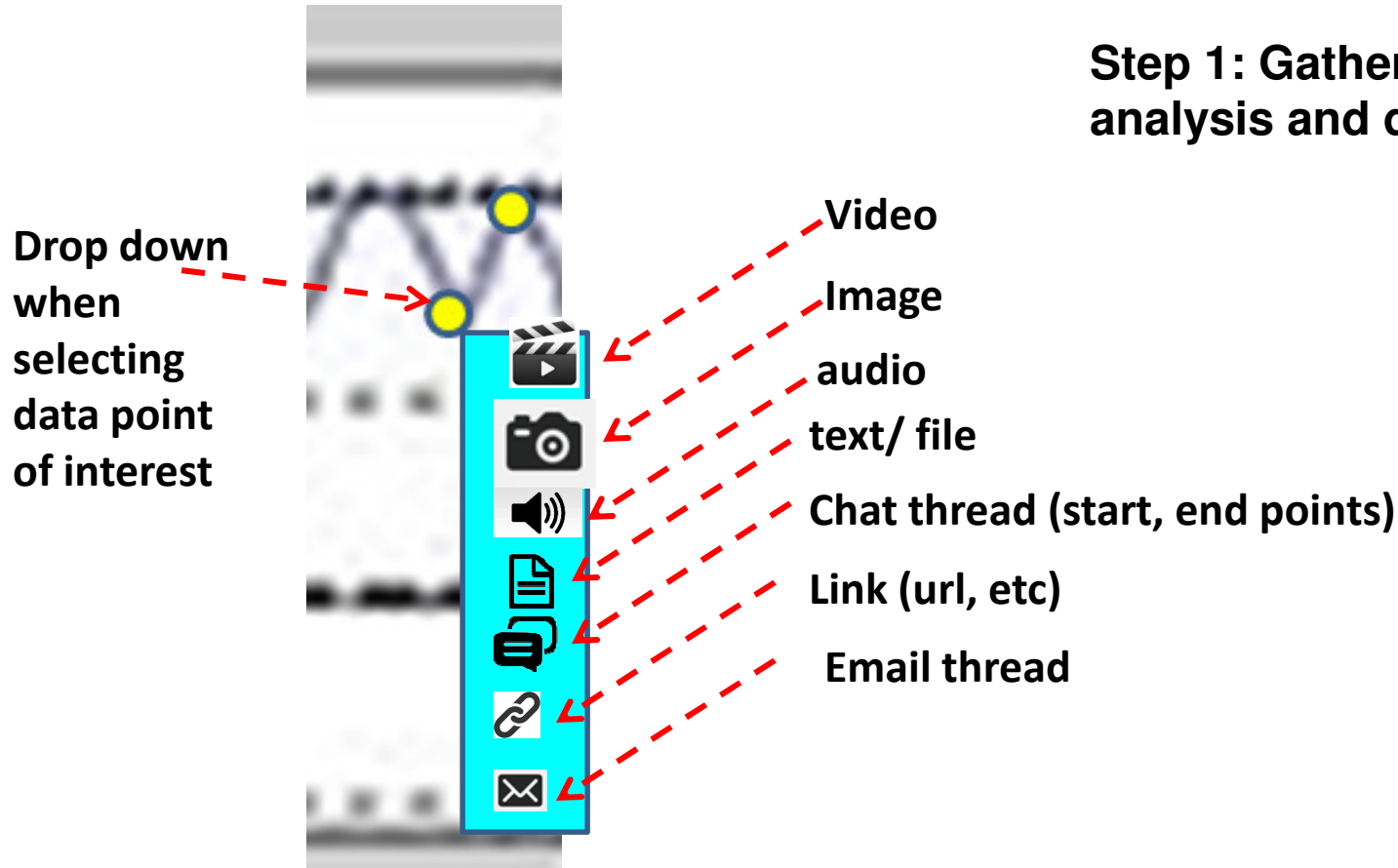
## Step 1: Gathering data for analysis and diagnosis ...



# How do we solve it?

How **should** we help them?

Step 1: Gathering data for analysis and diagnosis ...



# People are NOT ill !

They are not. Neither is `Ayahuasca` a mere medical intervention equipment.

It is a **life-enhancer** and productivity/ **life manager**.

It is a personal **secretary** and **trusted guide**.

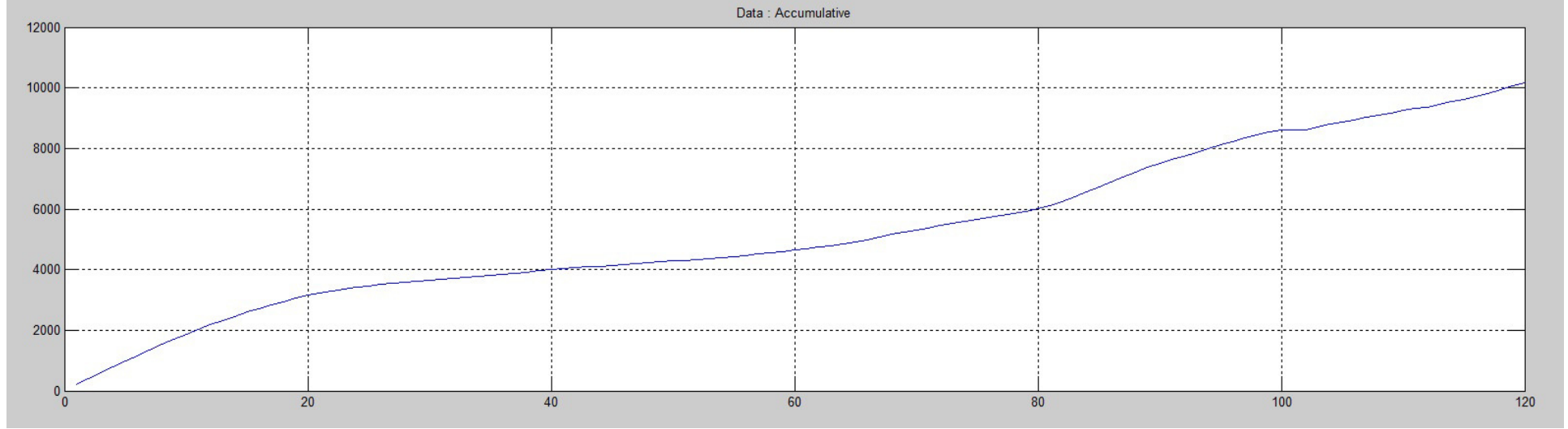
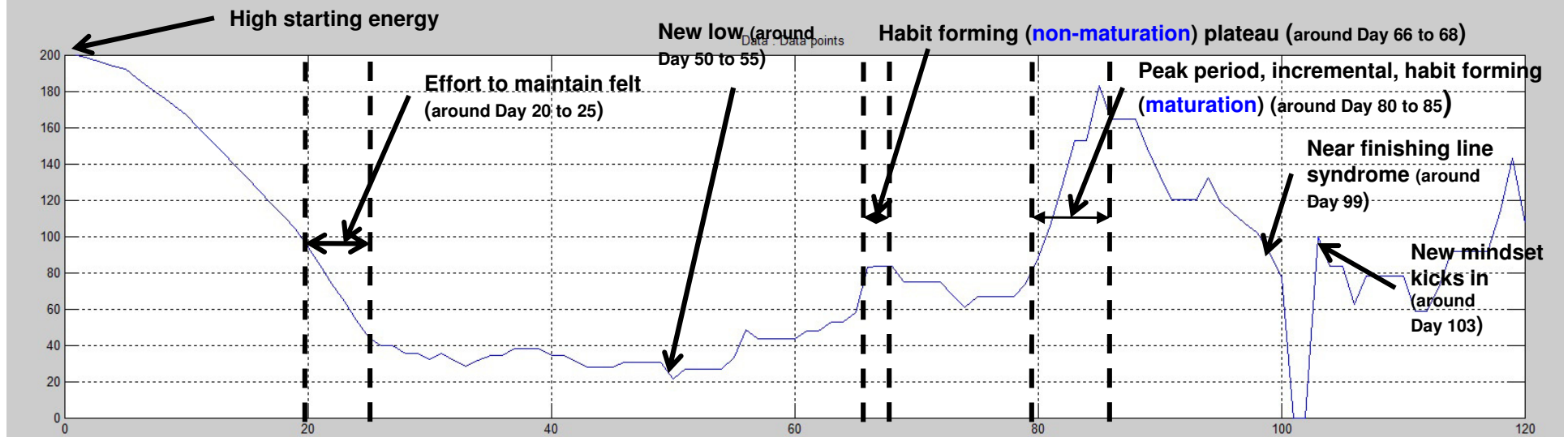
If possible, a learned **friend** – a `Doraemon` (A.I. part).

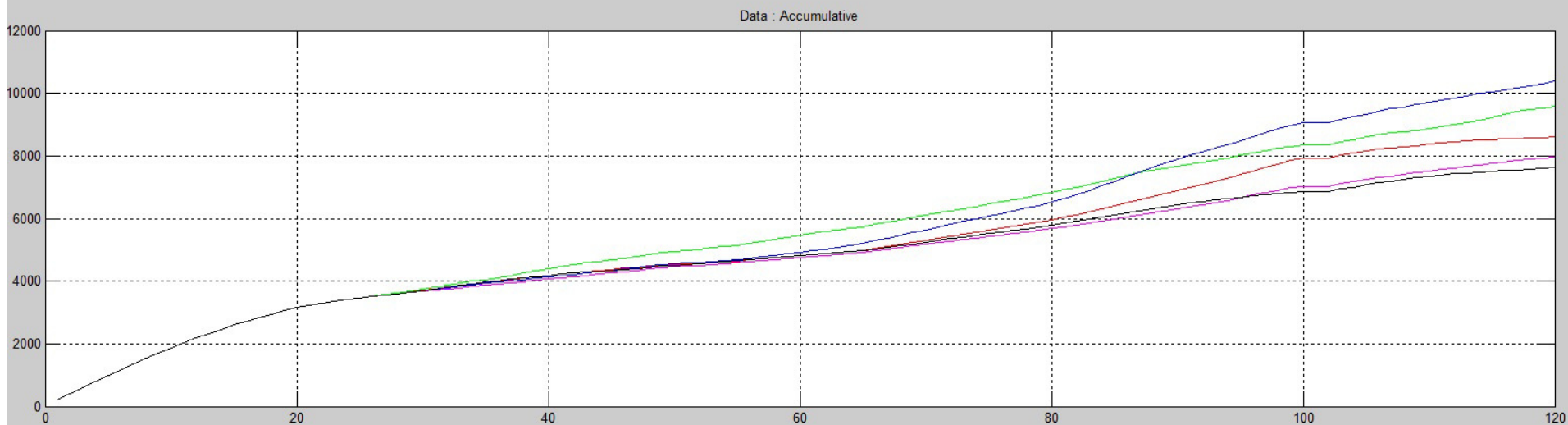
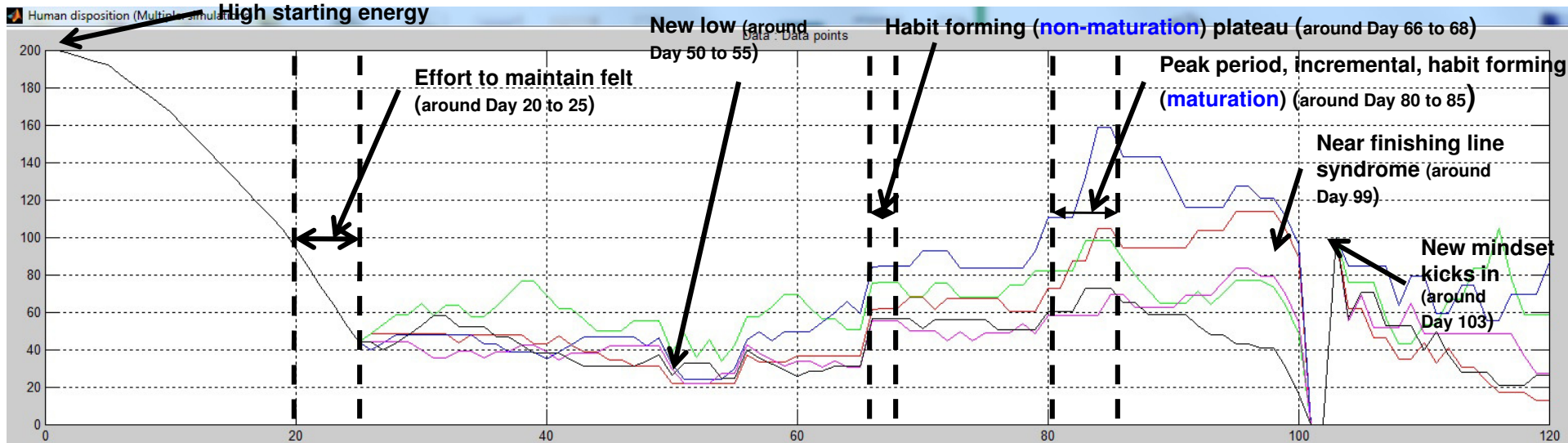
# **What have we observed?**

**Human has a cycles (synchronous). We can capture and promote the `best` times, and play the `bad` times. Data helps us predict what is coming and direct us what to focus on to manufacture peak performance.**

**Human has events (asynchronous). We can capture what drives us forward and what crank us up to a staggering beat. Data helps us to avoid or handle pitfalls and focus on generating `promotional events` to drive us forward – and upwards.**







# There are so many such apps, why makes you think you are unique?

Answer: Current apps merely gives note journalizing and score charting. It DOES NOT help the user to analyse nor provide the useful resolution for the user to solve his/ her problems (ref. **C1, C3, C6**). Worst off, data charting is almost **meaningless** and scoring is **non-intuitive** (ref. **C2, C4**). User DOES NOT know what make out of it or what to do with it.

C1, Crux 1: **Lack of Planning guide**

C2, Crux 2: **Lack of meaningful scoring.** *The numbers don't make clear significance to them.*

C3, Crux 3: **Lack of guide and tips to form habits. Lack of life management assistance.**

C4, Crux 4: **Lack of meaningful and `informative` numbers.**

C5, Crux 5: **Lack of relevant and meaningful analytics.**

C6, Crux 6: **Lack of Resolution Planning guide**