

Power; reviewing work and energy

Physics 211
Syracuse University, Physics 211 Spring 2020
Walter Freeman

March 30, 2020

How are you all doing?

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How have your classes been going?

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How has *this* class been going?

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Today's plan:

- Your questions
- A few demo problems on conservation of momentum and energy
- A new idea, in more depth: *power*
- An example of that idea

What would you all like to talk about? (Homework, recitation problems, big ideas...)

While you're thinking: how useful are the recordings of recitation and homework solutions?

- **A:** Not useful
- **B:** Moderately useful
- **C:** Quite useful
- **D:** I've not watched any of them yet

Please give me feedback on them (what can I do better?) if you've watched any.

(Problem 1 on
homework #10)

vertical displacement

Δy

(a)

(b)

C

A

$$\frac{1}{2}mv_i^2 + W_{i \rightarrow f} = \frac{1}{2}mv_f^2$$

$$W_{A \rightarrow B}^{\text{grav}} = \underbrace{\vec{F}_g}_{\text{down}} \cdot \underbrace{\Delta \vec{s}}_{\text{up}} \quad (\text{going up})$$

"force, times displacement component parallel
to force" : $(mg)(-\Delta y)$

$$W_{\text{grav}} = F_{\text{grav}} \cdot \text{distance moved vertically}$$

direction of gravity

In general, $\vec{A} \cdot \vec{B}$ means either:

$$A B_{\parallel}$$

"magnitude of A times component of B parallel to A"

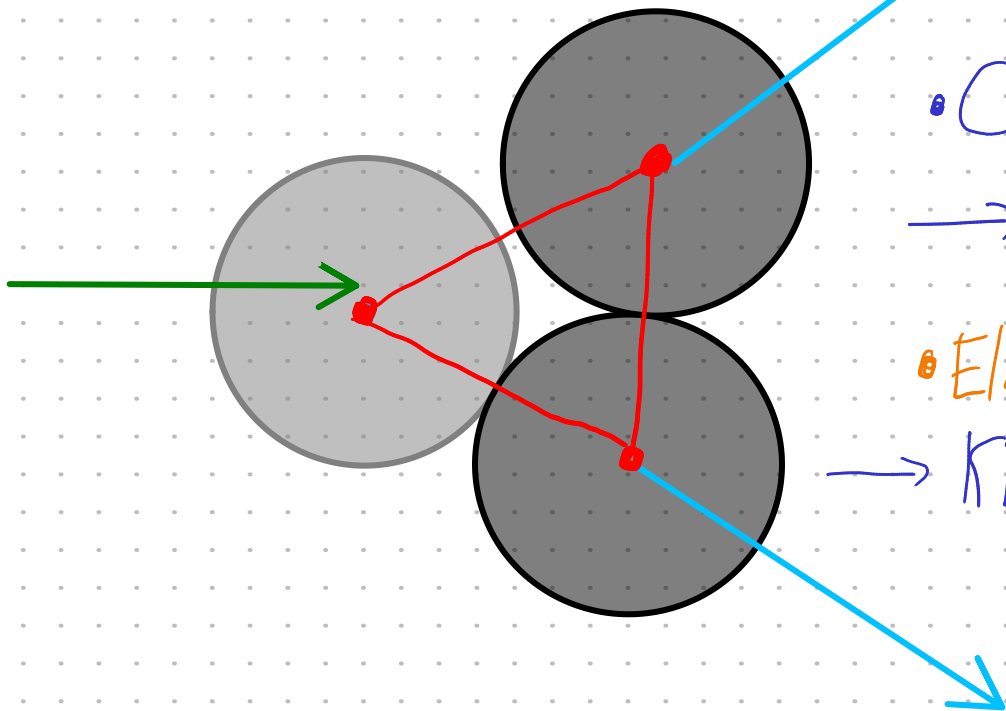
or $A_{\parallel} B$

"component of A parallel to B, times magnitude of B"

or $AB \cos \theta$

"magnitude of A, times magnitude of B, times cosine of angle between them"

• Note: if \vec{F} is perp. to $\Delta\vec{s}$,
 $\theta = 90^\circ$, $\cos \theta = 0$, $W = 0$.



• Collision

→ conservation
of \vec{p} .

• Elastic collision

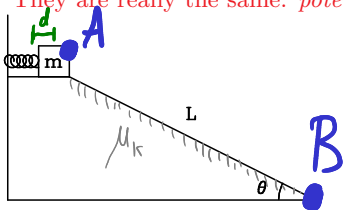
→ $KE_i = KE_f$

The work-energy theorem and conservation of energy

“When do I use the conservation of energy and when do I use the work-energy theorem?”

“When do I worry about potential energy?”

They are really the same: *potential energy is a bookkeeping device for the work done by conservative forces.*

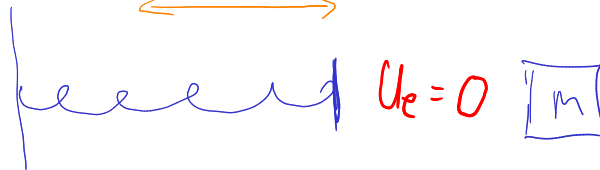
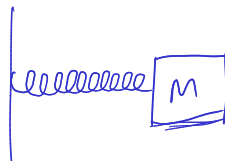


Some students are sledding down the hill in front of the music building; it has a length L and is at a slope θ . To go faster, they build a sled-launcher, consisting of a spring of spring constant k . A student compresses it by a distance d and launches themselves down the hill.

How fast are they going at the bottom?

equilibrium length

$$U_e = \frac{1}{2}kd^2$$



$$U_e = 0$$



What's the work done by **the spring**?

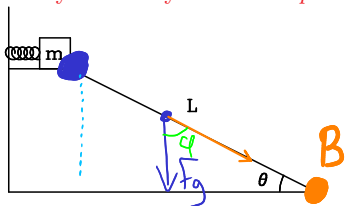
- A: $W_{\text{elas}} = -\frac{1}{2}kd^2$
 - B: $W_{\text{elas}} = +\frac{1}{2}kd^2$ ✓
 - C: $W_{\text{elas}} = +kd$
 - D: $W_{\text{elas}} = -kd$
- $F_{\text{elas}} = -k\Delta x$

At A: spring has elastic PE = $\frac{1}{2}kd^2$
→ converted into KE

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What's the work done by **gravity**?

- A: $W_{\text{grav}} = mgL \cos \theta$
- B: $W_{\text{grav}} = mg \sin \theta$
- C: $W_{\text{grav}} = mgL \sin \theta$ ✓
- D: $W_{\text{grav}} = mgL$

$$\begin{aligned} W_{\text{grav}} &= \vec{F}_g \cdot \Delta \vec{s} \\ &= F_g \cdot \Delta y \\ &= mg (\Delta y) \\ &= mg L \sin \theta \end{aligned}$$

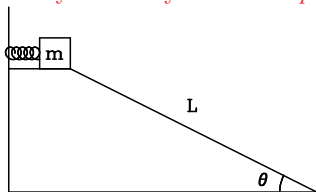
angle between \vec{F}_g and $\Delta \vec{s}$

$$\begin{aligned} W_{\text{grav}} &= mg L (\cos \varphi) \\ \varphi &= 90^\circ - \theta \\ \cos \varphi &= \sin \theta \end{aligned}$$

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What's the work done by **the normal force**?

- A: $W_{\text{norm}} = mgh$
- B: $W_{\text{norm}} = mg\cos\theta$
- C: $W_{\text{norm}} = mgL\cos\theta$
- D: $W_{\text{norm}} = 0$ ✓

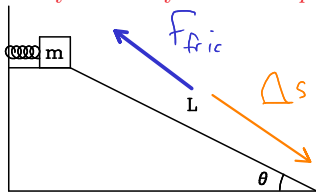
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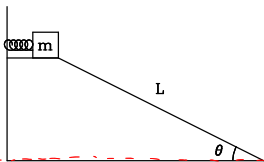
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What's the work done by **friction**?

- A: $W_{\text{grav}} = \mu(mg \cos \theta)L$
- B: $W_{\text{grav}} = -\mu(mg \cos \theta)L$ ✓
- C: $W_{\text{grav}} = -\mu(mg \cos \theta)(L \sin \theta)$
- D: $W_{\text{grav}} = mgL$

$$W_{\text{fric}} = -F_{\text{fric}} \Delta s$$
$$F_{\text{fric}} = \mu mg \cos \theta$$

The work-energy theorem and conservation of energy



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Using "plain" work-energy theorem:

$$KE_i + W_{all} = KE_f \quad \text{here we have work from spring, from friction, from gravity}$$

$$KE_i + W_{grav} + W_{fric} + W_{spring} = KE_f$$

$$\frac{1}{2}mv_i^2 + mgL \sin \theta - (\mu mg \cos \theta)L + \frac{1}{2}kd^2 = \frac{1}{2}mv_f^2$$

Solve for v_f :

$$v_f = \sqrt{2gL \sin \theta - 2\mu gL \cos \theta + \frac{k}{m}d^2}$$

forces other than those connected to a PE.

Using ideas of potential energy:

$$KE_i + PE_i + W_{other} = KE_f + PE_f$$

$$KE_i + PE_{grav,i} + PE_{elast,i} + W_{other} = KE_f + PE_{grav,f} + PE_{elast,f}$$

$$mg y_i + \frac{1}{2}kd^2 - \mu mgL \cos \theta = \frac{1}{2}mv_f^2$$

Solve ... $y_i = L \sin \theta$

$$v_f = \sqrt{2gL \sin \theta - 2\mu gL \cos \theta + \frac{k}{m}d^2}$$

You encountered *power* before as the rate of doing work or transforming energy:

$$P = \frac{E}{\Delta t} \quad \text{Units: } 1 \text{ watt} = 1 \text{ J/s.}$$

This is important in engineering, since many of our machines are constrained by the rate at which they can manipulate energy, or that they require energy:

- My laptop: 4W (minimum to run) - 25W (maximum cooling system can handle)
- A duck: ~~25-60W~~ (sustained power from flight muscles)
- Human on a bike: 100-300W (sustained over an hour), five times that (peak)
- Horse: ~~750W~~ (averaged over a working day), 10 kW (brief peak)
- Automobile engine: 75 kW (my car) - 400 kW (high-end sports car)
- Diesel-electric locomotive: 2500 kW
- Nuclear submarine: 30 MW
- Nuclear reactor: 1500 MW (electric), 3000 MW (heat)

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Starting with the work-energy theorem, as always:

$$(\text{work}) = (\text{force}) \cdot (\text{displacement})$$

$$W = \vec{F} \cdot \vec{\Delta s}$$

Power is the rate at which work is done – the *time derivative* of work. So we take time derivatives of both sides:

$$\text{power} \rightarrow \frac{dW}{dt} = \vec{F} \cdot \frac{d\vec{s}}{dt}$$

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$$P = \vec{F} \cdot \vec{v}$$

Biking with air resistance

A cyclist and her bike have a mass of $m = 70\text{kg}$, and she can produce a sustained power of 120 W for a long time.

She can sustain a speed of 12 m/s . At this speed, the main friction force on her is the wind.

How big is that frictional force?

- A: 700 N
B: 10 N

- C: 1200 N
D: 100 N

$$P = \vec{F} \cdot \vec{v}$$

net power on cyclist at constant speed = 0.

$$P_{\text{pedals}} + P_{\text{drag}} = 0$$

← negative

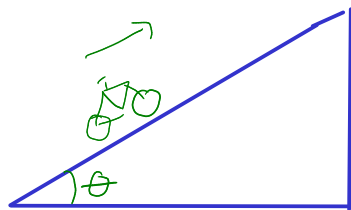
$$P_{\text{pedals}} = -P_{\text{drag}} = F_{\text{drag}} \cdot v \longrightarrow F_{\text{drag}} = \frac{P_{\text{pedals}}}{v} = 10\text{ N.}$$

Biking up a hill

A cyclist and her bike have a mass of $m = 70$ kg, and she can produce a sustained power of 120 W for a long time.

She then wants to ride up a hill, sloped at an angle of about $\theta = 6^\circ = 0.1$ radian.

How fast can she go up the hill? (*This is a lot slower, so you can ignore air drag here.*)

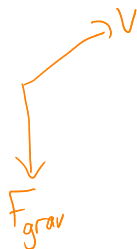


$$\underbrace{P_{\text{pedals}}}_{\text{positive}} + \underbrace{P_{\text{grav}}}_{\text{negative}} = 0$$

$$P_{\text{pedals}} = -P_{\text{grav}} = -(\vec{F}_g \cdot \vec{v}) = -(-mg v \sin \theta)$$

$$P_{\text{pedals}} = mg v \sin \theta$$

$$v = \frac{P_{\text{ped}}}{mg \sin \theta} = 1.6 \text{ m/s.}$$



Going down a steep hill, slowly

Suppose our $m = 70$ kg rider wants to go down a steep hill, angled at 10 degrees below the horizontal, at a safe speed of 4 m/s. (*At this speed, ignore air drag.*)

Brakes work by squeezing a rotating object with a large normal force, creating a lot of friction. This friction does negative work on the rotating wheel, converting its kinetic energy into heat.

What power will the brakes in her bicycle produce?



Brakes on a bike intended for off-road use. The rotor is designed to maximize airflow – to give the material a fighting chance of dissipating this much heat!

Another sample problem: work and energy

A basketball of mass m hangs from a cable of length L ; it is pulled to the left at an angle θ and released.

A very strong wind blows from left to right, exerting a constant force F_w on the ball.

How fast will the ball be traveling when it is at its lowest point? What angle ϕ will the ball swing to on the other side?

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