Translation	Rotation	
Position $\vec{s}$ Velocity $\vec{v}$ Acceleration $\vec{a}$	Angle $\theta$ Angular velocity $\omega$ Angular acceleration $\alpha$	
Kinematics: $\vec{s}(t)\frac{1}{2}\vec{a}t^2 + \vec{v}_0t + \vec{s}_0$	$\theta(t) = \frac{1}{2}\alpha t^2 + \omega_0 t + \theta_0$	
Force $\vec{F}$ Mass $m$ Newton's second law $\vec{F}=m\vec{a}$	Torque $\tau$ Rotational inertia $I$ Newton's second law for rotation $\tau = I\alpha$	
Kinetic energy $KE = \frac{1}{2}mv^2$ Work $W = \vec{F} \cdot \Delta \vec{s}$ Power $P = \vec{F} \cdot \vec{v}$	Kinetic energy $KE = \frac{1}{2}I\omega^2$ Work $W = \tau\Delta\theta$ Power $P = \tau\omega$	
Momentum $\vec{p} = m\vec{v}$	Angular momentum $L = I\omega$	

TABLE 12.2 Moments of inertia of objects with uniform density

Object and axis	Picture	I	Object and axis	Picture	I
Thin rod, about center		$\frac{1}{12}ML^2$	Cylinder or disk, about center	R	$\frac{1}{2}MR^2$
Thin rod, about end		$\frac{1}{3}ML^2$	Cylindrical hoop, about center	R	$MR^2$
Plane or slab, about center		$\frac{1}{12}Ma^2$	Solid sphere, about diameter	R	$\frac{2}{5}MR^2$
Plane or slab, about edge	b a	$\frac{1}{3}Ma^2$	Spherical shell, about diameter	R	$\frac{2}{3}MR^2$