# Energy: the work-energy theorem

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#### Announcements

- Exams will be returned tomorrow or Friday in recitation
- Exam stats etc. will be posted once I have them all
- Next homework is posted and will be due next Wednesday
  - There are only five problems, but they require some thought, so you should not put it off until the last minute

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Since the three forms may have been of uneven difficulty, I'll be rescaling Wed/Fri to match Thursday (but only upward).

## Energy

Today we'll study something new: energy. In brief:

- Kinematics relates the forces on an object to the change in something called its kinetic energy
- Just as with momentum, forces transfer energy from one object (and one form) to another, but don't create or destroy it
- Unlike momentum, energy is a scalar, not a vector
- Energy methods are extremely powerful in problems where we don't know and don't care about time

## Energy methods, in general

- "Conventional" kinematics: compute  $\vec{x}(t)$ ,  $\vec{v}(t)$ 
  - "Time-aware" and "path-aware" tells us the history of a thing's movement
  - Time is an essential variable here
- Newton's second law: forces  $\rightarrow$  acceleration  $\rightarrow$  history of movement
- Sometimes we don't care about all of this
- Roll a ball down a track: how fast is it going at the end?

# Energy methods, in general

We will see that things are often simpler when we look at something called "energy"

- Basic idea: don't treat  $\vec{a}$  and  $\vec{v}$  as the most interesting things any more
- Treat  $v^2$  as fundamental:  $\frac{1}{2}mv^2$  called "kinetic energy"

#### Previous methods:

- Velocity is fundamental
- Force: causes velocities to change over time
- Intimately concerned with vector quantities

#### Energy methods:

- $v^2$  (related to kinetic energy) is fundamental
- Force: causes KE to change over distance
- Energy is a *scalar*

Energy methods: useful when you don't know and don't care about time

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Multiply by  $\frac{1}{2}m$ :

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That thing on the right looks familiar...

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Some new terminology:

- $\frac{1}{2}mv^2$  called the "kinetic energy" (positive only!)
- $F\Delta x$  called the "work" (negative or positive!)
- "Work is the change in kinetic energy"

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Simple – we just pretend that it is constant for little bits of time, and add them up to find the work:

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$$W = \int F dx$$

Note that the sign of the work does not depend on the choice of coordinate system: if I reverse my coordinates, both F and dx pick up a minus sign.

- A force in the same direction as something's motion makes it speed up, and does positive work
- A force in the opposite direction as something's motion makes it slow down, and does negative work

What is the sign of the work done by gravity from the time I throw it until the time I catch it again?

- A: Positive
- B: Negative
- C: Zero
- D: It depends on your choice of coordinates

What is the sign of the work done by gravity from the time I throw it until it is at its highest point?

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- B: Negative
- C: Zero
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What is the sign of the work done by gravity from the time it is at its highest point until I catch it again?

- A: Positive
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What is the sign of the work done by air resistance?

- A: Positive on the way up, and positive on the way down
- B: Negative on the way up, and negative on the way down
- C: Positive on the way up, and negative on the way down
- D: Negative on the way up, and positive on the way down
- E: Zero

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Pierre the rather clumsy cat falls off of a cat tree that is a height h. At what speed does he hit the ground?

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Feet first, of course – we're not cruel!

- A:  $\sqrt{2gh}$
- B:  $\sqrt{\frac{gh}{2}}$
- C: 2gh
- D:  $\sqrt{\frac{2h}{g}}$
- E: It depends on Pierre's mass (how many breakfasts has he tricked his owners into giving him today?)

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I throw a ball straight up with initial speed  $v_0$ . Someone catches it at height h. How fast is it going?

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$$\bullet \ \tfrac{1}{2} m v_f^2 - \tfrac{1}{2} m v_0^2 = (-mg) \times h$$

ullet ... algebra follows: solve for  $v_f$ 

## Work-energy theorem: 2D

We can do this in two dimensions, too:

- $\frac{1}{2}mv_{x,f}^2 \frac{1}{2}mv_{x,0}^2 = F_x \Delta x$
- $\frac{1}{2}mv_{y,f}^2 \frac{1}{2}mv_{y,0}^2 = F_y \Delta y$

Add these together:

• 
$$\frac{1}{2}m(v_{x,f}^2 + v_{y,f}^2) - \frac{1}{2}m(v_{x,0}^2 + v_{y,0}^2) = F_x \Delta x + F_y \Delta y$$

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- The thing on the left can be simplified with the Pythagorean theorem:
- $\frac{1}{2}m(v_f^2) \frac{1}{2}mv_0^2 = F_x \Delta x + F_y \Delta y$
- That funny thing on the right is called a "dot product".

#### Dot products

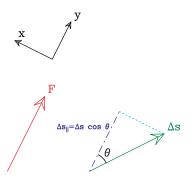
$$A_x B_x + A_y B_y$$
 is written as  $\vec{A} \cdot \vec{B}$ .

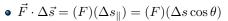
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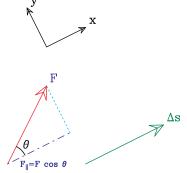
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What does this mean? It's a way of "multiplying" two vectors to get a scalar (a number). We can choose coordinate axes as always: choose them to align either with  $\vec{F}$  or  $\Delta \vec{s}$ .





• "The component of the displacement parallel to the force, times the force



- $\vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F \cos \theta)(\Delta s)$
- "The component of the force parallel to the motion, times the displacement

Different cases where each form is useful, but it's the same trig either way

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- The kinetic energy can't go below zero
- The height at each end of the swing must be the same!
- ... and the return height can't be greater than the initial height...

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(If physics stops working and I go splat, have a nice summer!

How much work is done by gravity?

- A: mg
- B: gh
- C: mgh
- D: -mg
- E: 0

How much work is done by the normal force?

- A: mg
- B: gh
- C: mgh
- D: -mg
- E: 0

How fast is the person traveling at the bottom?

- A:  $\sqrt{2gh}$
- B:  $\sqrt{\frac{gh}{2}}$
- C: 2gh
- D:  $\sqrt{\frac{2h}{g}}$
- E: It depends on the shape of the hill

How much time does it take the person to reach the bottom?

- A:  $\frac{h}{\sqrt{2gh}}$
- B:  $\sqrt{\frac{2h}{g}}$
- C:  $\sqrt{2gh}$
- D:  $\frac{2g}{h}$
- E: We can't answer this question using the work-energy theorem

# Ball rolling down a ramp demo

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- What is the work done by the normal force?
- Zero the normal force is always perpendicular to the motion!
- What is the work done by gravity?
- Use the "force times parallel component of motion" formulation:
- $W = (-mg) \times (y_f y_0)$  note both components are negative, for a positive result
- The shape of the ramp doesn't matter: the velocities will all be the same at the end!

## Another sample problem

A car slams on its brakes going a speed  $v_0$ . How far does it travel before it stops?