Energy: the work-energy theorem

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Announcements

What is this unit about?

Which ball travels furthest as it leaves the table?

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- We can't use constant acceleration kinematics
- Quickly leads to ugly differential equations

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Which ball travels furthest as it leaves the table?

What we know so far can't answer this easily. The forces are always changing!

- We can't use constant acceleration kinematics
- Quickly leads to ugly differential equations
- ... what do?

Energy

Energy in brief:

- Kinematics relates the forces on an object to the change in something called its kinetic energy
- Forces transfer energy from one object (and one form) to another, but don't create or destroy it
- Energy is a scalar, not a vector
- Energy methods are extremely powerful in problems where we don't know and don't care about time (like the example above)

Energy methods, in general

- "Conventional" kinematics: compute $\vec{x}(t)$, $\vec{v}(t)$
 - "Time-aware" and "path-aware" tells us the history of a thing's movement
 - Time is an essential variable here
- Newton's second law: forces \rightarrow acceleration \rightarrow history of movement
- Sometimes we don't care about all of this
- Roll a ball down a track: how fast is it going at the end?

Energy methods, in general

We will see that things are often simpler when we look at something called "energy"

- Basic idea: don't treat \vec{a} and \vec{v} as the most interesting things any more
- Treat v^2 as fundamental: $\frac{1}{2}mv^2$ called "kinetic energy"

Previous methods:

- Velocity is fundamental
- Force: causes velocities to change over time
- Intimately concerned with vector quantities

Energy methods:

- v^2 (related to kinetic energy) is fundamental
- Force: causes KE to change over distance
- Energy is a *scalar*

Energy methods: useful when you don't know and don't care about time

We've encountered something before that eliminates time as a variable...

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The "third kinematics relation"

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Multiply by $\frac{1}{2}m$:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = am\,\Delta x$$

That thing on the right looks familiar...

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Some new terminology:

- $\frac{1}{2}mv^2$ called the "kinetic energy" (positive only!)
- $F\Delta x$ called the "work" (negative or positive!)
- "Work is the change in kinetic energy"

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Simple – we just pretend that it is constant for little bits of time, and add them up to find the work:

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$$W = \int F dx$$

Note that the sign of the work does not depend on the choice of coordinate system: if I reverse my coordinates, both F and dx pick up a minus sign.

- A force in the same direction as something's motion makes it speed up, and does positive work
- A force in the opposite direction as something's motion makes it slow down, and does negative work

What is the sign of the work done by gravity from the time I throw it until the time I catch it again?

- A: Positive
- B: Negative
- C: Zero
- D: It depends on your choice of coordinates

What is the sign of the work done by gravity from the time I throw it until it is at its highest point?

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What is the sign of the work done by air resistance?

- A: Positive on the way up, and positive on the way down
- B: Negative on the way up, and negative on the way down
- C: Positive on the way up, and negative on the way down
- D: Negative on the way up, and positive on the way down
- E: Zero

Sample problem: dropping an object

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Feet first, of course – we're not cruel!

- A: $\sqrt{2gh}$
- B: $\sqrt{\frac{gh}{2}}$
- C: 2gh
- D: $\sqrt{\frac{2h}{g}}$
- E: It depends on Pierre's mass (how many breakfasts has he tricked his owners into giving him today?)

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I throw a ball straight up with initial speed v_0 . Someone catches it at height h. How fast is it going?

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- $\frac{1}{2}mv_f^2 \frac{1}{2}mv_0^2 = (-mg) \times h$
- ullet ... algebra follows: solve for v_f

Work-energy theorem: 2D

We can do this in two dimensions, too:

- $\frac{1}{2}mv_{x,f}^2 \frac{1}{2}mv_{x,0}^2 = F_x \Delta x$
- $\frac{1}{2}mv_{y,f}^2 \frac{1}{2}mv_{y,0}^2 = F_y \Delta y$

Add these together:

$$\bullet \ \frac{1}{2} m(v_{x,f}^2 + v_{y,f}^2) - \frac{1}{2} m(v_{x,0}^2 + v_{y,0}^2) = F_x \Delta x + F_y \Delta y$$

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- The thing on the left can be simplified with the Pythagorean theorem:
- $\frac{1}{2}m(v_f^2) \frac{1}{2}mv_0^2 = F_x \Delta x + F_y \Delta y$
- That funny thing on the right is called a "dot product".

Dot products

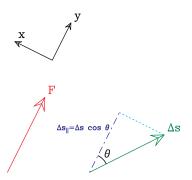
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 is written as $\vec{A} \cdot \vec{B}$.

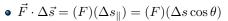
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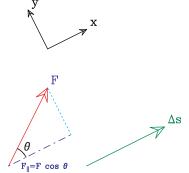
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What does this mean? It's a way of "multiplying" two vectors to get a scalar (a number). We can choose coordinate axes as always: choose them to align either with \vec{F} or $\Delta \vec{s}$.





• "The component of the displacement parallel to the force, times the force



- $\vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F \cos \theta)(\Delta s)$
- "The component of the force parallel to the motion, times the displacement

Different cases where each form is useful, but it's the same trig either way

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- The kinetic energy can't go below zero
- The height at each end of the swing must be the same!
- ... and the return height can't be greater than the initial height...

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(If physics stops working and I go splat, have a nice summer!

How much work is done by gravity?

- A: mg
- B: gh
- C: mgh
- D: -mg
- E: 0

How much work is done by the normal force?

- A: mg
- B: gh
- C: mgh
- D: -mg
- E: 0

How fast is the person traveling at the bottom?

- A: $\sqrt{2gh}$
- B: $\sqrt{\frac{gh}{2}}$
- C: 2gh
- D: $\sqrt{\frac{2h}{g}}$
- E: It depends on the shape of the hill

How much time does it take the person to reach the bottom?

- A: $\frac{h}{\sqrt{2gh}}$
- B: $\sqrt{\frac{2h}{g}}$
- C: $\sqrt{2gh}$
- D: $\frac{2g}{h}$
- E: We can't answer this question using the work-energy theorem