# Work and potential energy

Physics 211 Syracuse University, Physics 211 Spring 2022 Walter Freeman

March 23, 2022

### Tuesday's class

- Many of you told me that you appreciated the format on Tuesday where you did an exercise in class.
- ... so we can do this again in the future!

#### • However:

- That exercise took longer in class than I had anticipated
- $\bullet$  We didn't get as far into the application of the work-energy theorem as I had hoped
- I didn't have a chance to revise the recitation material on Wednesday
- ... so we are pushing the schedule back by about half a class. (This is fine!)
- We have some flexibility at the end of the semester and everything will work out

#### Announcements

- Your next homework assignment is due next Wednesday.
- Please come prepared to ask questions next Tuesday

# Where we've been and where we're going

- Last time: kinetic energy and the work-energy theorem
- This time: the idea of potential energy and conservation of energy
  - Potential energy: "the most meaningful bookkeeping trick in physics"
  - Lets us understand many phenomena without difficult mathematics
  - Conservation of energy: there's always the same amount of energy, and it just changes forms

### Review: kinetic energy

We will see that things are often simpler when we look at something called "energy"

- Basic idea: don't treat  $\vec{a}$  and  $\vec{v}$  as the most interesting things any more
- Treat  $v^2$  as fundamental:  $\frac{1}{2}mv^2$  called "kinetic energy"

#### Previous methods:

- Velocity is fundamental
- Force: causes velocities to change over time
- Intimately concerned with vector quantities

#### Energy methods:

- $v^2$  (related to kinetic energy) is fundamental
- Force: causes KE to change over distance
- Energy is a *scalar*

Energy methods: useful when you don't know and don't care about time

# Energy: measurements and units

We didn't talk about how we *measure* energy last time:

Kinetic energy = 
$$\frac{1}{2}mv^2$$

- $\bullet$  Energy has units kg m<sup>2</sup>/s<sup>2</sup>
- This unit is called a *joule*
- 1 joule = the energy required to lift an apple one meter
- This is also the unit for work

Last time we saw the "work-energy theorem" was a consequence of simple kinematics:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = F\Delta x$$

Last time we saw the "work-energy theorem" was a consequence of simple kinematics:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = F\Delta x$$

Or in more than one dimension:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F)(\Delta s_{\parallel})$$

Last time we saw the "work-energy theorem" was a consequence of simple kinematics:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = F\Delta x$$

Or in more than one dimension:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F)(\Delta s_{\parallel})$$

Or if the force is not constant:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \int \vec{F} \cdot d\vec{s}$$

Last time we saw the "work-energy theorem" was a consequence of simple kinematics:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = F\Delta x$$

Or in more than one dimension:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F)(\Delta s_{\parallel})$$

Or if the force is not constant:

$$\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \int \vec{F} \cdot d\vec{s}$$

Some new terminology:

- $\frac{1}{2}mv^2$  called the "kinetic energy" (positive only!)
- $\vec{F} \cdot \Delta \vec{s}$  called the "work" (negative or positive!)
- "Work is the change in kinetic energy"

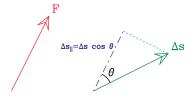
## Dot products: calculating work

The work done by a force  $\vec{F}$  on an object as it moves through a displacement  $\Delta \vec{s}$  is

$$W = \vec{F} \cdot \Delta \vec{s}.$$

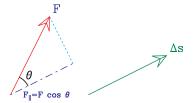
What does this "dot product" mean?





- $\vec{F} \cdot \Delta \vec{s} = (F)(\Delta s_{\parallel}) = (F)(\Delta s \cos \theta)$
- "The component of the displacement parallel to the force, times the force





- $\vec{F} \cdot \Delta \vec{s} = (F_{\parallel})(\Delta s) = (F \cos \theta)(\Delta s)$
- "The component of the force parallel to the motion, times the displacement

Different cases where each form is useful, but it's the same trig either way

(on document camera)

(on document camera)

Strategy: compute the work done by all the forces and equate that to the change in KE.

Work done by normal force = **zero**!

Work done by gravity = 
$$(F)(\Delta s)_{\parallel} = mg\Delta y = mg(y_0 - y_f)$$

$$KE_f - KE_i = W_g$$

$$\frac{1}{2}mv_f^2 - 0 = mg(y_0 - y_f)$$

(on document camera)

Strategy: compute the work done by all the forces and equate that to the change in KE.

Work done by normal force = **zero**!

Work done by gravity = 
$$(F)(\Delta s)_{\parallel} = mg\Delta y = mg(y_0 - y_f)$$

$$KE_f - KE_i = W_g$$

$$\frac{1}{2}mv_f^2 - 0 = mg(y_0 - y_f)$$

$$\to v_f = \sqrt{2g(y_0 - y_f)}$$

(on document camera)

Strategy: compute the work done by all the forces and equate that to the change in KE.

Work done by normal force = **zero**!

Work done by gravity = 
$$(F)(\Delta s)_{\parallel} = mg\Delta y = mg(y_0 - y_f)$$

$$KE_f - KE_i = W_g$$

$$\frac{1}{2}mv_f^2 - 0 = mg(y_0 - y_f)$$

$$\to v_f = \sqrt{2g(y_0 - y_f)}$$

No detailed knowledge of the motion required!

• What is the work done by the string?

- What is the work done by the string?
- Zero it's always perpendicular to the motion!
- How high will it swing on the other side?

- What is the work done by the string?
- Zero it's always perpendicular to the motion!
- How high will it swing on the other side?
- Gravity does positive work on the way down and negative work on the way up
- The kinetic energy can't go below zero
- The height at each end of the swing must be the same!
- ... and the return height can't be greater than the initial height...

- What is the work done by the string?
- Zero it's always perpendicular to the motion!
- How high will it swing on the other side?
- Gravity does positive work on the way down and negative work on the way up
- The kinetic energy can't go below zero
- The height at each end of the swing must be the same!
- ... and the return height can't be greater than the initial height...

(If physics stops working and I go splat, have a nice summer!

### Potential energy: an accounting trick

- Notice that the work done by gravity depends *only* on the change in height.
- Some other forces are like this as well: the work done depends only on initial and final position
  - These are called *conservative forces*
  - Soon we'll see that the elastic force is like this too
- Separate out gravity and all other forces in the work-energy theorem:

$$KE_f - KE_i = W_{\text{grav}} + W_{\text{other}}$$
  
 $\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = mg(y_0 - y_f) + W_{\text{other}}$ 

### Potential energy: an accounting trick

- Notice that the work done by gravity depends only on the change in height.
- Some other forces are like this as well: the work done depends only on initial and final position
  - These are called *conservative forces*
  - Soon we'll see that the elastic force is like this too
- Separate out gravity and all other forces in the work-energy theorem:

$$KE_f - KE_i = W_{\text{grav}} + W_{\text{other}}$$
  
 $\frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = mg(y_0 - y_f) + W_{\text{other}}$ 

• Collect all the "initial" things on the left and the "final" things on the right:

$$\frac{1}{2}mv_0^2 + mgy_0 + W_{\text{other}} = \frac{1}{2}mv_f^2 + mgy_f$$

$$KE_0 + GPE_0 + W_{\text{other}} = KE_f + GPE_f$$

 Identify mgy as "gravitational potential energy": how much work will gravity do if something falls?

Potential energy lets us easily calculate the work done by conservative forces

### Potential energy: more than accounting!

- Another way to look at the roller coaster: gravitational potential energy being converted to kinetic energy.
- This perspective is universal: all forces just convert energy from one sort into another
- Some of these types are beyond the scope of this class, but we should be aware of them!

#### A short history of energy conversion:

- Hydrogen in the sun fuses into helium
- Hot gas emits light
- Light shines on the ocean, heating it
- Seawater evaporates and rises, then falls as rain
- Rivers run downhill
- Falling water turns a turbine
- Turbine turns coils of wire in generator
- Electric current ionizes gas
- Recombination of gas ions emits light

- Nuclear energy  $\rightarrow$  thermal energy
- Thermal energy  $\rightarrow$  light
- Light  $\rightarrow$  thermal energy
- Thermal energy → gravitational potential energy
- ullet Gravitational PE  $\to$  kinetic energy and sound
- Kinetic energy in water  $\rightarrow$  kinetic energy in turbine
- Kinetic energy  $\rightarrow$  electric energy
- $\bullet$  Electric energy  $\rightarrow$  chemical potential energy
- Chemical  $PE \rightarrow light$

## Potential energy: more than accounting!

- This class is just the study of motion: we can't treat light or nuclear energy here.
- ... but in physics as a whole, the *conservation of energy* that processes just change energy from one form to another is universal!
- Conservation of energy is one of the most tested, ironclad ideas in science
- Nuclear and chemical potential energy: nuclear forces do mechanical work on particles, much like gravity
- Light, and others: kinetic energy of little particles called "photons"
- Heat: kinetic energy of atoms in random motion
- Sound: kinetic energy of atoms in coordinated motion
- Food: Just chemical potential energy...
- ... so all of these things aren't as far removed from mechanics after all!
- Einstein: "Mass is just another form of energy"

## Potential energy: more than accounting!

- This class is just the study of motion: we can't treat light or nuclear energy here.
- ... but in physics as a whole, the *conservation of energy* that processes just change energy from one form to another is universal!
- Conservation of energy is one of the most tested, ironclad ideas in science
- Nuclear and chemical potential energy: nuclear forces do mechanical work on particles, much like gravity
- Light, and others: kinetic energy of little particles called "photons"
- Heat: kinetic energy of atoms in random motion
- Sound: kinetic energy of atoms in coordinated motion
- Food: Just chemical potential energy...
- ... so all of these things aren't as far removed from mechanics after all!
- Einstein: "Mass is just another form of energy"
- Maybe it's all, ultimately, just kinetic energy! (I believe it is; others will argue!)

# A new force: elasticity and Hooke's law

To best see how this can be useful, let's introduce a new force: elasticity.

- Springs have a particular length that they like to be: "equilibrium length"  $L_0$
- A spring stretched to be longer than this pulls inward to shorten itself
- A spring compressed to be shorter than this pushes outward to lengthen itself
- Flexible things like strings and ropes only pull; they kink instead of compressing
- The force is proportional to the deviation from the optimum length

$$(F_{\rm sp})_s = 0$$
 Unstretched 
$$\begin{array}{c|c} \hline L_0 & & & \\ \hline L_0 & & \\ \hline \hline L_0 & & \\ \hline \hline L_0 & & \\ \hline \hline & & \\ \hline & &$$

$$F_{\text{elastic}} = -k(L - L_0) = -k\Delta x$$
 (Hooke's law)

# A new force: elasticity and Hooke's law

To best see how this can be useful, let's introduce a new force: elasticity.

- ullet Springs have a particular length that they like to be: "equilibrium length"  $L_0$
- A spring stretched to be longer than this pulls inward to shorten itself
- A spring compressed to be shorter than this pushes outward to lengthen itself
- Flexible things like strings and ropes only pull; they kink instead of compressing
- The force is proportional to the deviation from the optimum length

$$F_{\text{elastic}} = -k(L - L_0) = -k\Delta x$$
 (Hooke's law)

k is called the "spring constant":

- Measures the stiffness of the spring/rope
- Units of newtons per meter: "restoring force of k newtons per meter of stretch"

W. Freeman

- Initial kinetic energy + work done by spring + work done by gravity = final kinetic energy
  - $\bullet$  Need to use the integral form of the work-energy theorem since the force isn't constant
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- The trampoline begins at its equilibrium position

- Initial kinetic energy + work done by spring + work done by gravity = final kinetic energy
  - Need to use the integral form of the work-energy theorem since the force isn't constant
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- The trampoline begins at its equilibrium position
- $W_{\text{grav}} = (mg)(h+d)$

- Initial kinetic energy + work done by spring + work done by gravity = final kinetic energy
  - Need to use the integral form of the work-energy theorem since the force isn't constant
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- The trampoline begins at its equilibrium position
- $W_{\text{grav}} = (mg)(h+d)$
- $W_{\text{elas}} = \int_0^{-d} kx \, dx = -\frac{1}{2}kd^2$

- Initial kinetic energy + work done by spring + work done by gravity = final kinetic energy
  - Need to use the integral form of the work-energy theorem since the force isn't constant
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- The trampoline begins at its equilibrium position
- $W_{\text{grav}} = (mg)(h+d)$
- $W_{\text{elas}} = \int_0^{-d} kx \, dx = -\frac{1}{2}kd^2$
- $KE_0 + W_{\text{grav}} + W_{\text{elas}} = KE_f$
- $0 + (mg)(h+d) \frac{1}{2}kd^2 = 0$
- $k = \frac{mg(h+d)}{2d^2}$

## Potential energy stored in a spring

We saw that an object at height h has gravitational potential energy mgh. Can we do something similar for springs?

# Potential energy stored in a spring

We saw that an object at height h has gravitational potential energy mgh. Can we do something similar for springs?

- Potential energy, remember, is the work done by some force as it returns to some "zero" position.
- A natural choice is  $\Delta x = 0$ , the equilibrium position of the spring.

"How much work is done by a spring as it goes from  $\Delta x = a$  to  $\Delta x = 0$ ?

$$U_{\text{elastic}} = W_{a \to 0} = \int_a^0 -kx \, dx = \int_0^a kx \, dx = \frac{1}{2}ka^2$$

# Potential energy stored in a spring

We saw that an object at height h has gravitational potential energy mgh. Can we do something similar for springs?

- Potential energy, remember, is the work done by some force as it returns to some "zero" position.
- A natural choice is  $\Delta x = 0$ , the equilibrium position of the spring.

"How much work is done by a spring as it goes from  $\Delta x = a$  to  $\Delta x = 0$ ?

$$U_{\text{elastic}} = W_{a \to 0} = \int_a^0 -kx \, dx = \int_0^a kx \, dx = \frac{1}{2}ka^2$$

Now that we have this, we never have to do this integral again!

 $U_{\text{elastic}} = \frac{1}{2}kx^2$ , where x is the distance from equilibrium

- Initial total energy + work done by other forces = final total energy
- We have no "other forces": we're accounting for gravity and elasticity using potential energy
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- Put y = 0 at the surface of the trampoline

- Initial total energy + work done by other forces = final total energy
- We have no "other forces": we're accounting for gravity and elasticity using potential energy
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- Put y = 0 at the surface of the trampoline
- $U_{\text{grav},0} = mgh$
- $U_{\text{elas},0} = 0$  (trampoline starts at equilibrium)
- $U_{\text{grav,f}} = -mgd$  (the person falls below y = 0; PE can be negative!)
- $U_{\text{elas,f}} = \frac{1}{2}kd^2$  (see last slide)

- Initial total energy + work done by other forces = final total energy
- We have no "other forces": we're accounting for gravity and elasticity using potential energy
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- Put y = 0 at the surface of the trampoline
- $U_{\text{grav},0} = mgh$
- $U_{\text{elas},0} = 0$  (trampoline starts at equilibrium)
- $U_{\text{grav,f}} = -mgd$  (the person falls below y = 0; PE can be negative!)
- $U_{\text{elas,f}} = \frac{1}{2}kd^2$  (see last slide)
- $KE_0 + U_{\text{grav},0} + U_{\text{elas},0} = KE_f + U_{\text{grav},f} + U_{\text{elas},f}$

- Initial total energy + work done by other forces = final total energy
- We have no "other forces": we're accounting for gravity and elasticity using potential energy
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- Put y = 0 at the surface of the trampoline
- $U_{\text{grav},0} = mgh$
- $U_{\text{elas},0} = 0$  (trampoline starts at equilibrium)
- $U_{\text{grav,f}} = -mgd$  (the person falls below y = 0; PE can be negative!)
- $U_{\text{elas,f}} = \frac{1}{2}kd^2$  (see last slide)
- $KE_0 + U_{\text{grav},0} + U_{\text{elas},0} = KE_f + U_{\text{grav},f} + U_{\text{elas},f}$
- $0 + mgh + 0 = 0 + (-mgd) + \frac{1}{2}kd^2$  (Same terms, maybe on different side)

- Initial total energy + work done by other forces = final total energy
- We have no "other forces": we're accounting for gravity and elasticity using potential energy
- The person begins and ends at rest, so we know the initial and final kinetic energy is zero
- Put y = 0 at the surface of the trampoline
- $U_{\text{grav},0} = mgh$
- $U_{\text{elas},0} = 0$  (trampoline starts at equilibrium)
- $U_{\text{grav,f}} = -mgd$  (the person falls below y = 0; PE can be negative!)
- $U_{\text{elas,f}} = \frac{1}{2}kd^2$  (see last slide)
- $KE_0 + U_{\text{grav},0} + U_{\text{elas},0} = KE_f + U_{\text{grav},f} + U_{\text{elas},f}$
- $0 + mgh + 0 = 0 + (-mgd) + \frac{1}{2}kd^2$  (Same terms, maybe on different side)
- $k = \frac{mg(h+d)}{2d^2}$

### That spring problem: a recap

We don't care about time  $\rightarrow$  energy methods

Work-energy theorem

- Initial KE + all work done = final KE
- Need to compute work done by gravity: easy
- Need to compute work done by spring: harder (need to integrate Hooke's law)

#### Potential energy treatment

- Initial KE + initial PE + other work = final KE + final PE
- No "other work" in this problem; all forces have a PE associated
- Need to know the expressions for PE:
  - $U_{\text{grav}} = mgy$
  - $U_{\text{elas}} = \frac{1}{2}kx^2$  (x is the distance from the equilibrium point)
- No integrals required (they're baked into the above)

## Potential energy with other forces

What about associating a potential energy with other forces?

- Friction is a no-go: the work done by friction depends on the path, not just where you start and stop
- "Ephemeral" forces like tension and normal force are easiest to deal with by computing work directly

### **Summary**

- Potential energy is two things:
  - An accounting device that makes it easier to keep track of work done
  - Part of conservation of total energy, a powerful statement about nature
- Gravitational potential energy (on Earth):  $U_g = mgy$

### **Summary**

- Potential energy is two things:
  - An accounting device that makes it easier to keep track of work done
  - Part of conservation of total energy, a powerful statement about nature
- Gravitational potential energy (on Earth):  $U_q = mgy$
- We learned about a new force: elasticity
  - Restoring force in a stretched or compressed spring, or a stretched string:

$$F = -k(x - x_0)$$
 ( $x_0$  is the equilibrium length)

- $\bullet$  k is the spring constant, measured in force per distance, that gauges stiffness
- Elastic potential energy:  $U_{\text{elas}} = \frac{1}{2}k(x-x_0)^2$