

A photograph of a family walking on a dirt path. A man in camouflage shorts and a woman in denim shorts are holding the hands of a young child in a denim jacket. The child is looking up and smiling.

Adoption is a choice

If you're not ready or able to be a parent, adoption can be a positive solution for you and your baby. You can research adoption without obligation and find out that adoption isn't "giving your baby away." Learn the facts about open adoption.

A white thought bubble with a small tail pointing towards the left.

YOU MIGHT BE THINKING...

A photograph of a man with glasses and a dark jacket holding a young child. The child is looking up at the man and smiling. They are standing in front of some tall grass.

"I don't want someone I don't know to raise my baby."

With open adoption you can **choose from dozens of approved families waiting to adopt**. You can get to know the family or families you like before your baby is born and decide how you want to keep in touch after the adoption. You can even plan future visits with your baby and the adoptive family, if you would like.

"I couldn't handle wondering about my baby the rest of my life."

With an open adoption, you have the opportunity to **always know how your baby is doing**. If you want, you can choose a family who will keep in touch with you through pictures, letters, email, websites, phone calls, or even visits. The contact arrangement of your adoption can change over time with your comfort level. Your baby can know who you are and how she was given a life through your loving choice of adoption.

"I don't want to deal with the father or worry about his role in the baby's life."

With adoption you can **totally separate from your baby's father and provide a positive father figure for your baby's future**. Your baby's father could also participate in the adoption process, if you agree, and can take part in future communication with the adoptive family you choose, even if you don't want to stay in touch.

"I can't tell my family."

You can make a confidential adoption plan and hide your pregnancy. Only the adoption professionals you trust, the adoptive family you choose, and the loved ones you include will know about your pregnancy and your plans. If needed, you could even relocate temporarily to keep your situation private.

"I can't afford this pregnancy."

Adoption services are FREE to you. If your insurance doesn't pay for medical care, you can get your pregnancy-related expenses covered through the adoption process. When choosing adoption, it is also possible to get help with other expenses during pregnancy, if allowable by your state law.

For information about open adoption:

800-923-6784

LifetimeAdoption.com

Request a free book for all women facing unplanned pregnancy at:

FreeAdoptionBook.com