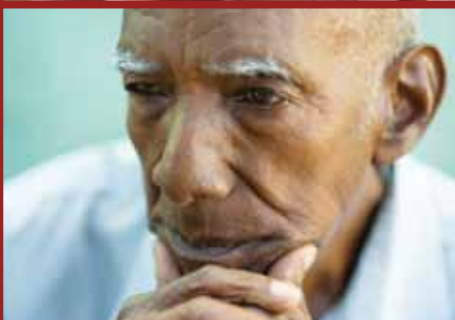




# Did You Know?







# The TRUE Meaning of the Dream Dr. Alveda King

*Did You Know?* is a message for our times! For nearly four decades, abortion has invaded our lives, and

the results have been devastating. In this publication, serious and dedicated pro-life activists examine the major issues concerning abortion and offer insight and solutions as we approach the return of the sanctity of life.

For too long, people have enjoyed the luxury of avoiding a hard examination of life questions, using common rhetoric such as, "I am not for abortion, but it's not my right to tell someone else what to do with her body." In *Did You Know?*, the authors refute common rhetoric with solid and sensible answers to those who make light of the issue at hand.

Startling statistics cited herein prove that blacks and other minorities have been targeted by the genocidal eugenics of reproductive racism. The authors debunk the rhetoric of "reproductive rights, healthy choice, and comprehensive birth control."

Abortion methods are not safe—they are deadly, leaving millions of babies dead, mothers wounded in spirit and body, families destroyed, and a society struggling with the impact of the losses. The post-abortion testimonies cited are compelling. The physical and psychological risks are thoughtfully examined and prove to be more devastating than many realize.

For too long, the public has been unaware of the links abortion has to breast cancer and premature birth. Even in the cases of rape and incest, the repercussions of abortion are devastating. The authors cite alternative and effective solutions to abortion, such as help and healing for those who have experienced abortion, help and care centers, abstinence, and adoption.



**Dr. King once said,  
"The Negro cannot win if he is  
willing to sacrifice the futures  
of his children for immediate  
personal comfort and safety."**

Former abortionists join in the struggle and add their voices to the post-abortive parents. They affirm the personhood of the babies and discuss the development of the person in the womb. The rise of pregnancy support groups lends answers to those who challenge the sincerity of the pro-life movement. To those who ask, "What happens once a woman decides to keep her child?" the answers resonate. Pregnancy care centers and adoption programs are there to help.

Abstinence plays a major role in the life affirming benefits of the pro-life movement. In using public platforms, pastors and community leaders have a remarkable opportunity to help "set the captives free." Pastors and leaders are challenged to step out of the traditions of man, many of which are steeped in the false rhetoric of Margaret Sanger, and to tell the people the truth.

If Dr. King's dream is to have true meaning, babies' civil rights must also be respected. Dr. King once said, "The Negro cannot win if he is willing to sacrifice the futures of his children for immediate personal comfort and safety." Although Dr. King once accepted an award from Planned Parenthood, his positions on non-violence would lead us all to question the violence of abortion, and to indeed cry out today, "We shall overcome...abortion."

Dr. Alveda King is a civil rights activist, speaking out on behalf of all life. She is the niece of Dr. Martin Luther King, Jr., a pastoral associate for Gospel of Life Ministries, and founder of King for America. She is a published author, producer, and songwriter who writes about her own post-abortive experiences in her books: *Sons of Thunder: The King Family Legacy*; *How Can the Dream Survive if We Murder the Children*; and *Who We Are in Christ Jesus*. To contact Dr. King, call 888-735-3448, email info@gospeloflife.com, or visit www.gospeloflife.com.

## Facts & Stats

- On January 22, 1973, the U.S. Supreme Court legalized abortion through all 9 months of pregnancy.<sup>1</sup>
- Since abortion was legalized in 1973, the lives of over 56.4 million pre-born babies have been extinguished.<sup>2</sup> At least 18.43 million of these abortions were African American babies.<sup>3</sup> We know this estimate is low because, with a few exceptions, no abortion data is available for Alaska, California, Oklahoma, West Virginia, and New Hampshire in years before 2004.
- White women are 63% of the female population and account for 36% of all abortions, black women are 13% of the female population and have 30% of abortions, and hispanic women are 15% of the female population and have 25% of abortions.<sup>4,5</sup>
- Over 35.5% of African American pregnancies end in abortion.<sup>6</sup>
- Abortion is the leading cause of death among African Americans. In fact, you can stack deaths from HIV/AIDS, violent crime, accidents, cancer, and heart disease one on top of the other and still not come close to the 18.43 million black babies that have died by abortion since 1973.<sup>7</sup>
- Abortion has reduced the African American population by 47%.<sup>8,9</sup>
- Between 1882 and 1968, 3,446 Negroes were lynched in the United States.<sup>10</sup> That number is surpassed within 4 days by abortion. Abortionists snuff out the lives of approximately 1,078 African American children each day.<sup>11,12</sup>

<sup>1</sup> Doe v. Bolton, U.S. Supreme Court, Jan 1973. \* | <sup>2</sup> Guttmacher Institute. 2011. | <sup>3</sup> Centers for Disease Control and Prevention. 2010. | <sup>4</sup> U.S. Census Bureau. 2013. | <sup>5</sup> Guttmacher Institute. May 2010. | <sup>6</sup> Centers for Disease Control and Prevention. 2013. | <sup>7</sup> Guttmacher Institute. 2011. | <sup>8</sup> Ibid. | <sup>9</sup> U.S. Census Bureau. 2013. | <sup>10</sup> University of Missouri Kansas City. | <sup>11</sup> Centers for Disease Control and Prevention. 2010. | <sup>12</sup> Guttmacher Institute. 2011. | \*For full citations visit www.humanlife.org

Dedicated in loving memory to...

**ERMA CLARDY CRAVEN**

*founding member of Human Life Alliance.*

*"Several years ago, when 17,000 aborted babies were found in a dumpster outside a pathology laboratory in Los Angeles, California, some 12 - 15,000 were observed to be black. Wake up, Black America, and relive Dr. Martin Luther King's Dream! The way of abortion is the way back into bondage!"*

— Erma Clardy Craven

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# Reproductive Racism

Akua Furlow

The vision of Planned Parenthood, founded in 1916 by Margaret Sanger, became the working arm toward eugenics goals. The stated vision of the organization was the legalization of contraceptives, to be used by the wealthy whites and the “fit” (as defined by eugenicists) and to impose birth “control” using eugenic sterilization laws for poor whites, blacks, other minorities, and anyone with physical or mental disabilities.

The organization most responsible for propagating the bigoted concepts of social Darwinism was the American Eugenics Society. Founded in the early 1900s, this organization was the sister organization of the British Eugenics Society which embraced the white—more specifically, the Anglo-Saxon race supremacy doctrine. In the United States, eugenics became more than an abstract philosophy. It degenerated into an active campaign to eliminate all those deemed “unfit” and resulted in a world wide crusade to abolish all human “inferiority”.<sup>1</sup> The American Eugenics Society fostered the Jim Crow laws of the south and eugenics sterilization laws nationally (see *War Against the Weak* for any stats). The Society’s anti semitic doctrines encouraged Nazi Germany atrocities during the Jewish Holocaust and defined South African apartheid.

Despite claims that Margaret Sanger was not a racist or anti-semitic, the fact remains that “she openly welcomed the worst elements of both into the birth control move-

ment.”<sup>2</sup> Henry Pratt Fairchild, who wrote, “Birth control and eugenics are by nature closely related and neither one can attain its complete fulfilment or render its maximum service to society without the other,”<sup>3</sup> and Lothrop Stoddard, author of *The Rising Tide of Color Against White World Supremacy*, were two of the many Eugenecist who worked closely with Sanger.

**“We do not want word to go out that we want to exterminate the Negro population...”**

- Margaret Sanger



Sanger, Margaret, Letter to Clarence J. Gamble, M.D. December 10, 1939, Sanger manuscript, Sophia Smith Collection, Smith College, Northampton, Massachusetts.

Historical documents prove that Planned Parenthood acted as the willful arm of the American Eugenics Society and developed a plan called “The Negro Project” as a propaganda program to infiltrate the black community with “birth control for health” campaigns through their civic

leaders.<sup>4</sup> Margaret Sanger expressed disdain for the poor and disabled whom she frequently dubbed as “undeserving,” “unfit,” and “dysgenic.” Her call for their sterilization and segregation<sup>5</sup> is well known and is likely to have been the motive behind her “Negro project”.

Lest one think reproductive racism was merely an issue of the past, current numbers prove the problem persists. Racial targeting by abortion providers, Planned Parenthood being the foremost national provider of abortion, has demonstrably resulted in the disproportionate number of minorities obtaining abortion. White women in the United States represent 63% of the female population and account for 36% of all abortions, black women are 13% of the female population and have 30% of abortions, and hispanic women are 15% of the female population and have 25% of abortions.<sup>6,7</sup> According to updated census reports, African Americans are no longer the largest U.S. minority population. Abortion and population control have taken a devastating toll on the African American and Hispanic communities.



Akua Furlow, B.S., M.A. is the author of the book *The Tuskegee Syphilis Study—What Really Happened*. Contact Akua Furlow at g.kuwie@gmail.com.

<sup>1</sup> Black, Edwin. *War Against the Weak: Eugenics and America's Campaign to Create a Master Race*. 2003. | <sup>2</sup> Ibid. | <sup>3</sup> *Birth Control Review*. Jan 1933. | <sup>4</sup> Letter from Sanger to Dr. W. E. Burghardt DuBois, 11 Nov 1930. DuBois served as director or research for the NAACP and as the editor of its publication, *The Crisis*, until 1934. | <sup>5</sup> Sanger, Margaret, *The Pivot of Civilization*. 1922. | <sup>6</sup> U.S. Census Bureau. 2013. | <sup>7</sup> Guttmacher Institute. May 2010. | <sup>8</sup> U.S. Census Bureau. 2008. | \* For full citations visit [www.humanlife.org](http://www.humanlife.org)



## Our Heritage is on the Verge of Extinction

Dr. Johnny Hunter

Throughout history, when evil has raised its ugly head to enormous proportions, there were those who sat on the sideline and there were those who decided to do something about it. Saving men, women, and children from the horrible consequences of choosing death, especially abortion, must be a high priority in our communities. An analysis of the National Vital Statistics Report 2010 indicates that the African American population is barely above replacement level.<sup>1</sup> Allow me to put the importance of this in proper perspective.

Many people believe that abortion is an issue that is only a concern to conservative, white people. In reality, abortion affects people of all ethnicities. For people of various faiths in the African American communities, it has rapidly become an urgent problem which needs to be addressed.

Between 1882 and 1968, 3,446 Negroes were lynched in the United States.<sup>2</sup> That number is surpassed within 4 days by abortion. According to the Centers for Disease Control, abortionists snuff out the lives of approximately 1,078 African American children each day.<sup>3,4</sup> This is “womb-lynching,” the implementation of black genocide. We must not sit idly by while this is happening. We must take a stand!

The founder of Planned Parenthood, Margaret Sanger, was an avowed racist who advocated eugenics and selective population control. She implemented the “Negro Project” to woo unsuspecting ministers to help reduce the colored population. The Negro Project is still in operation today. Guess where a majority of abortion sites are located?

Whenever someone wants to keep the population of colored people down, they disguise themselves and their agenda. The KKK did it by wearing white sheets and hoods while pretending to promote Christian beliefs. They lynched those they did not consider to be equal human beings or persons like themselves.

Across this nation, the hoods that groups like Planned Parenthood use to hide their agenda are black neighborhoods. They are notorious for disguising themselves as



medical healthcare facilities. What they push is abortion. Abortion is not healthcare; it’s “death and don’t care.” Planned Parenthood is the largest abortion business in the country. As far as I am concerned, they have brought “womb-lynching” to America.

In the scriptures, Jesus said, “The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” (John 10:10) As a thief sneaks into a house, abortion pushers sneak into black communities to make money by exploiting pregnant mothers, stealing the dreams of a generation, killing the children of the dream and destroying a child’s true destiny.

When a baby is aborted, every civil right gained is lost for that child. A murdered child is denied the right to vote. A murdered child is denied the right to receive a quality education. A murdered child is denied the right to equal job opportunity. A murdered child is denied the right to life and to have a say in his or her destiny.

Brothers and sisters of faith, we cannot allow this unjust wrong upon the defenseless and innocent little ones to continue. We must make it right! For those who believe in choice, I exhort you to follow the counsel given by God Himself,

**“...choose life, that both you and your descendants may live.” (Deut. 30:19)**

Dr. Johnny M. Hunter, DD, is the National Director of Life Education and Research Network, Inc. (LEARN). Established in 1993, LEARN is a prominent national organization founded and run by African American clergy, medical professionals and educators to preserve life and the family. To contact Dr. Hunter, call 910-868-5327 or visit [www.learninc.org](http://www.learninc.org).

<sup>1</sup> National Center for Health Statistics. 2010. | <sup>2</sup> University of Missouri, Kansas City | <sup>3</sup> Centers for Disease Control and Prevention. 2010. | <sup>4</sup> Guttmacher Institute. 2011. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)



# A New Human Being

"Every human embryologist in the world knows that the life of the new individual human being begins at fertilization. It is not belief. It is scientific fact."

Ward Kischer, Ph.D, Human Embryologist, University of Arizona



FERTILIZATION



6 WEEKS



9 WEEKS



10 WEEKS

## Day 1: Fertilization

The sperm joins with the egg to form one cell. This single cell contains the complex genetic makeup for every detail of a new human being—the child's sex, hair and eye color, height, skin tone, etc. After fertilization, nothing new is added but oxygen, nutrition, and time.<sup>1</sup>

## 1st Month (1-4 Weeks)

The first cell divides in two, and cell division continues as the newly formed individual travels down the fallopian tube to the uterus. More than 500 cells are present when this tiny embryo (the blastocyst\*) reaches the uterus 7 to 10 days after fertilization.<sup>2</sup> Foundations of the brain, spinal cord, and nervous system are already established, and by day 21 the heart begins to beat in a regular fashion with a blood type often different from the mother's.<sup>3</sup> Muscles are forming, and arms, legs, eyes, and ears have begun to show.

*\*The blastocyst is the stage at which many researchers want to destroy the embryo in order to harvest stem cells.*

## 2nd Month (5-8 Weeks)

By six weeks, brain waves can be detected by electroencephalogram, and the brain is controlling 40 sets of muscles as well as the organs.<sup>4</sup> The jaw forms, including teeth and taste buds.<sup>5</sup> The baby begins to swallow amniotic fluid, and some have been observed hiccupping.<sup>6</sup> During this time, the stomach produces digestive juices, and the kidneys begin to function.<sup>7</sup> Fingers and toes are developing, and at seven weeks the chest and abdomen are fully formed.<sup>8</sup> Swimming with a natural swimmer's stroke in the amniotic fluid, she now looks like a miniature human infant.<sup>9,10</sup>

## 3rd Month (9-12 Weeks)

Unique fingerprints are evident and never change.<sup>11</sup> The baby now sleeps, awakens, and exercises her muscles by turning her head, curling her toes, and opening and closing her mouth. Even though mom cannot feel movement yet, the baby is very active. She breathes amniotic fluid to help develop her respiratory system. The gender can be visually determined, and family resemblances may appear as well.<sup>12</sup> By the end of the month all the organs and systems of her body are functioning.<sup>13</sup>

## 4th Month (13-16 Weeks)

By the end of the fourth month, the baby is 8-10 inches in length and weighs about one-half pound. Her ears are functioning and she hears her mother's heartbeat, as well as external noises like music. Mom begins to feel baby's movement—a slight flutter at first that will become stronger.<sup>14</sup> Lifesaving surgery has been performed on babies at this age.

## 5th Month (17-20 Weeks)

If a sound is especially loud, the baby may jump in reaction to it. Thumb-sucking has been observed during the fifth month.<sup>15</sup>

## 6th Month (21-24 Weeks)

Oil and sweat glands are functioning. The baby's delicate skin is protected in the amniotic sac by a special ointment called vernix. She grows rapidly in size and strength while her lungs become more developed.<sup>16</sup> In a recent study, 70% of babies born between 22 and 26 weeks lived past age one, thanks to modern medicine.<sup>17</sup>

## 7th Month (25-28 Weeks)

The baby can now recognize her mother's voice. She exercises by stretching and kicking as she grows even bigger. She uses the senses of hearing, touch, and taste, and she can even look around with open eyes at her watery home.<sup>18</sup> If the baby is a boy, his testicles descend from the abdomen into the scrotum.<sup>19</sup>

## 8th Month (29-32 Weeks)

The skin begins to thicken, with a layer of fat stored underneath for insulation and nourishment. The baby swallows a gallon of amniotic fluid per day and often hiccups.<sup>20</sup> Though movement is limited, due to cramped quarters, the baby's kicks are stronger, and mom may be able to feel an elbow or heel against her abdomen.<sup>21</sup>

## 9th Month (33-36 Weeks)

Gaining one half pound per week, the baby is getting ready for birth. The bones in her head are soft and flexible to more easily mold for the journey down the birth canal.<sup>22</sup> Of the 45 generations of cell divisions before adulthood, 41 have already taken place. Only four more come before adolescence. Ninety percent of a person's development happens in the womb.<sup>23</sup>

**"EACH OF US HAS A VERY PRECISE STARTING MOMENT WHICH IS THE TIME AT WHICH THE WHOLE NECESSARY AND SUFFICIENT GENETIC INFORMATION IS GATHERED INSIDE ONE CELL, AND THIS IS THE MOMENT OF FERTILIZATION."**

— World renowned geneticist, the late Dr. Jérôme Lejeune



11 WEEKS



20 WEEKS



LEGALLY PROTECTED

<sup>1</sup> American Baby. 1989. | <sup>2,8,10</sup> Mayo Clinic Family Health Book. 2003. | <sup>3,11</sup> Moore and Persaud. *The Developing Human*. | <sup>4</sup> JAMA. 1964. | <sup>5</sup> Langman's Medical Embryology. 1995. | <sup>6</sup> Early Human Development. 1985. | <sup>7,16</sup> The Gale Encyclopedia of Medicine. 2nd ed. | <sup>9</sup> Valman & Pearson. *British Medical Journal*. | <sup>12,14</sup> Flanagan. *Beginning Life*. | <sup>13</sup> Cunningham, MacDonald et al, *Obstetrics*. | <sup>15,19</sup> Clinical Reference Systems Annual 2001. | <sup>17</sup> JAMA. 2009. | <sup>18,20,21,22</sup> Ibid. | <sup>23</sup> Sassone, Robert L. "Interview with Prof. Sir A. William Liley." *The Tiniest Humans*. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)





### *Emergency Contraception - Plan B (The Morning-After Pill)*

Emergency Contraception (EC) contains synthetic progesterone (not to be confused with naturally occurring progesterone) and is a large dose of the common birth control pill, designed to be taken as a single dose within 72 hours after “unprotected sex.”

EC works in three ways. First, it attempts to stop ovulation. Depending on where a woman is in her cycle, ovulation may or may not have already occurred before EC was taken. Second, EC attempts to stop fertilization by impeding the transportation of the sperm to the egg. Third, EC tries to stop implantation by altering (thinning) the endometrium (lining of the uterus) so the embryo cannot implant and receive nourishment from the mother.

The first two methods are contraceptive, but if they fail, the third method can cause an abortion because it occurs after fertilization.<sup>1</sup>

### *ella - Ulipristal Acetate (UPA)*

Ella is a selective progesterone receptor modulator (SPRM). SPRMs block the action of the hormone progesterone, which is necessary for ovulation and implantation to occur. Progesterone also maintains the lining of the uterus and supports the embryo. Currently, the only other legal SPRM drug available in the United States is RU-486 (mifepristone). Although ella acts similarly to RU-486, it is being billed as an emergency contraceptive.<sup>2</sup> Ella is designed to be taken as a single dose within 5 days of “unprotected sex.” It is thought to inhibit and delay ovulation, attempting to prevent fertilization. However, ovulation may or may not have already occurred before ella was taken. Ella also alters the lining of the uterus, which, if fertilization occurs, can prevent an embryo from implanting, causing an abortion.<sup>3,4</sup>

### *RU-486 - Mifeprex (The Abortion Pill)*

Mifeprex blocks the action of the hormone progesterone which is needed to maintain the lining of the uterus and provides oxygen and nutrients for the baby. Without it, the baby dies. Mifeprex is used in conjunction with the drug Cytotec (misoprostol), which is taken two days after Mifeprex, causing uterine bleeding (sometimes profuse), strong contractions, and expulsion of the baby.

The pregnant woman first visits the abortionist to obtain the Mifeprex pills, returns two days later to receive misoprostol, and returns a third time to verify that the abortion is complete. The failure rate of this method is about 8 percent if the pills are taken within 7 weeks and up to 23 percent at 8-9 weeks. If the baby survives the abortion, there is a high risk that he or she will suffer mental and/or physical birth defects from the misoprostol.<sup>5,6</sup>

### *Vacuum Aspiration*

In this first trimester procedure, the abortionist inserts a hollow plastic suction tube into the dilated cervix. The uterus is emptied by either a manual syringe or high-powered suction machine. The baby is torn into pieces as he or she is pulled through the hose.<sup>7,8,9</sup>

### *Dilation and Suction Curettage (D&C)*

This is similar to the vacuum aspiration but is generally used after 14 weeks. After the baby is suctioned out of the uterus the abortionist inserts a curette, a loop-shaped steel knife, into the uterus. With this the abortionist cuts the placenta and umbilical cord into pieces and scrapes them out into a basin. The uterus is again suctioned out to ensure that no body parts have been left behind. Bleeding is usually profuse.<sup>10</sup>

### *Dilation and Evacuation (D&E)*

Once the cervix is dilated considerably farther than in first trimester abortions, the abortionist inserts a narrow forceps that resembles a pliers. This instrument is needed because the baby's bones are calcified, as is the skull. The abortionist inserts the instrument into the uterus, seizes a leg or other part of the body and, with a twisting motion, tears it from the baby's body. The spine is snapped and the skull crushed. Body parts are then reassembled and counted to make certain that the entire baby has been removed and that no parts remain in the womb.<sup>11,12,13,14</sup>

### *Induction or Prostaglandin Abortion*

Labor is induced using prostaglandin drugs, and the cervix is dilated. To ensure the baby will be dead upon delivery and to start uterine contractions, the abortionist may inject saline (salt water) or urea (a substance found naturally in urine and blood). To guarantee against a live birth and legal complications, doctors will inject the drug Digoxin or potassium chloride directly into the baby's heart to kill the child before delivery. Other times the baby is delivered alive and left without medical intervention until he or she dies.<sup>15</sup> This method is used in the second or third trimester.<sup>16</sup>

### *Dilation and Extraction (D&X)*

After the mother undergoes two days of dilation, the abortionist performs an ultrasound to locate the child's legs and feet. The abortionist then uses a large forceps to grasp one of the baby's legs. He pulls firmly, forcing the child into a feet-down position.

Using his hands instead of forceps, the abortionist delivers the baby's body in a manner similar to a breech birth. The baby's head remains inside the birth canal. The abortionist uses surgical scissors to pierce the child's head at the base of the skull. The scissors are forced open to enlarge the skull opening. The abortionist then inserts a suction catheter into the brain and vacuums out the child's brain tissue with a machine 29 times more powerful than a household vacuum.<sup>17</sup>

<sup>1</sup> WebMD. May 2013. | <sup>2</sup> Food and Drug Administration. May 2010. | <sup>3</sup> HRA Pharma. 2010. | <sup>4</sup> Ibid. 2009. | <sup>5</sup> National Abortion Federation. 2006. | <sup>6</sup> RU-486Facts.org. 2008. | <sup>7</sup> American Pregnancy Association. 2006. | <sup>8</sup> National Abortion Federation. 2008. | <sup>9</sup> Ibid. | <sup>10</sup> American Pregnancy Association. 2006. | <sup>11</sup> National Abortion Federation. 2008. | <sup>12</sup> National Abortion Federation. 2007. | <sup>13</sup> American Pregnancy Association. 2006. | <sup>14</sup> Web MD. 2006. | <sup>15</sup> Testimony of Jill Stanek, RN. U.S. House of Representatives. 2001. | <sup>16</sup> WebMD. 2006. | <sup>17</sup> American Pregnancy Association. 2006.



## Reflections of an Ex-abortionist Noreen Johnson, M.D.

The process of becoming an abortionist is an insidious one that begins with early indoctrination. Sex education introduces students to contraception and abortion as a choice if an unwanted pregnancy arises out of failed contraception. When a medical student is told she has to observe an abortion and then do one before she teaches one, desensitization is in progress. Once the unborn baby is dehumanized, it is easy for the doctor to rationalize that he is a benevolent protector of women's rights, one of only a few who would make the sacrifice to deliver a woman out of a crisis situation. The universal ethic of mutual benefit that says one human being should not benefit at the expense of another is no longer credible. He thrives on self-justification, having completely lost his sense of right and wrong, and becomes morally and spiritually bankrupt.

A recent study found that 79% of Planned Parenthood abortion facilities are located in the inner city and in neighborhoods where poor and minority people live.<sup>1</sup> It is easy for these facilities to provide substandard care, where accurate medical records are not kept and post-abortion follow up virtually doesn't exist. Patients are told that if a complication develops they should go to the nearest emergency room. The employees of abortion facilities are well paid and are trained to coerce undecided patients into having an abortion that very same day if possible. The personality of these same facility employees often changes once the patient is on the examination table, and especially if any attempt is made to resist or complain during the procedure.

Abortion is a multi-billion dollar industry. Government grants and contracts provide \$540.6 million to Planned Parenthood annually.<sup>2</sup> Entrepreneurial business types, hired doctors, and facility employees profit handsomely from the abortion industry. An

abortion doctor is paid cash up front before any service is rendered. Working only 4 hours per day and only 4 days a week, a doctor performing thirty first trimester abortions per day, each costing \$500, can easily gross \$60,000 per week. Imagine the profit for second trimester abortions costing \$1,000, and third trimester abortions costing upward of \$3,000 each. The abortion industry also provides fetal tissue for stem cell research, organ and tissue transplantation and harvesting, and ultimately human cloning.

The abortion issue is politically charged and is a major factor in nominating political candidates, determining Supreme Court appointees, and influencing international policies. The United Nations aid programs have now become a source of extortion for third world countries striving to maintain their anti-abortion stance. So what causes a dehumanized physician to stop doing abortions? The prayers of the righteous. An abortionist's heart is so hardened that no words, no picketing, no human effort can change it. She may also desire to practice mainstream medicine because primary care OB-GYN physicians who practice abortion do not usually have a decent reputation or a thriving medical practice. Abortionists bear the scourge of being the scum of the medical profession. The average woman would not choose an abortionist as her primary care physician.

Even after the Lord changes an abortionist's heart, there is a process of rehumanization that must occur in order to bring healing and reconciliation for years of perpetrating the ugliest of crimes against humanity.

Dr. Noreen Johnson is a former abortionist. She now serves as the Education Coordinator for LEARN, Inc. To contact Dr. Johnson, call 910-488-9936 or visit [www.learninc.org](http://www.learninc.org).

<sup>1</sup> Protecting Black Life. 2012. | <sup>2</sup> Planned Parenthood. 2013. | \*For full citations, visit [www.humanlife.org](http://www.humanlife.org)





# A Planned Parenthood Insider Speaks Out.

Dr. La Verne Tolbert

As a pastor's daughter, I knew little about abortion but believed that every woman had a "right to choose." When abortion became legal in 1973, many felt that women had finally been granted a certain freedom. Yet how many of us knew exactly how abortions were performed?

I became involved with Planned Parenthood (PP) through a group called the Coalition of 100 Black Women. When a speech I made at an international conference received media coverage, I was invited to join the Planned Parenthood board.

After attending a number of board meetings, I noticed that several board members arrived in chauffeured limousines. I wondered why these men of wealth were so interested in people who lived in the inner-city.

The majority of the board members were male, and the handful of women appeared to be much older than my twenty-seven years. I was the only person of color on the board.

During the course of my five-year tenure, we received a lot of literature discussing population control and concern for the growing number of poor people in the United States and developing countries. As a black woman, I wondered why abortion was more necessary for my ethnic group and why this organization fought so hard to give us this particular "right" when the rights for better education, better jobs, and better housing seemed paramount to me.

Continuing on the board, I learned about the biggest challenge that PP of New York City faced. For every abortion that was performed, the Department of Health had to issue a death certificate. Death certificates? Did that mean the babies were alive? As board members, we were required to understand abortion procedures. The viability debate ended for me when I read documents detailing how abortions were performed. (See p.5)

I came to the next meeting horrified, shaking with disbelief, and filled with protestations. Holding up the papers, I said that these procedures were traumatic for both the mother and her baby. An older woman sitting across from me looked me coldly in the eye and said, "It is not traumatic!" I was stunned by her insensitivity and chilled by her icy stare. I was on the verge of resigning from

the board but thought "Who will speak up if I leave?" I remained until 1980, determined to be a thorn in their side and often cast the lone opposing vote.

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## Targeting our children

In 1972, a government commission to study population growth recommended that states eliminate legal restrictions and make contraceptives available to minors in schools. Teachers and school administrators were to

rewards for motherhood<sup>3</sup> were to be the primary focus of fertility-related services.<sup>4</sup> Although African Americans are only 13% of the population, SBCs are concentrated in schools that are attended by black children.<sup>5</sup> Reversal of parental consent laws in 1977 allowed the SBC staff to remove a girl from school for an abortion without informing her parents. Planned Parenthood instructs the student that she does not have to inform her parents about an abortion or sterilization.<sup>6</sup> While school nurses may not give a child an aspirin without her parent's consent, SBC nurses perform pelvic examinations and prescribe medications.<sup>7</sup>



receive training and curriculum integrated with family planning information.<sup>1</sup> Shortly after, African American teenagers from single-parent homes were identified as high-risk of pregnancy and in need of specialized services through school-based clinics (SBCs).<sup>2</sup> Researchers also documented that since whites managed to avoid illegitimacy, African American adolescents who were given social

La Verne Tolbert, PhD, has over 35 years experience in the field of teen pregnancy prevention.

This article is excerpted from her book, *Keeping You & Your Kids Sexually Pure: A How-To Guide for Parents, Pastors, Youth Workers, and Teachers* (Xlibris). To contact her, email [drtolbert@teachinglikejesus.org](mailto:drtolbert@teachinglikejesus.org).

<sup>1</sup>Population and the American Future. 1972. | <sup>2</sup>American Journal of Public Health. 1974. | <sup>3</sup>Family Planning Perspectives. 1974. | <sup>4</sup>Family Planning Perspectives. 1974. p. 91-97. Family Planning Perspectives. 1974. p. 74-80. | <sup>5</sup>U.S. Census Bureau. 2013. | <sup>6</sup>Journal of Pediatric Health Care. 1992. | <sup>7</sup>Tolbert, L. Keeping You & Your Kids Sexually Pure: A How To Guide for Parents, Pastors, Youth Workers, and Teachers. 2007. [www.xlibris.com](http://www.xlibris.com) | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)

## "I DON'T HAVE A CHOICE."

### You DO have a choice.

For women facing financial and emotional challenges, having the opportunity to examine their choices is essential. An unexpected pregnancy is certainly life-changing. It's understandable for a woman to experience stress, anxiety, and confusion about her options, about who to trust and where to get help, but she should never feel she doesn't have a choice.

Thankfully, pregnancy care centers are there to help. A pregnancy care center is a place where girls and women who are, or might be, pregnant can find trained, caring, dedicated, and supportive people to provide free pregnancy testing, counseling and assistance for challenges faced by the family.

Through the pregnancy care center, she will receive on-going counseling, baby supplies, birthing classes, nutrition classes, parenting classes, financial assistance, assistance connecting with other social services and more. All of this support is provided free of charge.

The pregnancy care center counselor will listen to her needs and ideas, and encourage her to make the healthiest choices possible for her and her child.

For women who have experienced abortion and are having difficulties coping physically and emotionally, pregnancy care centers also provide counseling in a safe and confidential environment.

If you or someone you know feels stuck without a choice, a pregnancy care center is the perfect place to find solutions, clarity and experienced people who care about you. Find one near you by calling 1-800-395-HELP, or visit [www.optionline.org](http://www.optionline.org).





# The Real Story: How Abortion Affects Families

**Denise's Story...** I should have been playing with dolls. Instead, I was playing with the notion of having sex fully armed with free birth control from our neighborhood Planned Parenthood and eager to lose my virginity all by the age of 12.

Like so many, I too was taken captive by the free love movement and the Pandora's box opened by my seventh grade sex education classes. Encouraged by media and pop culture, we were given the green light to adopt the requisite loathing of traditional values of purity and abstinence until marriage, in order to live the life we wanted.

College dorm life was a sexual free-for-all. By age 25, I had been with 49 sex partners, aborted 3 babies (what a sanitized way of saying that I killed 3 people), contracted one STD, and became part of an ill-fated marriage.

Throughout my adolescent, college and young adult years I was spiritual, but not moral. I was my own god, and I worshipped myself. I made up the rules. I was determined to have my career and fulfill my mandate. Nothing, no one, and no circumstance was going to stop me. Life was about having fun without consequences. With racial and sexual roadblocks gone, abortion was my guaranteed ticket to the American dream of endless fun and prosperity: two kids, suburban home, cruise ship vacations, camper, boat, and a dog.

The initial relief I felt after the abortions was supposed to last forever, but immediately following the third abortion, a deep, unconscious rage gained fervor and began to silently roar. I coped by following my boyfriend (who later became my husband) Brian's advice to forget about it, let's not talk about it anymore, and dismissed my pain. Inwardly, I was appalled, but outwardly his advice seemed right since all that was lost were blobs of tissue, right?

*I tried over and over again to get on with the American dream, but it continued to elude me. I had unknowingly joined the ranks of the millions of post-abortive walking wounded, and it put my life into a total subconscious tailspin for the next 20 years.*

The first 17 years of my marriage were plagued with emotional firestorms. Where was all this rage coming from? Why couldn't I seem to get on with life, or get my life in order? My husband is a faithful, hard-working, kind, loving, and handsome man, yet I could not stand the sight of him. Four months prior to our African wedding, he abdicated his role as my hero and protector by insisting on the abortion of our first child together. To make matters worse, after the birth of our first child a year later, he sent me to the welfare office. Wasn't abortion supposed to keep me off of welfare and propel me into the American dream?

Even though I unconsciously despised him for it and blamed him for everything that was wrong with our lives, I did not realize until many years later how tortured, fractured, and bleeding both of us were because of our abortions.

Day after day I wandered around in a hopeless sea of silent, unconscious grief – hating my husband – but hating myself more. I finally got to go to law school, but I ate my way through it and gained 100 pounds more. Suicidal thoughts frequently rattled through my brain; not because I wanted to die, but because I just wanted to stop the pain.

Somehow on my way to the American dream it did not even dawn on me that the Creator built into me the instinctual capacity to nurture and raise children, and that by killing my own I would be left with a broken heart, a bot-

tomless pit of emptiness, shame, rage, remorse, and regret.

The good news is that God led me and Brian to support groups where compassionate men and women helped us to recognize that post-abortion trauma is a real wound that causes deep pain and suffering. They lovingly administered the aid and help we needed to be healed and made whole again. I can never bring my babies back, but I can warn others that abortion is not the solution you think or have been told it is. Abortion will destroy whoever you are inside and your baby. Like a cancer, it will grow and attach itself to others in emotional and spiritual places you would never dream possible. This cancer has reduced the African American population by 47%.<sup>1,2</sup>

If you've had an abortion, find a support group. Rich in Mercy abortion recovery groups allow you to reconcile with God, and replace the death connection to your child with the eternal life connection.

<sup>1</sup> Centers for Disease Control and Prevention. 2010. <sup>2</sup> U.S. Census Bureau. 2013. | \*For full citations, visit [www.humanlife.org](http://www.humanlife.org)

**Brian's Story...** I was a stone cold, black nationalist and was proud to be called a brother. I did my share of sit-ins, protest marches, forums, and conspiracies. I would gladly have taken a bullet for my woman and for my race. When the time came to bring my contribution to nation building to life, brother-man ran with his tail between his legs, succumbing to fear and selfishness.

*I am a former co-conspirator to murder. I was so fearful and self-centered that I put my own flesh and blood to the knife on an abortionist's table in New York City.*

There are consequences when we abandon our God-designed role as provider and protector of our families. Whether you drove your wife/fiancée/girlfriend to the clinic as I did years ago or were an agreeable, non-present partner, something inside you died when your child died.

As for me, my manhood and self-respect died. The natural, God-given drive, leadership, and protection instilled in a man for his family died. I lost a son who would have been thirty-four this year. He would have been an older brother for my son and two daughters who are alive today. It did not stop there. Miscarriage, a common side effect of abortion, banged down my door and took my youngest daughter shortly after.

I lost the trust, respect, and deep companionship of my wife. We behaved more like roommates than spouses. For years she loathed the sight of me because I didn't have the courage to say, "let's get married, have this child, and have a life." Instead, I was derelict of all my manly duties and chose what I thought was the easy way out.

I remember my shame. I was unwilling to tackle the responsibility of raising a child and supporting a family. I wanted to continue shacking up and not pay any penalties. It was easy for me to buy into the lie the unborn is not a child even though I knew in my heart I was wrong.

How can a wife trust a husband who will end his son's life? What would people think of me if they knew? Questions like these weighed heavily on my mind. Like most men, I got on with life. I buried myself in causes, minis-



tries, vocations, newspapers, and recreation. All the while, self-hatred anchored me to my albatross mediocrity. This further pounded nails into my wife's heart and my own.

Maybe you're the father whose child was aborted without your knowledge or consent. Maybe you pleaded with the mother to keep the child or choose adoption, only to be told you had no right or say in the matter. You are the real brothers because you fought for your family! You survived the legally-imposed impotence that bludgeoned your fatherhood, leaving millions of our brothers grief stricken with rage searing through your heart like a hot branding iron. The day your child died, you died too.

Want a snapshot of America? The 1973 *Roe v. Wade* decision devastated the family and destroyed whole populations. African American men: Listen to me! 47% of our race is GONE.<sup>1</sup> I, and maybe even you, have contributed to the genocide of our own people!

That is why I am passionate about supporting abortion recovery ministries and strongly urge men to participate in one if you, your wife, or girlfriend have been involved with abortion. My wife and I were able to go through abortion recovery, and our marriage and family were restored. Individually, we have reconciled with God and our children, and have experienced a peace that permeates our hearts.

As black men, let us take responsibility and have the courage to say what I did not say many years ago: "Honey, let's do the right thing, believe God, and bring this child into the world as husband and wife."

Rev. Brian & Rev. Denise Walker founded *Everlasting Light Ministries* which is dedicated to exposing the lies about abortion, revealing the truth about its genocidal effects, and reestablishing the culture of marriage in the African American community. They co-authored and conduct *Rich in Mercy*, an abortion and miscarriage recovery program, and *Everlasting Love*, a marriage enrichment and restoration course. The Walkers are seasoned communicators appearing as guests and cohosts on radio; keynote speakers at statewide and local conferences and pro-life events; and seminar presenters.

To contact the Walkers, call 763-560-8383 or visit [www.ellm.org](http://www.ellm.org).

**"I am come that they might have life and that they might have it more abundantly."**

John 10:10(b)

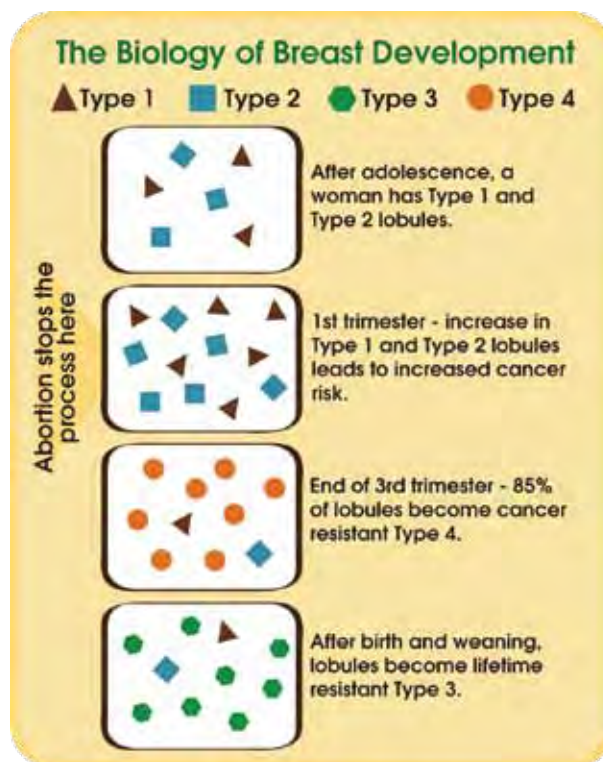
<sup>1</sup> Centers for Disease Control and Prevention. 2010. <sup>2</sup> U.S. Census Bureau. 2013. | \*For full citations, visit [www.humanlife.org](http://www.humanlife.org)



# ABORTION & BREAST CANCER

## A Woman's Natural Way of Resisting Breast Cancer

Women who experience at least one full-term pregnancy in their lifetime develop four types of breast lobules (a lobule is a unit of breast tissue consisting of a milk duct and glands). During adolescence, the majority of lobules are Type 1 and Type 2, which are immature and cancer susceptible. Throughout the first half of pregnancy, the number of Type 1 and 2 lobules rapidly increase. As a result, breasts have more sites for cancer to start. In the second trimester, the breast lobules start maturing into Type 4 lobules, which produce milk and are cancer resistant. By the end of the third trimester, about 85% of the breast has fully matured. Only about 15% of the lobules remain immature and cancer susceptible, leaving fewer places for cancer to start. After birth and weaning, Type 4 lobules regress to Type 3. There is evidence of permanent changes in the genes of Type 3 lobules which provide life-long cancer resistance.



### How does abortion affect this process?

A premature delivery before 32 weeks doubles the risk of breast cancer because it leaves the breast with more places for cancer to start. In the same way, abortion also stops the progression of breast lobule development. This prevents the development of Type 4 and subsequently Type 3 cancer resistant lobules. Induced abortion of a normal pregnancy results in increased risk of breast cancer for the mother since more Type 1 and 2 lobules remain.

### What about miscarriages?

Approximately 90% of miscarriages occur in the first trimester. However, the vast majority of natural miscarriages in the first trimester do not increase the risk of breast cancer. In these cases, pregnancy hormones are lower than those of a normal pregnancy due to either a fetal or ovarian abnormality. Therefore, a breast may not have grown more Type 1 and 2 lobules (sites where cancer starts) in response to pregnancy hormones, or at least very few.

Adapted with permission from: Breast Cancer Prevention Institute. Reproductive Breast Cancer Risks and Breast Lobule Maturation. 2007. | Breast Cancer Prevention Institute. Breast Cancer Risks and Prevention: Fourth Edition. 2007. |\*For full citations visit [www.humanlife.org/did\\_you\\_know.php](http://www.humanlife.org/did_you_know.php). Recommended Resources: See [www.bcpinstitute.org](http://www.bcpinstitute.org) and [www.abortionbreastcancer.com](http://www.abortionbreastcancer.com)

# ABORTION & PREMATURE BIRTH

Dr. Martin J. McCaffrey



Prematurity, defined as a birth prior to 37 weeks gestational age, is one of the most challenging public health issues in America. Nearly 13% of all babies born in the United States are born preterm. The U.S. preterm birth rate has risen 38% between 1980 and 2008.<sup>1,2</sup> In developed nations, pre-mature birth is the leading cause of death in newborns. While medical advances allow for infants as young as 22 weeks to survive, surviving premature infants are at risk for multiple complications. The complication rate is highest for those that are very preterm births, or VPBs (<32 weeks), and increases dramatically at the youngest gestational ages. The severe long term complications can be devastating and include autism, vision impairment or blindness, cerebral palsy, and mental retardation.

While preterm birth rates have soared nationally, there are clear disparities in the effect this epidemic has had on different racial and ethnic communities. The African

American community has been the most severely affected. From 2004-2006 the rate of prematurity in the black community was 18.3%. The rate for hispanics was 12.1%, and whites, 11.6%. More distressing is the disparity in the rates of very preterm births, the smallest and most vulnerable babies. The rate of such deliveries is 4.1% for blacks, 1.8% for hispanics, and 1.6% for whites. The black community suffers a VPB rate that is nearly three times that of other groups.<sup>3</sup>

Preterm birth does not appear to have a single cause or a single cure. One association which is little discussed but scientifically demonstrated is that of abortion and prematurity. Eighteen

studies have shown a statistically significant increase in the risk for VPBs in women who have had a prior induced abortion.<sup>4</sup> Similarly, studies have shown an even higher risk for VPB in women with a history of multiple induced abortions.

In 2009 two studies were published that employed rigorous meta-analysis techniques to review 41 prior studies of abortion and prematurity. The first study determined that a single prior induced abortion increases the risk of a future VPB by 64%.<sup>5</sup> The second reported that a single prior induced abortion increases the risk by 35%, while more than one induced abortion increases the risk by 93%.<sup>6</sup> The established scientific association between abortion and prematurity is sadly news to many, despite the fact that the literature regarding this link is larger and stronger than that for other commonly accepted associations with prematurity.

The rate of abortion of black infants is three times the rate of abortion for white infants.<sup>7</sup> The rate of VPBs in the black community is also near three times the rate experienced in other groups.<sup>8</sup> It is outrageous, given the current evidence, that this issue is never officially addressed by healthcare policy and political leaders. This crisis manifests itself not only in the high death rate for infants that are of VPB, but in lifelong disabilities that many of the smallest infants and their families endure.<sup>9</sup>

Following the publication of the 2009 meta-analyses, I told an obstetrical colleague that I felt the medical establishment had betrayed public trust by not communicating this risk of prematurity to women considering abortion. I was told that no one could expect an emotional woman considering an abortion to be capable of processing the potential impact an abortion might have on her distant, reproductive future. I responded that abortion is far from an emergency procedure, and even in true emergency cases where time is precious, we would consider it malpractice not to offer such information to a conscious and likely distressed patient.

Clearly others think differently, but I have no doubt that patients would prefer that they, not self-appointed medical caretakers, decide what impact the abortion-prematurity link might play in their future reproductive lives.

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<sup>1</sup> National Center for Health Statistics. 1982. | <sup>2</sup> March of Dimes. Accessed June 2010. | <sup>3</sup> Ibid. | <sup>4</sup> Journal of American Physicians and Surgeons. 2003. | <sup>5</sup> Journal of Reproductive Medicine. 2009. | <sup>6</sup> British Journal of Obstetrics and Gynaecology. 2009. | <sup>7</sup> Centers for Disease Control and Prevention. 2009. | <sup>8</sup> March of Dimes. op. cit. | <sup>9</sup> Journal of Reproductive Medicine. 2007. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)



# What have you heard about ADOPTION?

If you're not ready or able to be a parent, adoption can be a positive solution for you and your baby. You can research adoption without obligation and find out that adoption isn't "giving your baby away." It's vital to learn the facts about open adoption.

## Today in the U.S., millions of people are touched by adoption.

Open adoption has changed the way parents see the options when facing unplanned pregnancy.

Knowing the realities of adoption today can dispel the myths and African American woman hears when deciding what to do about her and her baby's future after an unplanned pregnancy.

It's vital that a woman understand the facts about adoption before deciding if it would be a good solution for her situation. With proper support, adequate resources, counseling, and time to decide, a woman facing an unexpected pregnancy can make a plan through adoption to provide a life for her baby and pursue goals for her own future.

For the latest information  
about open adoption:

1-800-923-6784

AfricanAmericanAdoptionsOnline.com

Biracial-Adoptions.com

Request a free book recommended for ANY  
woman facing unplanned pregnancy at:

FreeAdoptionBook.com

## Myth: There aren't families who want to adopt black babies.

**Fact:** In the U.S. there are adoptive parents of all backgrounds hoping to adopt an African American or biracial baby. A woman can choose from a variety of African American and biracial adoptive parents, as well as Caucasian parents who have previously adopted transracially, or who are childless and hoping to adopt a child of any race. EVERY child is adoptable!

## Myth: My baby won't have a healthy life growing up with parents who aren't like him.

**Fact:** Whether her concern is facial differences or love and acceptance from parents who are not biologically related to her child, with adoption, a woman can choose to ask questions and get to know prospective adoptive parents BEFORE deciding if adoption would be a good plan. Adoptive families have also been prepared for and approved by licensed social workers for adoptive parenting.

## Myth: Our family doesn't give babies away.

**Fact:** Informally, private adoption has long been a part of American family life, particularly with African American communities. Children have grown up with parents who are technically aunts, grandparents, siblings, neigh-

bors, or close loved ones. Open adoption allows for the same close relationship to develop before a child is born. Many birth parents share a feeling of extended family when they describe their relationship with their child's adoptive family.

## Myth: If I had faith, God would provide a way for me to raise my baby on my own.

**Fact:** There are many times when a woman facing unplanned pregnancy receives confusing advice from her church, family or pastor. Sometimes God's solution is not for a mother to parent her child directly at this time in her life. He won't always make available a way for a mother to provide for her child. Through adoption, a woman can provide a life for her baby if she is unable or does not want to parent. Adoption is a loving choice, a choice of faith, hope and redemption.

## Myth: I'd never forgive myself.

**Fact:** Women who choose abortion report greater incidents of guilt, self-doubt, and regret than do women who made adoption plans. Through adoption, there is FREE counseling available, both before a woman makes her decision and for life after an adoption. She can even talk with other birth mothers for their experience and support. With open adoption, a woman can find peace knowing how her child is doing and seeing the family she helped to create.



# Waiting for Mr. Right

Lakita Garth Wright

Believe it or not, I married Mr. Right. Actually his last name is Wright, but he's truly Mr. Right in every conceivable way. This may sound cliché, but after waiting for 30-some years, I have to say he was definitely worth the wait! I waited a long time—I mean, I *really* waited. And I was amazed at the number of men that far outnumbered the women as some of my biggest cheerleaders in encouraging me to "wait for Mr. Right."

Of course most of them thought *they* were Mr. Right. Through it all, I was actually a virgin when I got married. Sadly these days you have to define what type of virgin you are and thus I can proudly say that I was a virgin in the purest sense of the word (pun intended). However, I don't at all mean the "I am better than you" definition of proud that most people would expect. I'm referring to the last woman standing on the final episode of *Survivor* type of proud. You know, the same feeling you had when you got straight A's, bought your first car, or lost 25 pounds.

It is often said, and often true, "don't mistake innocence for lack of opportunity." This was not true in my case. I've been pursued by a Who's Who of professional athletes, entertainers, and eligible bachelors of different races. I know the greatest determinants of my remaining a virgin until "I do" were my priorities, personal conviction, and plain common sense.

As a single lady, I was president and CEO of my own company. If you wanted to apply for the position of janitor, you had to fill out an application with your full name and previous employers and get a criminal background check. I

required this all before you even got a personal interview! And this was just to clean my toilet. Why would I expect anything less from someone with whom I'm going to take off all my clothes and have sex? At least I knew the real name and address of the janitor who serviced me last week, which is more than the cast of *Sex in the City* required of their liaisons.

I never felt that I had to have a man in my life to be happy and fulfilled. I found my greatest fulfillment in serving, whether it was by helping orphans in Africa, building water projects, or being an advocate for youth.

Therefore, I never felt thirsty in my search for Mr. Right or settled for a series of Mr. Right Nows. Was I ever lonely? Rarely, but I knew I was never alone. Didn't I desire male companionship? Of course, and I had countless male friends, always knowing that the friendship that caught on fire would be the one, and it was. I've been happily married several years now to "Mr. Wright," and I always remind him that this now makes me "Mrs. Always Wright."

Lakita Wright is a speaker, social commentator, and author of *The Naked Truth: About Sex, Love, and Relationships*. She is a consultant to Hollywood, the U.S. government, and several other nations on HIV/AIDS, teen pregnancy, and the impact of media on youth culture. She is currently involved in television production and resides near Chicago, Illinois.







# The Urgency of NOW

Pastor Luke Robinson

We are at a very critical time in the history of our nation. It is a time when we cannot put off doing the right thing and doing it *right now*. America is in jeopardy of total destruction, and the greatest enemies to its freedom, liberty, and the right to life are many of its elected leaders. We have lost our moral compass, and we are adrift in a sea of moral and spiritual decay. We have become a nation that will fight to deny civil rights to children in the womb. In March 2010, our elected leaders passed a so-called health reform bill that funds the killing of innocent babies. The question is: where are the civil rights for these children? During the last 41 years, more than 56.4 million children have been killed by abortion.

Consequently, countless women, men, and families have been hurt and destroyed by the lie called *"a woman's right to choose."* The African American community has been devastated by abortion. It is predicted that in the year 2050 we will make up less than 13% of the population.<sup>1</sup> In fact, that's where we are now. We are dying while most of us wallow in self-denial. Abortion is our number one killer and enemy. We would still be the largest minority in this country if over 18.43 million of our precious seed had not been killed by abortion.<sup>2,3</sup>

**RIGHT now we need  
God-fearing leaders who are  
NOT AFRAID TO STEP UP AND SAVE  
America from itself.**

It must be done and it must be done now! The *very* existence of this nation as a fortress of freedom is at stake. America, with all of its imperfections, is still the best hope of a people crying for freedom and life.

There is truly a radical element that is in power today. It is one that denies the founding truths that have made this nation a haven for the broken, the poor, and the lost. The new agenda is one of ungodliness and deception. It would choose a so-called "health care plan" at the expense of killing children. We must organize and defeat these folks at the polls. We must retire them immediately from the halls of government whether they are Democrats, Independents, Republicans or any other party. Another child killed is just one too many.

The founding documents of this country are rich with the truth of God's Word, and we must use these truths as the compass that will guide us out of this bloody and thick darkness. The Bible says, *"When the righteous are in authority, the people rejoice; but when the wicked bears rule,*

*the people mourn."* -Proverbs 29:2 (KJV). We, with bleeding hearts, are mourning for our country and for our freedom. We must go to the polls and vote to remove these wicked and radical ones from destroying our nation. **RIGHT NOW THERE IS AN URGENCY. TIME IS NOT ON OUR SIDE! WE cannot put it off any longer. WE MUST DEFEAT THEM AT THE POLLS!** We will never rejoice again until righteousness is in the hearts of our elected officials. *"Blessed is the nation whose God is the LORD."* -Psalm 113:4 (KJV)

Pastor Luke J. Robinson is the Pastor of the Quinn Chapel African Methodist Episcopal Church (A.M.E.C.), Frederick, Maryland. He is also the Director of The Voice of Truth and Life Ministries, the Coordinator for the A.M.E.C. Prison Ministry in Western Maryland. To contact Pastor Robinson, email [voiceoftruthandlife@juno.com](mailto:voiceoftruthandlife@juno.com)

<sup>1</sup> U.S. Census Bureau. 2013. | <sup>2</sup> Centers for Disease Control and Prevention. 2010. | <sup>3</sup> Guttmacher Institute. 2011. | \*For full citations, visit [www.humanlife.org](http://www.humanlife.org)



## Watchman to Watchmen: An Appeal to Pastors

Pastor Arnold Culbreath

God declares through the prophet Isaiah in Isaiah 62:6, "I have set watchmen upon thy walls, O Jerusalem, which shall never hold their peace day or night: ye that make mention of the LORD, keep not silence."

According to the Bible, as well as extra-biblical sources, watchmen of old were those appointed to be the instructors of God's people and the ministers of God's teachings. (Ezek. 3:17; 33:7; Isa. 52:8; 56:10).

To this day, the watches in the East are performed with a loud cry as the watchmen go about their rounds. This is done frequently in order to mark the time and also to show that they are awake to their duty. The truth taught here is that we who are appointed as overseers of the people of God and ministers of God's teachings should be ever watchful and unceasing in carrying out our duty.<sup>1</sup>

Furthermore, watchmen who faithfully stood guard on their walls were expected to never hold their peace. We are watchmen on the church's walls, for the church is as a city besieged. It is our God-given responsibility as sentinels on the walls to take notice and warn the people of the motions of the enemy. As watchmen, it is necessary that you and I remain awake, faithful, and even willing to endure hardship when necessary. We must never hold our peace; we must seize every opportunity to give warning in season and out of season, and we must never betray the cause of Christ by a treacherous or cowardly silence. We must pray and not faint, as Moses lifted up his hands and kept them steady until Israel had obtained the victory in battle over Amalek (Ex. 17:10,12).<sup>2</sup>

For whom do we watch, and what should be our cry? We watch over the lives of God's precious people, and one of our cries should be in defense of the many, defenseless, black babies legally dying at a rate of approximately 1,078 *every day* in the United States.<sup>3,4</sup>

If you've read Akua Furlow's article Reproductive Racism (p.3), then you realize that Planned Parenthood (PP) was founded by those intent on destroying us. Now their successors perpetuate that agenda and have successfully convinced us that it is good to destroy ourselves. According to Protecting Black Life, a recent study found that 79% of Planned Parenthood's abortion facilities are located in minority communities.<sup>5</sup>

The forces of darkness, through Margaret Sanger and her Negro Project, were successful at infiltrating our community by way of black pastors and ministers, resulting in the deaths of over 18.43 million of our babies, and counting!<sup>6</sup>

***I firmly believe God deeply desires to close this door using the very ones who opened it...  
HIS WATCHMEN!***

We're living in tough times. Do you know one of the reasons the times are so tough? Because too many watchmen have avoided tackling the tough topics. Whether we address it or not, abortion is one of the predominant problems impacting African Americans today, and far too few of us realize how great a toll it has taken.

Our women account for 30% of all abortions, while only making up 13% of the female population of child-bearing age.<sup>7,8</sup> Our babies are dying by abortion at a rate of more than 393,700 each year.<sup>9,10</sup>

Abortion is the leading cause of death among African Americans. In fact, you can stack HIV-AIDS, violent crime, accidents, cancer, and heart disease one on top of the other and still not come close to the 18.43 million black babies that have died by abortion.<sup>11</sup> God expects His true watchmen to consistently carry out the same mission and mandate as Christ. Jesus reveals His kingdom mandate in Luke 4:18-19, "The Spirit of the Lord is upon me, because he hath

anointed me to preach the gospel to the poor; he hath sent me to heal the broken hearted, to preach deliverance to the captives, and recovering of sight to the blind, to set at liberty them that are bruised, to preach the acceptable year of the Lord. "Whether you know it or not, many women and men suffer from post-abortion stress long after their abortions.<sup>12</sup> As God's watchmen today, we have an incredible opportunity; to heal hearts broken by abortion; to assist in the deliverance of those held captive by abortion's aftermath; to help them to regain their sight and realize that there is still hope, directing them to resources for liberty from their captivity and bandages for their bruises! What will be your response to the truth presented in this article? I pray you will rise up and act...NOW! Proverbs 24:11-12 (NIV) says, "Rescue those being led away to death; hold back those staggering toward slaughter. If you say, 'But we knew nothing about this,' does not he who weighs the heart perceive it? Does not he who guards your life know it? Will he not repay each person according to what he has done?" May each of us truly be God's faithful watchman upon the walls, never holding our peace day or night, refusing to keep silent. Watchmen of today, working to close a door to our community, opened by watchmen of our past.

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<sup>1</sup> Barnes Notes, Electronic Database. (c) 1997 by Bible-soft. | <sup>2</sup> Matthew Henry's Commentary on the Whole Bible: New Modern Edition, Electronic Database. (c) 1991 by Hendrickson Publishers, Inc. | <sup>3</sup> Centers for Disease Control and Prevention. 2010. | <sup>4</sup> Guttmacher Institute. 2011. | <sup>5</sup> Protecting Black Life. 2012. | <sup>6</sup> Centers for Disease Control and Prevention. 2010 | <sup>7</sup> Guttmacher Institute. May 2010. | <sup>8</sup> US Census Bureau. 2013. | <sup>9</sup> Centers for Disease Control and Prevention. 2010. | <sup>10</sup> Guttmacher Institute. 2011. | <sup>11</sup> Centers for Disease Control and Prevention. 2010. | <sup>12</sup> See Reardon, David, Aborted Women: Silent No More, Crossway Books, Westchester, Illinois, 1987 or PAS: Post Abortion Syndrome, Are you at Risk? by David Reardon Ph.D. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)





# Breaking the Chains of INJUSTICE



## *It's a woman's choice!*

Is it really? Sixty-four percent of women in a 2004 study reported feeling coerced and forced into their abortions.<sup>1</sup> One study showed the leading cause of death among pregnant women is homicide.<sup>2</sup> In India and China, the preference for sons over daughters, coupled with China's one child policy and forced abortions, have led to gendercide—sex selective abortion of hundreds of millions of girls.<sup>3</sup> This problem is present in the United States, as well, among Chinese, Korean, and Native Americans.<sup>4</sup>

## *Not a good quality of life.*

Some people choose abortion because they do not want their child to enter a difficult family situation. We do not kill three year olds living in unhealthy environments. Instead, we try to help these children and their families. There are more than one million couples waiting, hoping, and praying for a chance to adopt.

## *Just a blob of tissue.*

Simple tissue does not have a beating heart, brain waves, fingerprints, or unique DNA. Medical science shows that human life begins at fertilization. The development of a human begins with fertilization, a process by which the spermatozoon from the male and the oocyte from the female unite to give rise to a new organism, the zygote.<sup>5</sup> After fertilization, nothing new is added to the baby except oxygen, nutrition, and time.

## *Unjustly threatens women's health.*

Countries with laws restricting abortion have the lowest maternal mortality rates. Malta has laws outlawing abortion and also has a maternal mortality rate of 8 deaths per 100,000 live births, the lowest in Europe.<sup>6</sup> The United States, with abortion on demand, has 21 deaths per 100,000 live births.<sup>7</sup> We should ensure that women have access to competent birth attendants and emergency care during their pregnancies.

## *Safe, legal, and rare.*

The end result of an abortion is a dead baby, along with potential complications for the mother such as cervical cancer, breast cancer, infertility, psychological pain, and even death.

Abortionists do not care if abortion is rare. Aimee Thorne-Thomsen of the Pro-Choice Public Education Project stated that the number of abortions is too low and said, "Safe – yes. Legal – absolutely. Rare – not the point."<sup>8</sup>

Contrary to popular arguments, legalizing abortion does not decrease its prevalence. In 1993, Poland passed a law making abortion illegal, and the number of abortions decreased from 15,000 per year to 174 per year by 2003.<sup>9</sup>

## *Threatens women's rights and freedoms.*

Our great American freedoms are freedom of speech, freedom of assembly, freedom of religion, etc. You will not find a right to abortion anywhere in the Constitution. We have come too far to reduce a woman's right to mean the right to kill her own children. As a society, we are anti-choice when it comes to theft, arson, murder, and a whole host of other unacceptable acts. Why should abortion be any different?

## *I'm personally opposed, but I can't tell others what to do.*

What if U.S. citizens had been willing to accept this justification for tolerating slavery? Our forefathers took away the rights of slave owners in order to give freedom and respect to African American people. Our youngest and most vulnerable are still slaves to the life and death decisions of others.

## *Cases of fetal deformity.*

Abortion for fetal deformities is a form of discrimination against disabled people and can lead to eugenics, purposefully working to remove unwanted traits from society by preventing the reproduction of those deemed to be weak or unfit. Recent U.S. studies have indicated that when Down Syndrome is diagnosed prenatally, 84% to 91% of those babies will be killed by abortion.<sup>10,11,12,13</sup> This happens despite waiting lists of people who would be willing to adopt a special needs child.

## *Elevates the number of back alley abortions.*

According to the Centers for Disease Control, 39 maternal deaths occurred due to illegal abortions in 1972 (the year prior to the Roe v. Wade decision that legalized abortion nationally).<sup>14</sup> Any loss of life is tragic, but this is nowhere near the deceptively high number of deaths the abortion industry claimed. Besides, in 1960, 90% of illegal abortions [were] "being done by physicians," said Dr. Mary Calderon, then medical director of Planned Parenthood.

<sup>1</sup> Medical Science Monitor. 2004. | <sup>2</sup> Journal of Midwifery & Women's Health. 2001. | <sup>3</sup> The Economist. March 2010. | <sup>4</sup> The New York Times. June 2009. | <sup>5</sup> Sadler, T.W. Langman's Medical Embryology. 1995. | <sup>6</sup> CIA World Factbook. 2011. | <sup>7</sup> Ibid. | <sup>8</sup> RH Reality Check. Apr. 2009. | <sup>9</sup> Center of Information Systems of Health Care. 2001-2003. | <sup>10</sup> Prenat Diagn. 1999. | <sup>11</sup> Am J Med Genet. 1998. | <sup>12</sup> Genet Med. 1998. | <sup>13</sup> GeneLetter. 1997. | <sup>14</sup> Centers for Disease Control and Prevention. 2007. | <sup>15</sup> Calderone, Mary. Illegal Abortion as a Public Health Problem. July 1960. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)



## The LONG TERM Effects of Abortion

- Women who abort can face hemorrhage that requires transfusion, perforation of the uterus, cardiac arrest, endotoxic shock, major unintended surgery, infection resulting in hospitalization, convulsions, undiagnosed ectopic (tubal) pregnancy, cervical laceration, uterine rupture, and death.<sup>1</sup>
- Women who abort are more likely to experience ectopic pregnancies, infertility, hysterectomies, stillbirths, miscarriages, and premature births than women who have not had abortions.<sup>2</sup>
- Pregnant women who abort have a 6 times higher rate of suicide than those who carry their babies to term.<sup>3</sup>
- Women who abort are 144% more likely to physically abuse their children.<sup>4</sup>
- Women who have undergone previous abortions have a 60% higher risk of miscarriage.<sup>5</sup>
- Women who aborted were 65% more likely to be at risk of long-term clinical depression.<sup>6</sup>
- Teenagers who abort are 10 times more likely to attempt suicide than teens who have not had an abortion.<sup>7</sup>
- In the U.S. each year 11%, or about 140,000 women, experience immediate medical complications from abortion.<sup>8</sup>

Read some personal accounts of abortion at <http://silentnomoreawareness.org/testimonies/index.aspx>

There is hope and healing after abortion:

Rachel's Vineyard: 877 HOPE 4 ME  
(877-467-3463)

National Hotline for Abortion Recovery:  
866-482-LIFE (866-482-5433)

**"When we said  
we would  
no longer sit  
on the back of the  
bus, a place was  
being reserved  
for us down at the  
abortion mill."**

— Dr. Alveda King

<sup>1</sup> Hern, Warren. Abortion Practice. 1990. | <sup>2</sup> Strahan, T. Detrimental Effects of Abortion. 2002. | <sup>3</sup> European J. Public Health. 2005. | <sup>4</sup> Acta Paediatrica. 2005. | <sup>5</sup> BJOG: An International Journal of Obstetrics & Gynaecology, Dec. 2006. | <sup>6</sup> Medical Science Monitor. 2003. | <sup>7</sup> Garfinkle, B. Stress, Depression and Suicide: A Study of Adolescents in Minnesota. 1986. | <sup>8</sup> Royal College of Obstetricians and Gynecologists (UK). 2000. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)



# We Shall Overcome...Abortion

Day Gardner



I was a young child when Dr. Martin Luther King died. Back in those days, race and lynchings were the hot topic issues of the day. My parents who often spoke in hushed tones so as not to frighten us, seemed somehow empowered in spite of it all. There was a sense that something very big and very important was happening all around me, especially in the South. I didn't

understand then what it all meant or how Dr. King's life and death would impact me.

Dr. Martin Luther King unified people in the 1960s, not only black people. His message was a simple one that broke through color barriers. As a man of God, he flew the bloodstained banner of righteousness!

With his untimely death, others who marched with him jockeyed for the new career opening: 'leader wanted' position, but it was obvious that no one could fill his shoes.

We have continued to make great strides in breaking down color barriers and the walls of inequality. We became doctors, lawyers, educators, movie stars, corporations and conglomerates.

But I worry that many of us in the black community have forgotten what the struggle was all about. In our quest for higher education, bigger houses, better jobs and flashier cars...are we closing our eyes to the fact that more than a thousand of our children continue to die each day by the horrible practice of abortion?

These children are denied their most basic human right—a right to life. Their civil rights trampled, their precious little bodies discarded like dung. What about the dream Dr. King so proudly worked for, marched for and ultimately died for? Sadly, when he died, much of the 'dream' died with him.

Even Jesse Jackson made powerful pleas to save unborn children but turned his back on them when they needed him most—when money and the need for campaign financing entered the picture.

Since that time, more than 56.4 million children have been killed by abortion—18.43 million of them were black children.<sup>1,2</sup> Abortion has become the number one killer of black people in this country, killing more African Americans than accidents, heart disease, stroke, crimes, HIV-AIDS and all other deaths ... COMBINED!

I wonder what Dr. King would say? It seems we are very quick as a people to recognize racism everywhere else except the one place that truly affects all of us. Most blacks will agree that racism is still very much alive, yet say nothing when abortion facilities are placed purposefully in minority and poor communities. More than 30% of all abortions are performed on black women. In New York City, 60% of all African American pregnancies end in abortion. Abortion is a billion dollar business and they need us to make their blood money.

If we as black people say "NO" to abortion, the industry will cease to exist. We must pick up the bloodstained banner of righteousness from that hotel balcony where Dr. King was slain.

We are the underground railroad of our time—and it's up to us to make abortion a terrible thing of our historical past. If we stand united against this horrific practice ... we shall overcome this, too!

Day Gardner is the founder and President of the National Black Pro-Life Union and Associate Director of the National Pro-Life Center on Capitol Hill. To contact her call 202-834-0844 or visit [www.nationalblackprolifeunion.com](http://www.nationalblackprolifeunion.com).

<sup>1</sup>Guttmacher Institute. 2005. | <sup>2</sup>Centers for Disease Control and Prevention. 2007. | <sup>3</sup>Guttmacher Institute. May 2010. | <sup>4</sup>Centers for Disease Control and Prevention. 2008. | <sup>5</sup>Guttmacher Institute. 2008. | \*For full citations visit [www.humanlife.org](http://www.humanlife.org)

**"Civil Rights begin  
in the womb"**

— Dr. Alveda King



Image courtesy of The Radiance Foundation & The National Black ProLife Coalition.