Shopping List

Bakery Breads ☐ White ■ Multigrain □ Bagels ☐ Whole-Wheat ☐ Focaccia □ Wraps ☐ Rye ■ Baguette ☐ Pita Dessert ☐ Pie Donuts Eclair ☐ Cake Cookies ☐ Tarts **Produce Vegetables** ☐ Onions Parsnip □ Tomato ☐ Garlic ☐ Kale ☐ Potato ☐ Carrot Lettuce Peppers ☐ Celery ☐ Cabbage **Fruits** ☐ Peach Pears Apples ☐ Plum Oranges **Canned and Dry Goods Canned Stuff** □ Beans ☐ Pasta Sauce ☐ Salmon ☐ Fruit Vegetables □ Tuna **Dry Goods** ☐ Flour Pasta Oatmeal ☐ Rice □ Sugar Cereal **Dairy** ☐ Fake Cheese Slices ☐ Milk ☐ Sour Cream ☐ Soft Cheese ☐ Coffee Cream ☐ Cream Cheese ☐ Aged Cheese ☐ Yogurt ☐ Cottage Cheese □ Blue Cheese **Snacky Stuff** ☐ Chips Popcorn ■ Nuts

□ Perogies □ Vegetables □ _____

☐ Granola Bars

☐ Ice Cream

■ Boxed Cookies

☐ Dip/Salsa

☐ Chocolate

Pizza

Frozen Stuff

☐ Finger Food