

# Style

# Style

## Light

Primary	Secondary		
Gray-900	#333333	Rust-600	#886363
Background	Surface		
Taupe-100	#F0EAE2	White-850	#FFFFFF / 85%
On Primary	On Secondary		
White	#FFFFFF	White	#FFFFFF
On Background	On Surface		
Taupe-800	#655454	Gray-800	#333333 / 80%

## Dark

Primary	Secondary		
White	#FFFFFF	Rust-300	#E1AFAF
Background	Surface		
Gray-900	#333333	White-150	#FFFFFF / 15%
On Primary	On Secondary		
Gray-900	#333333	Gray-900	#333333
On Background	On Surface		
Taupe-100	#F0EAE2	White-800	#FFFFFF / 80%

## Type

[fonts.google.com](https://fonts.google.com) ↗

### H1 / Kulim Park Light

28sp / 1.15 letter spacing

### H2 / KULIM PARK REGULAR

15sp / 1.15 letter spacing / CAPS

### H3 / Lato Bold

14sp / 0 letter spacing

### Body 1 / Lato Regular

14sp / 0 letter spacing

### BUTTON / LATO BOLD

14sp / 1.15 letter spacing / CAPS

### CAPTION / KULIM PARK REGULAR

12sp / 1.15 letter spacing / CAPS

## Shape

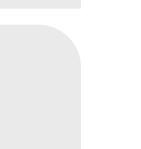
✖ This uses custom shape-to-component mapping



Small

TextField, Card

4 dp rounded



Medium

Button

16 dp rounded

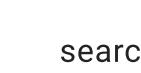
## Elevation



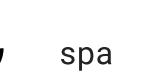
08 dp

Bottom navigation

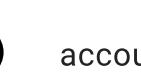
## Icons



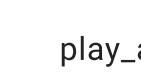
search



spa



account\_circle



play\_arrow

## Assets

### Descriptor and URL

[Short mantras](#) ↗

### Credits

Photo by Elizaveta Kozorezova from Pexels

[Nature meditations](#) ↗

Photo by Nothing Ahead from Pexels

[Stress and anxiety](#) ↗

Photo by Jim from Pexels

[Self-massage](#) ↗

Photo by Scott Webb from Pexels

[Overwhelmed](#) ↗

Photo by Ruvim from Pexels

[Nightly wind down](#) ↗

Photo by Jakub Novacek from Pexels

[Inversions](#) ↗

Photo by Chevanon Photography from Pexels

[Quick yoga](#) ↗

Photo by Agung Pandit Wiguna from Pexels

[Stretching](#) ↗

Photo by Cliff Booth from Pexels

[Tabata](#) ↗

Photo by Elly Fairytale from Pexels

[HIIT](#) ↗

Photo by The Lazy Artist Gallery from Pexels

[Pre-natal yoga](#) ↗

Photo by freestocks.org from Pexels

[Meditate](#) ↗

Photo by Elly Fairytale from Pexels

[With kids](#) ↗

Photo by Valeria Ushakova from Pexels

[Aromatherapy](#) ↗

Photo by Karolina Grabowska from Pexels

[On the go](#) ↗

Photo by Suraphat Nuea-on from Pexels

[With pets](#) ↗

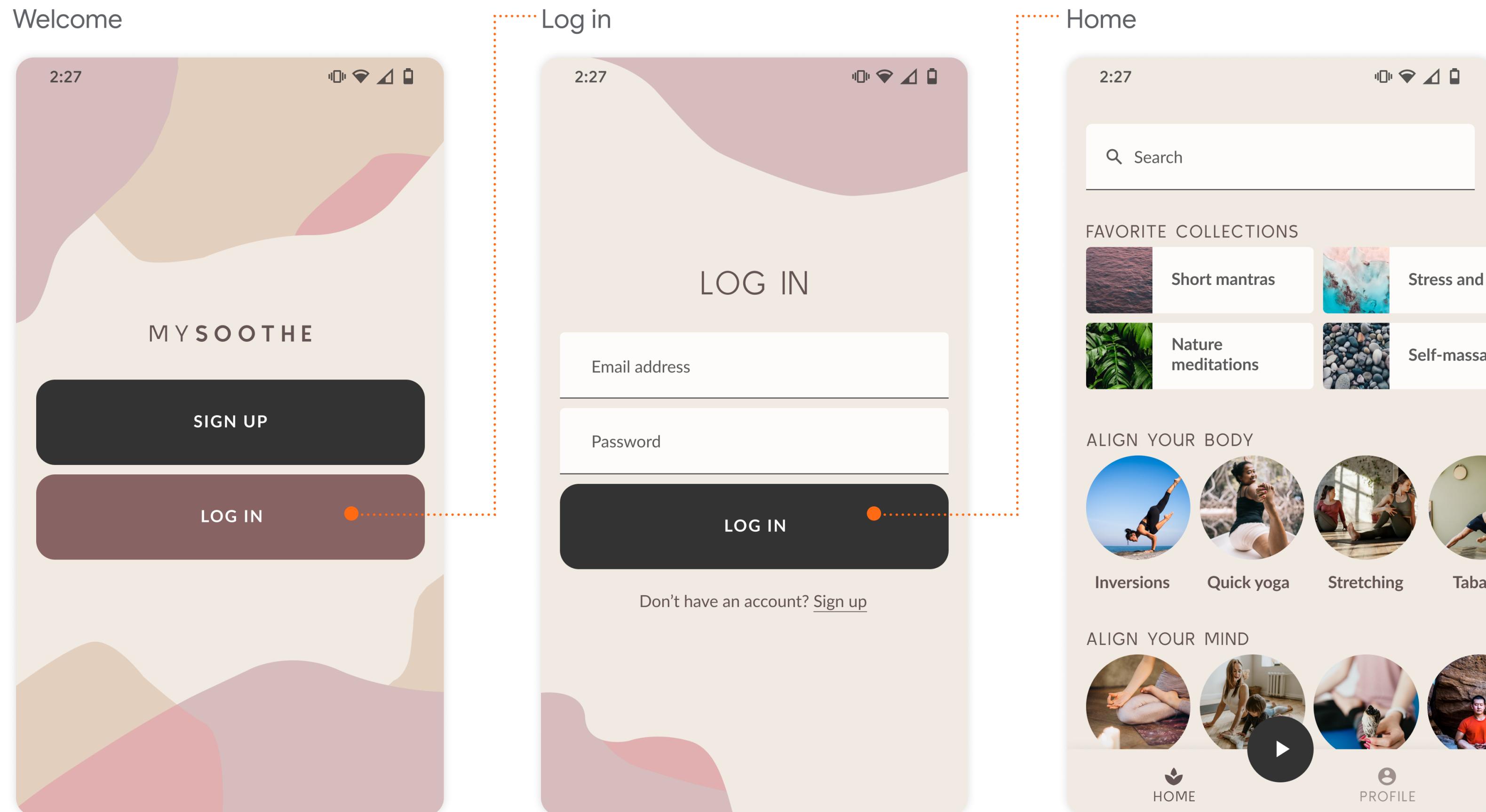
Photo by cottonbro from Pexels

[High stress](#) ↗

Photo by Nathan Cowley from Pexels

# Flow

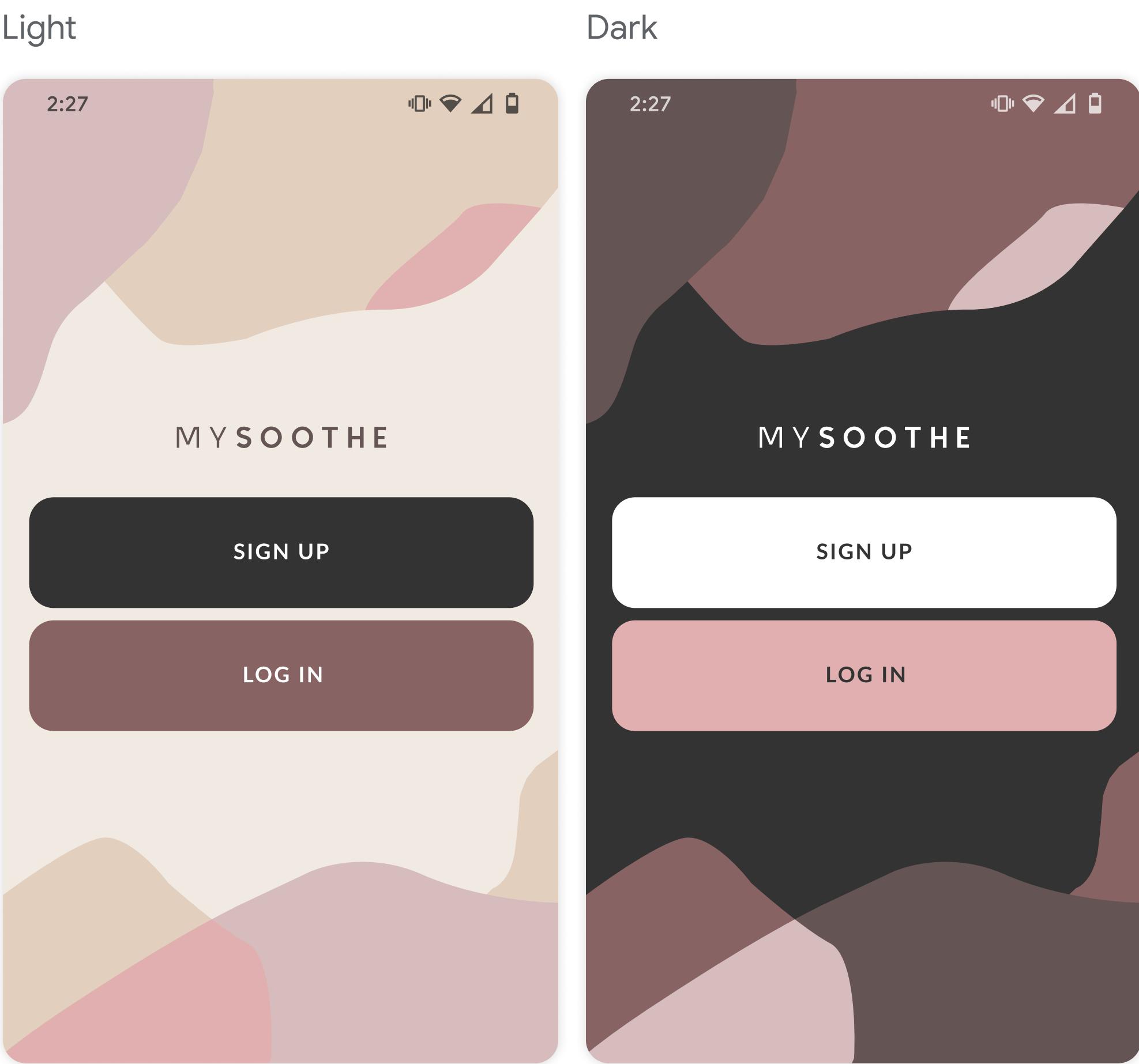
# Flow



Views + specs

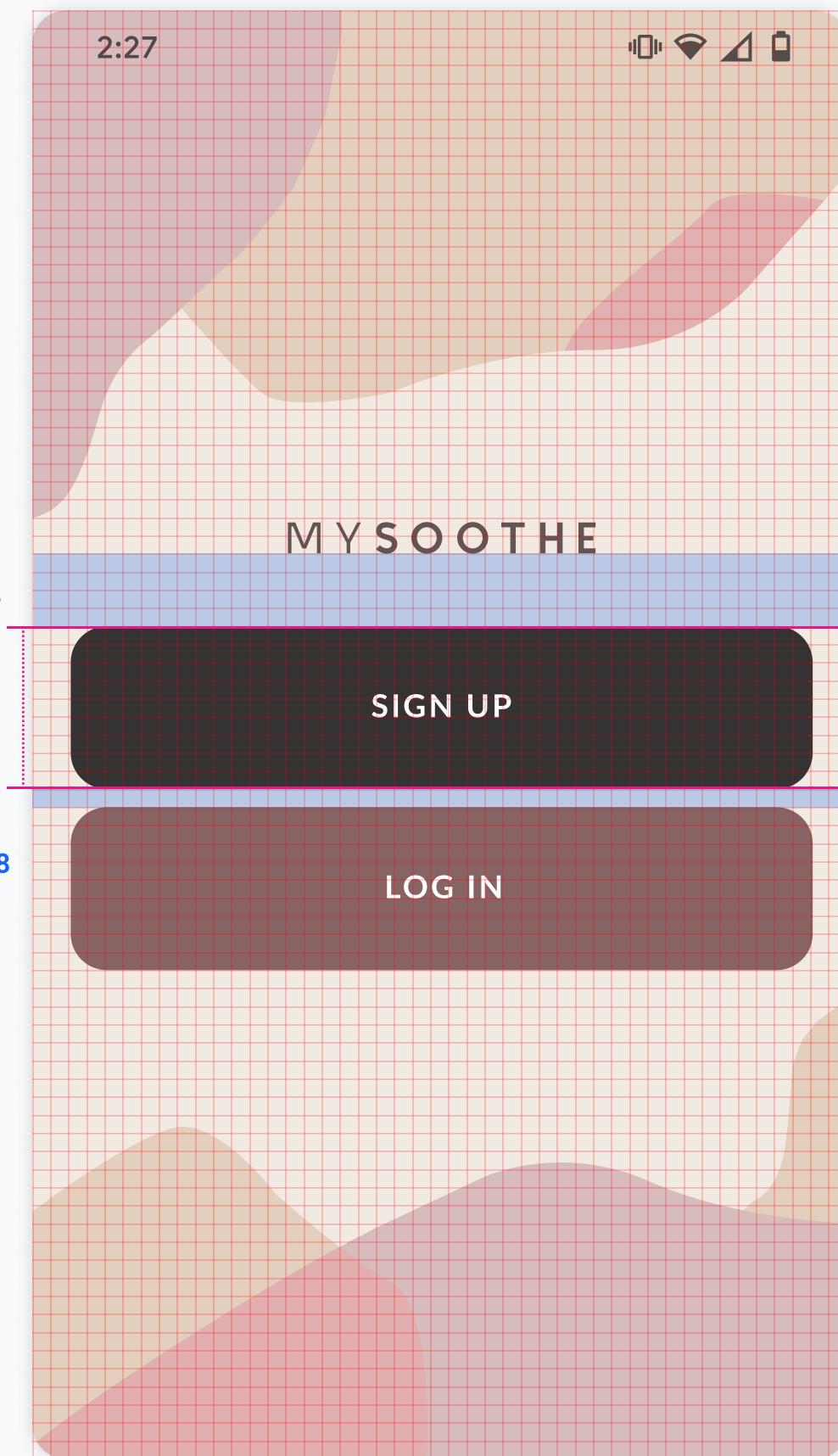
# Welcome

Welcome, views



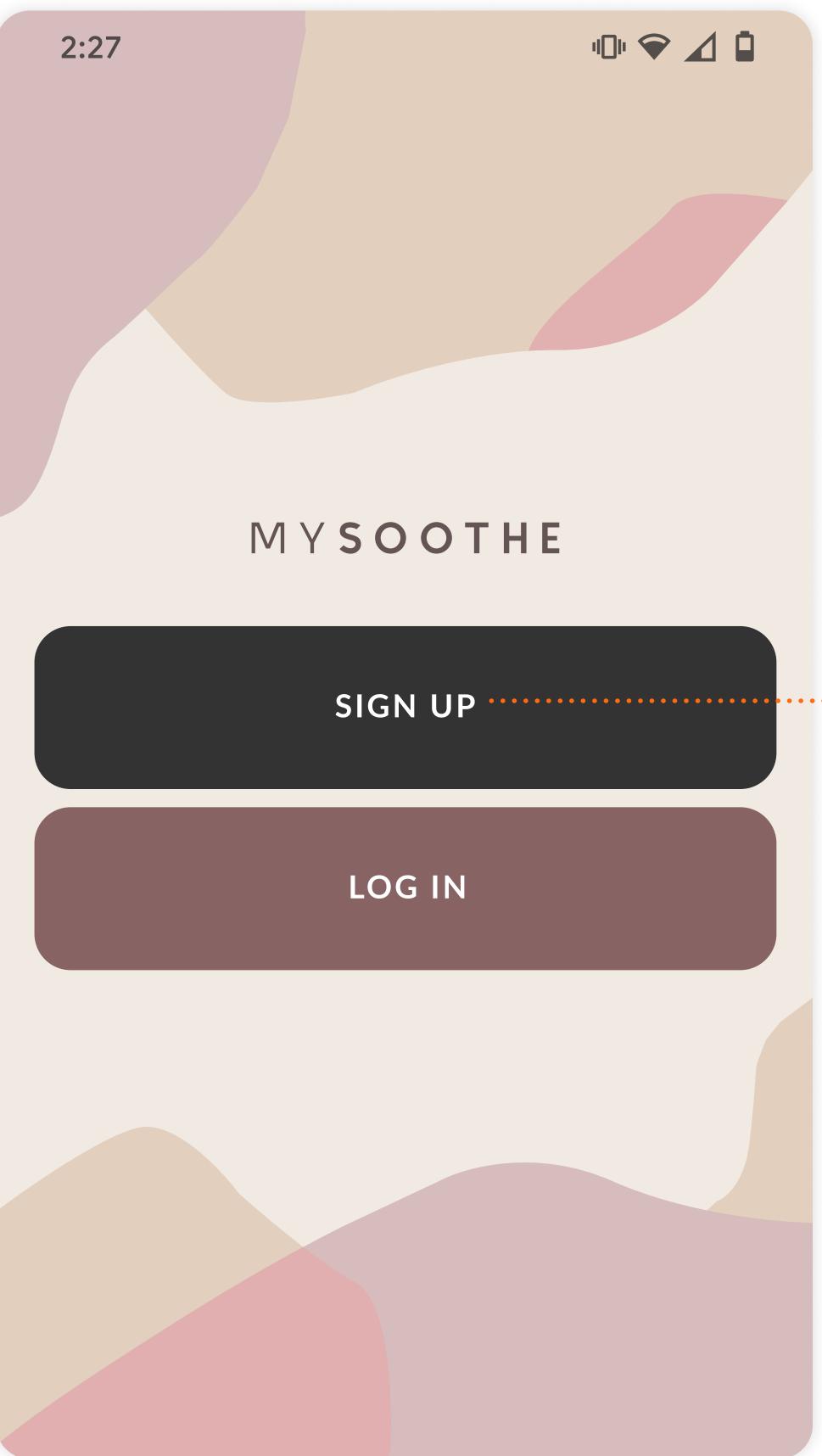
# Welcome, spec

Spacing + dimensions

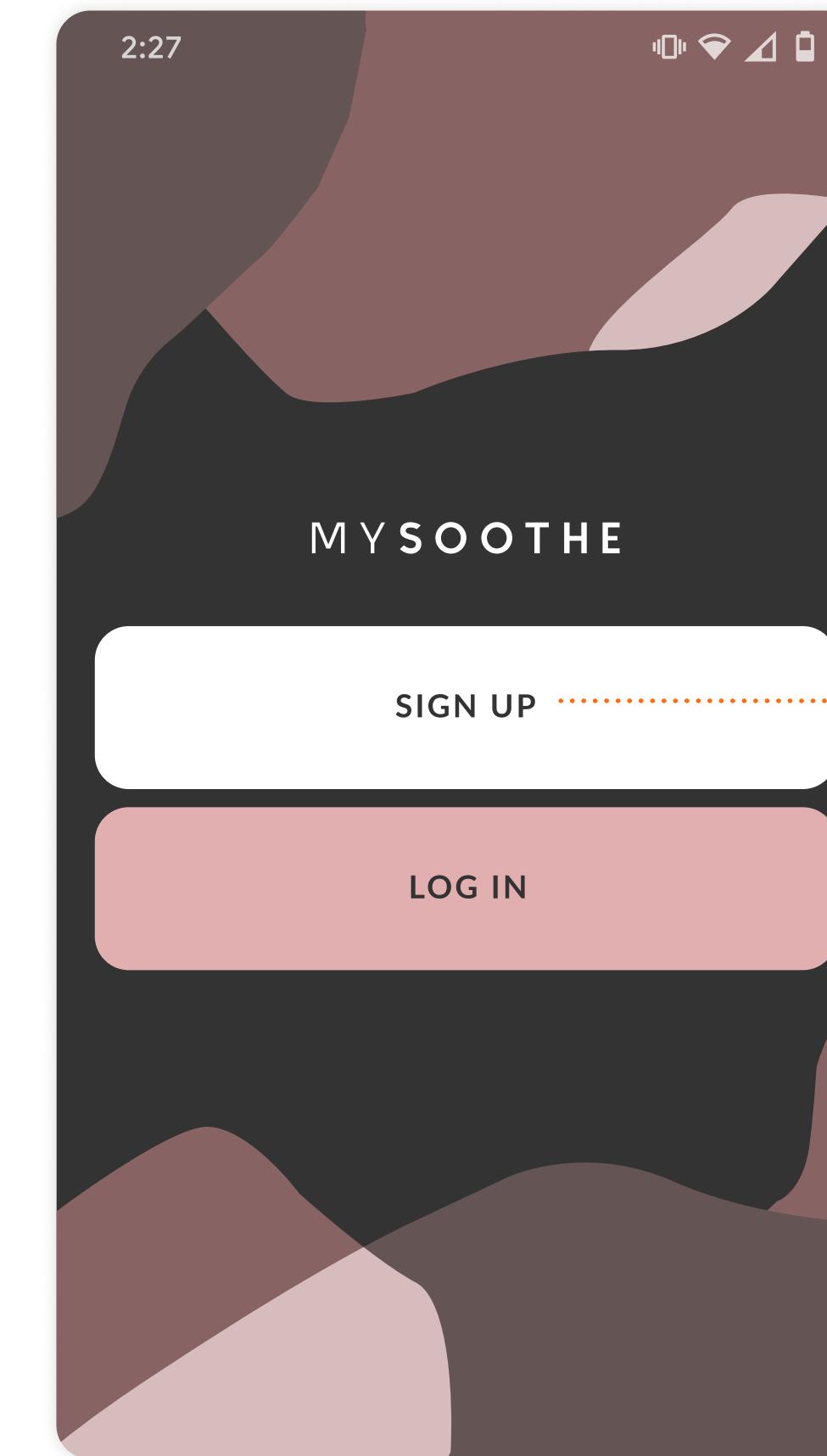


📌 This uses an 8dp grid with 16dp screen padding  
🔑 Key \* Padding \* Dimensions \* Text baseline

Type + color (light)



Color (dark)



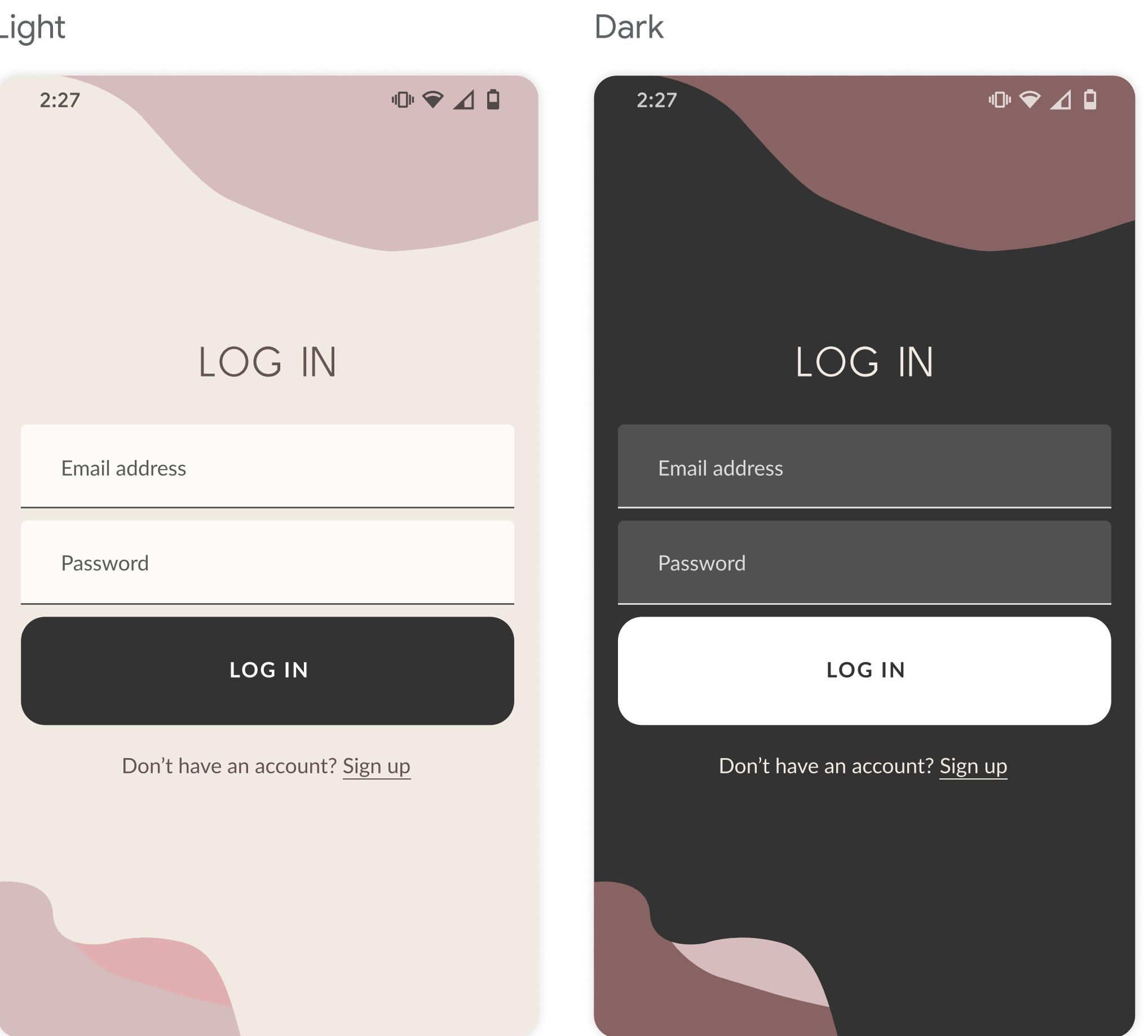
1

Gray-900

Views + specs

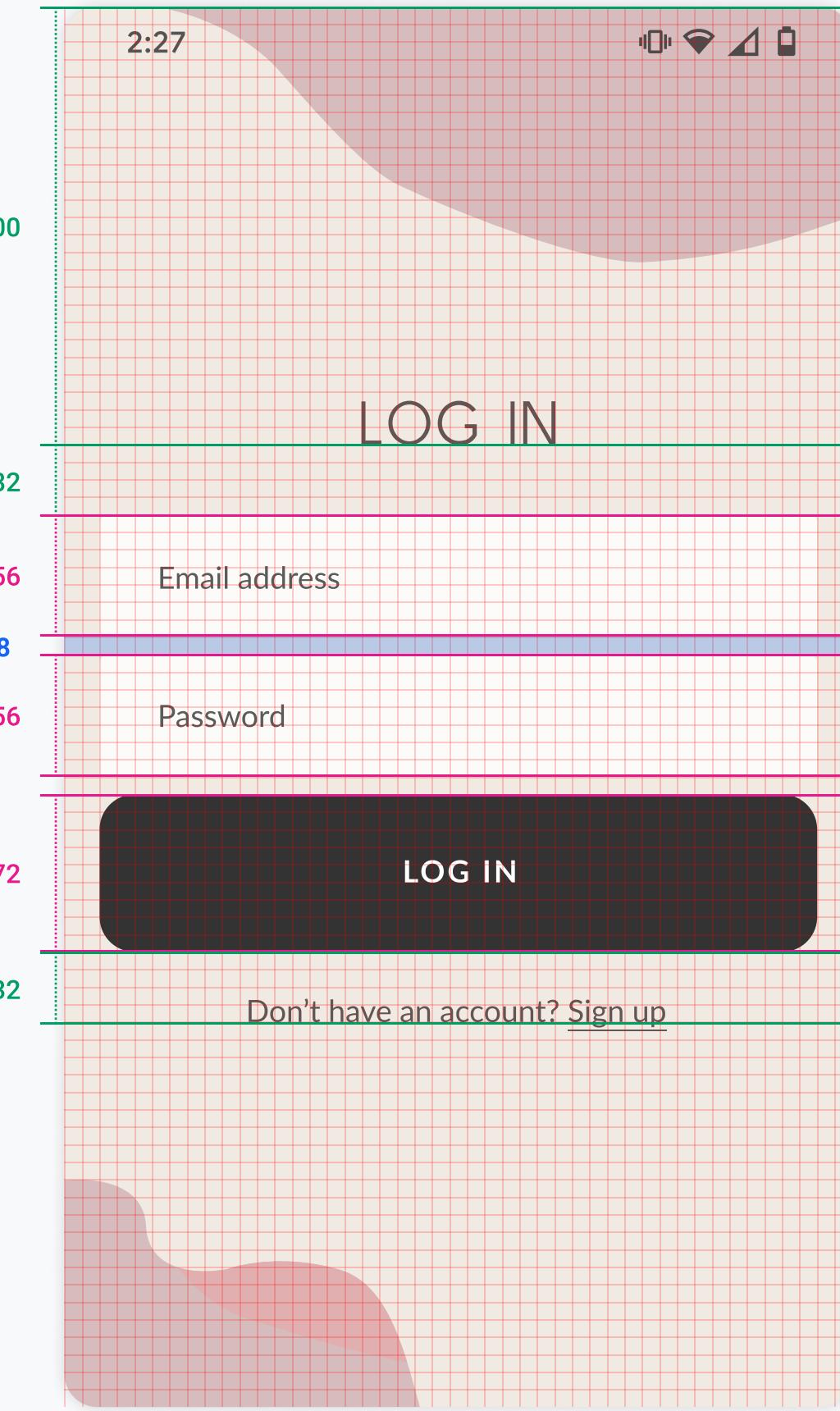
# Log in

## Log in, views

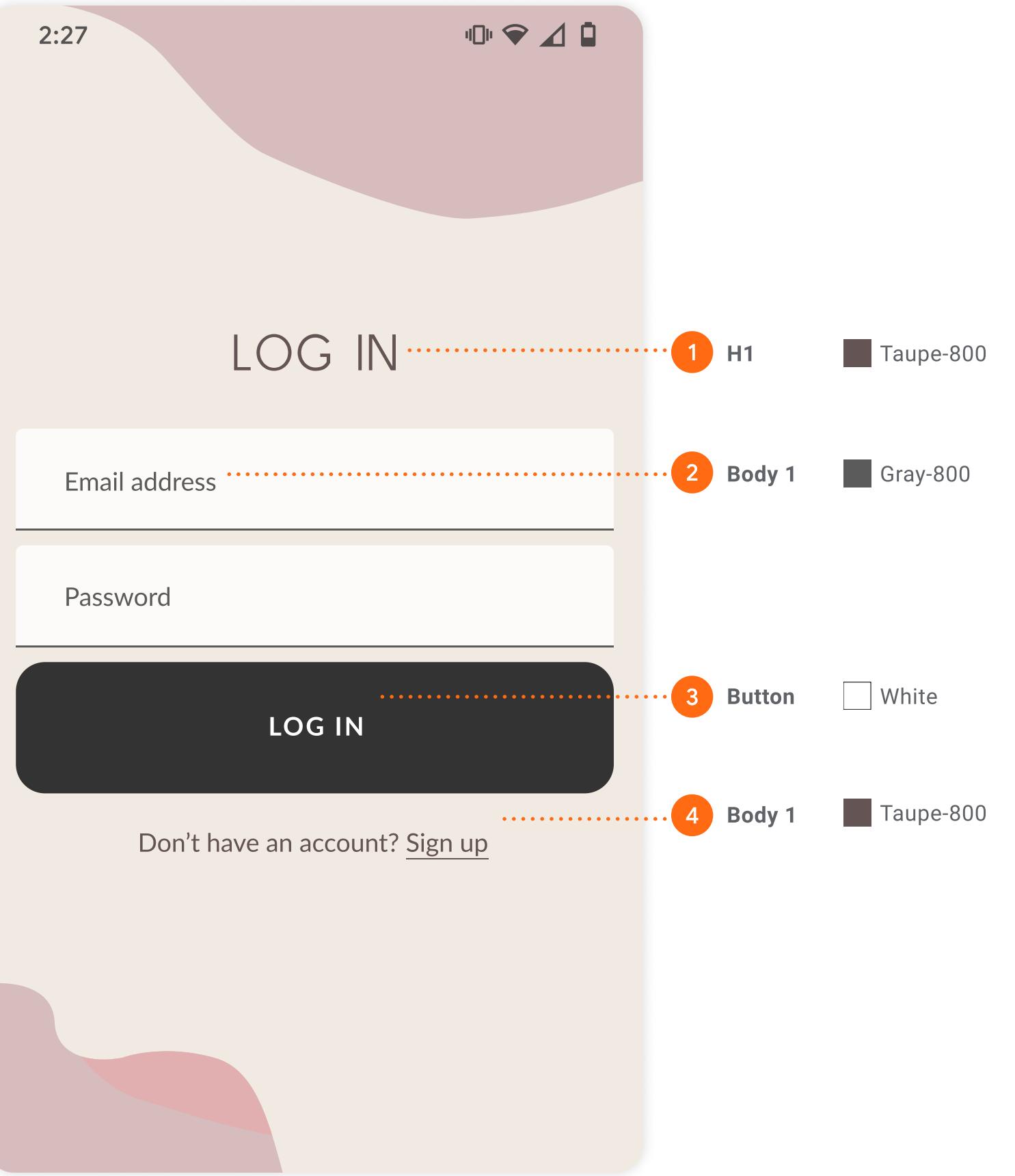


# Log in, spec

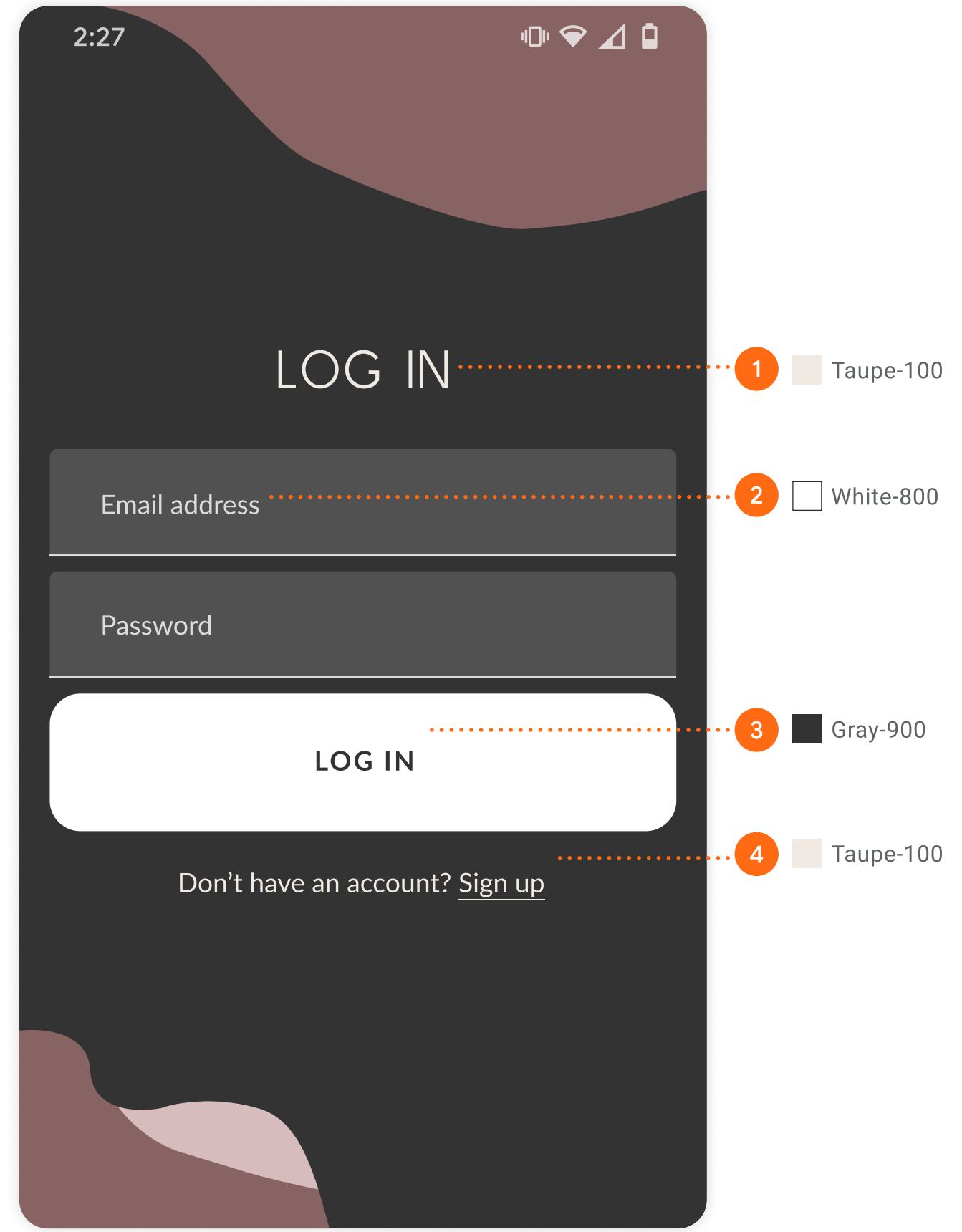
Spacing + dimensions



Type + color (light)



Color (dark)

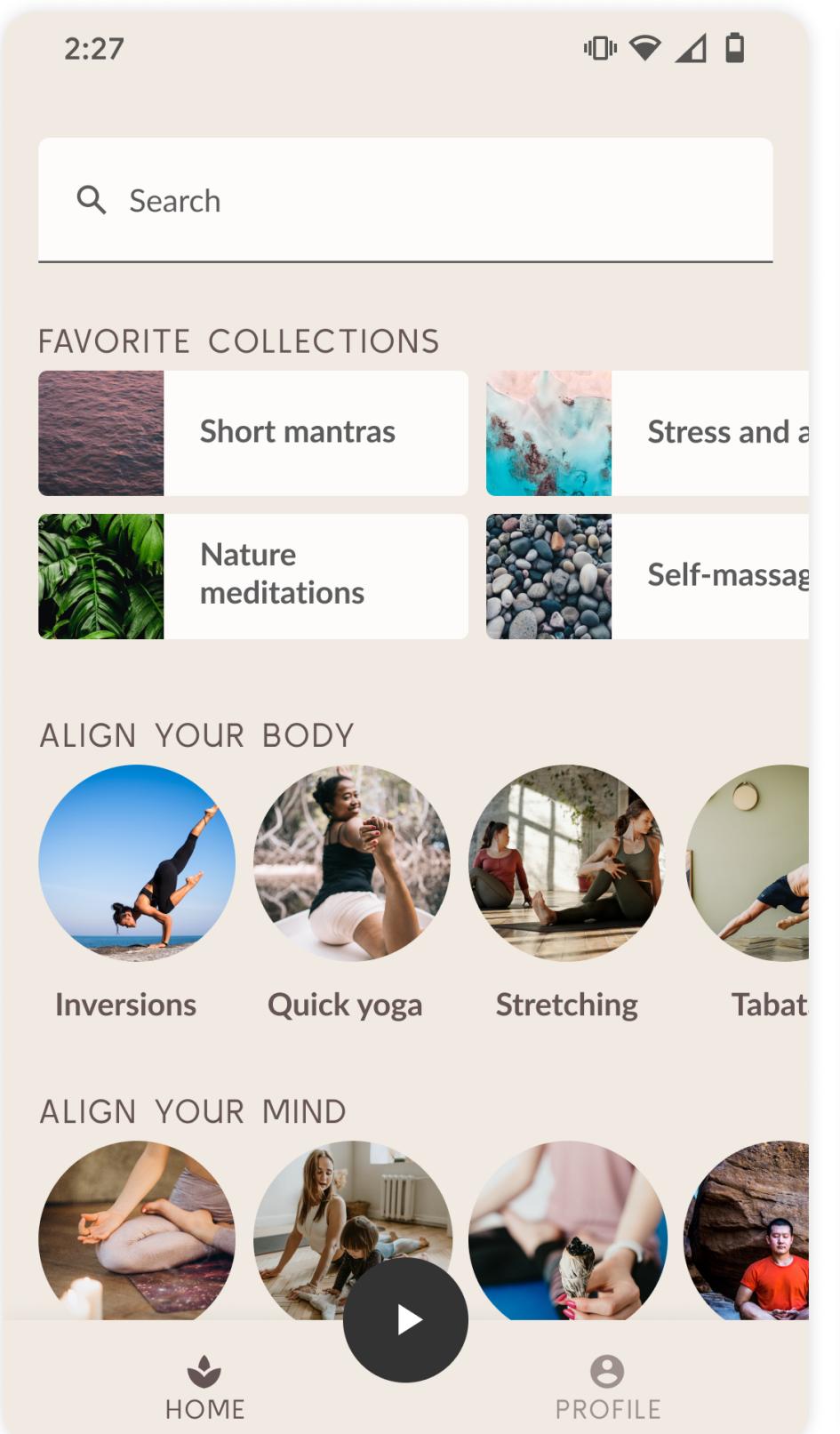


Views + specs

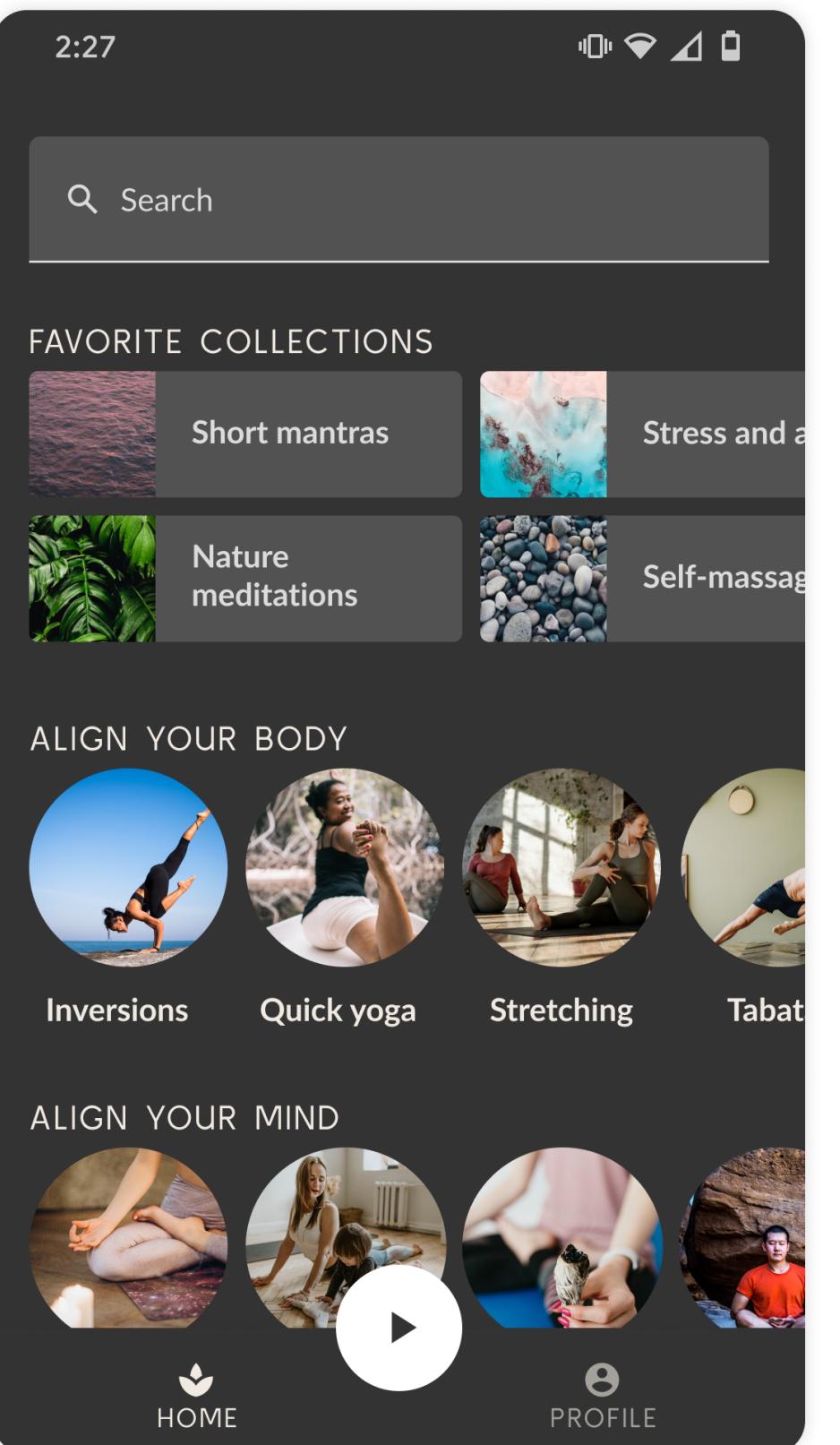
# Home

## Home, views + content

Light



Dark



Card rows

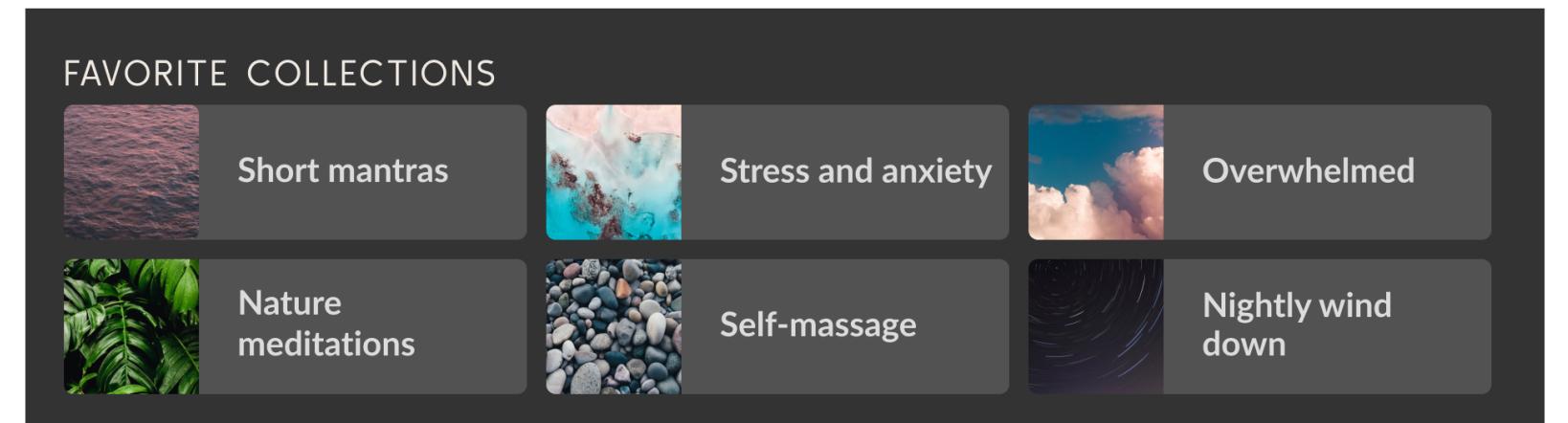
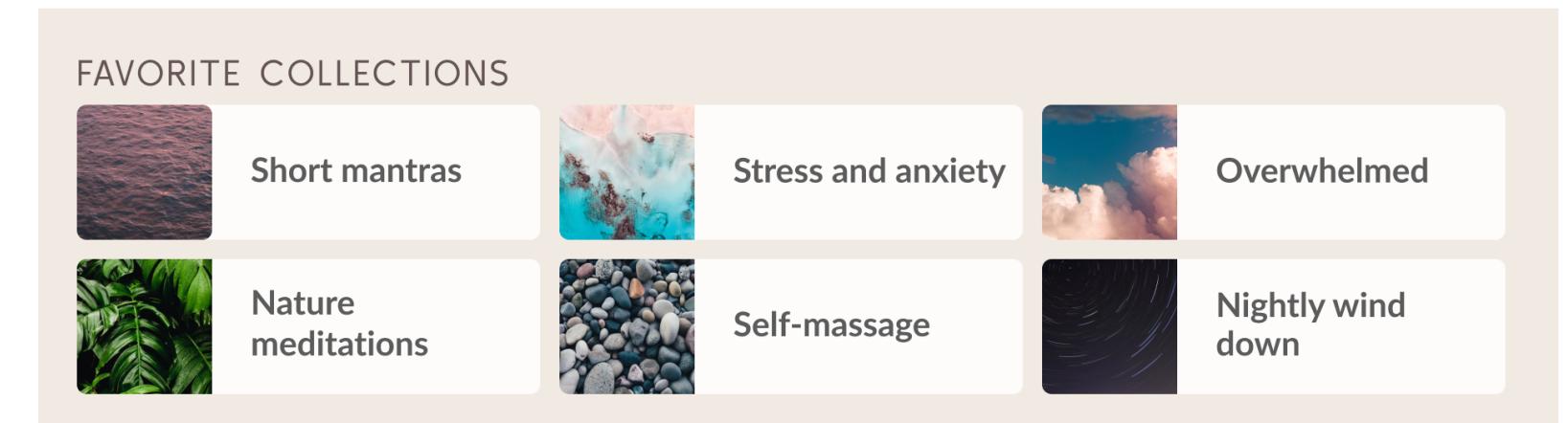
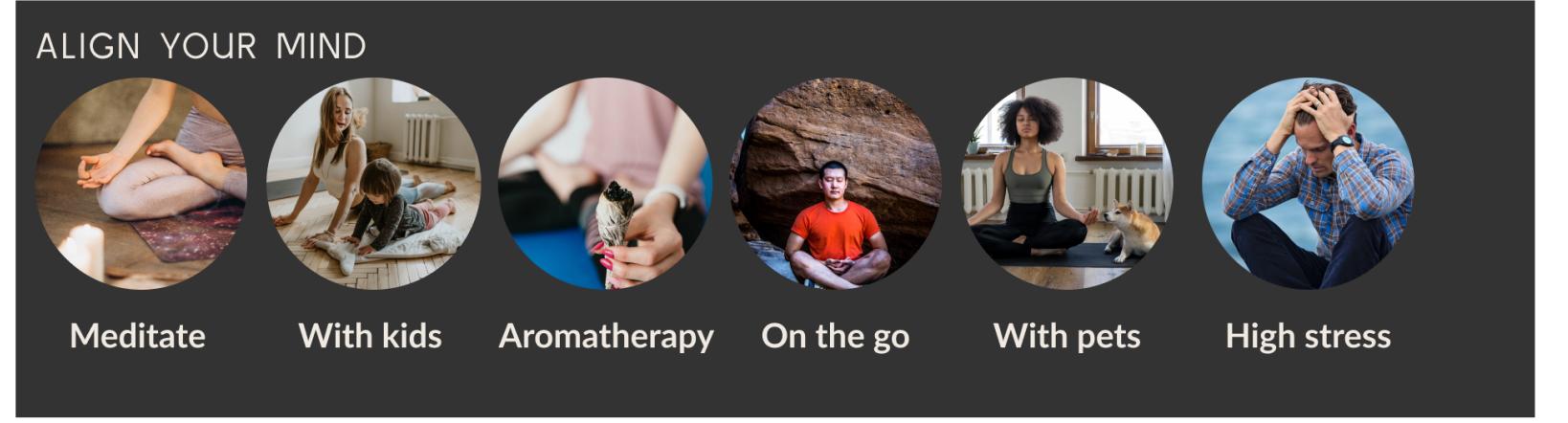
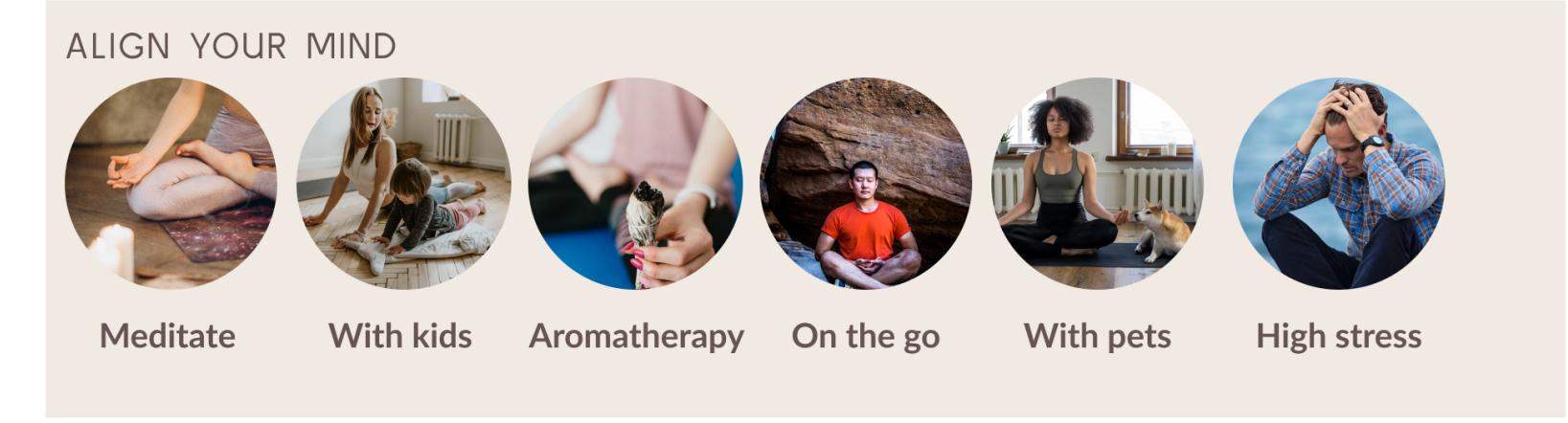
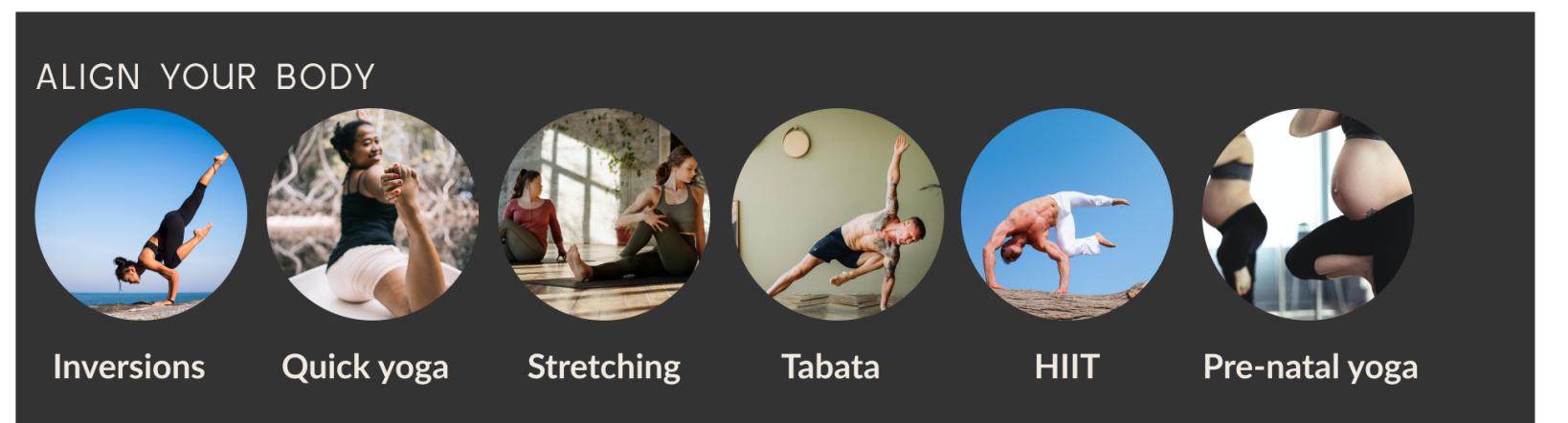
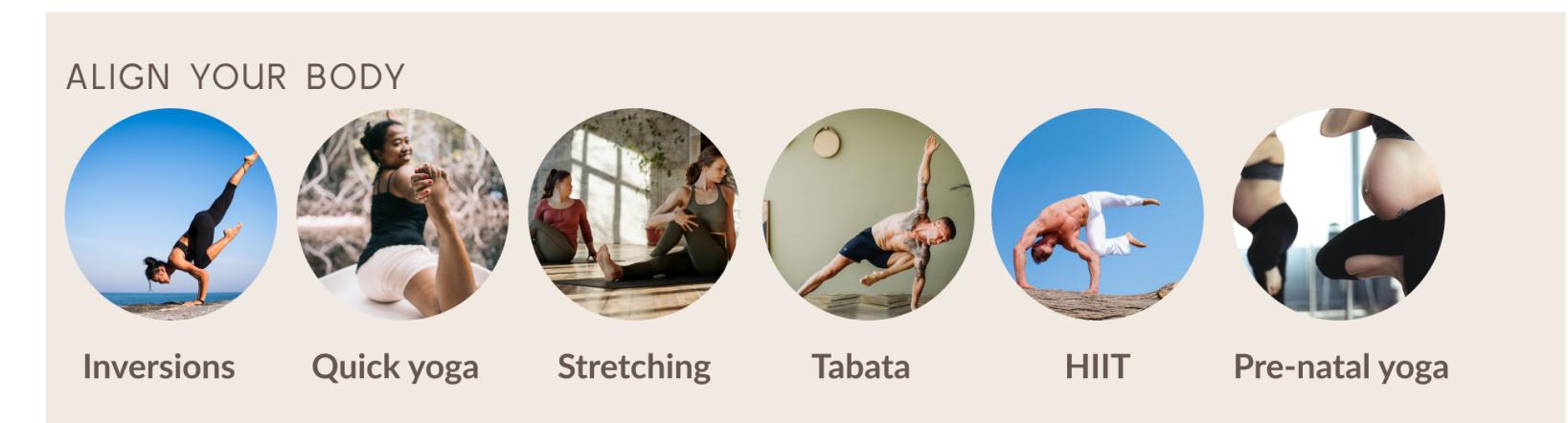
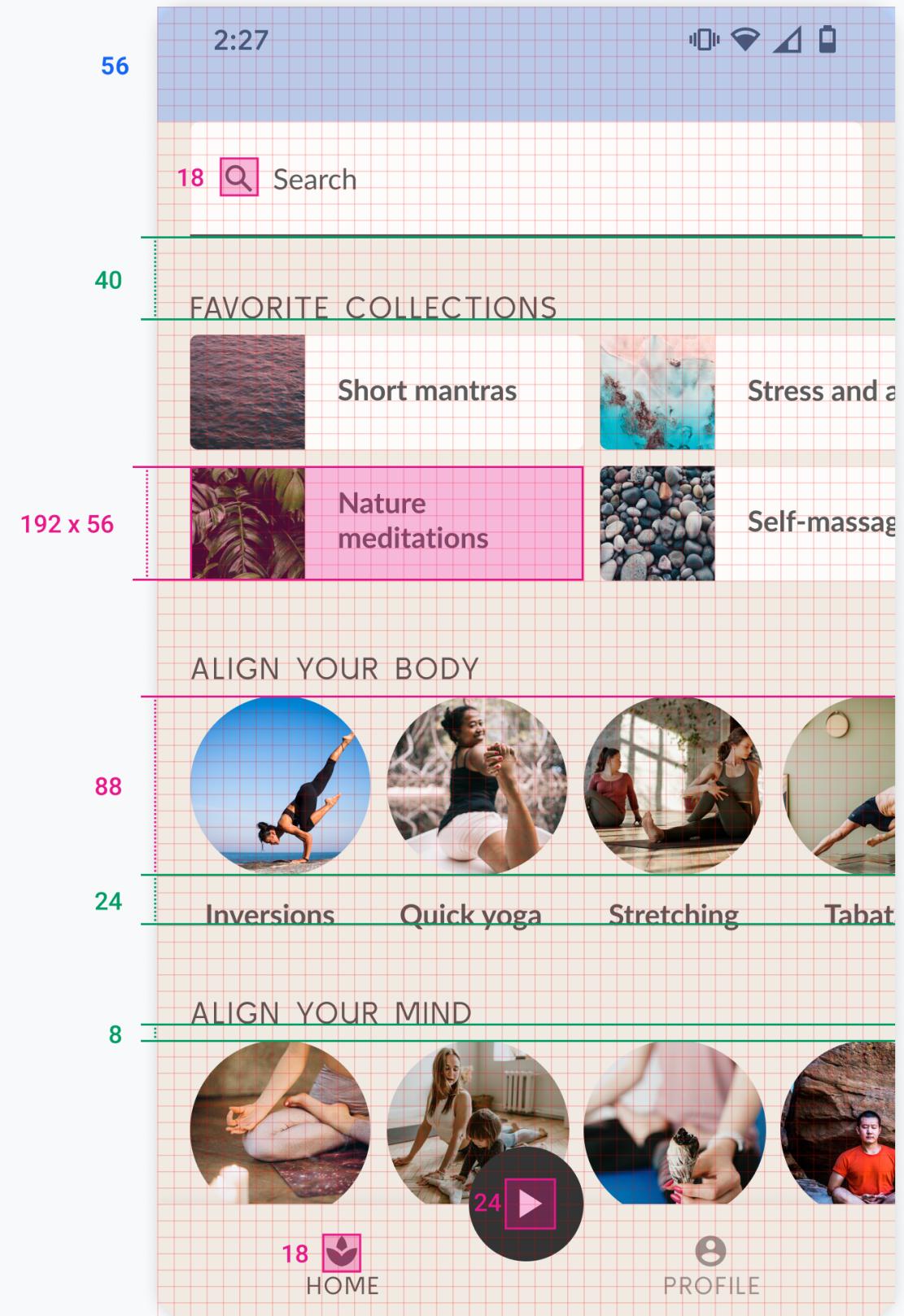


Image list rows

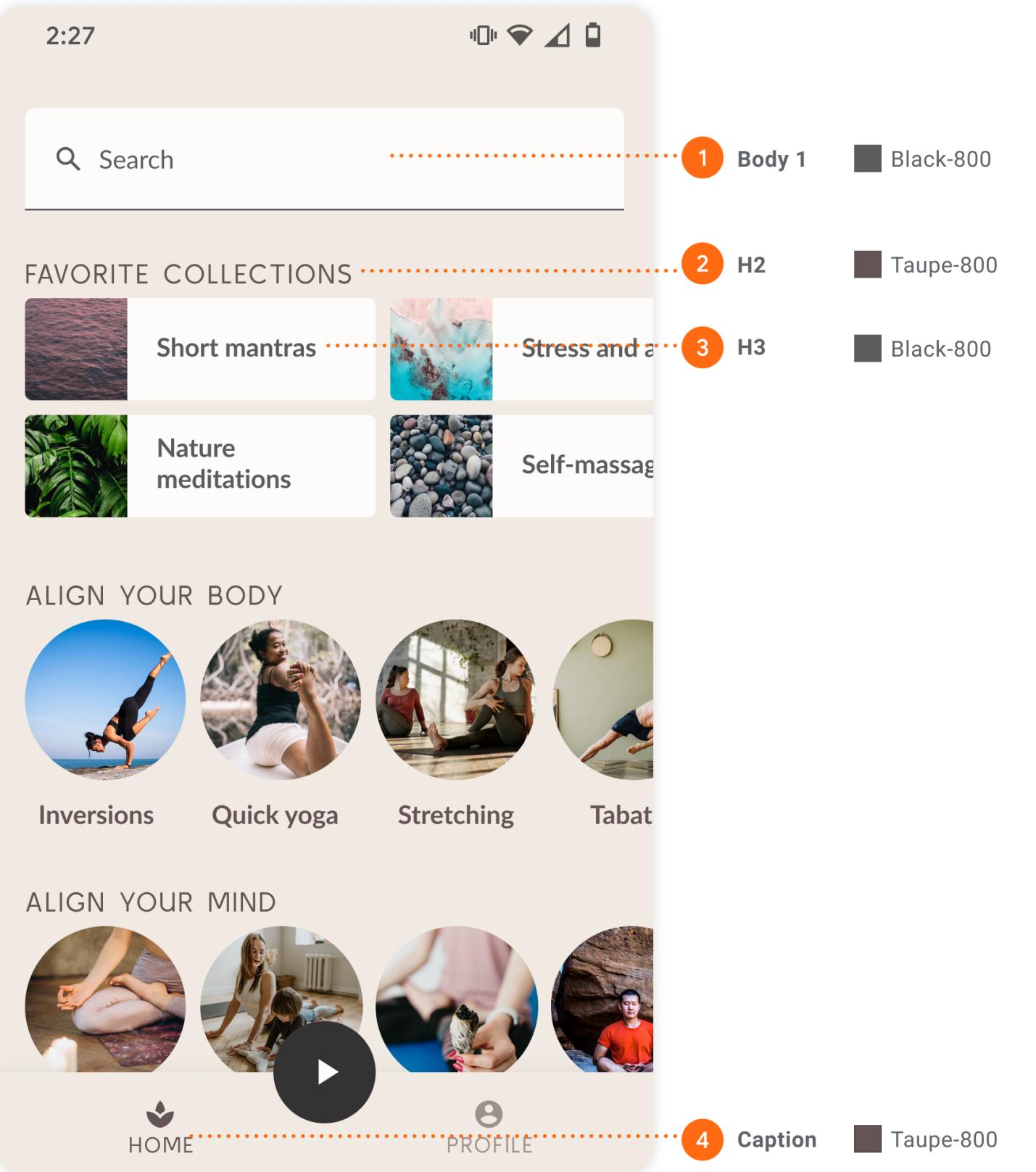


# Home, spec

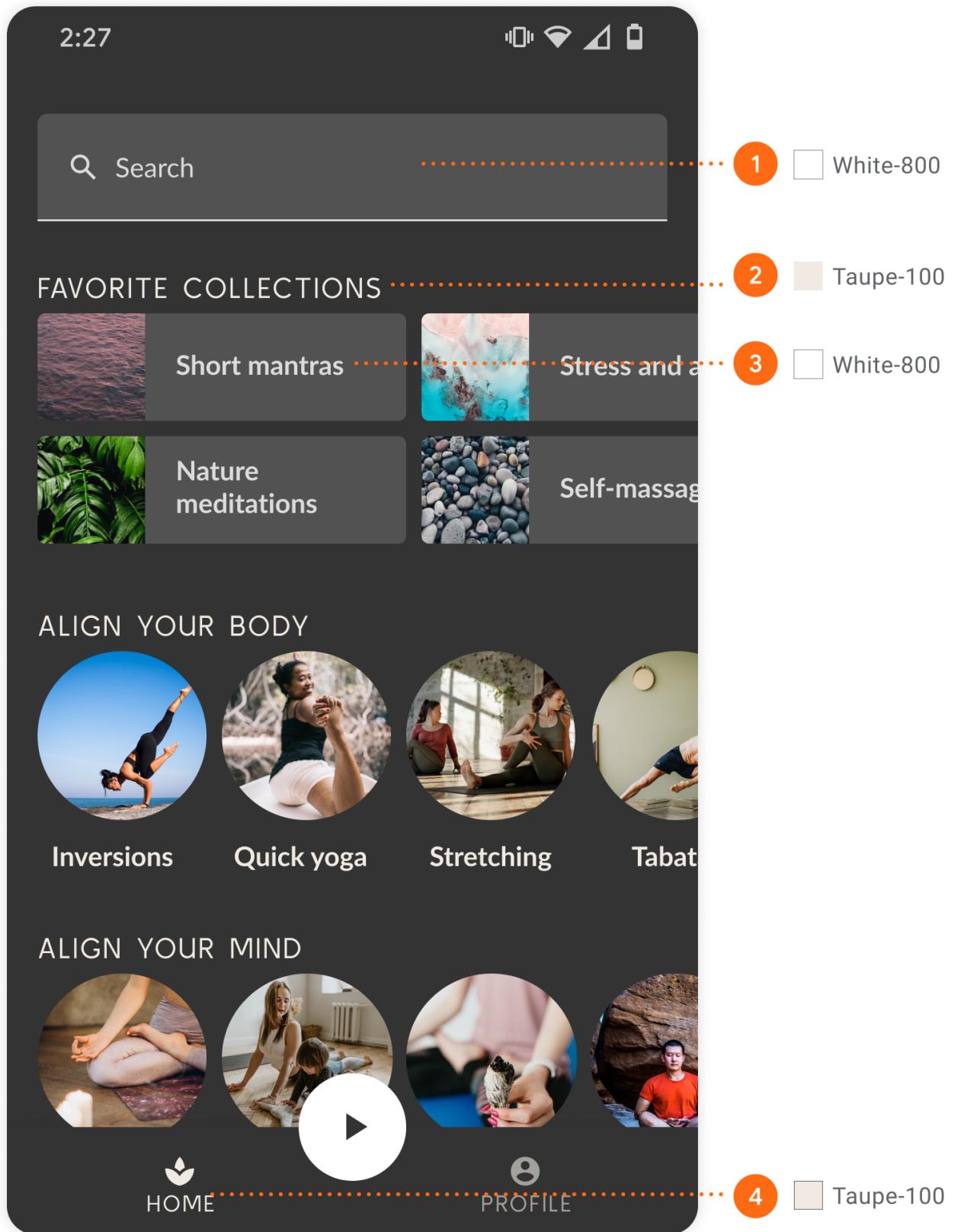
Spacing + dimensions



Type + color (light)



Color (dark)



👉 This uses an 8dp grid with 16dp screen padding

🔑 Key \* Padding \* Dimensions \* Text baseline