

**C [ A I ] R E**

P8: Annotated Wireframes

# C [A I] R E

1

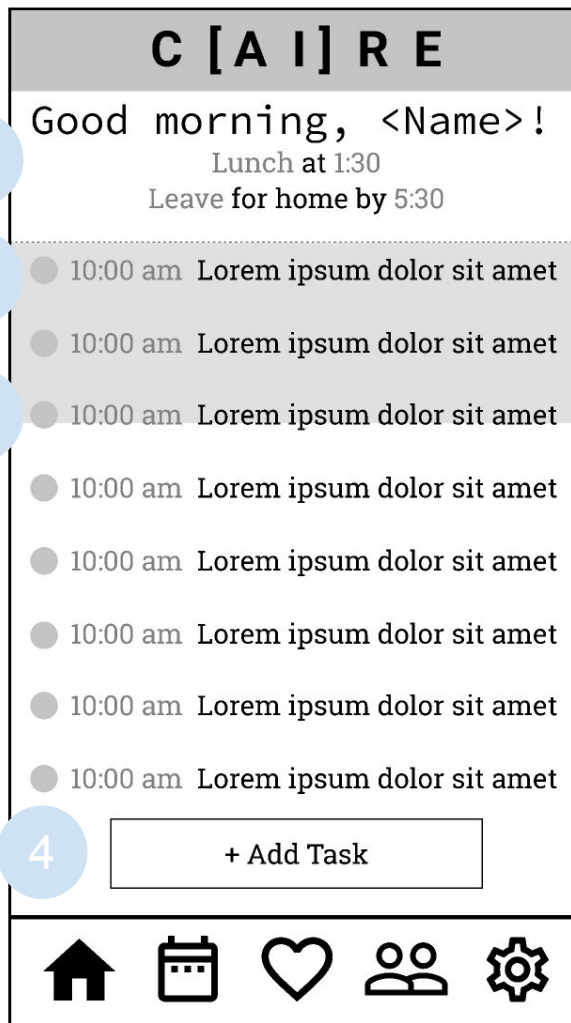
Log in

Sign up

## Login

1

Users either log in with an existing account or sign up for an account



## Home Screen

- 1 Greets user with a quick summary of their predicted day
- 2 Shows the day's schedule
- 3 Line and shaded box show current time in day
- 4 User can add emergent cases

The image shows a mobile application interface for adding a task. The screen has a grey header bar with a back arrow and the title 'Add Task'. Below the header, there are several input fields and a 'Next' button. Numbered annotations (1-4) are placed around the interface to describe the user flow: 1 points to the back arrow, 2 points to the 'Title of Task' input field, 3 points to the 'Urgency' section which includes three radio buttons, and 4 points to the 'Next' button at the bottom right.

1 < Add Task

2 Title of Task

Time

Duration

Location

3 Urgency ☒ ☐ ☐

Notes

4 Next

## Adding a Task

1

User can navigate back to home page

2

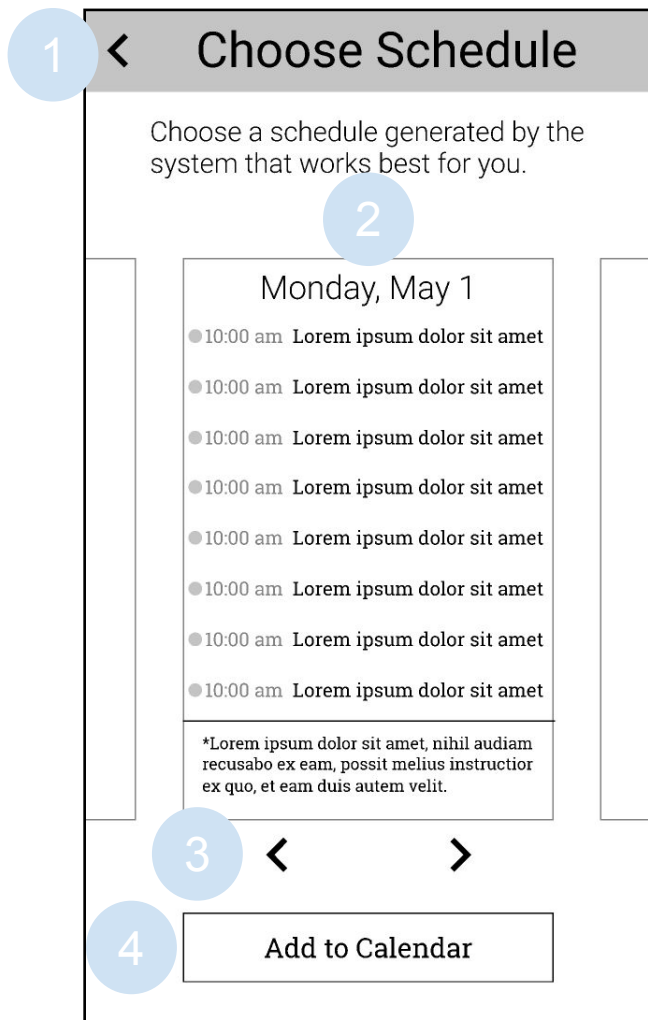
User inputs relevant case information

3

Using the inputted information, the system determines the case's urgency level. This can be changed by the user

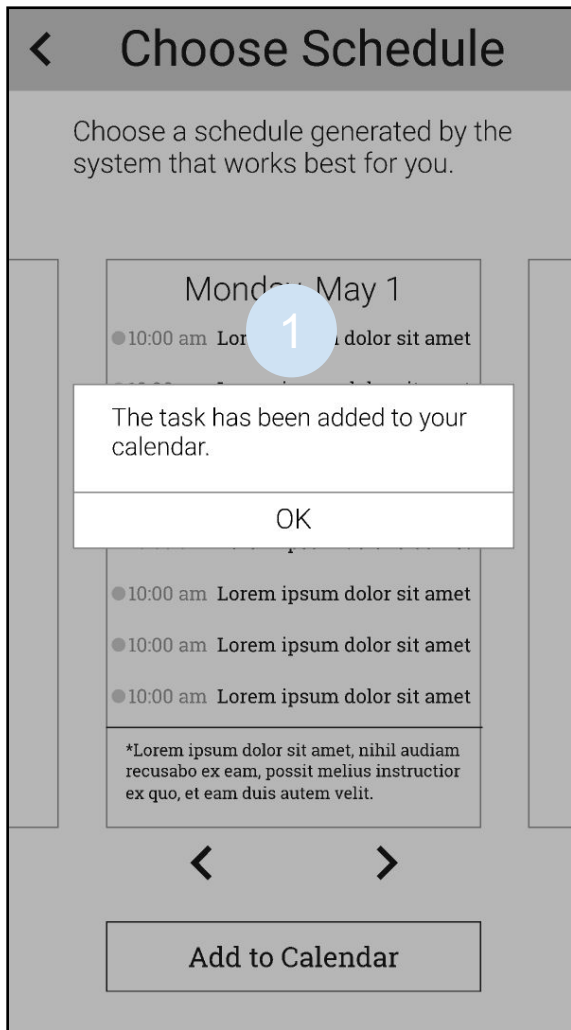
4

Selecting "Next" allows user to finish adding the task



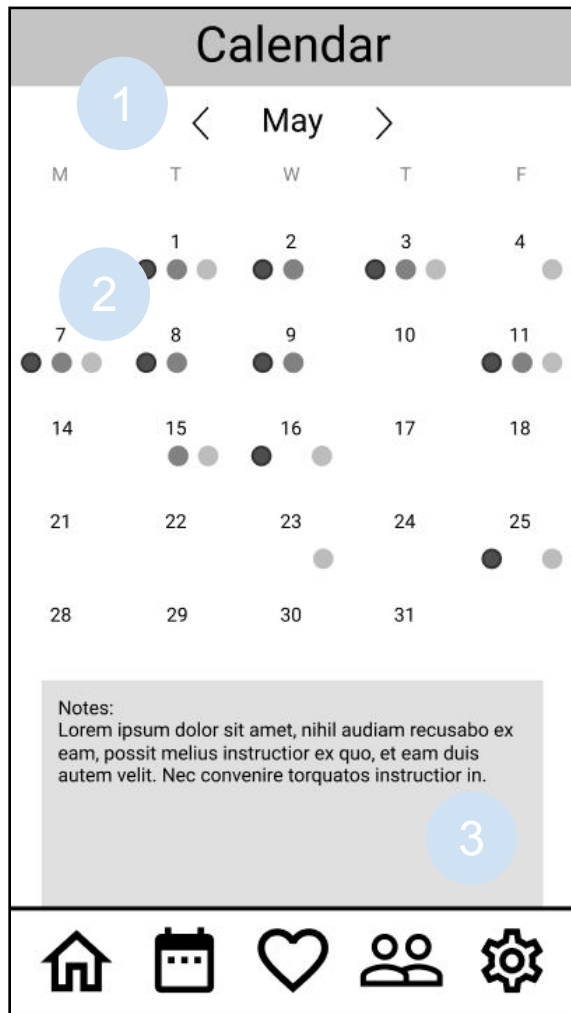
## Choosing a Schedule

- 1 User can navigate back to inputting case information
- 2 The system finds suggestions for where to put the case in the user's schedule
- 3 User can view the system's schedule suggestions by tapping the arrows
- 4 Once the user has found a schedule, they can add it to their calendar



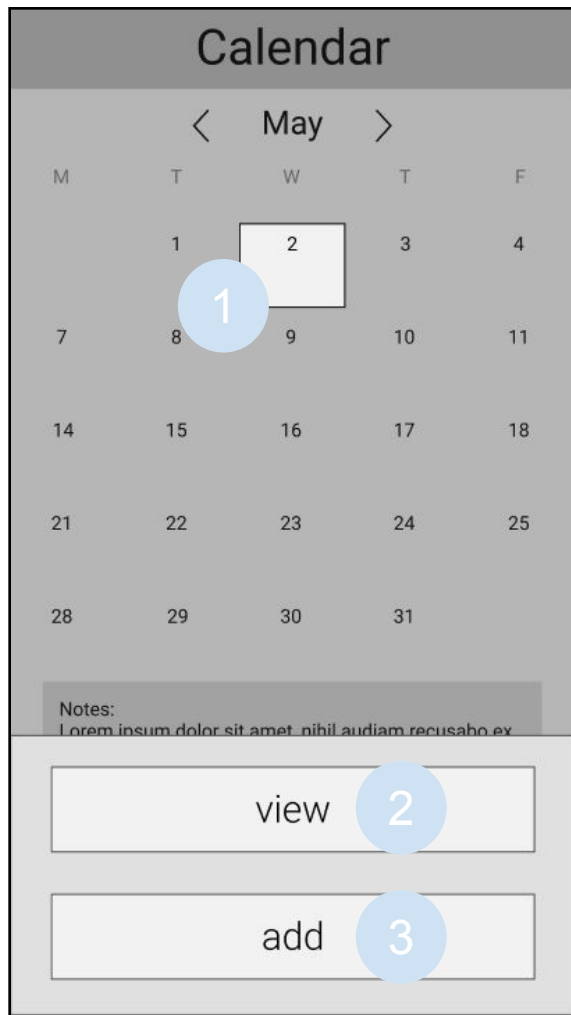
## Confirming Schedule

- 1 A confirmation popup will appear once the task has been added to the calendar



# Calendar

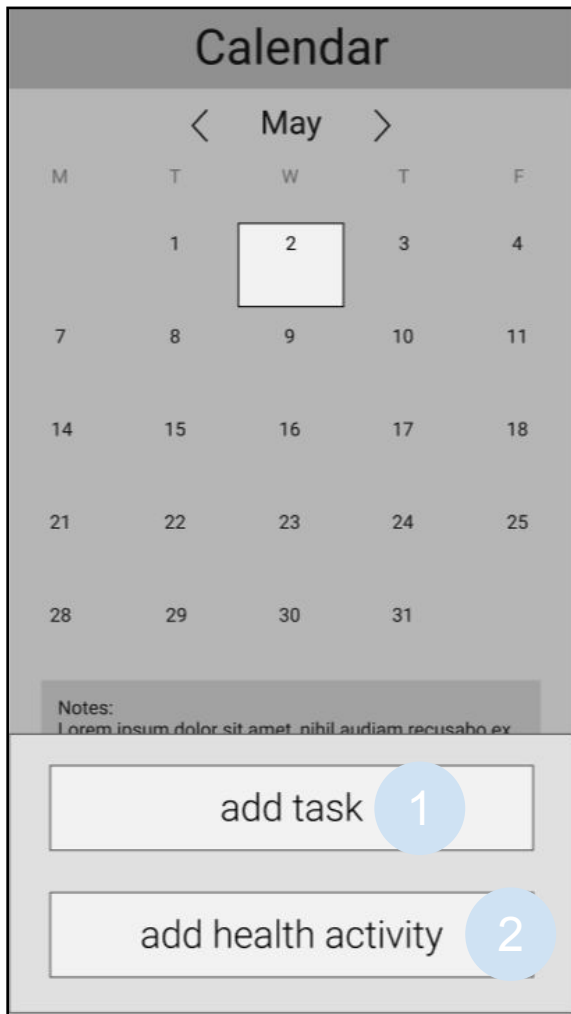
- 1 User can navigate between months by tapping on the arrows
- 2 Small urgency circles under each day give a summary of the user's types of tasks for the day
- 3 Users can add notes for the month for additional things to remember or to keep track of



## Selecting a Date

- 1 When the user selects a date, that date is highlighted and the background is grayed out to indicate what is selected.
- 2 The user can view their schedule for that day
- 3 The user can choose to add something to the selected day





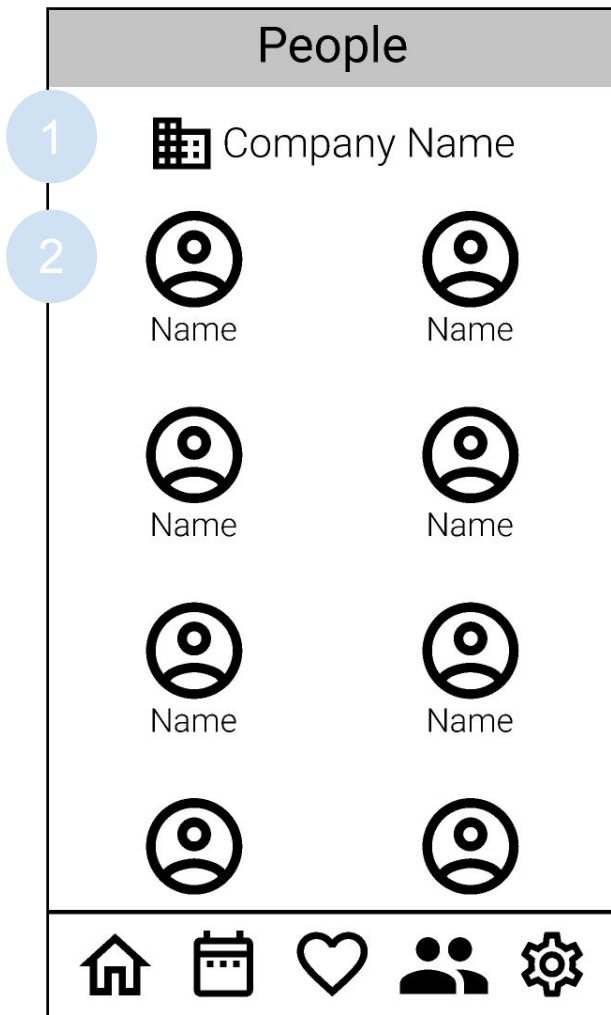
## Adding to Calendar

1

Users can add a task to their selected day, which would then take them to “Adding a Task” (slide 4)

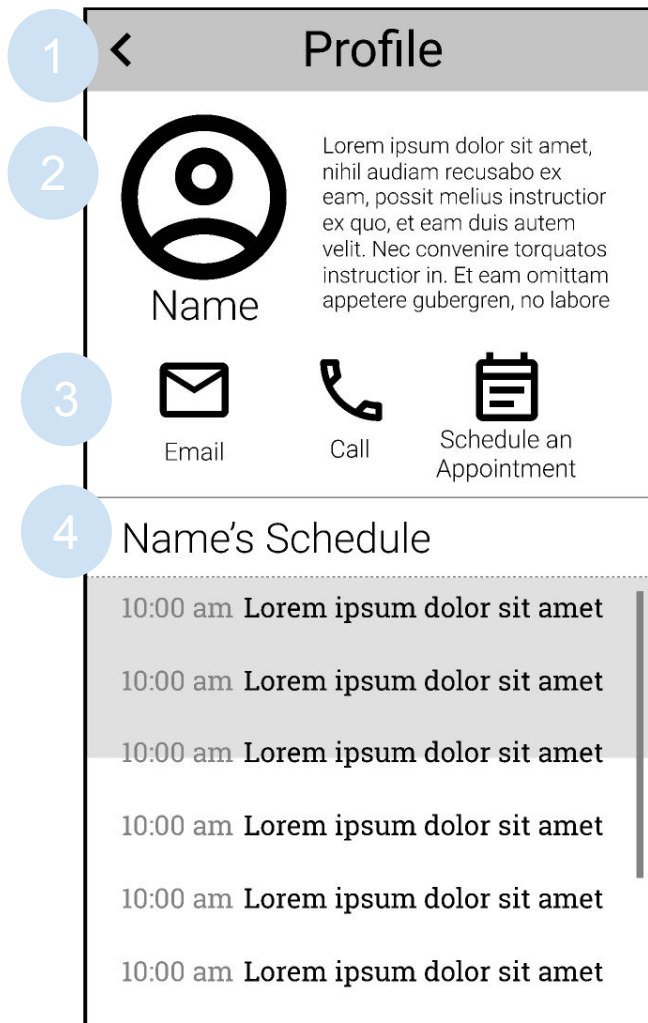
2

Users can also add a health activity to their selected day, which would take them to “Choosing Activity Type” (slide 18)



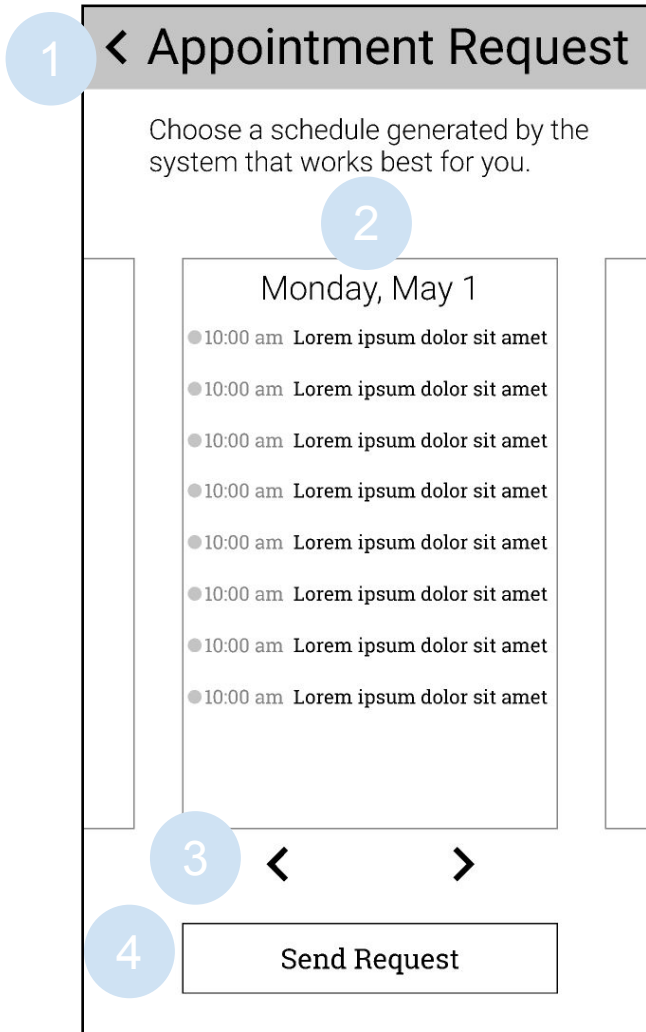
## People

- 1 Shows all employees of the user's workplace
- 2 User can tap on a person to see their profile



## Viewing a Profile

- 1 User can navigate back to People page
- 2 People can add a profile picture and a bio
- 3 User can email, call, and schedule an appointment with coworker
- 4 User can view the coworker's schedule for that day to make sure they are not being overworked



## Choosing an Appointment

- 1 User can navigate back to coworker's profile
- 2 The system finds appointment suggestions based on both parties' availabilities
- 3 User can view the system's schedule suggestions by tapping the arrows
- 4 Once the user has found an appointment time, they send a request to coworker for approval

# < Appointment Request

Choose a schedule generated by the system that works best for you.

Monday, May 1

● 10:00 am Lorem ipsum dolor sit amet

<Name> has received your appointment request. You will be notified when she accepts or denies the request.

OK

● 10:00 am Lorem ipsum dolor sit amet

● 10:00 am Lorem ipsum dolor sit amet

<

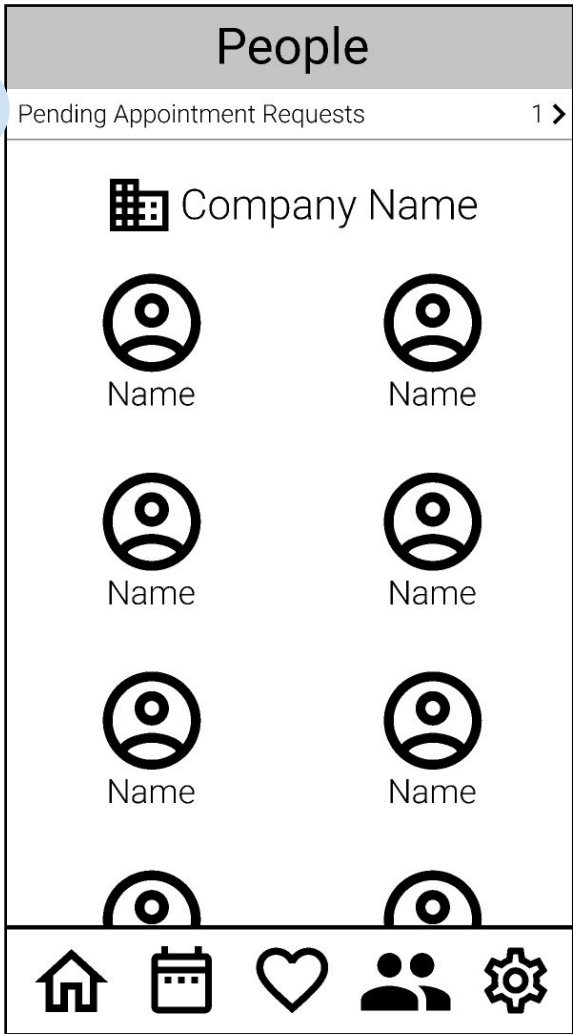
>

Send Request

## Confirming Request

- 1 A confirmation popup will appear once the request has been sent

1



## Request Notification

1

Once the coworker responds to the appointment request, a notification will show up on the user's People page

1

## < Appointment Request

Congrats!



2

Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit melius instructor ex quo, et eam duis autem velit. Nec convenire torquatos

3

Cancel Appointment

4

Add to Calendar

## Choosing an Appointment

1

User can navigate back to People page

2

Message describing coworker's response appears

3

User can cancel the appointment if the time no longer works or they change their mind

4

User can add appointment to calendar

## < Appointment Request

Congrats!



Your appointment with **<Name>**  
on **Monday, May 1** has been  
added to your calendar.

OK

Lorem ipsum dolor sit amet,  
nihil audiam recusabo ex  
eam, possit melius instructor  
ex quo, et eam duis autem  
velit. Nec convenire torquatos

Cancel Appointment

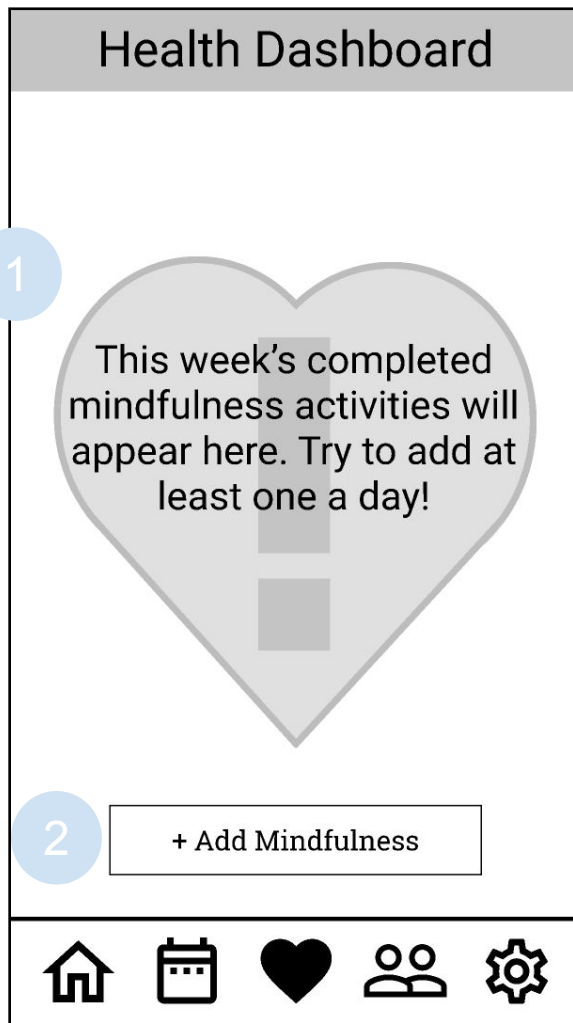
Add to Calendar

## Confirming Appointment

1

A confirmation popup will appear once the  
appointment has been added to the calendar





## Health Dashboard

1

Shows message if user has not yet completed a self-care activity that week

2

User can complete self-care activities throughout the week to relieve stress and improve focus

1

< Add Mindfulness

2

How much time do you want to spend on this activity?

1 min.

5 min.

10 min.

10+ min.

3

What kind of activity do you want to do?

Breathing

Writing

Coloring

Meditation

4

Next

## Choosing Activity Type

- 1 User can navigate back to Health Dashboard
- 2 User chooses amount of time they can spend on activity since they will be fitting them in whenever they have time
- 3 User chooses activity type (e.g. writing, reading, breathing)
- 4 Selecting "Next" allows user to choose activity

1	< Select Activity
2	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>
	<div><div> Lorem ipsum 5 min</div><div> Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit</div></div>

## Choosing Activity

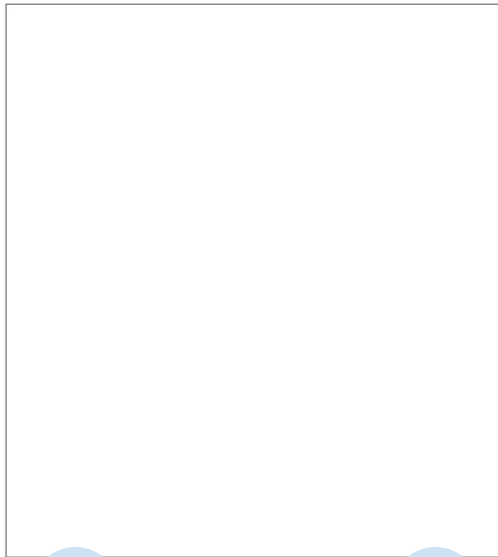
- 1 User can navigate back to activity type
- 2 Based on what was inputted for activity type, the system creates a curated list of activities for the user to choose from

## Activity

1

Respond to the following prompt:

Lorem ipsum dolor sit amet, nihil audiam  
recusabo ex eam, possit melius  
instructor ex quo, et eam duis autem



2

Cancel

3

Done

## Doing the Activity

1

User performs activity based on a prompt

2

User can cancel current activity and be taken to activities list in order to choose another

3

Selecting "Done" records the user's response

# Activity

1

Nice Job!

Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit melius

2

Additional comments:

3

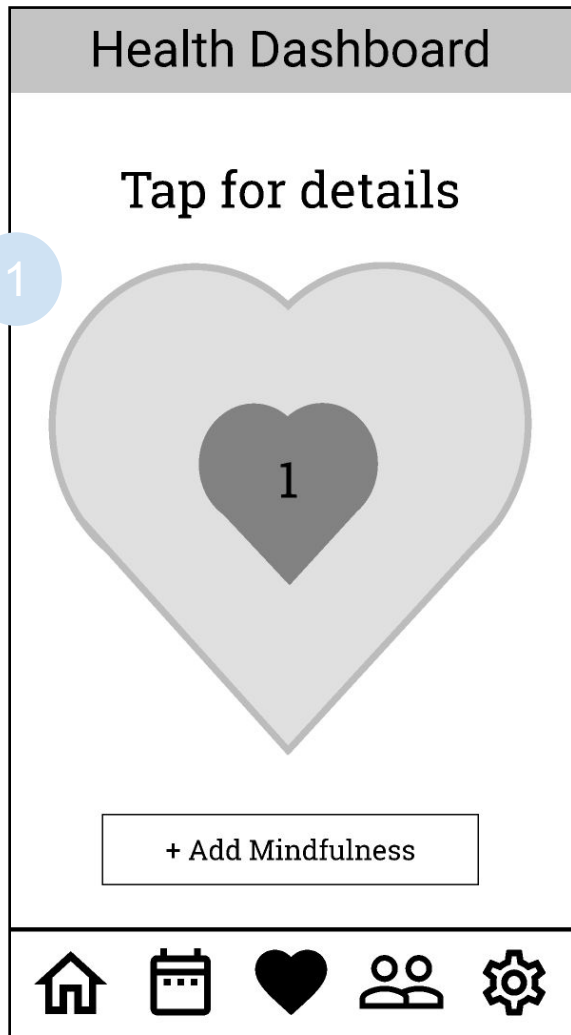
Would you like to do another activity?

Yes

4No

## Completing the Activity

- 1 User receives words of encouragement upon completion
- 2 User can add comments about the activity to refer back to in the future
- 3 Selecting "Yes" brings user back to the activity type page
- 4 Selecting "No" brings user to the Health Dashboard



## Health Dashboard with Activity

- 1 Progress heart shows how many activities were completed that week. User can tap the heart to view completed activities.

1	< Health Details
2	This Week
	<div> <b>Lorem ipsum</b> <span>Mon</span> </div> <div> Lorem ipsum dolor sit amet, nihil  audiam recusabo ex eam, possit </div> <div>&gt;</div>
	Last Week
	<div> <b>Lorem ipsum</b> <span>Mon</span> </div> <div> Lorem ipsum dolor sit amet, nihil  audiam recusabo ex eam, possit </div> <div>&gt;</div>
	<div> <b>Lorem ipsum</b> <span>Mon</span> </div> <div> Lorem ipsum dolor sit amet, nihil  audiam recusabo ex eam, possit </div> <div>&gt;</div>
	<div> <b>Lorem ipsum</b> <span>Mon</span> </div> <div> Lorem ipsum dolor sit amet, nihil  audiam recusabo ex eam, possit </div> <div>&gt;</div>
	March 1-7
	<div> <b>Lorem ipsum</b> <span>Mon</span> </div> <div> Lorem ipsum dolor sit amet, nihil  audiam recusabo ex eam, possit </div> <div>&gt;</div>

## Past Activities List

- 1 User can navigate back to Health Dashboard
- 2 Shows list of all completed activities. Users can tap to view their responses.

1

< Lorem ipsum

2

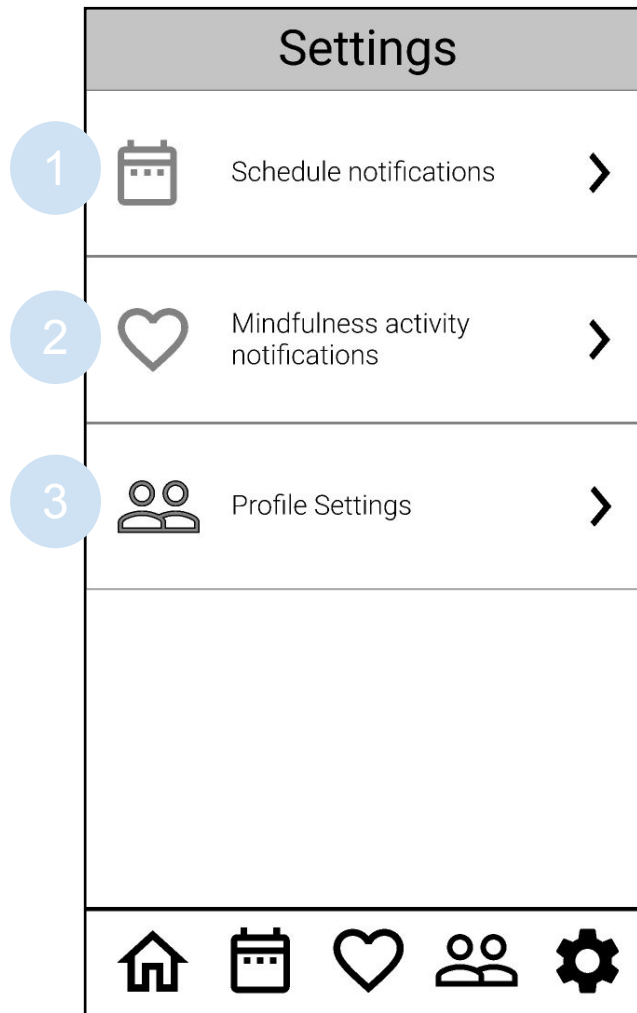
Lorem ipsum dolor sit amet, nihil audiam recusabo ex eam, possit melius instructor ex quo, et eam duis autem:

Additional comments:

## Past Activity Response

- 1 User can navigate back to past activities list
- 2 Shows prompt and user's response for the activity. User can edit responses.






## Settings

- 1 User can edit task notifications
- 2 User can edit notifications for self-care activities
- 3 User can their profile which will be displayed to coworkers

1 < Schedule Notifications

  
Lorem ipsum dolor sit

2


All tasks	<input type="checkbox"/>
Urgent tasks only	<input checked="" type="checkbox"/>
All schedule notifications off	<input type="checkbox"/>

Save

## Schedule Notifications

- 1 Users can navigate back to Settings page
- 2 User can choose to have notifications for all tasks, urgent tasks, or no notifications

1 < Mindfulness Notifications



Lorem ipsum dolor sit

2 Daily reminder notification ☒

Time

Disable if already completed that day ☐

Save


# Mindfulness Notifications

- 1 Users can navigate back to Settings page
- 2 Users can schedule daily notifications to do self-care activities at a set time each day

1

< Profile Settings

2

  
Lorem ipsum dolor sit

3

2


Show profile to others

☒

3

Upload Photo

Bio



4

Show schedule to others

☐

Save

## Profile Settings

- 1 User can navigate back to Settings page
- 2 User can choose to show their profile on their workplace page
- 3 User can upload a profile picture and edit their bio
- 4 User can choose to show their schedule on their profile page