

ClinicalTrials.gov Search Results 06/15/2022

	Title	Status	Study Results	Conditions	Interventions	Locations
1	<a href="#">Digital Cognitive Behavioral Therapy (dCBT-I) for Maternal Insomnia</a>	Not yet recruiting	No Results Available	•Digital Cognitive Behavioral Therapy for Insomnia (dCBT-I)	•Other: dCBT-I	
2	<a href="#">A CBT-based Mobile Intervention as First Line Treatment for Adolescent Depression During COVID-19</a>	Completed	Has Results	•Depression	•Device: Limbix Spark •Other: Psychoeducation	•Limbix Health, Inc., San Francisco, California, United States
3	<a href="#">A Pilot Study of Digital Cognitive Behavioral Therapy for Veterans</a>	Active, not recruiting	No Results Available	•Insomnia	•Behavioral: Cognitive Behavioral Therapy for Insomnia (CBT-i)	•VA Palo Alto Health Care System, Palo Alto, California, United States
4	<a href="#">Digital Cognitive Behavior Therapy for Insomnia Compared With Digital Patient Education About Insomnia in Individuals Referred to Public Mental Health Services in Norway</a>	Recruiting	No Results Available	•Mental Disorder •Insomnia	•Behavioral: digital cognitive behavioral therapy (dCBT-I) •Behavioral: Digital patient education about insomnia (PE)	•AHUS, Oslo, Norway •Stavanger Universitetssykehus, Stavanger, Norway •St Olavs Hospital, Trondheim, Norway •Helse Møre og Romsdal HF, Ålesund, Norway
5	<a href="#">Digital Cognitive-Behavioral Therapy for Insomnia in Spanish Speaking Latinas/os (Dormir Mejor Study)</a>	Recruiting	No Results Available	•Insomnia	•Behavioral: Digital cognitive behavioral therapy for insomnia (CBT-I) program •Behavioral: Minimally Enhanced Usual Care (mEUC) •Device: Somryst (culturally adapted)	•Columbia School of Social Work, New York, New York, United States
6	<a href="#">Digital Cognitive Behavioral Therapy for Insomnia (dCBT-I) for Chronic Insomnia #A Randomized Controlled Trial</a>	Recruiting	No Results Available	•Chronic Insomnia	•Behavioral: smartphone-based dCBT-I from a Wechat applet •Behavioral: sleep education	•Peking University First Hospital, Beijing, Beijing, China
7	<a href="#">The Feasibility and Effectiveness of Digital Cognitive Behavioral Therapy for Insomnia in China: A Pilot Randomized Controlled Trial</a>	Completed	No Results Available	•Insomnia Symptoms	•Behavioral: Digital Cognitive Behavioral Therapy •Behavioral: Sleep Hygiene Education (SHE)	•Peking University, Beijing, Beijing, China
8	<a href="#">A Remote, 9-week Insomnia Treatment Trial to Collect Real World Data for a Digital Therapeutic</a>	Enrolling by invitation	No Results Available	•Chronic Insomnia	•Device: PEAR-003A	•Pear Therapeutics, Inc., Boston, Massachusetts, United States
9	<a href="#">Addressing Nocturnal Sleep/Wake Effects on Risk of Suicide in Older Adults</a>	Enrolling by invitation	No Results Available	•Sleep Initiation and Maintenance Disorders •Suicidal Ideation	•Behavioral: Digital Cognitive Behavioral Therapy for Insomnia	•Banner Whole Health Clinic, Tucson, Arizona, United States
10	<a href="#">Feasibility Evaluation of a Monitored Self-guided Cognitive Behavioural Therapy Digital Format</a>	Completed	No Results Available	•Depressive Symptoms •Anxiety	•Behavioral: Monitored self-guided problem solving	•Centrum för Psykiatrforskning, Stockholm, Sweden
11	<a href="#">Digital Behavioral Therapy for Sleep Problems</a>	Enrolling by invitation	No Results Available	•Insomnia	•Behavioral: Digital cognitive-behavioral therapy for insomnia (dCBTI) •Behavioral: Sleep hygiene education (SHE)	•UCLA Cousins Center for Psychoneuroimmunology, Los Angeles, California, United States
12	<a href="#">Treating PCOS With Digital CBT vs. Metformin</a>	Not yet recruiting	No Results Available	•Polycystic Ovary Syndrome	•Behavioral: Digital Cognitive Behavioral Therapy •Drug: Metformin	
13	<a href="#">A Study to Assess Feasibility of Using Clinician-directed and Digital Application Supported Cognitive Behavior Therapy (CBT) in Conjunction With Esketamine in Participants With Treatment-resistant Depression</a>	Not yet recruiting	No Results Available	•Depression	•Drug: Esketamine •Behavioral: Cognitive Behavioral Therapy (CBT) •Drug: Antidepressant	•Yale University, New Haven, Connecticut, United States •Rush University Medical Center, Chicago, Illinois, United States •University of Chicago, Chicago, Illinois, United States •Sheppard Pratt Health System, Baltimore, Maryland, United States •Rochester Center for Behavioral Medicine (RCBM), Rochester Hills, Michigan, United States •University of Cincinnati, Dept of Psychiatry & Behavioral Neuroscience, Cincinnati, Ohio, United States

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14	<a href="#">Digital CBTi for Comorbid Insomnia in Chronic Migraine</a>	Recruiting	No Results Available	•Insomnia Chronic •Migraine Disorders	•Behavioral: Digital CBT-I •Behavioral: Sleep Hygiene Education	•Glasgow, Glasgow, United Kingdom •Walton Centre, Liverpool, Liverpool, United Kingdom
15	<a href="#">Delivery of Digital Cognitive Behavioural Therapy Following Concussion</a>	Completed	No Results Available	•Concussion, Mild	•Other: HeadOn	•Edinburgh Royal Infirmary, Edinburgh, United Kingdom
16	<a href="#">Cell Phone-supported Cognitive Behavioural Therapy</a>	Unknown status	No Results Available	•Anxiety	•Behavioral: Cell-phone supported CBT •Behavioral: CBT with digital audio player support •Behavioral: CBT	•"Unga Vuxna" Clinic, Linkoping, Ostergotland, Sweden
17	<a href="#">dCBTi for Adults With ADHD</a>	Recruiting	No Results Available	•Insomnia	•Behavioral: Sleep Hygiene and Self-Monitoring Control •Behavioral: dCBTi-ADHD	•The University of Hong Kong, Hong Kong, Hong Kong
18	<a href="#">Controlled Investigation to Evaluate Impact of dCBT in Adult Subjects With IPF</a>	Recruiting	No Results Available	•Generalized Anxiety Disorder •Depression •Idiopathic Pulmonary Fibrosis	•Device: digital cognitive behavioral therapy	•Curebase Study Site, San Francisco, California, United States
19	<a href="#">Effectiveness of the Multicomponent Therapy in Chronic Pain Through The Use of Smartphones</a>	Completed	No Results Available	•Catastrophization •Chronic Pain •Pain, Chronic •Cognitive Therapy •Smartphones •Acceptance, Social	•Other: Multimodal pain therapy •Other: Standardized treatment.	•Yolanda Morcillo Muñoz, Córdoba, Spain
20	<a href="#">Cognitive Behavioral Therapy and Real-Time Pain Management Intervention for Sickle Cell Via Mobile Applications</a>	Recruiting	No Results Available	•Chronic Pain •Depression, Anxiety •Opioid Use	•Other: cCBT •Other: m-Education	•University of Illinois-Chicago, Chicago, Illinois, United States •Johns Hopkins, Baltimore, Maryland, United States •Duke University, Durham, North Carolina, United States •East Carolina University, Greenville, North Carolina, United States •Ohio State University, Columbus, Ohio, United States •University of Pittsburgh, Pittsburgh, Pennsylvania, United States
21	<a href="#">Improving Sleep in Rehabilitation After Stroke</a>	Active, not recruiting	No Results Available	•Stroke	•Behavioral: Digital cognitive behavioural therapy for insomnia •Behavioral: Sleep hygiene information	•Wellcome Centre for Integrative Neuroimaging (WIN), Oxford, United Kingdom
22	<a href="#">iCare4Depression: Effectiveness of a Blended Cognitive-Behavioral Therapy in Routine Practice</a>	Unknown status	No Results Available	•Major Depression	•Behavioral: blended Cognitive-behavioral Therapy •Other: Treatment-As-Usual	•University Institute of Maia, Maia, Porto, Portugal
23	<a href="#">Digital Therapeutic for Depression After Head Injury in Current and Former US Military Personnel</a>	Not yet recruiting	No Results Available	•Depressive Symptoms •Mild Traumatic Brain Injury	•Device: CNRM DTx •Other: Psychoeducation Comparison	
24	<a href="#">Effectiveness of Cognitive Behavioral Therapy for Insomnia in Young Adults With Chronic Pain</a>	Withdrawn	No Results Available	•Insomnia •Chronic Pain •Insomnia Due to Medical Condition	•Other: Delivering Online "ZZZ's with Empirical support (DOZE) app •Other: Sleep diary	•Women's College Hospital, Toronto, Ontario, Canada
25	<a href="#">Internet Cognitive Behavioral Therapy for Insomnia to Prevent Cardiovascular Disease</a>	Suspended	No Results Available	•Insomnia Chronic •Subclinical Disease and/or Syndrome	•Behavioral: Internet-delivered Cognitive Behavioral Therapy for Insomnia	•Arizona State University, Phoenix, Arizona, United States

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26	<a href="#">OXD01 in Combination With Sublingual Buprenorphine/ Naloxone for Treatment of Opioid Use Disorder</a>	Recruiting	No Results Available	•Opioid-use Disorder	•Device: OXD01 digital therapy •Other: Standard of Care	•Parkway Medical Center, Birmingham, Alabama, United States •North County Clinical Research, Oceanside, California, United States •Artemis Institute for Clinical Research, San Diego, California, United States •Wetlin Research Associates, Inc, San Diego, California, United States •Humanity Clinical Research, Pembroke Pines, Florida, United States •Southern Illinois Associates LLC, Glen Carbon, Illinois, United States •Otrimed Clinical Research, Edgewood, Kentucky, United States •Patient First Medical Clinic, Dearborn, Michigan, United States •Precise Research Centers, Flowood, Mississippi, United States •PsychCare Consultants Research, Saint Louis, Missouri, United States •and 11 more
27	<a href="#">Digital Cognitive Behavior Therapy Program for Suicide Prevention</a>	Completed	No Results Available	•Suicidal Ideation •Depression •Anxiety	•Behavioral: Thrive	•Montana State University, Bozeman, Montana, United States
28	<a href="#">Internet-based Cognitive Behavioral Therapy in Inflammatory Bowel Disease</a>	Not yet recruiting	No Results Available	•Inflammatory Bowel Diseases •Psychological Distress	•Behavioral: Internet-based Cognitive Behavioral Therapy	
29	<a href="#">Zemedy Application for Irritable Bowel Syndrome</a>	Recruiting	No Results Available	•IBS - Irritable Bowel Syndrome	•Device: Use of Zemedy Application	•Stanford University School of Medicine, Redwood City, California, United States
30	<a href="#">Cognitive-Behavioral Stress Management Device for the Treatment of Anxiety and Depressive Symptoms in Patients With Stage I-III Breast or Lung Cancer</a>	Recruiting	No Results Available	•Anatomic Stage I Breast Cancer AJCC v8 •Anatomic Stage IA Breast Cancer AJCC v8 •Anatomic Stage IB Breast Cancer AJCC v8 •Anatomic Stage II Breast Cancer AJCC v8 •Anatomic Stage IIA Breast Cancer AJCC v8 •Anatomic Stage IIB Breast Cancer AJCC v8 •Anatomic Stage III Breast Cancer AJCC v8 •Anatomic Stage IIIA Breast Cancer AJCC v8 •Anatomic Stage IIIB Breast Cancer AJCC v8 •Anatomic Stage IIIC Breast Cancer AJCC v8 •and 23 more	•Behavioral: Cognitive Behavior Therapy •Other: Interview •Other: Quality-of-Life Assessment •Other: Questionnaire Administration	•UCLA / Jonsson Comprehensive Cancer Center, Los Angeles, California, United States
31	<a href="#">dCBTi With and Without Coaching Support</a>	Recruiting	No Results Available	•Insomnia	•Behavioral: dCBTi •Behavioral: Virtual coaching •Behavioral: Non-therapist coaching •Behavioral: Therapist coaching •Behavioral: Sleep Hygiene and Self-Monitoring Control	•The University of Hong Kong, Hong Kong, Hong Kong

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32	<a href="#">E-health Cognitive Behavioral Therapy in Women Treated by in Vitro Fertilization (IVF)</a>	Completed	No Results Available	<ul style="list-style-type: none"> <li>•Depression</li> <li>•Anxiety</li> <li>•Infertility</li> </ul>	•Behavioral: Digicoach	•Radboud University Nijmegen Medical Centre, department of obstetrics and gynecology, Nijmegen, Netherlands
33	<a href="#">AI-Based Fidelity Feedback to Enhance CBT</a>	Not yet recruiting	No Results Available	<ul style="list-style-type: none"> <li>•Cognitive Behavioral Therapy</li> <li>•Therapy</li> </ul>	•Other: LyssnCBT	
34	<a href="#">Therapist-Guided Smartphone-Delivered CBT for MDD</a>	Recruiting	No Results Available	•Major Depressive Disorder	•Behavioral: Mindset: Therapist-guided smartphone-delivered CBT	•Massachusetts, Boston, Massachusetts, United States
35	<a href="#">Developing and Validating Clinical Efficacy for Obesity Digital CBT Model</a>	Completed	No Results Available	•Search MeSH	<ul style="list-style-type: none"> <li>•Behavioral: Cognitive Behavioral Therapy</li> <li>•Device: Self-guided</li> </ul>	•Seoul National University Hospital, Seoul, Korea, Republic of
36	<a href="#">Effects of Group-based and Digitally Delivered CBT-I in Youth</a>	Recruiting	No Results Available	•Insomnia	<ul style="list-style-type: none"> <li>•Behavioral: digital CBTI</li> <li>•Behavioral: group CBTI</li> </ul>	•Sleep Research Clinic and Laboratory, Department of Psychology, The University of Hong Kong, Hong Kong, Hong Kong
37	<a href="#">Efficacy of Digital CBT-I Intervention During Pregnancy</a>	Not yet recruiting	No Results Available	•Insomnia in Pregnancy	<ul style="list-style-type: none"> <li>•Behavioral: CBT-I</li> <li>•Behavioral: Assertive communication training</li> </ul>	
38	<a href="#">A Randomized Controlled Study of Digitalized Cognitive Behavioral Intervention for Antenatal Depression</a>	Recruiting	No Results Available	<ul style="list-style-type: none"> <li>•Depression</li> <li>•Antenatal Depression</li> </ul>	<ul style="list-style-type: none"> <li>•Behavioral: Digitalized CBT with phone coaching</li> <li>•Other: Psychoeducation about depression</li> </ul>	•University of Turku, Turku, Finland
39	<a href="#">SleepUp Digital CBTi-based Platform for Insomnia</a>	Enrolling by invitation	No Results Available	<ul style="list-style-type: none"> <li>•Insomnia</li> <li>•Sleep Disorder</li> <li>•Sleep Hygiene</li> </ul>	<ul style="list-style-type: none"> <li>•Behavioral: Online Cognitive-Behavioral Therapy for Insomnia and complementary therapies</li> <li>•Behavioral: Regular Cognitive Behavioural Therapy for Insomnia</li> <li>•Behavioral: Sleep hygiene - minimal intervention</li> </ul>	•SleepUp Tecnologia em Saúde LTDA, São Caetano Do Sul, São Paulo, Brazil
40	<a href="#">Cognitive Behavioral Therapy Following Myocardial Infarction</a>	Completed	No Results Available	•Myocardial Infarction	•Behavioral: MI-CBT	•Karolinska University Hospital, Stockholm, Sweden
41	<a href="#">CBTpro: Scaling up CBT for Psychosis Using Simulated Patients and Spoken Language Techniques</a>	Not yet recruiting	No Results Available	<ul style="list-style-type: none"> <li>•Psychosis</li> <li>•Schizophrenia</li> <li>•Schizo Affective Disorder</li> <li>•Bipolar Disorder</li> <li>•Depressive Disorder</li> </ul>	•Behavioral: CBTpro	<ul style="list-style-type: none"> <li>•Valley Cities Behavioral Health Care, Auburn, Washington, United States</li> <li>•Comprehensive Healthcare, Ellensburg, Washington, United States</li> <li>•Valley Cities Behavioral Health Care, Federal Way, Washington, United States</li> <li>•Comprehensive Healthcare, Goldendale, Washington, United States</li> <li>•Valley Cities Behavioral Health Care, Kent, Washington, United States</li> <li>•Valley Cities Behavioral Health Care, Midway, Washington, United States</li> <li>•Valley Cities Behavioral Health Care, Seattle, Washington, United States</li> <li>•Comprehensive Healthcare, Sunnyside, Washington, United States</li> <li>•Comprehensive Healthcare, Walla Walla, Washington, United States</li> <li>•Comprehensive Healthcare, Yakima, Washington, United States</li> </ul>
42	<a href="#">Insomnia and Rumination in Late Pregnancy and the Risk for Postpartum Depression</a>	Completed	No Results Available	<ul style="list-style-type: none"> <li>•Insomnia</li> <li>•Post Partum Depression</li> </ul>	<ul style="list-style-type: none"> <li>•Behavioral: dCBTI</li> <li>•Behavioral: Sleep Education</li> </ul>	•Henry Ford Medical Center, Novi, Michigan, United States

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43	<a href="#">Implementation of Digital CBT for Insomnia in First Episode Psychosis</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Insomnia</li><li>•Psychosis</li><li>•First Episode Psychosis</li></ul>	<ul style="list-style-type: none"><li>•Device: Sleepio</li></ul>	<ul style="list-style-type: none"><li>•Esteem North, NHS Greater Glasgow and Clyde, Glasgow, United Kingdom</li><li>•Esteem South and Clyde, NHS Greater Glasgow and Clyde, Glasgow, United Kingdom</li></ul>
44	<a href="#">Galantamine to Enhance Cognitive Behavioral Therapy for Cocaine Abuse</a>	Completed	Has Results	<ul style="list-style-type: none"><li>•Cocaine Dependence</li></ul>	<ul style="list-style-type: none"><li>•Drug: Galantamine</li><li>•Behavioral: Computer Assisted Cognitive Behavioral Therapy (CBT)</li></ul>	<ul style="list-style-type: none"><li>•Kinsella Treatment Center (KTC), Bridgeport, Connecticut, United States</li><li>•Regional Network of Programs, Stratford, Connecticut, United States</li></ul>
45	<a href="#">Acceptability and Efficacy of Zemedy App Versus Education and Relaxation Training App for IBS</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Irritable Bowel Syndrome</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Zemedy App</li></ul>	<ul style="list-style-type: none"><li>•University of Pennsylvania, Philadelphia, Pennsylvania, United States</li></ul>
46	<a href="#">Enhancing Performance of Cognitive Behavioral Therapy for Insomnia With an Integrative Mobile Platform</a>	Unknown status	No Results Available	<ul style="list-style-type: none"><li>•Primary Insomnia</li><li>•Depressive Disorders With Insomnia</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: App modules</li><li>•Behavioral: Traditional CBT-I</li></ul>	<ul style="list-style-type: none"><li>•National Taiwan University Hospital, Taipei, Taiwan</li></ul>
47	<a href="#">Efficacy of Online CBT for GAD Compared to Pharmaceutical Interventions</a>	Completed	No Results Available	<ul style="list-style-type: none"><li>•Generalized Anxiety Disorder</li></ul>	<ul style="list-style-type: none"><li>•Drug: SSRIs/SNRIs (Selective Serotonin Reuptake Inhibitors/ Serotonin and Norepinephrine Reuptake Inhibitors)</li><li>•Behavioral: Electronic Cognitive Behavioural Therapy</li></ul>	<ul style="list-style-type: none"><li>•Hotel Dieu Hospital, Kingston, Ontario, Canada</li></ul>
48	<a href="#">Digital Parent Training for Disruptive Behaviors in Children</a>	Completed	No Results Available	<ul style="list-style-type: none"><li>•Disruptive Behavior</li><li>•Aggression Childhood</li><li>•Anger</li><li>•Non-Compliance, Patient</li><li>•Irritable Mood</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Parent Management Training</li></ul>	<ul style="list-style-type: none"><li>•Yale Child Study Center, New Haven, Connecticut, United States</li></ul>
49	<a href="#">Social Phobia Intervention Study of Mannheim</a>	Completed	Has Results	<ul style="list-style-type: none"><li>•Social Phobia</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: cognitive therapy</li><li>•Behavioral: stepped care program based on cognitive therapy</li></ul>	<ul style="list-style-type: none"><li>•Central Institute of Mental Health, Mannheim, Baden-Württemberg, Germany</li></ul>
50	<a href="#">MHNA-001 for Young Adults With IBS</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Irritable Bowel Syndrome</li></ul>	<ul style="list-style-type: none"><li>•Device: MHNA-001</li></ul>	<ul style="list-style-type: none"><li>•Carolina Institute for Clinical Research, Fayetteville, North Carolina, United States</li></ul>
51	<a href="#">Reducing Fear of Cancer Recurrence in Danish Colorectal Cancer Survivors</a>	Not yet recruiting	No Results Available	<ul style="list-style-type: none"><li>•Fear of Cancer Recurrence</li><li>•Colorectal Cancer</li><li>•Anxiety</li><li>•Health Anxiety</li><li>•Bodily Distress Syndrome</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: TG-iConquerFear</li><li>•Behavioral: aTAU</li></ul>	
52	<a href="#">Feasibility and Effectiveness of Delivering CBT Through OPTT for Depression</a>	Completed	No Results Available	<ul style="list-style-type: none"><li>•Major Depressive Disorder</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Live CBT</li><li>•Behavioral: e-CBT</li></ul>	<ul style="list-style-type: none"><li>•Queen's University, Kingston, Ontario, Canada</li></ul>
53	<a href="#">Cognitive Behavioral Therapy for Insomnia (CBT-I) in Schizophrenia(SLEEPINS)</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Insomnia</li><li>•Schizophrenia</li><li>•Schizoaffective Disorder</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: iCBT-I</li><li>•Behavioral: GCBT-I</li></ul>	<ul style="list-style-type: none"><li>•Helsinki University Central Hospital, Helsinki, Uusimaa, Finland</li></ul>
54	<a href="#">Physical Activity Promotion Added to Standard Care Pulmonary Rehabilitation and Cognitive Behavioural Therapy</a>	Completed	No Results Available	<ul style="list-style-type: none"><li>•Chronic Obstructive Pulmonary Disease</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Physical Activity Promotion</li></ul>	<ul style="list-style-type: none"><li>•Newcastle upon Tyne NHS trust, Newcastle Upon Tyne, Tyne And Wear, United Kingdom</li></ul>
55	<a href="#">Comparison of the Effects of Support and Non-support Online CBT-I</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Insomnia</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Cognitive behavioral therapy</li></ul>	<ul style="list-style-type: none"><li>•Sleep Research Clinic &amp; Laboratory, Department of Psychology, The University of Hong Kong, Hong Kong, Hong Kong</li></ul>
56	<a href="#">Effectiveness of eCBT-I on Improving Mental Health in Chinese Youths With Insomnia</a>	Recruiting	No Results Available	<ul style="list-style-type: none"><li>•Insomnia</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: ECBT-I</li><li>•Behavioral: HE</li></ul>	<ul style="list-style-type: none"><li>•Peking University Sixth Hospital, Beijing, China</li><li>•Department of psychiatry, Faculty of Medicine, The Chinese University of Hong Kong, Hong Kong, Hong Kong</li></ul>
57	<a href="#">Mobile-Assisted Cognitive Behavior Therapy for Negative Symptoms in Schizophrenia</a>	Completed	No Results Available	<ul style="list-style-type: none"><li>•Schizophrenia</li><li>•Schizoaffective Disorder</li></ul>	<ul style="list-style-type: none"><li>•Behavioral: Mobile-assisted CBT</li></ul>	



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58	<a href="#">GIST and Memory and Attention Adaptation Training</a>	Recruiting	No Results Available	•GIST, Malignant •CBT	•Behavioral: MAAT	•UPMC Hillman Cancer Center, Pittsburgh, Pennsylvania, United States
59	<a href="#">Cognitive Behavior Therapy (CBT) and Psychological Status and Immune Function</a>	Recruiting	No Results Available	•Colorectal Cancer •Cognitive Behavior Therapy •Immune Function	•Behavioral: cognitive behavior therapy	•Shanghai 10th People's Hospital, Shanghai, Shanghai, China
60	<a href="#">CBT for Premature Ventricular Contractions</a>	Active, not recruiting	No Results Available	•Ventricular Premature Complexes	•Behavioral: CBT	•Karolinska University Hospital, Stockholm, Sweden
61	<a href="#">Digital Strategies for Patients With Chronic Dermatitis With Pruritus / Skin Picking Disorder</a>	Completed	No Results Available	•Skin-Picking •Acne •Dermatosis	•Behavioral: internet-based cognitive-behavioral therapy  •Behavioral: Quality of life improving intervention	•Hospital de Clínicas de Porto Alegre, Porto Alegre, Rio Grande Do Sul, Brazil
62	<a href="#">Effects of Group Cognitive Behavioural Therapy on Comorbid Insomnia and Depression in Youth</a>	Completed	No Results Available	•Insomnia •Depression	•Behavioral: Cognitive Behavioural Therapy for Insomnia (CBT-I)  •Behavioral: Cognitive Behavioural Therapy for Depression (CBT-D)	•Sleep Research Clinic & Laboratory, Department of Psychology, The University of Hong Kong, Hong Kong, Hong Kong
63	<a href="#">Effects of Cognitive Behavioural Therapy and Bright Light Therapy for Insomnia in Adolescents With Evening Chronotype</a>	Recruiting	No Results Available	•Insomnia •Delayed Sleep Phase	•Behavioral: Cognitive Behavioural Therapy for Insomnia (CBT-I) + Bright Light Therapy  •Behavioral: Cognitive Behavioural Therapy for Insomnia (CBT-I) + Placebo Light Therapy	•Sleep Research Clinic and Laboratory, Department of Psychology, The University of Hong Kong, Hong Kong, Hong Kong
64	<a href="#">MBCT vs HEP in Patients With Late-Life Depression</a>	Not yet recruiting	No Results Available	•Depression in Old Age •Cognitive Decline	•Behavioral: Mindfulness-Based Cognitive Therapy  •Behavioral: Health Enhancement Program	
65	<a href="#">TreadWill, an Automated Intervention for Depressive Symptoms</a>	Recruiting	No Results Available	•Depressive Symptoms	•Behavioral: Interactive and full-featured intervention  •Behavioral: Feature-limited CCBT  •Other: Waitlist control	•Indian Institute of Technology Kanpur, Kanpur, Uttar Pradesh, India
66	<a href="#">Kids FACE FEARS Comparative Effectiveness Research</a>	Active, not recruiting	No Results Available	•Child Anxiety •Anxiety Disorder of Adolescence	•Behavioral: Therapist-led Face-to-Face Cognitive-Behavioral Therapy  •Behavioral: Digital Cognitive-Behavioral Therapy	•Nicklaus Children's Hospital, Miami, Florida, United States  •Florida International University, Miami, Florida, United States  •Johns Hopkins Bayview Medical Center, Baltimore, Maryland, United States  •Massachusetts General Hospital, Boston, Massachusetts, United States  •Boston Medical Center, Boston, Massachusetts, United States  •South Boston Community Health Center, Boston, Massachusetts, United States  •Harborview Medical Center, Seattle, Washington, United States  •Seattle Children's Hospital, Seattle, Washington, United States
67	<a href="#">Evaluation of a New CBT for People With Alzheimer's Disease and Their Caregivers</a>	Completed	No Results Available	•Alzheimer Disease	•Behavioral: Cognitive-Behavioral group therapy  •Behavioral: Non directive support Group	•Centre de Recherche de l'Institut Universitaire de Geriatrie de Montreal, Montréal, Quebec, Canada
68	<a href="#">Group Cognitive Behavioral Therapy and Acupressure for Insomnia</a>	Completed	No Results Available	•Insomnia	•Behavioral: Cognitive Behavioral Therapy for Insomnia  •Other: Acupressure	•The Chinese University of Hong Kong, Hong Kong, Hong Kong  •The Chinese University of Hong Kong, Sha Tin, Hong Kong
69	<a href="#">Online Treatment of Cognitive Impairment and Insomnia in Cancer Survivors</a>	Recruiting	No Results Available	•Cancer •Insomnia •Cognitive Impairment	•Behavioral: Cognitive Behaviour Therapy for Insomnia (CBT-I)	•Memorial University of Newfoundland, St. John's, Newfoundland and Labrador, Canada

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70	<a href="#">Effects of Self-help Versus Group Cognitive Behavioural Therapy for Insomnia in Youth</a>	Recruiting	No Results Available	•Insomnia	•Behavioral: CBTi	•Sleep Research Clinic & Laboratory, Department of Psychology, The University of Hong Kong, Hong Kong, Hong Kong
71	<a href="#">Optimizing the Scalability of Evidence-Based Behavioral Sleep Medicine Practices With a Digital Health Platform</a>	Recruiting	No Results Available	•Implementation; Digital Health •Chronic Insomnia	•Other: No Facilitation Support •Other: External Facilitation Support •Other: External and Internal Facilitation Support	•Naval Health Research Center, San Diego, California, United States
72	<a href="#">Reducing Use of Sleep Medications Assisted by a Digital Insomnia Intervention</a>	Not yet recruiting	No Results Available	•Insomnia	•Behavioral: Cognitive Behavioral Therapy for Insomnia •Behavioral: Deprescribing	•VA Pittsburgh Healthcare System University Drive Division, Pittsburgh, PA, Pittsburgh, Pennsylvania, United States
73	<a href="#">Smart Sensory Technology in Psychotherapy for Pediatric OCD</a>	Recruiting	No Results Available	•Obsessive-Compulsive Disorder	•Behavioral: Online-based Cognitive-behavioral Therapy for OCD	•Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy, Tuebingen, Baden-Württemberg, Germany
74	<a href="#">Cognitive Behavioral Therapy (CBT) After Lumbar Spinal Fusion in Patients With High Pain Catastrophizing</a>	Recruiting	No Results Available	•Lumbar Spinal Stenosis •Lumbar Spondylolisthesis •Lumbar Instability •Spinal Disease	•Behavioral: Cognitive-behavioral Therapy •Other: Biomedical and surgery-specific education	•Neurocenter of Southern Switzerland, Neurosurgical Service, Lugano, Switzerland
75	<a href="#">A Sleep Program to Improve Sleep Quality in People With HIV</a>	Terminated	No Results Available	•HIV - Human Immunodeficiency Virus •Insomnia Disorder	•Behavioral: Digital cognitive behavioural therapy for insomnia (dCBT-I)	•Montreal Neurological Institute and Hospital (McGill University), Montreal, Quebec, Canada
76	<a href="#">mHealth for Breast Cancer Survivors With Insomnia</a>	Recruiting	No Results Available	•Breast Cancer Survivor •Insomnia	•Behavioral: Faster Asleep Smart Speaker Program •Behavioral: Faster Asleep Website	•MedStar Washington Hospital Center, Washington, District of Columbia, United States
77	<a href="#">Behavior Cognitive Therapy on Fatigue Impact in MS Patients</a>	Completed	No Results Available	•Relapsing Remitting Multiple Sclerosis •Fatigue •Cognitive Therapy	•Behavioral: Behaviorial Cognitive Therapy (BCT)	•Poissy St Germain Hospital, Poissy, France
78	<a href="#">A Cognitive Behavioral Digital Therapeutic InterventiON for Glycemic Control in Type 2 Diabetes Mellitus</a>	Enrolling by invitation	No Results Available	•Diabetes Type 2	•Device: BT-001 •Device: Control Mobile Application	•Mass General Brigham Hospital and Clinics, Boston, Massachusetts, United States
79	<a href="#">Added Value of Cognitive Behavioural Therapy for Insomnia in Persons With Knee Osteoarthritis</a>	Recruiting	No Results Available	•Osteoarthritis, Knee •Insomnia	•Behavioral: Cognitive behavioral therapy for insomnia (CBT-I) integrated in best-evidence usual care (CBTi-UC) •Behavioral: Best-evidence usual care (UC) plus information sessions	•Department Rehabilitation Science, Leuven, Belgium
80	<a href="#">Clinical and Economic Evaluation of Neurocognitively-Enhanced Online Cognitive Behavioural Therapy</a>	Unknown status	No Results Available	•Depression	•Behavioral: online cognitive behavioural therapy •Behavioral: online neurocognitive remediation therapy	•University of Southern Denmark, Odense, Denmark
81	<a href="#">Mobile CBT for Negative Symptoms</a>	Recruiting	No Results Available	•Schizophrenia •Schizoaffective Disorder	•Behavioral: Mobile-assisted CBT-informed Skills Training •Behavioral: Supportive Contact	•UC San Diego, La Jolla, California, United States
82	<a href="#">Cognitive Behavioural Therapy for Insomnia in Chronic Spinal Pain</a>	Active, not recruiting	No Results Available	•Chronic Low Back Pain •Chronic Neck Pain •Insomnia Chronic	•Behavioral: MNA plus CBT-I •Behavioral: MNA alone	•University Hospital Brussels, Brussels, Brussels Hoofdstedelijk Gewest, Belgium •University Hospital Ghent, Ghent, Oost-Vlaanderen, Belgium
83	<a href="#">Improving Therapeutic Learning in Depression: Proof of Concept</a>	Completed	Has Results	•Major Depressive Disorder	•Drug: 250 mg DCS •Drug: 100 mg Modafinil •Drug: Placebo	•Boston University, Boston, Massachusetts, United States

	Title	Status	Study Results	Conditions	Interventions	Locations
84	<a href="#">Internet-delivered CBT for Anxiety Related to Asthma</a>	Active, not recruiting	No Results Available	•Asthma •Anxiety	•Behavioral: Exposure-based Internet-CBT •Other: Treatment as usual	•Department of Medical Epidemiology and Biostatistics, Karolinska Institutet, Stockholm, Sweden
85	<a href="#">Improving Emotion Regulation at the End of Breast Cancer Treatment</a>	Completed	No Results Available	•Breast Cancer •Emotional Disturbances •Emotional Dysfunction •Anxiety Depression •Fear of Cancer	•Behavioral: Cognitive-Behavioral Group Therapy and Hypnosis	•Institut Jules Bordet, Brussels, Belgium
86	<a href="#">Program ACTIVE: Phase 2</a>	Withdrawn	No Results Available	•Diabetes Mellitus, Type 2 •Depression	•Behavioral: Community-Based Exercise •Behavioral: Cognitive Behavioral Therapy	
87	<a href="#">Clinical Translational Science Institute (CTSI) Brain HQ Modules vs. Active Controls for Elderly Survivors of ICU</a>	Terminated	No Results Available	•Neurocognitive Disorders	•Behavioral: Brain HQ Cognitive Modules	•Froedtert Memorial Lutheran Hospital, Milwaukee, Wisconsin, United States
88	<a href="#">Cognitive Therapy for Urinary Dysfunction in Parkinson’s Disease</a>	Unknown status	No Results Available	•Parkinson Disease •Urinary Disease Other	•Behavioral: cognitive training •Behavioral: pelvic floor training	•Department of Neurology, University Hospital Schleswig-Holstein, Kiel, Schleswig-Holstein, Germany
89	<a href="#">A Comparison of CBTi and Usual Treatment for Tinnitus Related Insomnia</a>	Unknown status	No Results Available	•Tinnitus •Insomnia	•Behavioral: Cognitive Behaviour Therapy for Insomnia •Behavioral: Standard Audiological Care •Behavioral: Sleep Support Group	•Uclh (Rntneh), London, United Kingdom
90	<a href="#">Sleep in Psychiatric Care (SIP): A Transdiagnostic Group-based Sleep-school as Treatment for Comorbid Insomnia</a>	Recruiting	No Results Available	•Sleep Disorder; Insomnia Type •Psychiatric Disorders	•Behavioral: Group-based cognitive behavioral therapy for insomnia •Behavioral: Group-based cognitive behavioral therapy for insomnia and additive bb-glasses •Other: 8-week wait list for sleep-school	•Haukeland University Hospital, Bergen, Norway
91	<a href="#">Tech-Enabled CM for AUD at Scale in Medicaid</a>	Recruiting	No Results Available	•Alcohol Use Disorder •Alcohol Dependence •Drug Dependence	•Combination Product: DynamiCare Motivation Support Program •Other: Untreated or Routine Care Control Group	•DynamiCare Health, Boston, Massachusetts, United States
92	<a href="#">CBT-I for Veterans With TBI</a>	Active, not recruiting	No Results Available	•Insomnia •Traumatic Brain Injury	•Behavioral: Cognitive-Behavioral Therapy for Insomnia •Behavioral: Sleep Education	•VA San Diego Healthcare System, San Diego, CA, San Diego, California, United States
93	<a href="#">Mindfulness Research Program: Designed to Enhance Wellbeing in People Living With Dementia and Their Spouses</a>	Completed	No Results Available	•Dementia	•Behavioral: Mindfulness-Based Cognitive Therapy	
94	<a href="#">SIESTA: Sleep Intervention to Enhance Cognitive Status and Reduce Beta Amyloid</a>	Recruiting	No Results Available	•Insomnia	•Behavioral: Cognitive Behavioral Therapy for Insomnia (CBT-I) •Behavioral: Sleep and Lifestyle Education	•University of Kansas Medical Center- Sleep, Health and Wellness Laboratory, Kansas City, Kansas, United States
95	<a href="#">Reducing Suicide Risk in Older Veterans Using Problem Solving Therapy</a>	Recruiting	No Results Available	•Suicidal Ideation •Depressive Disorder •Anxiety Disorders •Post Traumatic Stress Disorder	•Behavioral: Enhanced Usual Care (EUC) •Behavioral: Problem Solving Therapy (PST) plus EUC	•VA Palo Alto Health Care System, Palo Alto, CA, Palo Alto, California, United States •Syracuse VA Medical Center, Syracuse, NY, Syracuse, New York, United States
96	<a href="#">Cognitive-Behavioural &amp; Mindfulness-Based Online Programs for Female Sexual Dysfunction</a>	Recruiting	No Results Available	•Female Sexual Dysfunction	•Behavioral: Cognitive-Behavioural Therapy - Online (CBT-O) •Behavioral: Mindfulness-Based Therapy - Online (MBT-O)	•UBC Sexual Health Research Lab; Gordon & Leslie Diamond Health Care Centre, Vancouver, British Columbia, Canada
97	<a href="#">ODYSSEE-vCHAT Pilot Trial for Heart Failure</a>	Recruiting	No Results Available	•Heart Failure	•Behavioral: ODYSSEE-vCHAT	•University Health Network, Toronto, Ontario, Canada •Sunnybrook Health Sciences Centre, Toronto, Ontario, Canada •Mount Sinai Hospital, Toronto, Ontario, Canada



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98	<a href="#">Feasibility and Acceptability of W-GenZD vs CBT-light Teletherapy for Adolescents Seeking Mental Health Services</a>	Recruiting	No Results Available	•Depression •Anxiety	•Device: W-GenZD Mobile Application •Behavioral: CBT-Light Teletherapy	•Children's Hospital of The King's Daughters, Norfolk, Virginia, United States
99	<a href="#">bBeAMom: Effectiveness of a Cognitive-Behavioral Blended Intervention for Postpartum Depression</a>	Not yet recruiting	No Results Available	•Postpartum Depression	•Behavioral: Blended Be a Mom •Other: Treatment as usual (TAU)	•Faculty of Psychology and Education Sciences, University of Coimbra, Coimbra, Portugal
100	<a href="#">Evaluating an Online Mindfulness-Based Intervention for Insomnia</a>	Not yet recruiting	No Results Available	•Insomnia, Primary	•Behavioral: 'Mindful Living With Insomnia (MLWI)' Intervention via WeChat mini-program  •Behavioral: 'Cognitive Behavioral Therapy for insomnia (CBT-I)'via WeChat mini-program	

7 additional studies not shown