Books for reference

Creating a character by Constantin Stanislavski

A sense of direction by William Ball

Advice for Actors by Robert Lewis

Respect for Acting by Uta Hagen

Actors challenge by Uta Hagen

A Life by Elia Kazan

The Year of the King: An Actor's Diary Anthony Shear

Artist's Way by Julia Cameron

Being an Actor by Simon Callow

Creative Visualization by Shakti Gawain

Family by John Bradshaw

Healing the Shame that Binds you by John Bradshaw

Making Movies by Sidney Lumet

Method or Madness by Robert Lewis

In Performance by Sanford Meisner

Method Acting by Edward Dwight Easty

The Golden Box

"Golden Box" is a complete set of tools for creating vivid and powerful characters.

The Ritual Journal

"The Ritual Journal" It is a book of creative work for the actor, offering a series of daily exercises to open the instrument physically, verbally and emotionally. Through work exercises the actor can find how to use creatively at the time and continue to find the triggers that will help in their characterization and interpretation of scripture and remain open in their daily lives.

By Michelle Danner