


Daily Routine

Day/Date: _____

Week of: _____



Morning

06:00 – 12:00

S	T	W	T	F	S	M	Activities
✓	✓						Make Bed
✓	✓						Oatmeal Breakfast



Afternoon

12:00 – 17:00

S	T	W	T	F	S	M	Activities



Evening

17:00 – 21:00

S	T	W	T	F	S	M	Activities

