

American Civil War major, Nathan Boynton gave his name to the city of Boynton Beach fl after falling in love with its sandy beach, beautiful surrounding scenery and endless sunshine. The major built a summer home here, which was later to become a hotel. The area attracted settlers to its fertile land, ideal for growing fruit and vegetables. The local economy was boosted with the coming of the Florida East Coast Railway, bringing an opportunity to ship produce all over the country.

The city continues to be a pleasant place to live and work and has recovered well from the extensive damage done by Hurricane Wilma in 2005. The outdoor life is enjoyed here at a number of amenities for sport and recreation. Golf is one of the most popular pastimes and Boynton Beach fl golfers frequent The Links facility. It caters for golfers of all abilities and consists of an 18-hole Par 71 Championship Course and a 9-hole Par 30 Family Course. Players can practice on the grass tee driving range, putting and chipper and bunker greens. There is a pro shop and PGA professionals are on hand to give lessons. Breakfast and lunch is served in the restaurant every day.

The city is very green with several parks and open spaces and the larger parks have sporting facilities. The Boat Club Park has barbecue grills, playground, boat dock and ramp. There is permission granted for saltwater fishing. Ezell Hester Jr Community Park has a gymnasium and tennis and racquetball courts. There are also spaces for football, basketball, volleyball, baseball and softball. Meadows Park has basketball and volleyball courts, tennis courts and facilities for bocci and horseshoes. The city also has a tennis club with 21 first class courts. Named the Palm Beach Post, it offers the people of Boynton Beach fl the opportunity to book lessons or hire the courts for private or group sessions.

Local children enjoy learning about the area's history at the Schoolhouse Children's Museum. It's a fun place where children can play dress up or go on a treasure hunt. Boynton Beach fl schools are welcome for visits and the museum is aimed at children aged between 2 and 12 years of age. The history dates from the late 1800s and exhibits include the history of sport fishing. The collection houses memorabilia, newspaper cuttings and photographs. Story Days and special events are organized throughout the year.