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Dance Floor Activities

Dancing is an essential component at most wedding receptions. We look forward to the couple's "first dance" and the bride's special dance with her father. It's also a place to get loose and funky, if you're a guest or a member of the wedding party.

But what if the wedding planners decided to add some fun and surprise to the dance floor by adding fun activities there? This doesn't mean a rousing version of the "Bunny Hop", which, while maybe essential, is hardly unique.

There are, however, many fun games and activities you can add to your dance floor activities that are sure to be a hit.

Try a fun game of the "chicken dance". Ok, so that doesn't sound too original. But if most of your guests are just sitting at their tables, watching a few brave couples dancing, or just finishing their meals, you might want to get everyone up and having fun. Try this game.

The DJ announces a number. Everyone looks under his or her chair, where there is a number. Depending on the number of guests at the wedding, there might be only numbers "1" and "2" or more, up to 5.

So, say the DJ announces number "4". Each person checks under their chair to see what their number is. These numbers can be written simply on a piece of masking tape and affixed to the underside of the chairs when the reception is being set up. Each "4" in this scenario will head to the dance floor to do the chicken dance with the other "4s". Not only does this get people out of their chairs and on to the dance floor, they get to know other wedding reception guests they might not otherwise know.

One dance floor activity that's gaining popularity is to bring in a dance teacher for the wedding reception. As a kind of pre-dance activity, the teacher will quickly walk people through their paces on the dance floor, perhaps teaching a bit of the waltz or, for something completely different, a little bit of the tango, before the music officially begins and dancing commences.

Having a dance teacher do a bit of teaching not only livens up the reception right from the start, but it gets people out on the dance floor who might otherwise be too self-conscious normally to get out there and let it all hang out. And practically speaking, it will likely make the wedding guests feel more confident in their skills before the "official" dancing begins.

Another fun activity to get everyone on the dance floor, including even the most

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reticent, is something you can refer to as the "snowball" dance. This is a good way to jumpstart the dancing at the beginning of the evening.

Here's how the "snowball" dance works. The wedding party, bride and groom included, will head to the dance floor for a fun dance. The music for this dance should be fast, something with a disco beat or a fast song that most people have at least a passing familiarity with. After a bit of wedding party dancing, the music stops. The female members of the wedding party move into the crowd and bring back one male each. The male members of the wedding party do the same, but they bring in female guests. The dancing then begins again. This is repeated until all the guests are dancing. It's truly a snowball effect!

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