

Title:

Mesothelioma Information - Knowing About The Disease Is Our Own Right

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Summary:

Mesothelioma is a kind of cancer induced by exposure to asbestos. It affects the mesothelium, a protective sac that covers most of the internal organs of the human body and nearly takes 10-50 years to develop.

Keywords:

Mesothelioma Information

Article Body:

Mesothelioma is a kind of cancer induced by exposure to asbestos. It affects the mesothelium, a protective sac that covers most of the internal organs of the human body and nearly takes 10-50 years to develop. In the nascent stage of Mesothelioma attack, the pleura or peritoneum are affected and then it gradually spreads to the other parts of the body. Mesothelioma is also termed as 'malignant' mesothelioma where the lining of the chest, the abdomen and the heart are attacked. There are two types of mesothelioma, one being Pleural mesothelioma (lung cancer) and the other being Peritoneal mesothelioma (abdominal cancer).

How you can get affected of Mesothelioma

The inhaling of the fine airborne asbestos dust and fibers causes mesothelioma. It is a proven fact, as 70% to 80% of the case histories of patients state that asbestos exposure in factories or industries leads to mesothelioma. Hence all those working in construction based jobs like shipyards, boilermakers, insulators etc. are susceptible to this fatal disease.

The first step to cure of this disease is to find out all the relevant symptoms. But because of the long latency period of mesothelioma, the symptoms come into play even after 30-50 years since the contraction of the disease. Moreover, the symptoms are not conclusive, and are common to most other diseases. This is why the mesothelioma tests are imperative from the doctor's point of view.

The symptoms

The three most prominent symptoms of Mesothelioma are excruciating pain whilst

breathing or coughing, breathing problems and a persistent cough, which could even, lead to bleeding. In addition, tiredness, loss of appetite, loss of weight are some of the other symptoms. Amongst some of the very rare symptoms, husky voice, problem in swallowing, swelling of the face and pain around the rib area are considered.

The diagnosis

It is a daunting task to diagnose the victims of mesothelioma. Normally the average age of the victims at diagnosis is around 50 to 70 years. Surprisingly, the white Americans are victimized more than the African Americans. At the time diagnosis begins, the disease had already spread and seems invincible. A victim would normally survive for only one year when the disease becomes quite ominous. However, the survival time of the patient can be stretched to almost two years if the disease is detected early and given proper treatment.

The treatment

There are many factors, which determine the treatment of Mesothelioma viz., stage of the disease, location of the cancer, patient's age and general health. Surgeries, radiation therapy, and chemotherapy are amongst the basic treatments for Mesothelioma. In the recent past, treatments like removal of the pleural fluid to relieve pain and control breathlessness are being used. Apart from medication, there are a few helpful techniques that can help relieve pain and stress. These involve a balanced diet preferably prescribed by a general physician or a dietitian, conservation of energy on self-initiative as well as therapies such as aromatherapy, relaxation and massage.

In the inference, it would be worthwhile to mention that Mesothelioma is a dreadful disease and its spread can only be shunned if you are willing to know more about the disease. Then again you should also make sure that you take precautionary measures by piecing together all the information that you have garnered today.