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What do you get for people who have spent a lifetime collecting items? Many shoppers are faced with this dilemma in the search for the right Christmas gift for grandparents. While the grandparent population may pose some shopping challenges there are ways to find inspiration during your gift browsing endeavors. Following are some quick ideas to get you started.

Health is such a vital issue to many grandparents but some may find it a little too daunting to keep up with necessary checkups. You can approach addressing this need in a few ways. Give a "day out" coupon along with an itinerary that includes a quick stop for a physical followed by a game of golf, a day at the spa or a relaxing lunch.

Another great health Christmas gift for grandparents includes health check instruments that can be used right at home. These items are readily available and they are quite simple to use. If you prefer, you can always buy a healthcare certificate to an agency that provides regular checkups.

Now that we've addressed health issues we can move on to fun ideas. Travel packages are wonderful options to consider. These presents for grandparents are ideal for active seniors who love a little adventure. You can choose to include them in your upcoming vacation plans or you can arrange a special getaway that includes a lot of comfortable amenities.

A great Christmas gift for grandparents that doesn't involve travel is food hampers. There are a lot of options and you can find gift basket companies that cater to your specifications. This option is wonderful if you have a grandparent who has a real sweet tooth but there are other arrangements to consider as well.

Food gift basket themes include breakfast arrangements that offer everything from mixes to coffee. Ethnic baskets are nice choices, too. You can find lovely Italian arrangements filled with sauces, pastas and cheeses. Many companies offer additional treats like coffee mugs and special utensils to make the present memorable.

Hobbies can be a source of great inspiration as well. Crafters and artists love getting supplies for their favorite pastime. This Christmas gift for grandparents is especially thoughtful because you have to consider the hobby and the specific needs that your grandparent has for supplies.

Shopping for grandparents can be very challenging but once you find your inspiration you are well on your way to finding the right holiday present for your dearest seniors.