

Highly recommended self improvement books

You have got to motivate yourself in order to motivate others. If you do not know how, then it is time to browse through some self improvement books on how to go about it.

Read on a few self improvement books...Here are a few:

1. 21 Indispensable Qualities of Leadership: Becoming the Leader Others Will Follow John C. Maxwell

Why do some people consistently inspire others to follow their lead? In this self improvement book, the author identifies these top traits as character, charisma, commitment, communication, competence, courage, discernment, focus, generosity, initiative, listening, passion, positive attitude, problem-solving, relationships, responsibility, security, self-discipline, servanthood, teachability, and vision.

Maxwell breaks down leadership qualities into easy to understand character qualities. Character is what defines a leader, and these traits are what people of character have. A must-read for leaders in any position.

2. Discover Your Strengths Marcus Buckingham

The self improvement book that helps you find what you are strong in and encourages you to work to make those stronger. That instead of working against what you know you're good at. You can also take the personal survey that is in the book.

3. Five Patterns of Extraordinary Careers Spencer Stuart

A remarkable book about how to stand out from your peers and have a better career. One lesson learned: It is better to ask for forgiveness after the fact than it is to ask for permission ahead of time.

4. Who Moved My Cheese? Spencer Johnson

Of course, what book list would be complete without this self improvement book that is all about change. Another book that is well worth the listen, but also worth reading.

5. 7 Habits of Highly Effective People Steven Covey

Another must have in your self improvement book collection. If you like to read a lot of books, you are practicing one of Covey's habits, "sharpening the saw."

6. How to Think Like Leonardo da Vinci Discover Your Genius: How to Think Like History's Ten Most Revolutionary Minds Michael Gelb

This self improvement book helps you to think more creatively and be more artistic. These factors are important no matter what position you may be in.

7. The Brand You 50 Re-imagine Pursuit of Wow! Tom Peters

A motivational book urging readers to achieve more.

8. What Should I Do With My Life? Po Bronson

A self improvement book that tells us that it is okay not to know what you want to do. That even the people we think are completely happy may not be. And that we make our own happiness, it all depends on how you deal with it.

9. Rhinoceros Success Scott Alexander

This was recommended to me by my last manager. An incredibly quick read. The book is all about leading, and how sometimes you have to do the unpopular to make a difference and stand out as a leader. Be a rhino!

10. Advanced Rhinocerology Scott Alexander

A nice sequel to Rhinoceros Success that you will also enjoy. A few things it reminded me of is that leaders are often under attack from all sides, and it's important to watch your own back because often nobody else will.

These are just some of the more popular self improvement books you can check out whenever you want answers to questions you have been keeping inside for too long.