

Title:

Colon Cancer Causes Revealed

Word Count:

505

Summary:

Colon cancer is a major illness and one that can cause life altering effects. In fact, this form of cancer is one of the most common in the nation. Most colon cancer patients suffer from polyps, which are abnormal cells that form clusters. When normal cells begin to transform, a potential problem arises. As time progresses, these growths get bigger and can lead to the development of cancer. A vast majority of sufferers have a family history with the disease. In addition, the ...

Keywords:

colon cancer, health, healing, therapy, disease

Article Body:

Colon cancer is a major illness and one that can cause life altering effects. In fact, this form of cancer is one of the most common in the nation. Most colon cancer patients suffer from polyps, which are abnormal cells that form clusters. When normal cells begin to transform, a potential problem arises. As time progresses, these growths get bigger and can lead to the development of cancer. A vast majority of sufferers have a family history with the disease. In addition, the risk of developing colon cancer increases with age and is most common in those ages 50 and up. Certain individuals simply carry the genetic makeup, which can be identified through a series of tests, that may lead to colon cancer.

While there are no certain ways to pinpoint exactly who develops cancer, or why, there are several risk factors that may increase an individual's chance of developing the illness. Among them, a previous battle with cancer, a family history with colon cancer, poor diets, smoking and obesity. With so many risk factors, one may wonder if there is anything that they can do in order to prevent colon cancer. Studies show that a lot of physical activity or exercise and a low-fat, high-fiber diet may help to reduce the risks. In addition, certain medicines may also help to prevent the disease.

As is the case with many ailments, symptoms are often very similar to those of other diseases. It can be extremely difficult to get an accurate assessment of

what's wrong when so many illnesses carry the same symptoms. For this reason, it's important to seek medical attention if an individual experiences abnormal bleeding, weakness, pale complexion or abdominal expansion without weight gain, nausea, any change in bowel movements or weight loss. Each person is different and, as such, symptoms may vary slightly. Because symptoms may either present themselves as severe or barely noticeable, it is recommended that patients be screened regularly for the presence of cancer causing factors.

If left untreated, any type of cancerous cells have the ability to grow and spread throughout the rest of the body. This can lead to the need for further surgery, more intense treatments or, in the worst case, a cancer may become so advanced that it will not respond to treatment. When seeking medical attention, it's important to understand that there are a series of tests that can detect and diagnose colon cancer. A physician will be able to answer any questions that a patient may have regarding treatment options and the likelihood of their success.

This article should not be construed as professional medical advice. If you, or someone that you know, is concerned about the possibility of cancer, you should seek medical attention immediately. A medical doctor can discuss various options, prevention and treatment possibilities should the presence of cancer be detected. A series of tests may be conducted in order to confirm, or rule out, any such diagnosis and can only be done by a medical doctor.