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Category: Gourmet File: 5\_Simple\_Steps\_To\_Clone\_A\_Red\_Lobster\_Chocolate\_Lava\_Cakes\_utf8.txt

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Title:
5 Simple Steps To Clone A Red Lobster Chocolate Lava Cakes
Word Count:
276
Summary:
It's amazing how so many people love chocolate cakes. One of my favorite is the
"Red Lobster Chocolate Lava Cakes".
Keywords:
Red Lobster Chocolate Lava Cakes, copycat recipes
Article Body:
It's amazing how so many people love chocolate cakes. One of my favorite is the
"Red Lobster Chocolate Lava Cakes". It's sooooo delicious!
If you are like me, I urge you to try this recipe when you have time. You'll
fall in love with it. Trust me...:-)
So here it is:
Red Lobster Chocolate Lava Cakes
Number of servings: 6 persons
<b>Ingredients:</b>
ul>
Nonstick cooking spray
6 (1 ounce) squares semisweet chocolate, coarsely chopped
<1i>>
10 tablespoons unsalted butter or margarine, at room temperature
<1i>>
1/2 cup granulated sugar
1/2 cup flour
<1i>>
3 tablespoons unsweetened cocoa powder
<1i>
```

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- 1. Spray inside 6 individual custard cups or soufflé dishes with nonstick cooking spray; then set aside. In small heavy saucepan over low heat, melt chocolate, stirring until smooth. Add butter and sugar; stir until melted.
- 2. Pour chocolate mixture into large bowl. In small bowl, mix together flour, cocoa, and baking powder.
- 3. With electric mixer at medium-high speed, beat chocolate mixture; add eggs and flour mixture; beat about 6 minutes until thickened. Divide mixture evenly among prepared dishes; cover with plastic wrap. Freeze at least 2 hours or overnight.
- 4. Heat oven to 375 degrees F.
- 5. Remove and discard plastic from frozen cakes. Bake 15 to 18 minutes, until edges are set and center is moist. Cool cakes slightly before inverting onto serving platters.

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Miam miam! :-)
Enjoy!
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