

Changing the Awkward Shots Into Opportunities

For some of us golfers, this is something that happens to us more often than we would like. You know what I am talking about. Shots that throw you off balance or aren't as simple as instruction videos or professionals make them look. Here are some great ways to overcome the awkward shots.

When you have an awkward shot to make, think about how you can swing, keep your balance, and keep from moving your head. Then imagine the line your club travels along.

Prior to setting up your shot, consider where the club head needs to travel for the greatest distance in a straight line. Keep in mind that the ball makes contact with the club head for several inches. After you make a few practice swings, you will be able to see what relationship your feet will have with the line and then you can determine your stance.

It is important to keep from swaying when you are about to hit the ball. Just before you swing, see if there is any problem keeping your balance. If there is, you need to keep shifting until you find a comfortable position where there is no tension in your swing. Freedom in your muscles and mind is what you are looking for so that you will be able to swing smoothly. If you are fidgety when you address the ball, you are not going to be able to focus on the ball. Be sure you keep your feet still.

Ensure that you can see the ball from the beginning to end of your swing. Even if it is a difficult shot, do not lose focus on the ball. This will help you hit the ball cleanly and solidly.

If you keep your eye on the ball, then your swing will be free from faults and the ball will be hit correctly. If you can keep your head still for the entire swing until the club head meets the ball, your swing will definitely improve. Then if you have an awkward shot, you will be able to hit it with confidence and assurance.

Bad or difficult weather can make any shot more difficult. When the wind is blowing, it is important to keep your feet closer together. It is natural to think that you just need to hit the ball harder, but the wind makes it even more important to hit the ball correctly.

The more awkward the shot, the more you need your muscles to be relaxed enough to make the shot. Here is a tip. The shorter the shot that you need to make, the closer your feet should be brought together. Hit the ball true, instead of

with all of your strength to keep it from bouncing away and reducing the distance that it travels.

Awkward and difficult shots are something that every golfer needs to learn to deal with. Once you learn how to handle them, then you will be much more confident and be enjoying a lower golf score!