Choosing a facial skin care product

Talking about skin care, 'facial skin care' seems to top the chart. There are loads of facial skin care products available in the market. The most common facial skin care products are the ones that are used as part of daily routine. These include things like cleansers and moisturizers. Toners and exfoliation ones are well known too but not many people use them as such.

The general classification of facial skin care products is based on the following:

* Gender (so there are facial skin care products for men and there are facial skin care products for women)
* Skin type (facial skin products for oily skin, facial skin care products for dry skin, facial skin care products for normal skin and facial skin care products for sensitive skin)
* Age (facial skin care products for old and facial skin care products for young)
* Skin disorder (i.e. facial skin care products for treatment of various skin orders like eczema, acne etc)

So that is your starting point for choosing a facial skin care product that suits you. A good way to start is by determining your skin type first. Also note that the skin type changes with age, so the facial skin product that suits you today, might not suit you forever and hence you need to constantly evaluate the effectiveness of your facial skin care product.

The facial skin care products are available in various forms i.e. creams, lotions, gels, masks etc, and a lot of people try to pit one against the other in their discussion on which form is best. However, one can't really rate one form as better than another form. What suits you (and whatever you are comfortable with) is the best form of facial skin care product for you, really.

However, it's important to note that these products work differently for different people. So the best thing is to try the facial skin care product on a small patch of skin (e.g. ear lobes) before actually going ahead and using it.

Another important consideration is the state of your skin. If you are suffering from a skin disorder of any kind, it is best to seek the advice of a dermatologist before you actually make your selection and start using a facial skin care product.

Once you have selected the facial skin care product for yourself, you also need

to ensure that you use the facial skin care product in the right way i.e. follow correct procedures for application, use the correct quantity and make the facial product a part of your skin care routine.