

Title:

Career Growth - Optimism Helps

Word Count:

233

Summary:

What helps in growth of our career? A good plan, ability to do the job effectively, improving the existing methods, increasing the efficiency, increasing the returns, and performing the job to satisfaction.

Keywords:

Article Body:

What helps in growth of our career? A good plan, ability to do the job effectively, improving the existing methods, increasing the efficiency, increasing the returns, and performing the job to satisfaction. What else? The title of this article talks of optimism. What about that?

What is optimism? Optimism means to feel that things will turn out Ok. Not to look at every situation negatively, but hope for the best. Keep hope and feel good that somehow everything will be all right.

When you want to grow in your career, this optimism helps quite a lot. During our career, we come to many stops where situation looks bleak. Everything looks gloomy. One feels like giving up. All of us begin with great energy and hope. As we encounter obstacles, our energy gets depleted and our hopes turn sour. We slowly start going downhill and a time comes when we are left with nothing but hopelessness.

Optimistic outlook helps during such times. In every situation, we have two choices- hopes for the best or to worry about the worst. Can worrying help? Thinking of what can go wrong will only further deplete our strength and outlook. Positive thoughts will at least give us hope to fight. Optimism is a great asset. Those who feel optimistic at worst of the times, still have a chance of coming back. Please bring optimism at every moment.