

OUTPATIENT REQUEST FOR PRIOR AUTHORIZATION

Client Name \_\_\_\_\_  
 Provider Name \_\_\_\_\_ Date Completed \_\_\_\_\_

Revised 4/2009

**QRVWO 'J ealth**  
**""4623'PY '45tf 'Uv.'Uwkg'3D**  
**800-: 76/2: 55""(Main) / 877-765/7; 43 (FAX)**

FAX DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

TYPE OF FAX: (Mark only ONE of the following)

\_\_\_\_ INITIAL REQUEST                      \_\_\_\_ IMPORTANT NOTICE RESPONSE  
 (Attention: Reviewer)  
 \_\_\_\_ EXTENSION REQUEST                      \_\_\_\_ PENDING ELIGIBILITY RESPONSE  
 (Attention: Reviewer)  
 \_\_\_\_ MODIFICATION REQUEST                      \_\_\_\_ PROVIDER CHANGE OF DEMOGRAPHIC  
 (Attention: Reviewer)                      INFORMATION (Attention: Clerical Staff)  
 \_\_\_\_ CORRECTION REQUEST                      \_\_\_\_ RECONSIDERATION REQUEST  
 (Attention: Reviewer)                      (Attention: Appeals Committee)  
 \_\_\_\_ OTHER \_\_\_\_\_

TO: OPTUM – Medicaid Outpatient Preauthorization Unit ATTENTION: \_\_\_\_\_  
 FAX NUMBER: (405) 762-1639 (Reviewer)

FROM: FACILITY/AGENCY: \_\_\_\_\_

CONTACT NAME: \_\_\_\_\_

PROVIDER ID #: \_\_\_\_\_ CASE MGMT ID #: \_\_\_\_\_

Check One:      Mental Health Request                      Substance Abuse / Integrated Request

FACILITY ADDRESS: \_\_\_\_\_  
 Street City State Zip

FAX NUMBER: \_\_\_\_\_ PHONE NUMBER: \_\_\_\_\_

RE: CLIENT NAME: \_\_\_\_\_  
 First MI Last Designation (Sr., Jr., III, etc.)

RECIPIENT ID #: \_\_\_\_\_ PA #: \_\_\_\_\_  
 (If Applicable)

NUMBER OF PAGES INCLUDING THIS PAGE: \_\_\_\_\_

COMMENTS: (NO clinical information) \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_

CONFIDENTIALITY

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Date Completed: \_\_\_\_\_

**Social Security #** \_\_\_\_\_ **Legal Guardian Name:** \_\_\_\_\_

**Relationship to Client:** \_\_\_\_\_

**Current Residence: (Check ALL that apply)**

**Foster Care (Placement Date: \_\_\_\_\_) TFC Multiple placements in past 2 years (# \_\_\_\_\_)**

LEVEL:	1	2	3	4	Exceptional Case	0-36 months	ICF/MR	RBMS
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**ADMIT DATE TO CURRENT FACILITY:**

**TREATMENT HISTORY:** (Admit / Discharge dates, facility, IP or OP, reason for treatment)

**DSM-IV DIAGNOSES: (Complete ALL five axes)**

Principal Axis I Code: Title:

**Second Axis I Code:**

**Axis II Code:**

### Axis III

**Axis IV: Problems related to:** ☐ Primary support group ☐ Social environment ☐ Education ☐ Housing ☐ Economic  
☐ Occupation ☐ Access to health care services ☐ Interaction with legal system/crime ☐ Other

**Axis V GAF:** Current: \_\_\_\_\_ Highest Level in the Past Year: \_\_\_\_\_

**HISTORICAL INFORMATION** (relevant to current diagnosis and treatment):

Client Name: \_\_\_\_\_

Date Completed: \_\_\_\_\_

**CLIENT ASSESSMENT RECORD****Past****Current****1. FEELINGS/MOOD/AFFECT**Problem areas: \_\_\_ Mood lability \_\_\_ Coping skills \_\_\_ Suicidal/homicidal ideation/plan \_\_\_ Depression **SCORE** \_\_\_\_\_

\_\_\_ Anger \_\_\_ Anxiety \_\_\_ Euphoria \_\_\_ Change in appetite/sleep patterns

Evidenced by (specific examples, symptom frequency, duration and intensity, impact on daily functioning) \_\_\_\_\_

**2. THINKING/MENTAL PROCESS****SCORE** \_\_\_\_\_

Oriented x \_\_\_\_\_ MMSE score (if administered) \_\_\_\_\_ IQ Score (if MR diagnosis) \_\_\_\_\_

Problem areas: \_\_\_ Memory \_\_\_ Cognitive process \_\_\_ Concentration \_\_\_ Judgment \_\_\_ Obsessions

\_\_\_ Delusions/hallucinations \_\_\_ Belief system \_\_\_ Learning disabilities \_\_\_ Impulse Control

Evidenced by (specific examples, symptom frequency, duration and intensity, impact on daily functioning) \_\_\_\_\_

**3. SUBSTANCE USE:****SCORE** \_\_\_\_\_

Drug of Choice	Amount Used	Frequency of Use	Age First Used	Date Last used

Functional impact of current use, give examples of level of dependency \_\_\_\_\_

**4. MEDICAL/PHYSICAL****SCORE** \_\_\_\_\_

Current Medical/physical conditions \_\_\_\_\_

Impact/limitations on day-to-day function \_\_\_\_\_

**MEDICATIONS**

Name of Rx	Dosage/Frequency	Reason for Rx

**5. FAMILY****SCORE** \_\_\_\_\_

Currently resides with \_\_\_ biological family \_\_\_ adoptive family \_\_\_ foster family \_\_\_ Other \_\_\_\_\_

Problem areas: \_\_\_ Parenting \_\_\_ Conflict \_\_\_ Abuse/violence \_\_\_ Communication \_\_\_ Marital \_\_\_ Sibling \_\_\_ Parent/child

Evidenced by (specific examples, frequency, duration and intensity, impact on daily functioning) \_\_\_\_\_

Client Name: \_\_\_\_\_

Date Completed: \_\_\_\_\_

			<b>Past</b>	<b>Current</b>
<b>6. INTERPERSONAL</b>		<b>SCORE</b>	_____	_____
Problem areas: ____Peers/friends ____Social interaction ____Withdrawal ____Make/keep friends ____Conflict				
Evidenced by (specific examples, frequency, duration, intensity, impact on daily functioning)_____				
_____				
_____				

			<b>Past</b>	<b>Current</b>
<b>7. ROLE PERFORMANCE</b>		<b>SCORE</b>	_____	_____
Functional role: ____Employment/Volunteer ____School/daycare ____Home management ____Other _____				
Effectiveness of functioning in identified role _____				

Evidenced by (specific examples, frequency, duration and intensity, impact on daily functioning)\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

			<b>Past</b>	<b>Current</b>
<b>8. SOCIO-LEGAL</b>		<b>SCORE</b>	_____	_____
Problem areas: ____Ability to follow rules/laws ____Authority issues ____Legal issues ____Aggression				
____Probation/parole ____Abides by personal ethical/moral value system ____Antisocial behaviors				
Evidenced by (specific examples, frequency, duration and intensity, impact on daily functioning)_____				

			<b>Past</b>	<b>Current</b>
<b>9. SELF-CARE/BASIC NEEDS</b>		<b>SCORE</b>	_____	_____
Problem areas: ____Hygiene ____Food ____Clothing ____Shelter ____Medical/dental needs ____Transportation				
Evidenced by (specific examples, frequency, duration and intensity, impact on daily functioning)_____				

**COMMUNICATION** (required for ICF/MR level of care) \_\_\_\_ESL \_\_\_\_Hearing impaired \_\_\_\_Non-verbal

\_\_\_\_Uses interpreter \_\_\_\_Signs \_\_\_\_Uses mechanical device \_\_\_\_Speech impaired \_\_\_\_Fluency

Descriptors:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**INTERPRETIVE SUMMARY/ADDITIONAL INFORMATION:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Client Name: \_\_\_\_\_ Date Completed: \_\_\_\_\_

I/We (client/guardian) have actively participated in the development of this service plan and understand the treatment goals and objectives listed. I have the following comments/response:

I/We (\_\_\_ Agree) (\_\_\_ Disagree) with this service plan.

Client Signature, 14 or older \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Witness: \_\_\_\_\_

Relationship to client: \_\_\_\_\_

If client is unable to sign, document the reason: \_\_\_\_\_

**TREATMENT TEAM:**

\*Responsible MHP or AODTP Signature, Degree/License \_\_\_\_\_ Date \_\_\_\_\_ Physician, Credentials \_\_\_\_\_ Date \_\_\_\_\_

\_\_\_\_ Physician signature not required

\* \_\_\_\_ All required signatures are on file and available for audit. Printed name and licensure required if not signing on PA request.

Type of Service	Frequency of Service	Print Staff Name & Credentials	Signature	Date
Ind Psy	_____	_____	_____	_____
Int Psy	_____	_____	_____	_____
Grp Psy	_____	_____	_____	_____
Fam Psy	_____	_____	_____	_____
P/S Reh-G	_____	_____	_____	_____
P/S Reh-I	_____	_____	_____	_____
A/D Skill Dev-G	_____	_____	_____	_____
A/D Skill Dev-I	_____	_____	_____	_____
Psy Test	_____	_____	_____	_____
Med T/S	_____	_____	_____	_____
CM	_____	_____	_____	_____
BH Aid	_____	_____	_____	_____
	_____	_____	_____	_____
	_____	_____	_____	_____

# OUTPATIENT REQUEST FOR PRIOR AUTHORIZATION

Client Name:

Provider Number:

Date Completed:

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(R-04-03-09)

Recipient ID #: \_\_\_\_\_

Provider #: \_\_\_\_\_

Start Date:

## **SERVICES REQUESTED**

**(pick only one)**

- ☐ PG001 – Prevention & Recovery Maintenance  
\_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG002 – Level 1 OP \_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG003 – Level 2 OP (includes 0-36 mo)  
\_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG004 – Level 3 OP \_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG008 – Level 4 OP \_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG015 – Level 4 OP Intensive In home - Child Systems of Care Only  
\_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG019 – ICF/MR \_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG031 – RBMS \_\_\_\_\_ # of MONTHS REQUESTED (1-6 months)
- ☐ PG025 – Exceptional Case – one month only

***SUBMIT THIS FORM ALONG WITH THE  
OUTPATIENT REQUEST FOR PRIOR AUTHORIZATION FORM***

Client Name: \_\_\_\_\_

Date Completed: \_\_\_\_\_

**ADDENDUM**

Completion of this page of the request packet is optional for the provider and is not required for the preauthorization process at OPTUM. The items listed on this page, however, may be required documentation for SURS reviews, CARF certification and/or JCAHO certification. Please do not submit this form to OPTUM as part of the request packet unless instructed to do so on a specific request by an OPTUM review coordinator.

**COMMUNITY INTEGRATION:** \_\_\_\_\_

\_\_\_\_\_

**CAREGIVER RESOURCES (for clients under the age of 21):** \_\_\_\_\_

\_\_\_\_\_

**CLIENT'S STRENGTHS/ABILITIES (in client's own words):** \_\_\_\_\_

\_\_\_\_\_

**CLIENT'S LIABILITIES/NEEDS (in client's own words):** \_\_\_\_\_

\_\_\_\_\_

**THEORETICAL APPROACH BEING UTILIZED WITH INDIVIDUAL PSYCHOTHERAPY:**

\_\_\_\_\_

ENKGP V)URT GHGTGPEGU'

aa

**COLLABORATION WITH SCHOOL SYSTEM (school age children only):** \_\_\_\_\_

\_\_\_\_\_

**REFERRALS TO OTHER COMMUNITY SERVICES:** \_\_\_\_\_

\_\_\_\_\_

**DISCHARGE PLAN:**

**a. CRITERIA (client-specific behaviors+)** "00GUV0FCVG'FUEJ CTI GF'""0CHVGTECTG'RNCP

aa

aa

aa

aa

**Persons involved in development:** \_\_\_\_\_

**Collaborative Referrals:** \_\_\_\_\_

**Client received resource list information regarding treatment options if symptoms recur or additional services are needed:**

**Staff Responsible for Follow-Up of Referrals:**

\_\_\_\_\_