Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1062970 (Progress)

Name: BanksSlate, Jontonei (46378)

Group #: 033946142

Type Of Service: Screening for clinical depression documented as a negative F/U not required Date Of Service: 04/02/2019 Start Time: 7:00AM End Time: 7:15AM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F43.25	Adjustment disorder with mixed disturbance of emotions and conduct	03/07/2015	
F90.9	Attention-deficit hyperactivity disorder, unspecified type	03/07/2015	
F41.1	Generalized anxiety disorder	11/06/2018	
R45.4	Irritability and anger	02/06/2019	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

Develop / Review Treatment Plan #3: Problem: health/wellness

Goal: "to promote health and wellness"

Objective 3a: CC will work with client and/or family to complete and update assessment instruments for monitoring client's progress and success.

Objective 3b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 3c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness

Objective 3d: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 3e: FSP will work with client and/or family on identifying and securing resources in the community.

Objective 3f: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care

Objective 3g: FSP will work with CT and/or family on providing education/ concerns/ benefits to promote overall health and wellness

Objective 3h: FSP will work with CT and/or family on implementing healthy wellness changes

Objective 3i: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data

Objective 3j: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning.

Objective 3k: PRSS will work to assist, support, and/or educate cl/family with recovery concepts, resources and safety. Objective 3I: PRSS will assist cl/family with creating and implementing a recovery/safety plan, educate on resources and benefits of recovery/safety and show cl/family ways to use new skills to make positive changes.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Phq9 completed- Depression screening results are negative.

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

NCM will cont to provide medical support to clients while on HH services.

Electronically Signed By: Poteet, Doris / LPN L0027805 / Licensed Practical Nurse / (2702) 2019-04-02 @ 19:18:11 Approved By: Dhoku2, Chris / LPC 1944 / Case Manager III / (2252) 2019-04-03 @ 05:43:35 Entered By: Poteet, Doris / LPN L0027805 / Licensed Practical Nurse / (2702) 2019-04-02

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 579572 (Physician)

Name: Bryant, Ronald (47065)

Group #: 016445674

Date Of Service: 09/25/2015

Type Of Service: Traditional Case Management, CM II Start Time: 8:40PM

End Time: 9:04PM

Total Minutes: 24

CLIENT PROBLEMS:

RESOLVED ICD10 **NAME INITIATED** E11.9 Type 2 diabetes mellitus without complications 09/01/2015

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#2: Problem: Case Management

Goal: Client is need of resources to help him find services that will help with his basic needs and finding social interactions that are appealing to him.

Objective 2a: Client will receive advocacy and linkage for places that help increase his social interactions.

Objective 2b: CM will assist client in scheduling transportation and appointments as needed.

Interactive Complexity:

Referral Reason: test refreason

Referral Detail: test refdetail

Chief Complaint: test chief

Health Concerns: test concerns

History of Present Illness:

Past, Family and Social History: test past

Review of Systems:

Objective Findings: test findings

Date Height Weight Waist Temp BP Pulse Oximetry BloodSugar Respiration

2015-03-23 6 ft. 4.0 in. 289.0 lbs.

PROGRESS MADE TOWARDS GOALS: progress moderate

As Evidenced By:

CM Session for linkage to food resources. CM received phone call from client stating that he was out of food and did not have any money or anyone available/willing to assist him. Client was tearful at times and stated that his family did not have anything to do with him and that his dad would not loan him any money. CM assured client that she would contact local organizations for food sources in the a.m. Client was more calm at end of phone conference and did state that he had ate supper earlier. He also reports that blood glucose levels had been running "low to average". CM verified with client that there were no immediate needs that needed to be addressed at this time and client stated, "No I will be fine until tomorrow and thank you for your help."

Electronically Signed By: Smith, Kelly / #pending / DMH Case Manager II / (2182)
Approved By: Dhoku2, Chris / LPC 1944 / Case Manager III / (2252) 2015-09-27 @ 09:15:19
Entered By: Smith, Kelly / LPN L 0028618 / DMH Case Manager II / (2182) 2015-09-26

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Millennium Medical Services, LLC 3816 Shadowridge Dr., Norman, OK 73072-5308

Office: 405-573-9905 Fax: 405-573-0404

Medicare Note # 1078504 (Electronic)

Name: Parsons, Mary (47170) Group #: 5GW9CA3XT39

Type Of Service: Nursing Facility E&M - subsequent - moderate complexity

Date Of Service: 04/29/2019 Start Time: 12:50PM End Time: 1:20PM Total Minutes: 30

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED
F41.1 Generalized anxiety disorder 04/21/2015

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Anxiety with psychosis.

Goal: Develop enhanced coping skills to manage mood and improve social skills in NH environment.

Objective 1a: Client will identify and explore three things she can do in the nursing home set up in order to enhance her self-esteem.

Objective 1b: Client will identify and explore three achievements accomplished in her life and share it with the clinician. Objective 1c: Client will identify and explore three ways to keep her life busy in the nursing home atmosphere and use her conversational skills to establish better relationship with the other residents.

Objective 1d: Client will identify and explore three ways to hold a realistic conversation and understand the contradictions in the conversation and correct it in an appropriate way.

Interactive Complexity:

Patient Education Performed: Yes

Electronically Signed By: Palumbo, Amanda / #pending / Physician Assistant / (2271) 2019-05-03 @ 08:28:45

Approved By: Wolfe, Debbie / #pending / Physician / (944) 2019-05-03 @ 13:20:53 Entered By: PA, Helper / #pending / Physician Assistant / (2227) 2019-05-03

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Service Code: 99309 Total Units: 1.00 Date Billed: 05/06/2019 By: MMS Norman Clinic Custody Agency: None

Millennium Medical Services, LLC 3816 Shadowridge Dr., Norman, OK 73072-5308

Office: 405-573-9905 Fax: 405-573-0404

Medicare Note # 1080611 (Medicare)

Group #: 1J52YA6GT28 Name: White, Ruth (57707)

Type Of Service: Psychotherapy (45 min)

Date Of Service: 05/03/2019 Start Time: 1:50PM End Time: 2:35PM Total Minutes: 45

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F33.1	Major depressive disorder, recurrent, moderate	06/01/2018	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Depression/Feelings/Mood

Goal: "I would like to be better

Objective 1a: Client will identify and explore three ways to distinguish between rational thought, irrational thoughts and

Objective 1b: Client will identify and explore three ways to improve the mood while the client is staying in the nursing home

CONTENTS TOPICS DISCUSSED:

This individual psychotherapy session was focused on asking the open ended questions about the clients past, present or anticipated life situations and roles in order to gain new and deeper understanding and achieve catharsis. MS. RUTH WHITE was encouraged to talk about her isolative behavior she was demonstrating inside the nursing home as well as the delusional ideations. Session was completed in a confidential location at the nursing home and the client was able to process the treatment plan goals and objectives. Ms. White was alert and oriented times two and her affect was flat and her mood was depressed. It has been identified that the client is having hard time to hear and also having vision issues. She reported that she is having minor depression and this is due the lack of contact from her family members. Session was done in 05/03/2019 from 1350 to 1435. The therapeutic goal was to help the client to identify three triggers to anxiety, three mood-calming activities to employ, and two people she can talk to when she feels anxious or overwhelmed 1A.

INTERVENTION: Supportive/Humanistic SPECFIC TECHNIQUES: Category 3 - Support

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

The clinician used the client centered model and the session explored new areas of positive thoughts and creative actions in order to acquire new understanding. Appropriately detect the negative and undesirable thoughts and emotions as well as how to eliminate those feelings from the thought pattern was also discussed during this session. Session assisted the client to understand the relationship between the external situations or remarks and positive self-perception. Session also helped her to have a better understanding about the value of self and keep a better self-esteem and self-confidence. When the client was prompted and redirected, she was able to identify three triggers to anxiety, three mood-calming activities to employ, and two people she can talk to when she feels anxious or overwhelmed. The client was accepting the positive information given by the clinician during this session and the next session was scheduled on 05/10/2019.

Electronically Signed By: Mathew, Arun / #pending / LCSW / (2149) 2019-05-06 @ 06:01:45 Approved By: Valois, Tonya / LSW-C 2754 / Psychologist / (946) 2019-05-06 @ 06:55:27 Entered By: Mathew, Arun / #pending / LCSW / (2149) 2019-05-06

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Service Code: 90834 Total Units: 1.00 Date Billed: 05/06/2019 By: MMS Norman Clinic Custody Agency: None

TrID: 1082967 NOT FOUND!.

Office: 405-627-0276 Fax: 405-573-0404

Medicaid Note # 1066413 (Progress)

Name: Raines, Horace (59760) Type Of Service: Crisis Intervention

Horace (59760) Group #: 001714132

Date Of Service: 04/05/2019 Start Time: 2:30AM End Time: 3:30AM Total Minutes: 60

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED
F41.9 Anxiety disorder, unspecified 01/15/2019

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

Crisis Response

#2: Problem: Client has experienced unsafe people and places in his lifetime and often worries about well-being of self and others. Client also worries about loss of independence due to declining health.

Goal: Reduce excessive and persistent worry through improved coping and use of support system.

Objective 2a: Client will ID/process 3 or more major sources of anxiety. Objective 2b: Client will ID/process 3 or more triggers to anxious thinking.

Objective 2c: Client will ID/process 3 or more thinking errors and how each impact intensity, duration, and frequency of anxious feelings and/or symptoms.

Objective 2d: Client will ID/process 3 ways to increase social and/or vocational involvement to reduce time spent in anxious thought/worry.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems):

MHP used a client-centered approach to stabilize client and address 2a: Client will ID/process 3 or more major sources of anxiety. MHP reflected and summarized client's concerns to insure understanding of client's perspective. MHP validated client's perspective and normalized client's high level of anxiety in the context of client's anxious state. MHP slowed speech and breathing to trigger client's mirroring bxs. MHP reframed client's panic as urgency and processed client's tendency to "worry first"--worry before knowing if worry is needed. MHP brainstormed action steps to address client's needs as soon as businesses opened up. MHP explored for SI and acts of self-harm and potential for stabilization at ER.

PROGRESS MADE TOWARDS GOALS: progress moderate

As Evidenced By:

Client was stabilized in home and did not need to go to local ER.LEVEL OF FUNCTIONING ASSESSMENT GAF:

CURRENT: 50 RECENT PAST (30 DAYS): 50

Client called at 0215 in high level of distress and was met at his home. Client displayed emotional distress over finding his daughter was taken to the hospital in Paris, TX. Client was disheveled with dysphoric mood, panicked affect, and 0x4. Client was repeating himself that he needed to get to the hospital right then and could not focus on anything being said to him. Client remained respectful toward MHP and immediately followed MHP's directives to breathe and mirrored MHP's bx-slowing speech and breathing. Client was able to slowly reduce feeling of panic and increased focus on action steps--find out reason for gong to the hospital, call his church and local churches for monetary donation, sell or pawn an item. Client displayed signs of sadness in tone of voice and slumped shoulders once calmed and stabilized (no need for ER stabilization). Client ID'd feeling frustrated at having to wait and sad due to not having friends or family willing to loan him money to give brother gas money. Client denied SI and self-harm. Client to continue appt this day as scheduled--4-05-19 @10am, if he does not go to Paris hospital.

Electronically Signed By: Gregory, Adrienne / LMFT 837 / LMFT / (2562) 2019-04-08 @ 09:12:17

Approved By: Holcomb, Joel / #pending / / (2516) 2019-04-08 @ 12:54:58 Entered By: Gregory, Adrienne / LMFT 837 / LMFT / (2562) 2019-04-08

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Service Code: H2011 HE Total Units: 4.00 Date Billed: 04/08/2019 By: MCS Idabel Clinic Custody Agency: No Custodial Agency JOLTS: N/A CASEID: N/A

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077613 (Progress)

Group #: B26445803 Name: Cookston, James (56502)

Type Of Service: Medication Training and Support

Date Of Service: 04/11/2019 Start Time: 9:16AM End Time: 9:31AM Total Minutes: 15

CLIENT PROBLEMS:

RESOLVED ICD10 **NAME INITIATED** F31.62 Bipolar disorder, current episode mixed, moderate 01/30/2018

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Client is easily angered; becomes physically and verbally aggressive.

Goal: Control anger better.

Objective 1a: Identify/process 3 triggers to anger and problem behaviors.

Objective 1b: Client will learn and practice 3 appropriate ways to express anger.

Objective 1c: Client will learn and practice 4 self-calming, thought changing skills to replace negative/inappropriate responses to emotions.

Objective 1d: Client will id/process 4 negative consequences of becoming verbally aggressive.

#2: Problem: Client doesn't interact well with peers or family members.

Goal: "Get along better with everyone".

Objective 2a: Client will learn and practice 3 skills to increase socially appropriate behaviors with peers/siblings. Objective 2b: Client will learn and practice 4 skills to decrease frequency of aggressive actions towards peers and

Objective 2c: Client will identify and verbalize 3 ways that conflicts affect him.

#3: Problem: Physical Health

Goal: "improved health management"

Objective 3a: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 3b: CC will work with client and/or family to complete and update assessment instruments for monitoring client's progress and success.

Objective 3c: CC will work with client and/or family to receive services and support to develop crisis/safety plans.

Objective 3d: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness

Objective 3e: FSP will work with CT and/or family on providing education/ concerns/ benefits to promote overall health and FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care plans.

Objective 3f: FSP will work with CT and/or family on implementing healthy wellness changes Objective 3g: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data

Objective 3h: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 15:45:31

Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 15:45:31 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077616 (Progress)

Group #: B26445803 Name: Cookston, James (56502)

Type Of Service: Medication Training and Support

Date Of Service: 03/07/2019 Start Time: 9:07PM End Time: 9:22PM Total Minutes: 15

CLIENT PROBLEMS:

RESOLVED ICD10 **NAME INITIATED** F31.62 Bipolar disorder, current episode mixed, moderate 01/30/2018

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan): #1: Problem: Client is easily angered; becomes physically and verbally aggressive.

Goal: Control anger better.

Objective 1a: Identify/process 3 triggers to anger and problem behaviors.

Objective 1b: Client will learn and practice 3 appropriate ways to express anger.

Objective 1c: Client will learn and practice 4 self-calming, thought changing skills to replace negative/inappropriate responses to emotions.

Objective 1d: Client will id/process 4 negative consequences of becoming verbally aggressive.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 15:46:38 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 15:46:38 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077618 (Progress)

Group #: B26445803 Name: Cookston, James (56502)

Type Of Service: Medication Training and Support

Date Of Service: 06/14/2018 Start Time: 10:46AM End Time: 11:01AM Total Minutes: 15

CLIENT PROBLEMS:

RESOLVED ICD10 **NAME INITIATED** 01/30/2018 F31.62 Bipolar disorder, current episode mixed, moderate

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Client is easily angered; becomes physically and verbally aggressive.

Goal: Control anger better.

Objective 1a: Identify/process 3 triggers to anger and problem behaviors.

Objective 1b: Client will learn and practice 3 appropriate ways to express anger.

Objective 1c: Client will learn and practice 4 self-calming, thought changing skills to replace negative/inappropriate responses to emotions.

Objective 1d: Client will id/process 4 negative consequences of becoming verbally aggressive.

#2: Problem: Client doesn't interact well with peers or family members.

Goal: "Get along better with everyone".

Objective 2a: Client will learn and practice 3 skills to increase socially appropriate behaviors with peers/siblings. Objective 2b: Client will learn and practice 4 skills to decrease frequency of aggressive actions towards peers and

Objective 2c: Client will identify and verbalize 3 ways that conflicts affect him.

Objective 2d: Client will learn and practice 3 skills to develop responsible and positive social behaviors.

#3: Problem: Family needs linked to resources at times. Collaboration with school will be needed.

Goal: "Get help with what we need and with school".

Objective 3a: CM/MHP will collaborate with school at least 1x per month.

Objective 3b: Client/family will be linked to resources as needed.

#4: Problem: Ineffective health maintenance related to knowledge deficit of disease and treatments and diagnoses of intellectual disability, secondary smoke exposure, sedentary lifestyle, imbalanced nutrition, and lack of follow up with primary care provider.

Goal: Improved health management.

Objective 4a: Client will attend wellness education 3 times per week.

Objective 4b: Client will take medication as prescribed, verbalize understanding of benefits and report any side effects to provider.

Objective 4c: Client will gain knowledge base for wellness and health concepts in order to create and implement a health and exercise plan to include physical activity 10-30 minutes per day at least 5 days/week.

Objective 4d: Client will make and keep monthly/quarterly appointment with primary care provider, verbalize concerns regarding health issues and medications.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 15:49:19

Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 15:49:19 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077622 (Progress)

Group #: 032936956 Name: Martin, Jeffrey (50815)

Type Of Service: Medication Training and Support

Date Of Service: 01/03/2019 Start Time: 11:32AM End Time: 11:47AM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F93.0	Separation anxiety disorder of childhood	01/23/2016	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Client is depressed and displays low mood.

Goal: I want to be happier.

Objective 1a: Client will ID/P 5 triggers of anger, anxiety and depressed mood

Objective 1a: Client will ID/P 3 triggers of anger, anxiety and depressed mood
Objective 1b: ID/P 3 or more impacts of his mood on his relationships
Objective 1c: ID/P 3 or more ways to improve coping skills
Objective 1d: Cl/F/S will id/p 3 or more reasons/ways to be encouraging for cl and his relationship with his siblings

Objective 1e: L/P 3 or more self regulation skills Objective 1f: L/P 3 or more ways to be self sufficient

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none

As Evidenced By:

Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 15:51:35 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 15:51:35 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077626 (Progress)

Name: Hershberger, Suzanne (50877) Group #: B16545170

Type Of Service: Medication Training and Support

Date Of Service: 02/28/2019 Start Time: 2:58PM End Time: 3:13PM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F32.9	Major depressive disorder, single episode, unspecified	06/21/2018	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Excessive and/or unrealistic worry that is difficult to control and depressed mood.

Goal: "I want to become a better person."

Objective 1a: Self calming Suzanne will increase ability to calm self when anxious or frustrated __80___ % of the time as measured by self-evaluation.

Objective 1b: Client will describe situations, thoughts, feelings and actions associated with anxieties and worries, their impact on functioning, and attempts to resolve them.

Objective 1c: She will learn and practice 3-6 positive coping skills to use to manage anxiety and depression. #2: Problem: Client is in need of services that will help meet his basic needs, increase opportunities for social interaction, and learn about resources available in the community.

Goal: I need help meeting new people and getting out more.

Objective 2a: Case manager will provide linkage and advocacy between client, organizations, institutions and professionals to help meet her needs

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none

As Evidenced By:

Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 15:57:50 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 15:57:50 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Service Code: H0034 HE Total Units: 1.00 Date Billed: 04/30/2019 By: MCS Enid Clinic Custody Agency: No Custodial Agency JOLTS: N/A CASEID: N/A

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077628 (Progress)

Group #: 050138354 Name: Smith, Raymond (58237)

Type Of Service: Medication Training and Support

Date Of Service: 02/20/2019 Start Time: 6:01PM End Time: 6:16PM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F32.9	Major depressive disorder, single episode, unspecified	05/24/2018	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: CI suffers from depression and anxiety

Goal: "I want to stop feeling bad" as per cl.

Objective 1a: cl will id and process 4 feelings asscoited with depression Objective 1b: cl will id and process 4 triggers that cause anxiety.

Objective 1c: cl will id and process 4 ways to cope and manage depression/ anxiety.

Objective 1d: cl will id and process 4 new coping and decision making skills

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication Training and Support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication Training and Support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 16:04:45 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 16:04:45 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Service Code: H0034 HE Total Units: 1.00 Date Billed: 04/30/2019 By: MCS Poteau Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077629 (Progress)

Name: Phillips, Douglas (56271) Group #: 013802475

Type Of Service: Medication Training and Support

Date Of Service: 02/28/2019 Start Time: 10:31AM End Time: 10:56AM Total Minutes: 25

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F33.2	Major depressive disorder, recurrent severe without psychotic features	12/15/2017	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: I get angry and yell and scream at my wife and son

Goal: I dont want to yell and scream

Objective 1a: He will explore, discuss and process 3-5 triggers to anger

Objective 1b: He will explore and develop 3-5 emotional regulation and interpersonal effectiveness techniques to use to manage anger and triggers.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication training and support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication training and support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 16:08:32 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 16:08:32 Entered By: NP, Helper / #pending / Nurse Practioner / (2228) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077634 (Progress)

Group #: 003472863 Name: Hewett, April (48804)

Type Of Service: Medication Training and Support

Date Of Service: 08/08/2018 Start Time: 9:45AM End Time: 10:00AM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F33.0	Major depressive disorder, recurrent, mild	04/13/2015	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Client suffers from mental issues from past traumas.

Goal: I would like to feel better and be happy.

Objective 1a: Client will Id/p 5 past traumatic experiences that caused feelings of depression that impacts her life. Objective 1b: Client will Id/P how past trauma effects her children and her parenting.

Objective 1c: Client will learn and practice coping skills for dealing with her past trauma

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medication training and support

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medication training and support

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 16:15:14 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 16:15:14 Entered By: NP, Helper / #pending / Nurse Practioner / (2228) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077645 (Progress)

Name: RodriguezVelazquez, Dereck (53908) Group #: 049122514

Type Of Service: review by psychiatric consult with modification of plan

Date Of Service: 06/05/2018 Start Time: 2:00PM End Time: 2:15PM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F90.2	Attention-deficit hyperactivity disorder, combined type	03/31/2017	
F41.1	Generalized anxiety disorder	01/07/2017	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Dereck is defiant and does not respect boundaries or authority

Goal: "My attitude is bad"

Objective 1a: Dereck will identify, discuss and process 3 or more triggers of anger/anxiety

Objective 1b: Dereck will id & proc 3 or more relaxation techniques
Objective 1c: Dereck will id & proc 3 or more ways to increase focus and attention

Objective 1d: Dereck will participate in wellness coaching to gain understanding and knowledge of health, wellness, and exercise concepts and improve social well-being

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Psych Consult

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Psych Consult

Electronically Signed By: Kennedy, Carol / APRN 74318 / Nurse Practioner / (2477) 2019-04-30 @ 16:56:26 Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 16:56:26 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077644 (Progress)

Name: RodriguezVelazquez, Dereck (53908) Group #: 049122514

Type Of Service: review by PCP consult with modification of plan

Date Of Service: 06/05/2018 Start Time: 1:00PM End Time: 1:15PM Total Minutes: 15

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F90.2	Attention-deficit hyperactivity disorder, combined type	03/31/2017	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: Dereck is defiant and does not respect boundaries or authority

Goal: "My attitude is bad"

Objective 1a: Dereck will identify, discuss and process 3 or more triggers of anger/anxiety

Objective 1b: Dereck will id & proc 3 or more relaxation techniques
Objective 1c: Dereck will id & proc 3 or more ways to increase focus and attention

Objective 1d: Dereck will participate in wellness coaching to gain understanding and knowledge of health, wellness, and exercise concepts and improve social well-being

#2: Problem: Dereck struggles to respect boundaries and follow directions

Goal: "I need to listen better"

Objective 2a: Dereck will id & proc 4 or more ways to identify and verbalize feelings

Objective 2b: Dereck will id & proc 4 or more ways to build and maintain healthy boundaries

Objective 2c: Dereck will id & proc 4 or more ways to manage impulsivity

Objective 2d: Family will id & proc 5 or more positive parenting techniques that add structure and consistency to the

Objective 2e: Dereck and/or family will id & proc 4 or more positive communication techniques

#3: Problem: Family is in need of resources to help them locate services that will help meet their basic needs, increase social opportunities, and explore resources available within the community.

Goal: "we need help sometimes"

Objective 3a: Care Coordinator will assist client in scheduling transportation and appointments as needed.

Objective 3b: Staff will link, advocate, and refer cl and his family to resources available to assist him with school and/or academic needs.

Objective 3c: Care Coordinator will provide linkage and advocacy between client, organizations, institutions and professionals to help meet his needs.

Objective 3d: HH Consumer will participate in the reviewing & revision of goals, objectives and will assess progress and/ or barriers to treatment needs

Objective 3e: HH Staffing for the purpose of discussion & problem solving regarding effective utilization of treatment modalities & support.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Medial Consult

PROGRESS MADE TOWARDS GOALS: none As Evidenced By: Medical Consult

Electronically Signed By: Quary, Amanda / APRN 82901 / Nurse Practioner / (2679) 2019-04-30 @ 16:56:20

Approved By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30 @ 16:56:20 Entered By: Valois2, Tonya / LSW-C 2754 / Physician / (2049) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077815 (Progress)

Name: Brennan, Alicia (53839) Group #: 042185377

Type Of Service: Targeted Case Management

Date Of Service: 04/17/2019 Start Time: 8:00AM End Time: 8:29AM Total Minutes: 29

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED

F98.9 Unspecified behavioral and emotional disorders with onset usually occurring in childhood and adolescence 04/03/2017

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#4: Problem: Ineffective health maintenance in regards to nutrition, exercise, emotion management Goal: Would like for Alicia to continues to learn how to take care of her body and mind. -Alicia

Objective 4a: Alicia and family will participate in wellness coaching to develop and gain knowledge about 3-5 wellness concepts to improve physical health i.e. Nutrition, exercise

Objective 4b: Alicia and family will participate in wellness coaching to develop and gain knowledge about 1 or more reasons taking medication as prescribed and keeping appointments with PCP are important for overall wellness

Objective 4c: CC will work with client and family to complete and update assessment instruments for monitoring clients progress and success.

Ŏbjective 4d: CC will work with client and family to receive services and support to develop crisis/safety plans.

Objective 4e: CC will work with client and family to receive assistance with identifying resources to help improve physical and mental health and wellness.

Objective 4f: CC will work with client and family to receive coordination of services for health and wellness plan development and implementation.

Objective 4g: NCM will monitor, review and document current medications, PCP appointments, vitals, registry data monthly.

Objective 4h: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM reviewed HIS on 4/17/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

There were no new records available at this time. NCM will reviewed HIS monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30 @ 23:52:13

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:48:36 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: No Custodial Agency

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077816 (Progress)

End Time: 8:59AM

Name: Hill, Jaheim (58559)

Group #: 033970723

Date Of Service: 04/17/2019

Type Of Service: Targeted Case Management

Start Time: 8:30AM

Total Minutes: 29

CLIENT PROBLEMS:

ICD10	NAME	INITIATED	RESOLVED
F43.10	Post-traumatic stress disorder, unspecified	02/18/2019	

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#3: Problem: health/wellness Goal: "to feel better" per fam

Objective 3a: CC will work with client and/or family to complete and update assessment instruments for monitoring client's progress and success.

Objective 3b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 3c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness

Objective 3d: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 3e: FSP will work with client and/or family on identifying and securing resources in the community.

Objective 3f: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care

Objective 3g: FSP will work with CT and/or family on providing education/ concerns/ benefits to promote overall health and wellness

Objective 3h: CM will monitor, advocate refer and link client with identifying resources for physical health, wellness and financial assistance

Objective 3i: WC facilitated groups to assist cl with improving daily functioning through a holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational Objective 3j: WC facilitated groups to assist cl with life skills to assist with improved physical and mental health.

Objective 3k: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data monthly.

Objective 3I: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning.

Objective 3m: PRS will provide support and encouragement to participate in physical education and exercise to improve overall health.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM reviewed HIS on 4/17/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

There were no new records available at this time. NCM will reviewed HIS monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30 @ 23:53:07

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:48:51 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077817 (Progress)

Name: Hill, Jaheim (58559) Group #: 033970723

Type Of Service: Targeted Case Management

Date Of Service: 04/10/2019 Start Time: 8:30AM End Time: 8:59AM Total Minutes: 29

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED

F43.10 Post-traumatic stress disorder, unspecified 02/18/2019

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#3: Problem: health/wellness Goal: "to feel better" per fam

Objective 3a: CC will work with client and/or family to complete and update assessment instruments for monitoring client's progress and success.

Objective 3b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 3c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness

Objective 3d: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 3e: FSP will work with client and/or family on identifying and securing resources in the community.

Objective 3f: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care plans.

Objective 3g: FSP will work with CT and/or family on providing education/ concerns/ benefits to promote overall health and wellness

Objective 3h: CM will monitor, advocate refer and link client with identifying resources for physical health, wellness and financial assistance

Objective 3i: WC facilitated groups to assist cl with improving daily functioning through a holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational Objective 3j: WC facilitated groups to assist cl with life skills to assist with improved physical and mental health.

Objective 3k: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data monthly.

Objective 3I: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning.

Öbjective 3m: PRS will provide support and encouragement to participate in physical education and exercise to improve overall health.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM reviewed proact on 4/10/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced Bv:

There were no new records available at this time. NCM will continue to review proact monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30 @ 23:53:51

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:44:54 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077818 (Progress)

Name: Hill, Jaheim (58559) Group #: 033970723

Type Of Service: Targeted Case Management

Date Of Service: 04/24/2019 Start Time: 8:30AM End Time: 8:59AM Total Minutes: 29

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED

F43.10 Post-traumatic stress disorder, unspecified 02/18/2019

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#3: Problem: health/wellness Goal: "to feel better" per fam

Objective 3a: CC will work with client and/or family to complete and update assessment instruments for monitoring client's progress and success.

Objective 3b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 3c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness

Objective 3d: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 3e: FSP will work with client and/or family on identifying and securing resources in the community.

Objective 3f: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care plans.

Objective 3g: FSP will work with CT and/or family on providing education/ concerns/ benefits to promote overall health and wellness

Objective 3h: CM will monitor, advocate refer and link client with identifying resources for physical health, wellness and financial assistance

Objective 3i: WC facilitated groups to assist cl with improving daily functioning through a holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational Objective 3j: WC facilitated groups to assist cl with life skills to assist with improved physical and mental health.

Objective 3k: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data monthly.

Objective 3I: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning.

Öbjective 3m: PRS will provide support and encouragement to participate in physical education and exercise to improve overall health.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM performed med rec on 4/23/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

Client is not currently prescribed medication. NCM will continue to monitor medication monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30 @ 23:54:33

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:52:52 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077819 (Progress)

Name: Clark, Jillian (58464)

Group #: 051574537

Type Of Service: Targeted Case Management

Date Of Service: 04/17/2019

Start Time: 9:00AM

End Time: 9:29AM

Total Minutes: 29

CLIENT PROBLEMS:

ICD10 **NAME**

RESOLVED **INITIATED**

F34.1 Dysthymic disorder 05/21/2018

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#5: Problem: Ineffective health maintenance in regards to medication management and insomnia.

Goal: "Be healthy and self-care."

Objective 5a: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 5b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 5c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness.

Objective 5d: FSP will work with client and/or family to on identifying and securing resources in the community.

Objective 5e: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care

Objective 5f: FSP will work with CT and/or family on providing education/concerns/benefits to promote overall health and

Objective 5g: FSP will work with CT and/or family on implementing health wellness changes Objective 5h: Client will attend WC facilitated groups to assist client with improving daily functioning through holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational.

Objective 5i: Client will attend WC facilitated groups to assist client with direct medical issues, learning new skills to improve daily functioning.

Objective 5j: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data

Objective 5k: PRSS will work to assist, support, and/or educate cl/family with recovery concepts, resources and safety. Objective 5I: PRSS will assist cl/family with creating and implementing a recovery/safety plan, educate on resources and benefits of recovery/safety and show cl/family ways to use new skills to make positive changes.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM reviewed HIS on 4/17/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

Jillian was seen at st mary's by annie cacy, DO for cough, sore throat, ear pain. dx otitis media, amoxicillin ordered x7 days. There were no other records available at this time. NCM will reviewed HIS monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-05-01 @ 00:04:39

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:49:04 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077820 (Progress)

Name: Clark, Jillian (58464) Group #: 051574537

Type Of Service: Targeted Case Management

Date Of Service: 04/10/2019 Start Time: 9:00AM End Time: 9:29AM Total Minutes: 29

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED
F34.1 Dysthymic disorder 05/21/2018

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#5: Problem: Ineffective health maintenance in regards to medication management and insomnia.

Goal: "Be healthy and self-care."

Objective 5a: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 5b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 5c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness.

Objective 5d: FSP will work with client and/or family to on identifying and securing resources in the community.

Objective 5e: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care plans.

Objective 5f: FSP will work with CT and/or family on providing education/concerns/benefits to promote overall health and wellness

Objective 5g: FSP will work with CT and/or family on implementing health wellness changes

Objective 5h: Client will attend WC facilitated groups to assist client with improving daily functioning through holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational.

Objective 5i: Client will attend WC facilitated groups to assist client with direct medical issues, learning new skills to improve daily functioning.

Objective 5j: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data monthly

Objective 5k: PRSS will work to assist, support, and/or educate cl/family with recovery concepts, resources and safety. Objective 5l: PRSS will assist cl/family with creating and implementing a recovery/safety plan, educate on resources and benefits of recovery/safety and show cl/family ways to use new skills to make positive changes.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM reviewed proact on 4/10/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

There were no new records available at this time. NCM will continue to review proact monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30 @ 23:56:35

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:45:06 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: T2022 HE Total Units: 2.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077821 (Progress)

Name: Clark, Jillian (58464) Group #: 051574537 Type Of Service: Performing Medication Reconciliation

Date Of Service: 04/24/2019 Start Time: 9:00AM End Time: 9:29AM Total Minutes: 29

CLIENT PROBLEMS:

ICD10 NAME INITIATED RESOLVED

F34.1 Dysthymic disorder 05/21/2018

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#5: Problem: Ineffective health maintenance in regards to medication management and insomnia.

Goal: "Be healthy and self-care."

Objective 5a: CC will work with client and/or family to receive coordination of service for health and wellness plan development and implementation.

Objective 5b: CC will work with client and/or family to receive services and support to develop crisis/safety plans. Objective 5c: CC will work with client and/or family to receive assistance with identifying resources to help improve physical and mental health and wellness.

Objective 5d: FSP will work with client and/or family to on identifying and securing resources in the community.

Objective 5e: FSP will work with CT and/or family on support during the development of crisis/safety plans, service/care plans.

Objective 5f: FSP will work with CT and/or family on providing education/concerns/benefits to promote overall health and wellness.

Objective 5g: FSP will work with CT and/or family on implementing health wellness changes

Objective 5h: Client will attend WC facilitated groups to assist client with improving daily functioning through holistic wellness approach addressing one or more areas: physical, emotional, spiritual, intellectual, social, financial, economical, and/or occupational.

Objective 5i: Client will attend WC facilitated groups to assist client with direct medical issues, learning new skills to improve daily functioning.

Objective 5j: NCM will monitor, review, and document current medications, PCP appointments, vitals, and registry data

Objective 5k: PRSS will work to assist, support, and/or educate cl/family with recovery concepts, resources and safety. Objective 5l: PRSS will assist cl/family with creating and implementing a recovery/safety plan, educate on resources and benefits of recovery/safety and show cl/family ways to use new skills to make positive changes.

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM performed med rec on 4/24/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

Client is prescribed the following medications by C. Kennedy APRN:

trazodone 100mg qhs lamictal 50mg bid

tenex 2mg ghs

NCM will continue to communicate with providers monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-05-01 @ 00:02:44

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:53:06 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Service Code: G8256 HE TG Total Units: 1.00 Date Billed: 05/06/2019 By: MCS Enid Clinic Custody Agency: None

Office: 405-627-0276 Fax: 405-573-0404

Health Home Note # 1077822 (Progress)

Name: Brennan, Alicia (53839)

Group #: 042185377

Date Of Service: 04/24/2019

Type Of Service: Performing Medication Reconciliation Start Time: 8:00AM

End Time: 8:29AM

Total Minutes: 29

RESOLVED

CLIENT PROBLEMS:

ICD10 **NAME** **INITIATED**

F98.9 Unspecified behavioral and emotional disorders with onset usually occurring in childhood and adolescence 04/03/2017

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#4: Problem: Ineffective health maintenance in regards to nutrition, exercise, emotion management Goal: Would like for Alicia to continues to learn how to take care of her body and mind. -Alicia

Objective 4a: Alicia and family will participate in wellness coaching to develop and gain knowledge about 3-5 wellness concepts to improve physical health i.e. Nutrition, exercise

Objective 4b: Alicia and family will participate in wellness coaching to develop and gain knowledge about 1 or more reasons taking medication as prescribed and keeping appointments with PCP are important for overall wellness

Objective 4c: CC will work with client and family to complete and update assessment instruments for monitoring clients

Õbjective 4d: CC will work with client and family to receive services and support to develop crisis/safety plans.

Objective 4e: CC will work with client and family to receive assistance with identifying resources to help improve physical and mental health and wellness.

Objective 4f: CC will work with client and family to receive coordination of services for health and wellness plan development and implementation.

Objective 4g: NCM will monitor, review and document current medications, PCP appointments, vitals, registry data monthly.

Objective 4h: NCM will communicate/advocate on behalf of cl/family with PCP, treatment providers and document progress, regression or needs to improve daily functioning

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): NCM performed med rec on 4/24/19

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

Client is prescribed the following medications by C. Kennedy APRN:

clonidine 0.1mg qhs prozac 20mg qd trileptal 150mg gd

NCM will continue to communicate with providers monthly while client is enrolled in HH services.

Electronically Signed By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-05-01 @ 00:01:54

Approved By: Pidcock2, Beth / LSW-C 1371 / Psychologist / (2322) 2019-05-06 @ 07:52:38 Entered By: Pidcock, Christine / LPN L0067281 / Licensed Practical Nurse / (2606) 2019-04-30

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Office: 405-627-0276 Fax: 405-573-0404

Medicaid Note # 1077823 (Progress)

Name: White, Tanya (60429) Group #: B28741060

Type Of Service: BH Assessment - LBHPuS

Date Of Service: 04/04/2019 Start Time: 2:00PM End Time: 3:30PM Total Minutes: 90

CLIENT PROBLEMS:

None

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan): Develop / Review Treatment Plan

METHODS USED TO ADDRESS PROBLEMS (What Techniques or Activities Were Used To Work On Problems): Intake assessment completed.

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

Client provided information, all consents/releases signed by client; uploaded into MIS.

Electronically Signed By: Woodson, Cassie / LPC uSup #pending / Case Manager III / (2184) 2019-05-01 @ 00:20:52 Approved By: Dhoku2, Chris / LPC 1944 / Case Manager II / (2252) 2019-05-01 @ 13:55:13 Entered By: Woodson, Cassie / LPC uSup #pending / Case Manager III / (2184) 2019-05-01

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Service Code: H0031 HE Total Units: 1.00 Date Billed: 05/06/2019 By: MCS Talihina Clinic Custody Agency: None

Millennium Medical Services, LLC 3816 Shadowridge Dr.,

Norman, OK 73072-5308 Office: 405-573-9905 Fax: 405-573-0404

Medicare Note # 1077824 (Medicare)

Name: Phelps, Lecil (59982) Group #: 446421561A

Type Of Service: Psychotherapy (45 min)

Date Of Service: 05/01/2019 Start Time: 7:15AM End Time: 8:00AM Total Minutes: 45

CLIENT PROBLEMS:

RESOLVED ICD10 **NAME INITIATED** F41.1 Generalized anxiety disorder 03/10/2019

SPECIFIC PROBLEM(S) ADDRESSED (As Identified On Comprehensive Treatment Plan):

#1: Problem: client experiences anxiety and talks rapidly and nervously, accuses family members of lying to him,and expresses excess concern over money matters

Goal: decrease frequency and intensity of anxiety episodes

Objective 1a: client will id thoughts, feelings, problems, complaints beliefs and ideas related to his anxiety and physical health.

CONTENTS TOPICS DISCUSSED:

Client seen for IP on 5/1/19 from0715am to 0800am. Affect congruent and mood neutral. Alert and oriented to person and situation. Topics discussed included mood, family and placement.

INTERVENTION: Supportive/Humanistic

SPECFIC TECHNIQUES:

Category 1 - Active help in feasible management of the environment

Category 3 - Counseling

Category 3 - Encouragement

PROGRESS MADE TOWARDS GOALS: progress minimal

As Evidenced By:

CCT used to process feelings with client. Explored feelings of anxiety and mood. Client reports feeling upset that he doesn't know where anything is. As we talked more, it became clear that client is not totally accepting of the idea that he is in a nursing home. Client said he wanted to see his son and maybe leave to go back where he belongs. Client maintained fair eye contact but was somewhat inattentive to therapist and kept looking around during session. There is evidence of paranoid delusions. Assisted client with id of one thought and one feeling he has about physical health and anxiety. Used communication board to facilitate interaction with client. Will continue to follow on 5/8/19.

Electronically Signed By: Kalayam, Diane / LSW-C 0897 / LCSW / (2147) 2019-05-01 @ 06:55:24 Approved By: Valois, Tonya / LSW-C 2754 / Psychologist / (946) 2019-05-02 @ 12:31:28 Entered By: Kalayam, Diane / LSW-C 0897 / LCSW / (2147) 2019-05-01

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Service Code: 90834 Total Units: 1.00 Date Billed: 05/06/2019 By: MMS Norman Clinic Custody Agency: None