1. Array, 1, 1.5, false, nil
2. The lack of parentheses.
3. Yes, I think it's good for a programmer to conceptually understand how the function he's writing should work, behavior driven development forces a solid understanding of a function's behavior, making the function less likely to perform badly in the future.
4. I think it's more helpful than Test Driven Development, but still hinders developers more than just letting them at it.
5. It's helpful in that it helps developers fully see and understand the features they're trying to implement, which should help prevent bugs and errors in the programs, the drawback is that it might take too much time to try to fully interpret and understand the definition when it's fully verbose.