

12:17



3G
3UG



SPROUT

TRACK YOUR WAY TO A BETTER YOU

SPROUT

TRACK YOUR WAY TO A BETTER YOU

Developed by Wardha Khalid



12:17



Sprout



SPROUT

The journey of a thousand miles begins with a single step.



Search

✓ All

Daily

Weekly

Custom



Exercise



Streak: 2



Time remaining: 23:42:24



read book



Streak: 1



Time remaining: 23:42:24



reading



Streak: 1



Time remaining: 23:42:24



Home



Dashboard



Streaks



12:17



Sprout



Dashboard

Total Habits

3

Completed Today

0

Habits Completed This Week



Home



Dashboard



Streaks



12:17



Sprout



Streak Leaderboard



Exercise

Longest Streak: 2 days

2



read book

Longest Streak: 2 days

1



reading

Longest Streak: 1 days

1



Home



Dashboard



Streaks



12:17



BUG



Add New Habit

Habit Title*

Description (Optional)

Frequency —

Daily



Add Habit



12:17



< Habit Details



Habit Title

read book

Description

10 pages before bed

Current Streak

1



Best Streak

2





