

# Reinforcement Learning Training 2025

# Model-Free Approach

# Motivation

Recall in policy iteration

$$v_{k+1}(s) \leftarrow \sum_a \pi(a|s) \sum_{s', r} p(s', r | s, a) [r + \gamma v_k(s')]$$

- To make this work, we need to know the model dynamics or  $p(s', r | s, a)$ .
- However, we do not know  $p$ .
- Instead, we will resort to *sampling*.
  - Collecting experience by following some policy in the real world or running the agent through a policy in simulation.

# Model-Free Learning

- Monte Carlo (MC) methods
- Temporal difference (TD) methods

# Monte Carlo

- We use the law of large numbers (LLN) from statistics.
  - Average of samples is a good estimate for the actual unknown quantity.
  - This estimate becomes better and better as the number of trials of the experiment (samples) increases.

# Monte Carlo

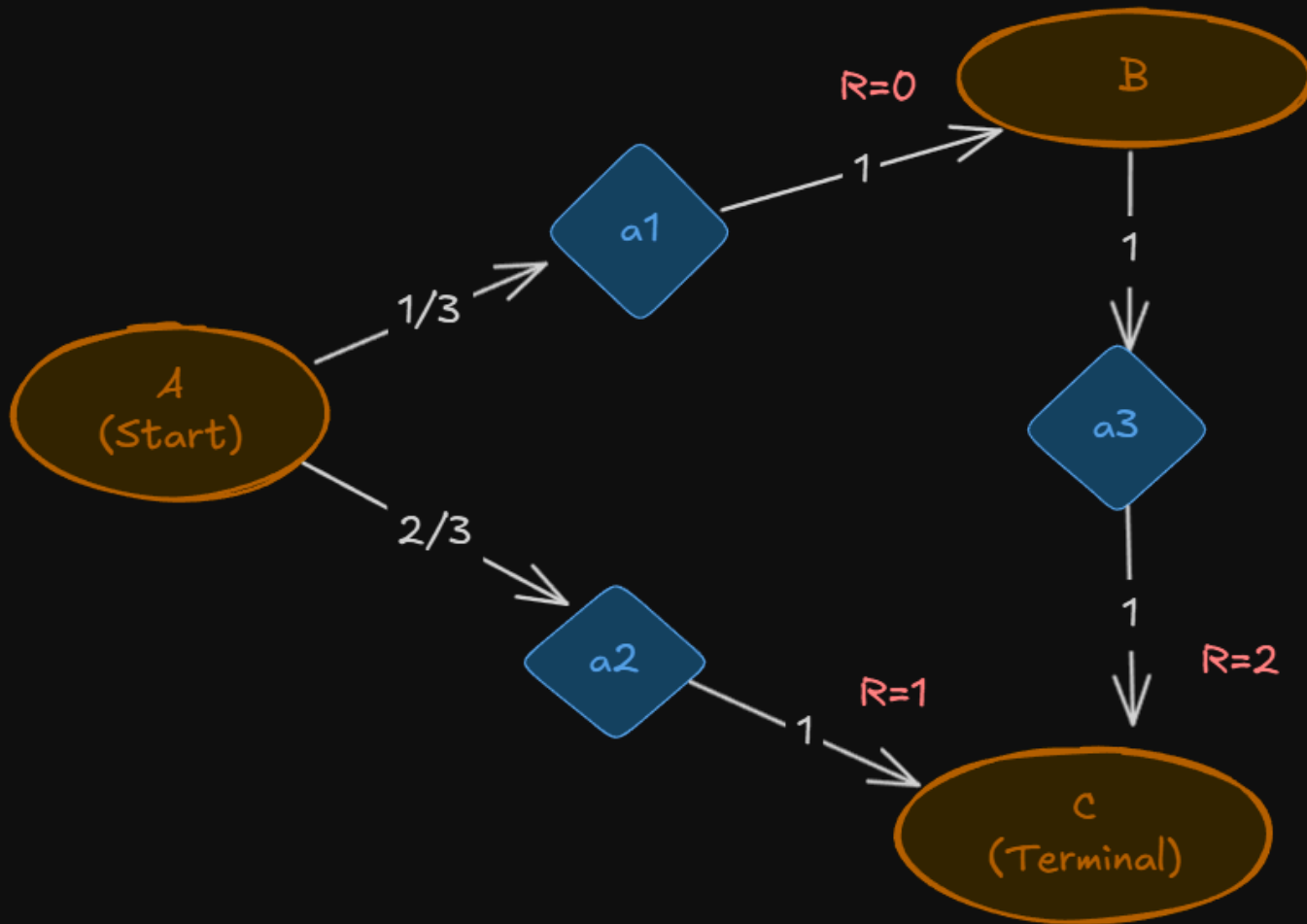
- Recall that We want to calculate

$$v_{\pi}(s) = \mathbb{E}_{\pi}[G_t | S_t = s]$$

- We let the agent start from this state  $S_t = s$ , follow the policy  $\pi$  to take actions, and keep doing so until termination.
  - We call one round of actions an **episode**.
- We record the total sum of rewards for each episode.
- We average the rewards to get an estimate of  $v_{\pi}(s)$  for the policy  $\pi$ .

MC methods replaces expected returns with the average of sample returns.

# Worked Example



## Solution $v$

$$v_{\pi}(s) = \sum_a \pi(a|s) \sum_{s', r} p(s', r|s, a) [r + \gamma v_{\pi}(s')]$$

let  $\gamma=1$

$$V(C) = \boxed{0} \text{ (Terminal)}$$

$$\begin{aligned} V(B) &= 1 \left[ 1 \times [2 + 1(0)] \right] \\ &= \boxed{2} \end{aligned}$$

$$\begin{aligned} V(A) &= \frac{1}{3} [1 \times (0 + 1(2))] \\ &\quad + \frac{2}{3} [1 \times (1 + 1(0))] \\ &= \frac{1}{3}(2) + \frac{2}{3}(1) = \boxed{4/3} \end{aligned}$$



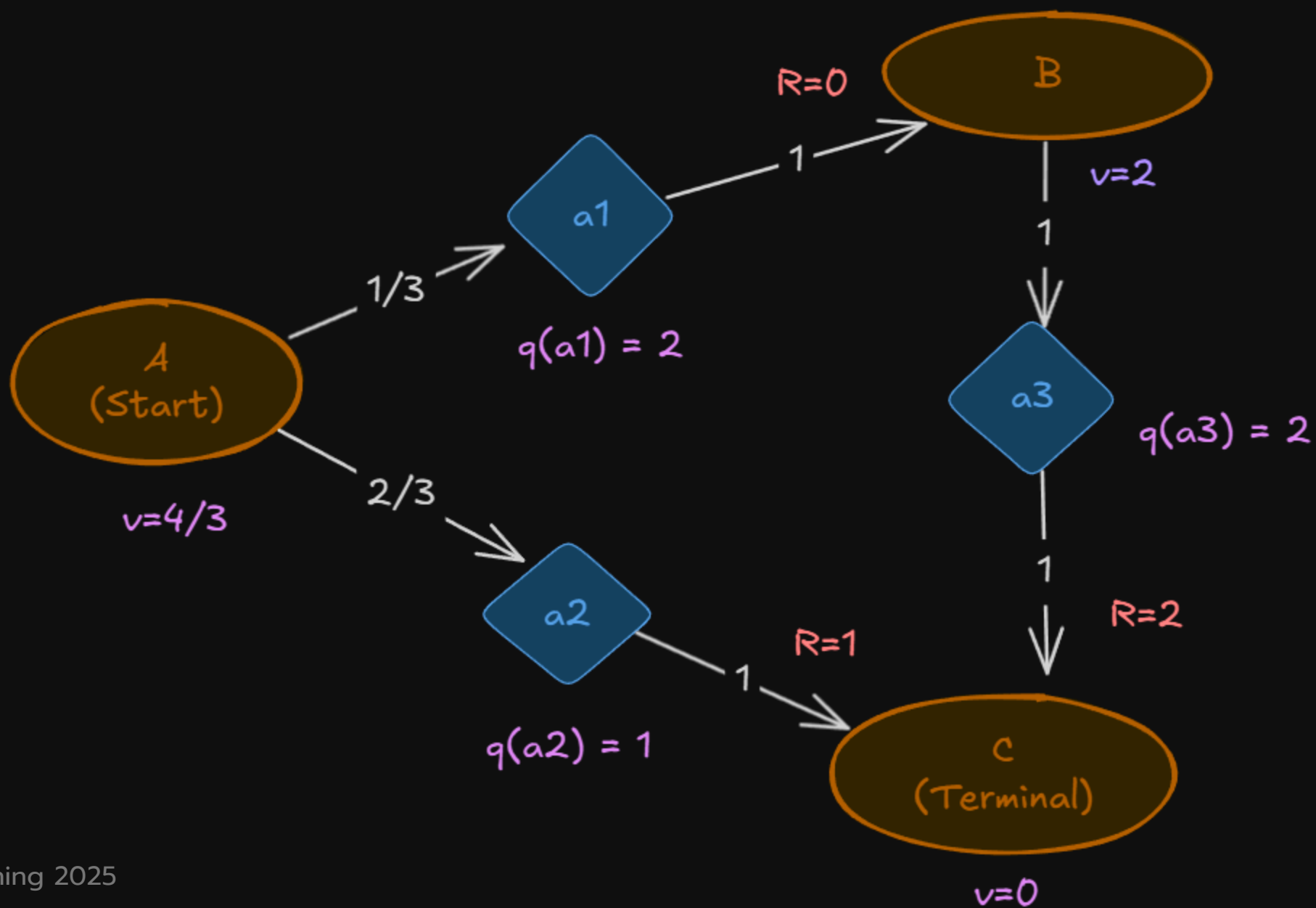
## Solution $q$

$$q_{\pi}(s, a) = \sum_{s', r} p(s', r | s, a) \left[ r + \gamma \sum_{a'} \pi(a' | s') q(s', a') \right]$$

$$\begin{aligned} q(a_3) &= 1 \left[ 2 + 1 \cancel{\sum (\dots)} \right] \\ &= \boxed{2} \end{aligned}$$

$$\begin{aligned} q(a_2) &= 1 \left[ 1 + 1 \cancel{\sum (\dots)} \right] \\ &= \boxed{1} \end{aligned}$$

$$\begin{aligned} q(a_1) &= 1 \left[ 0 + 1 (1(2)) \right] \\ &= \boxed{2} \end{aligned}$$



# Estimate $v(A)$

- We simulate many episodes.

Episode	Path	Reward from $A$
1	$A \rightarrow C$	$G_1 = 1$
2	$A \rightarrow B \rightarrow C$	$G_2 = 0 + 2 = 2$
3	$A \rightarrow B \rightarrow C$	$G_3 = 0 + 2 = 2$
4	$A \rightarrow C$	$G_4 = 1$
...	...	$G_n$

# Results

Monte Carlo estimates the value function  $v(A)$  as the average return observed after visiting A.

$$v(A) = \frac{G_1 + G_2 + G_3 + G_4 + \dots}{n} = \frac{1 + 2 + 2 + 1 + \dots}{n} \rightarrow \frac{4}{3}$$

# Online Method

- Instead of averaging all the returns at the end (the sample mean), we can use the incremental (update) method to estimate  $v(A)$  as each new return is observed.
- This is also called the "sample-average" update and is given by:

$$v_{n+1} = v_n + \frac{1}{n}(G_n - v_n)$$

- Also, note the constant- $\alpha$  version

$$v_{n+1} = v_n + \alpha(G_n - v_n)$$

where  $\alpha$  is the learning rate.

# Estimate $q(a_1)$ and $q(a_2)$

Episode	Path	Actions at $A$	Reward from Action at $A$
1	$A \rightarrow C$	$a_2$	$G_1 = 1$
2	$A \rightarrow B \rightarrow C$	$a_1$	$G_2 = 0 + 2$
3	$A \rightarrow B \rightarrow C$	$a_1$	$G_3 = 0 + 2$
4	$A \rightarrow C$	$a_2$	$G_4 = 1$
...	...	...	$G_n$

**Estimate  $q(a_1)$  and  $q(a_2)$**

$$q(a_1) = \frac{G_2 + G_3 + \dots}{n} = \frac{2 + 2 + \dots}{n} \rightarrow 2$$

$$q(a_2) = \frac{G_1 + G_4 + \dots}{n} = \frac{1 + 1 + \dots}{n} \rightarrow 1$$

# Online update

$$q_{n+1} = q_n + \frac{1}{n}(G_n - q_n)$$

- Constant- $\alpha$  version

$$q_{n+1} = q_n + \alpha(G_n - q_n)$$



# Comparing estimations of $v$ and $q$

- Notice that the calculation of  $v$  and  $q$  is the same.
- This is because both functions are fundamentally estimates of an expected value—just over different types of returns.
  - $v(s)$  - average over all times you start at  $s$
  - $q(s, a)$  - average over all times you start at  $s$  and pick  $a$

# Monte Carlo: First-Visit vs. Every-Visit

- *First-Visit MC*
  - Only the first time a state (or state-action pair) is visited in an episode, the return following that visit is used to update the estimate.
- *Every-Visit MC*
  - Every time a state (or state-action pair) is visited in an episode, the return following that visit is used to update the estimate (even if visited multiple times within the same episode).

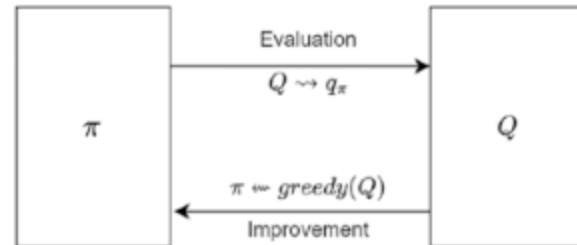
# Gridworld

- Calculating  $v$  using MC.



# Control with Monte Carlo

- We will use generalized policy iteration (GPI).
  - Find  $q$  (not  $v$ )
  - Improve policy using greedy optimization.
  - Repeat ...



**Figure 4-5.** Iteration between the two steps. The first step evaluates to get the state-action values in sync with the policy being followed. The second step performs policy improvement to do a greedy maximization for actions

# Control with Monte Carlo

- However, in MC, the greedy optimization does not work very well.
  - To be greedy, we need to know all  $q$ .
  - But being greedy, we will never *explore* all  $q$ .
- To fix this, we will use  **$\epsilon$ -greedy policy**.

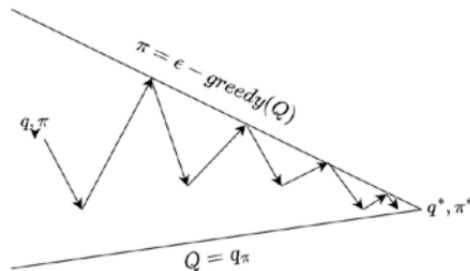
# Control with Monte Carlo

- The agent exploits the knowledge with probability  $1-\epsilon$  and explores with probability  $\epsilon$ .

$$\pi(a|s) = \begin{cases} 1 - \epsilon + \frac{\epsilon}{|A|} & \text{for } a = \operatorname{argmax}_a Q(s,a) \\ \frac{\epsilon}{|A|} & \text{otherwise} \end{cases}$$

# Control with Monte Carlo

- Next, we will not run MC until values of  $q$  converges.
- We will run MC prediction followed by policy improvement on an episode-by-episode basis.
- This way, there is no need for a large number of iterations in the estimation/prediction step



**Figure 4-6.** Iteration between the two steps. The first step is the MC prediction/evaluation for a single step to move the  $q$ -values in the direction of the current policy. The second step is that of policy improvement to do a  $\epsilon$ -greedy maximization for actions

# Control with Monte Carlo

- With the two tweaks, we have **Greedy in the Limit of Infinite Exploration (GLIE)**.



### GLIE FOR POLICY OPTIMIZATION

Initialize:

State-action values  $Q(s, a) = 0$  for all  $s \in S$  and  $a \in A$ .

Visit count  $N(s, a) = 0$  for all  $s \in S$  and  $a \in A$ .

Policy  $\pi$  with enough exploration e.g., random policy

Loop:

sample episode( $k$ ) following policy  $\pi : S_0, A_0, R_1, S_1, A_1, R_2, \dots, A_{t-1}, R_T, S_T$

$G \leftarrow 0$

Loop backwards for each step of episode,  $t = T - 1, T - 2, \dots, 1, 0$

$G \leftarrow \gamma \cdot G + R_{t+1}$

$N(s, a) \leftarrow N(s, a) + 1$

$Q(s, a) \leftarrow Q(s, a) + 1/N(s, a) * [G - Q(s, a)]$

Reduce  $\epsilon$  using  $\epsilon = 1/k$

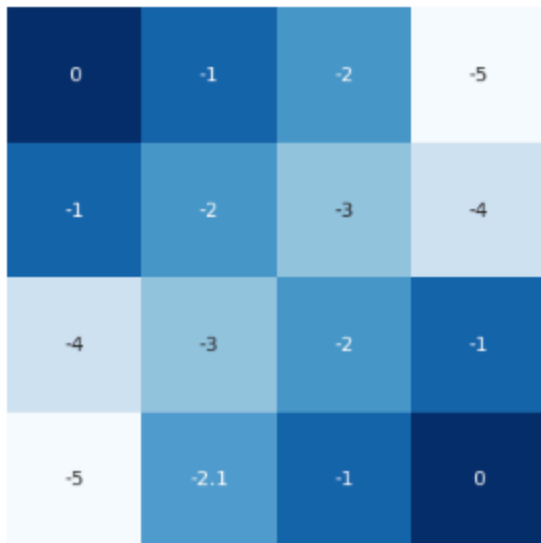
Update policy with  $\epsilon$ -greedy using revised  $Q(s, a)$

**Figure 4-7.** Every-visit (GLIE) MC control for policy optimization

Note that we reduce  $\epsilon$  to make policy more deterministic.

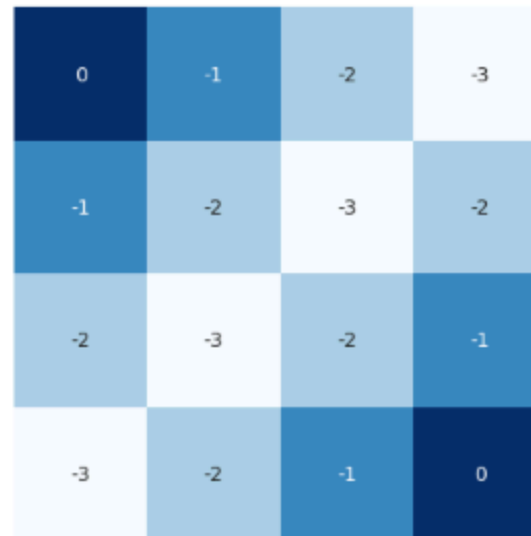
# Simulation

MC Control 20000 Iteration



Dynamic Programming (Value Iteration)

State Values



(See python code)

# On-Policy vs Off Policy

# "On"-Policy MC Control

- In GLIE, we employ  $\epsilon$ -greedy policy in two process.
  - Finding  $v$  or  $q$ .
  - Maximizing the policy.
- This is called an **on-policy** approach.
- However, the on-policy approach is not efficient.
  - The episode that you collect has to be thrown away.
  - You have no separate ability to control exploration.

# "Off"-Policy MC Control

- Another approach is to use two policies.
  - More exploratory to generate samples.
  - Near deterministic policy in policy maximization.
- This is called an **off-policy** approach.
  - **Behavior** policy ( $b$ ) for generating samples
  - **Target** policy ( $\pi$ ) in policy maximization

## OFF POLICY MC CONTROL OPTIMIZATION

Initialize, for all  $s \in S$  and  $a \in A(s)$ :

State-action values  $Q(s, a) \in \mathbb{R}$  (arbitrarily)

$C(s, a) \leftarrow 0$

Policy  $\pi = \arg \max_a Q(s, a)$

Loop for each episode:

$b \leftarrow$  a "behavior policy" with enough exploration

sample episode( $k$ ) following policy  $\pi : S_0, A_0, R_1, S_1, A_1, R_2, \dots, A_{t-1}, R_T, S_T$

$G \leftarrow 0$

$W \leftarrow 1$

Loop backwards for each step of episode,  $t = T - 1, T - 2, \dots, 1, 0$

$G \leftarrow \gamma \cdot G + R_{t+1}$

$C(S_t, A_t) \leftarrow C(S_t, A_t) + W$

$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \frac{W}{C(S_t, A_t)} [G - Q(S_t, A_t)]$

$\pi(S_t) \leftarrow \arg \max_a Q(S_t, a)$

If  $A_t \neq \pi(S_t)$  exit inner loop

$W \leftarrow W \frac{1}{b(A_t|S_t)}$

# Temporal Difference Learning Methods

## Problem with MC

- Only work for episodic environment.
- Only update  $q$  when episode ends.
- Temporal difference learning solve these problems.



# Update Equation

- Monte Carlo (constant- $\alpha$  version)

$$V_{n+1} = V_n + \alpha(G - V_n)$$

- Temporal Difference,  $TD(0)$

$$V(s) = V(s) + \alpha[R + \gamma \cdot V(s') - V(s)]$$

The value of  $v$  is estimated with the *estimate* of the successor state.  
This is known as *bootstrapping*.

# TD Error

$$\delta_t = R_{t+1} + \gamma \cdot V(S_{t+1}) - V(S_t)$$

- Error in the estimate of  $v$  based on reward and discounted next time-step state value.

# Advantages of TD

- Compared with model-based approach, TD does not need knowledge of transition probabilities.
- Compared with Monte-Carlo approach, TD can update the value function at every step.
  - Faster convergence.

# TD Control

- On-Policy SARSA
- Q-learning
- Expected SARSA

# On-Policy SARSA

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot [R_{t+1} + \gamma \cdot Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t)]$$

$$\delta_t = R_{t+1} + \gamma \cdot Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t)$$

- Note that terminate state  $\rightarrow q$  equals to zero.

## SARSA on-policy TD control

Initialize:

State-action values  $Q(s, a) = 0$  for all  $s \in S$  and  $a \in A$ .

policy  $\pi = \epsilon$ -greedy policy with some small  $\epsilon \in [0, 1]$

learning rate (step size)  $\alpha \in [0, 1]$

discount factor  $\gamma \in [0, 1]$

Loop for each episode:

Start state  $S$ , choose action  $A$  based on  $\epsilon$ -greedy policy

Loop for each step till episode end:

Take action  $A$  and observe reward  $R$  and next state  $S'$

Choose action  $A'$  using  $\epsilon$ -greedy policy using current  $Q$  values

If  $S'$  not terminal:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R + \gamma \cdot Q(S', A') - Q(S, A)]$$

else:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R - Q(S, A)]$$

$$S \leftarrow S'; A \leftarrow A'$$

[optionally reduce  $\epsilon$  periodically towards zero]

Return policy  $\pi$  based on final  $Q$  values.

# Q-Learning

- SARSA

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot [R_{t+1} + \gamma \cdot Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t)]$$

- Q-learning

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot \left[ R_{t+1} + \gamma \cdot \max_{A_{t+1}} Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t) \right]$$

# Q-Learning

- You generate samples using  $\epsilon$ -greedy policy.
- However, when you update  $q$ , you are using  $\operatorname{argmax}_a q$ , which is a different policy.
  - This is essentially an off-policy approach.



## Q LEARNING OFF-POLICY TD CONTROL

Initialize:

State-action values  $Q(s, a) = 0$  for all  $s \in S$  and  $a \in A$ .

policy  $\pi = \varepsilon$ -greedy policy with some small  $\varepsilon \in [0, 1]$

learning rate (step size)  $\alpha \in [0, 1]$

discount factor  $\gamma \in [0, 1]$

Loop for each episode:

Start state  $S$

Loop for each step till episode end:

Choose action  $A$  based on  $\varepsilon$ -greedy policy

Take action  $A$  and observe reward  $R$  and next state  $S'$

If  $S'$  not terminal:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R + \gamma \cdot \max_{A'} Q(S', A') - Q(S, A)]$$

else:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R - Q(S, A)]$$

$$S \leftarrow S'$$

Return policy  $\pi$  based on final  $Q$  values.

# Expected SARSA

- SARSA

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot [R_{t+1} + \gamma \cdot Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t)]$$

- Q-learning

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot \left[ R_{t+1} + \gamma \cdot \max_{A_{t+1}} Q(S_{t+1}, A_{t+1}) - Q(S_t, A_t) \right]$$

- Expected SARSA

$$Q(S_t, A_t) \leftarrow Q(S_t, A_t) + \alpha \cdot \left[ R_{t+1} + \gamma \cdot \sum_{a \in A_{t+1}} \pi(a|S_{t+1}) \cdot Q(S_{t+1}, a) - Q(S_t, A_t) \right]$$

## EXPECTED SARSA TD CONTROL

Initialize:

State-action values  $Q(s, a) = 0$  for all  $s \in S$  and  $a \in A$ .

policy  $\pi = \varepsilon$ -greedy policy with some small  $\varepsilon \in [0, 1]$

learning rate (step size)  $\alpha \in [0, 1]$

discount factor  $\gamma \in [0, 1]$

Loop for each episode:

Start state  $S$

Loop for each step till episode end:

Choose action  $A$  based on  $\varepsilon$ -greedy policy

Take action  $A$  and observe reward  $R$  and next state  $S'$

If  $S'$  not terminal:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R + \gamma \cdot \sum_a \pi(a|S') Q(S', a) - Q(S, A)]$$

else:

$$Q(S, A) \leftarrow Q(S, A) + \alpha \cdot [R - Q(S, A)]$$

$$S \leftarrow S'$$

Return policy  $\pi$  based on final  $Q$  values.