#### **ABOUT**

Warm Hearts Kelowna is a pop-up seasonal charity designed to offer extra support as the year comes to a close. Families will remain anonymized as assistance is pursued throughout the community.

Due to the ongoing COVID-19 pandemic, support will be requested in the form of gift cards.

Gifts will be hand delivered to the families or organizations by **Saturday**, **December 18**, **2021**.

Read more about the families and general organizations you can direct your donations to in the following pages.

When you're ready, complete our google form by clicking <u>here</u> to let us know who you will be supporting this season.

DELIVER BY: Saturday, december 18, 2021

CONTACT US: WARMHEARTSKELOWNA@GMAIL.COM



### Kelowna General Hospital Pediatrics Ward

Kelowna General Hospital's Pediatric unit is happy to care for children throughout the Okanagan. In addition to having a 10 bed inpatient unit, we also run outpatient clinics to help care for our chronically ill kids that require weekly or monthly IV infusions, including chemotherapy. We also have a very busy post-operative schedule as we recover all kids under the age of 18 on the unit.

We are currently struggling with finding donations of toys, book, crafts, etc for our kids on the unit. Coming into hospital can be scary, overwhelming and sometimes boring! It is always wonderful to be able to provide our kiddos with a token to say "you are so brave!" or an activity to do while on bedrest.

The following items are always appreciated:

- · colouring books
- markers, craft kits (that kids on bedrest can do!)
- small lego sets
- hot wheel cars
- puzzles
- action figures (not violent!)
- bath toys
- fidget toys, etc.
- Stuffies are always great due to Covid, we ask that the stuffies are new at not used.

The admissions for our children dealing with Mental Health issues has also increased and the following are so helpful for our teens: portable DVD players and radios (our patients are not able to have cell phones on the unit), stress balls, adult colouring books.

Thank you for any help that you are able to provide to our unit. I know that the patients and their families always appreciate anything that can contribute to a more positive hospital experience.



Kelowna Women's Shelter is a safe place of refuge for women and their children, and serves the area boundaried by Peachland and Oyama.

This year we ask for gift card donations to help empower women residing at the shelter.



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Kelowna General Hospital Families

