

Newspapers

Article 1

Vulkaan op IJsland uitgebarsten na weken van aardschokken

UPDATE/VIDEO Een vulkaan op IJsland, nabij hoofdstad Reykjavik, is gisteravond uitgebarsten. Dat meldt het meteorologisch instituut van de eilandstaat. De uitbarsting volgt op weken van aardschokken. Al het vliegverkeer van en naar de internationale luchthaven Keflavik is gestaakt.

Buitenlandredactie 19 mrt. 2021 Laatste update: 20-03-21, 13:05 

[Al meer dan 50.000 aardschokken hielden de IJslanders de afgelopen weken uit hun slaap.](#)

Experts voorspelden daarom al een vulkaanuitbarsting op de korte termijn en vermoedden dat die gepaard zou gaan met lavasfonteinën van tientallen meters hoog. De eerste uitbarstingen van de vulkaan Fagradalsfjall vonden vanavond plaats op het schiereiland Reykjanes, in het zuidwesten van IJsland op zo'n 40 kilometer van de hoofdstad.

De vulkaanuitbarsting zorgt ervoor dat de lucht boven Reykjavík rood oplicht. De IJslandse overheid roept mensen op kalm te blijven en onder geen beding richting de uitbarsting te gaan. Een team wetenschappers gaat per helikopter de omvang van de eruptie in kaart brengen.



Lavastromen banen zich een weg naar beneden tijdens de uitbarsting van de vulkaan Fagradalsfjall op IJsland. © via REUTERS

Aardschokken

De vele aardschokken zorgden in de afgelopen weken voor overlast bij de lokale bewoners. „Meerdere mensen zijn wakkergeschrokken van aardbevingen. Die hadden in meerdere gevallen een kracht van boven de 5”, zei een expert van de IJslandse meteorologische dienst volgens de BBC deze week. „Ik kan me niet indenken dat iemand zich een vergelijkbare situatie kan herinneren.” De bevingen dreven de inwoners van de nabijgelegen plaats Grindavik tot wanhoop. Een evacuatieplan ligt klaar. Inwoners kunnen

bijvoorbeeld per boot worden geëvacueerd als wegen onbegaanbaar worden door een vulkaanuitbarsting.

In 2010 hadden erupties op IJsland een grote invloed op het internationale vliegverkeer, dat lange tijd grotendeels werd lamgelegd. Ook moesten honderden IJslanders hun huis uit. Voor nu is een code rood afgegeven, aldus betreffende overheden. Er is nog weinig turbulentie gemeten. Deskundigen denken niet dat de huidige eruptie veel rook of as de atmosfeer in zal blazen. Wel zijn er lavastromen gemeld, maar die vormen geen bedreiging voor de regio, aldus de nationale weerdienst.

De laatste uitbarsting op Reykjanes vond volgens IJslandse meteorologen bijna achthonderd jaar geleden plaats. Vanwege de recente aardbevingen werd al rekening gehouden met een eruptie.



De lucht boven Reykjavik kleurt rood na de uitbarsting van de vulkaan Fagradalsfjall. © AP

Article 2




© Reuters

Colorado rouwt om bloedbad in supermarkt, schutter Ahmad (21) aangeklaagd: ‘Het was angstaanjagend’

Een 21-jarige man is vandaag aangeklaagd voor tien moorden na een schietpartij in een supermarkt in Boulder, in de Amerikaanse staat Colorado. De autoriteiten zeggen nog geen motief te hebben vastgesteld voor het bloedbad.

Buitenlandredactie 23-03-21, 18:10 Laatste update: 23-03-21, 18:15



De verdachte, Ahmad Alyssa, verkeert in stabiele toestand nadat hij gisteren zelf gewond was geraakt tijdens een vuurgevecht met politieagenten in de winkel in Boulder, ongeveer 45 kilometer ten noordwesten van Denver. 

Slachtoffers

De tien slachtoffers zijn tussen de 20 en 65 jaar. Een van hen is de 51-jarige Eric Talley, die bij de plaatselijke politie werkte. Burgermeester Seam Weaver prijst de diender om zijn heldhaftige optreden. „We kunnen agent Talley en zijn familie nooit genoeg bedanken voor zijn offer.” Talley, vader van zeven kinderen, was onlangs op zoek gegaan naar een minder gevaarlijke baan, aldus zijn vader.

Ook de 25-jarige Rikki Olds is door familie geïdentificeerd als een van de slachtoffers. ‘We hebben onze geliefde Rikki verloren aan het monster dat gisteren in de King Soopers (de supermarkt, red.) in het rond schoot. Moge hij branden in de hel’, schrijft de tante op Facebook.

Koelbloedig

Volgens ooggetuigen ging de schutter koelbloedig te werk in de supermarkt. „Hij kwam binnen en begon direct te schieten”, vertelt een klant tegen *The Denver Post*. Een ander zegt dat de schutter ‘een paar schoten loste, toen even ophield, en daarna weer verderging’.

Een andere klant, James Graham, zegt tegen een lokale krant dat hij het buskruit kon ruiken. „Het was de meest angstaanjagende gebeurtenis die ik ooit heb meegemaakt. Het gebeurde zo snel en het was zo luid. Ik ben nog steeds in shock.”

Lokale autoriteiten meldden vandaag dat de schutter een geweer bij zich had, een pistool en een tactisch vest droeg. Het geweer had hij zes dagen voor de schietpartij aangeschaft.

Het was de meest angstaanjagende gebeurtenis die ik ooit heb meegemaakt

Ooggetuige

Officier van justitie Michael Dougherty belooft gerechtigheid voor de nabestaanden. „Dit is een tragedie en een nachtmerrie voor Boulder County. Dit waren mensen die gewoon hun dag doorbrachten en hun boodschappen deden. Ik beloof de slachtoffers en de mensen van de staat Colorado dat er gerechtigheid zal komen.”

Over de schutter is nog weinig bekend. Volgens justitie komt hij uit Arvada, Colorado en heeft hij het grootste deel van zijn leven in de Verenigde Staten gewoond.

Article 3



Vrouwen protesteerden gisteren in Istanboel tegen het vertrek van Turkije uit het vrouwenrechtenverdrag. © REUTERS

In twintig uur tijd werden zes vrouwen in Turkije gedood door hun (ex-)partner

In twintig uur tijd werden er zes vrouwen in Turkije om het leven gebracht door hun (ex-)partner. Actievoerders grijpen de moorden aan om te benadrukken waarom het een slechte zaak is dat Turkije het verdrag tegen vrouwengeweld heeft opgezegd. Prominenten in Nederland spreken zich nu via sociale media uit om aandacht te vragen voor de situatie van vrouwen in het land.

Marlies van Leeuwen 24-03-21, 14:23 

Gedetailleerd beschrijft de [nieuwssite Sözcü](#), een van de populairste kranten van Turkije, wat de zes vrouwen overkwam die deze week door hun ex-partners werden omgebracht. Op 22 maart, binnen twintig uur, van Antalya en Izmir tot in Istanboel. Rabia Doğan, moeder van twee kinderen en verwickeld in een echtscheiding, kreeg vijf kogels in haar lijf. Meral Sivrikaya, eveneens moeder van twee kinderen, werd door haar ex meermaals neergestoken op het balkon van het appartement waar ze verbleef, nadat hij daar wist binnen te dringen. Ook Serpil Fikirli, moeder van drie kinderen, werd doodgestoken door haar man. Zij verbleef in het huis van haar vader en had om [een straatverbod gevraagd](#) tegen haar man.

Gemiddeld genomen wordt er in Turkije minstens een vrouw per dag vermoord door een man. Dat het nu zes vrouwen treft in nog geen etmaal tijd, laat [volgens actievoerders](#) zien dat hun [woede terecht](#) is over het [controversiële besluit](#) van de Turkse regering om uit de Istanbul Conventie te stappen. Dat is een Europees verdrag dat landen ertoe dwingt om geweld tegen vrouwen actief aan te pakken. De afgelopen dagen protesteren ze tegen de 'femicide'.

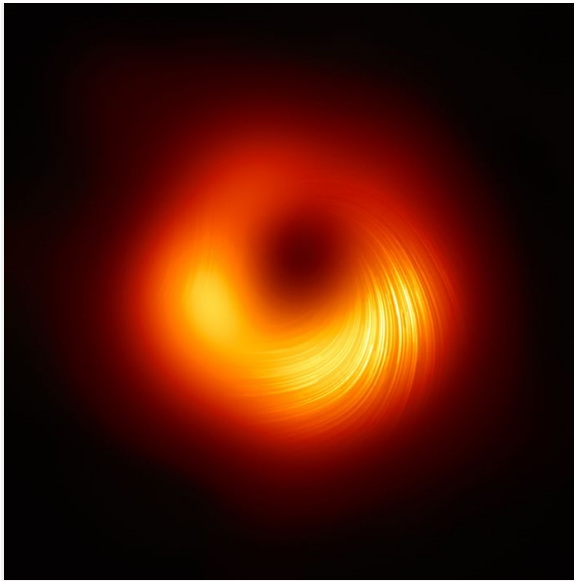
Kettingreactie

Na een oproep van de prominente Turkse journaliste Banu Güven om aandacht te vragen voor dit geweld, laten steeds meer vrouwen in Nederland van zich horen op Twitter. Haar tweet wordt massaal gedeeld - als een soort kettingreactie gaat het rond. Onder andere schrijfster Saskia Noort en Manon Uphoff, actrice Georgina Verbaan en BoerBurgerBeweging-Kamerlid Caroline van der Plas delen het bericht.

Uit gegevens van de Wereldgezondheidsorganisatie blijkt dat 38 procent van de vrouwen in Turkije in hun leven te maken krijgt met partnergeweld, tegen 25 procent van de vrouwen in Europa. Over vrouwenmoord - femicide genoemd - zijn geen officiële cijfers, maar volgens persbureau Reuters is dat aantal in de afgelopen tien jaar verdrievoudigd. Dit jaar zijn er 78 vrouwen vermoord door een man of om het leven gekomen onder verdachte omstandigheden.

Een officiële reden heeft president Erdogan niet direct gegeven waarom het land uit het verdrag stapt, maar eerder gingen in regeringskringen al geluiden op om het verdrag in de prullenbak te gooien. Het zou schadelijk zijn voor de conservatieve familiewaarden, en niet passen bij de Turkse samenleving. In het verdrag wordt gesproken over het belang van gelijkwaardigheid tussen mannen en vrouwen, in de strijd tegen geweld tegen vrouwen.

Article 4



Het gepolariseerde zicht op het zwarte gat in het Messier 87 (M87) sterrenstelsel. © AFP

Nieuwe beelden van zwart gat gemaakt

Voor de tweede keer ooit is het een internationale groep wetenschappers gelukt om een afbeelding van een zwart gat te maken. De wetenschappers toonden het object in zogeheten gepolariseerd licht. Zo willen ze begrijpen hoe het magnetische veld rond het zwarte gat werkt. Bij het onderzoek waren sterrenkundigen Monika Moscibrodzka en Sara Issaoun van de Radboud Universiteit in Nijmegen betrokken.

Buitenlandredactie 24-03-21, 15:18 Laatste update: 15:21 

De onderzoekers van de Event Horizon Telescope brachten de eerste afbeelding van het zwarte gat in april 2019 naar buiten. Daarop is een ring van licht rond een donker centrum te zien. Het gaat om een gat in het midden van Messier 87 (M87), een sterrenstelsel in het sterrenbeeld Maagd, op 55 miljoen lichtjaar afstand van de aarde. Het zwarte gat heeft een doorsnee van 40 miljard kilometer en is ongeveer 6,5 miljard keer zo zwaar als onze zon.

Zwarte gaten zijn plekken in het heelal waar de zwaartekracht zo groot is, dat niets eraan kan ontsnappen, zelfs licht niet. Alles wat in de buurt komt, wordt opgeslokt en verscheurd. Bij dat verzwelgen schiet het zwarte gat stralen van energie en materie de ruimte in. Die worden jets genoemd. Die komen bij het zwarte gat in M87 tot minstens 5000 lichtjaar ver.

Article 5



Game Changer. © Banksy

Recordbedrag voor werk Banksy: bijna 20 miljoen euro

Een werk van de mysterieuze kunstenaar Banksy heeft op een veiling een recordbedrag opgebracht van bijna 17 miljoen pond (zo'n 20 miljoen euro). De tekening *Game Changer* hing voorheen in een ziekenhuis in Southampton. De opbrengst gaat naar de Britse gezondheidszorg en goede doelen, meldt veilinghuis Christie's.

Showredactie 23-03-21, 16:31 ☐

Op de tekening staat een jongetje afgebeeld dat speelt met poppen. Het kind laat bekende helden als Batman en Spiderman in de hoek liggen en heeft een verpleegster vast met wapperende cape en mondkapje. Banksy had het werk gemaakt als 'persoonlijk eerbetoon' aan de helden van de pandemie. ☐

Het werk ging precies een jaar na het afkondigen van de eerste Britse lockdown onder de hamer. Dat leverde volgens Christie's het hoogste bedrag op dat ooit op een veiling is betaald voor een Banksy. De waarde van het kunstwerk was eerder nog geschat op 2,5 miljoen tot 3,5 miljoen pond.

What does my selection tell me about the time we live in, myself and my area of interest?

My selection tells me that I'm interested in a lot of different topics. I care a lot about horrible events that happen, such as the attack in Colorado and the femicide in Turkey. I struggle to understand what drives people to do these kind of things. It definitely highlights some of the very serious issues society has to deal with. Especially as a woman the femicide really affects me. Its horrible to see that in other countries women are being killed for no reason, and their government isn't even willing to protect them. The shooting in Colorado shows that there need to be stricter gun laws. These things happen way too often, especially in the United States, and it is always innocent people end up being the victim.

Another thing I'm really interested in is nature, so the volcano eruption really interested me. It looks fascinating but there is also a dangerous side to it, but luckily there are evacuation plans. Space is also something that I'm really interested in so new images of black holes makes me really excited. It's great to see that since 2019 we are able to capture them on camera. It also makes me excited about further space exploration and seeing what else we can discover and capture.

Banksy is an artist that is very inspiring to me. His identity is unknown, but he makes such a great impact with his artwork. It seems like it always has an interesting story behind it as well.

Museums

1. National Militair Museum
2. Kamp Westerbork
3. Vrijheidsmuseum
4. Airborne Museum at Hartenstein
5. Libertum (opens end 2021)

What does my selection tell me about the time we live in now?

It is especially important to not forget about the past and to learn from it. Still to this day people live with the impact war has had on their lives. There are still wars being fought right in this very moment but if I look at the people around me, not a lot of people talk or even think about it. This is because we are so used to being “free”, that we sometimes seem to forget what it took to get to this point. We should pay more attention to this and remember what it means to be “free”. There are a lot of things that divide us, such as religion, sexuality, gender, ethnicity, etc. So even though the Netherlands is free from war, there is still progress to be made before we can really say we are free.

Everyday people become victims of conflict situations. A lot of people lose their life or have to leave everything behind. It's really sad to see that even when people flee their own country, which is hard enough as it is, they are not always accepted in another one. If we would pay more attention to the effects of war by listening to people's stories, whether they are from World War II or today, we could become a lot more considerate and less judgmental. In the end this would make the world a better place, since we're all just humans and we all deserve the same chance at life.

What does my selection tell me about myself and my area of interest?

One thing that really stands out is my interest in history, specifically World War II. To me it's a very interesting and important subject. It's important to learn from such horrible events and to really try to understand what it must have been like.

Growing up I have always been interested in war and the military and even dreamt of joining it. Still to this day it's something that means a lot to me, which comes from the feeling of always wanting to help people and do something to make the world a better place.

To me it's more than World War II, it's also about the current war situations and the way people react to it. I really want to listen to people and learn about the horrible things they've had to go through, and figure out what I can do myself. One of the things I can do is to just talk about it with people around me, to remind them and myself of the fact that there are so many people who live in much worse situations. Also I believe that we should be more grateful of our freedom, because this is not something that should be taken for granted.

Documentaries

1. [Impact of Hate: Charlottesville – Discovery Plus](#)
2. [NASA & SpaceX: Journey To The Future – Discovery Plus](#)
3. [Superhuman: The invisible made visible – Prime video](#)

What does my selection tell me about the times we live in now?

The world we live in today is very divided. The horrible event that happened in Charlottesville is just one of the many examples. People often stand against each other and are so convinced of their own beliefs that they will go to any extent to feel like they “won”. Racism is something that is such a big problem that needs to be resolved. Everyone is equal no matter the colour of your skin, gender, sexuality, religion, etc.

I believe that the society we live in today is mostly based on always having to put yourself into a certain group of “box” and often this is what causes the problems. People tend to feel like they are better than someone or feel like they’re the ones that are treated unfairly. This is also why white supremacy is so dangerous because it takes away the attention from the real problem, racism.

We’re all humans and the least we could do is to live alongside each other in the most peaceful way possible. This takes mutual understanding and the willingness to make the world a better place. Even though it’s impossible to completely get rid of racism and white supremacy, there is definitely a lot of progress that can be made. Events like the one in Charlottesville are things we need to learn from and make sure they never happen again.

There is so much hatred and I feel like social media enlightens this even more. Also it contributes to the problem because it can really escalate (future) events, since things can spread very quickly.

On the other hand, my selection shows tells me that we are capable of achieving great things. Through innovation and technology we can do things in a way that they’ve never been done before. We as a society have something to be excited about.

Space exploration is something we can learn a lot from but it’s also something that can really help save the future of humanity. It’s something that inspires people and gives hope. However, there is a long way to go not only technology wise but also as a society. Like the event that happened in Charlottesville, we are still very divided as a society and until we really learn to accept our differences, a multiplanetary species would seem unrealistic. People are still too focused on what divides us but don’t realize that if we want to move forward with space travel for example, we need to unite and work together and not view each other as enemies but as fellow humans. So there is a long way to go but I do believe in the ability for people to change.

We are all capable of great things and have more capabilities than we think. Nowadays, people are only focused on matter and stuff, yet this is not what gives meaning to life. If we keep an open mind and remain curious, we can evolve as a species. We often aren’t willing to look past the physical world, yet it’s our consciousness that creates everything. We are capable of creating our own reality, simply by practicing calming our minds and giving positive energy. People need to put more effort into trying to understand who they really are, and if they are able to improve their own life and those of others. It’s important to become more aware of our

“superhuman” abilities. If we just keep an open mind and don’t judge as quickly as we do now, there is so much more potential for all people to truly evolve.

What does my selection tell me about myself and my area of interest?

The documentary about Charlottesville tells me that I care a lot about social problems such as racism. During the documentary I found myself getting quite angry and sad because of how far people are willing to go to prove their point. To me it’s very important to have conversations about topics like these and educate myself. In a way Heather also reminded me of myself because she stood up for what she believed in but at the same time was willing to start a conversation with people from the other side.

It also shows my interest in space and the future. I find it very fascinating to see what technology and innovation can do. It really inspires me to dream big and that it takes time and effort to achieve your goals. Failure is very important if you want success. It also highlights my faith in the future. I like to see the best in people and the ability to change.

A way to change would be to reflect on ourselves more. I’m very interested in psychology and consciousness. We are so focused on material things, that we forget what life is truly about. Personally I’m quite minimalistic when it comes to material things, since human interaction is a lot more important to me. I also like to spend time reflecting on myself and my life, to see which areas I can improve on. In a lot of ways we are capable of creating our own reality

Even though I’m quite skeptical about things such as psychokinesis, it does seem very interesting and I’m willing to put time and effort into figuring out if those “superhuman” abilities really are accessible to everyone. Especially remote viewing and the Mindfold are things I really want to try.

Summaries Documentaries

Impact of Hate: Charlottesville

Discovery Plus

This is a documentary about the Unite the Right rally that took place on August 17, 2017. The rally was happening because the city of Charlottesville wanted to remove historical statues from men that were connected with slavery. This started because of a high school student who started a petition. She said it's important to find separation between heritage and hate. When the city of Charlottesville wanted to remove the statue of Robert E. Lee and wanted to change the name of the park, it got a lot of nationwide attention of far right extremists. The white supremacists saw this as a threat and this led to the Unite the Right rally. In the months leading up to the rally, there was a meetup of armed KKK members around the statue which caused a very tense situation. After this it became more obvious through social media that the Unite the Right rally could get really violent. When this rally started there were a lot of fights between the white supremacists and the protestors. There were a lot of people who were heavily armed which could turn into a shootout. Law enforcement didn't get involved to try to stop it. Eventually the rally got declared illegal which felt like a relief for the Black Lives Matter protestors since it had gone relatively well. It felt like a victory to them and so they wanted to make a last victory lap. During this they were all yelling to go left into an ally which they did. At that point a car came rushing into the crowd and injured a lot of people. The car then reversed and fled the scene. Unfortunately for Heather Heyer it was too late to help her and she passed away. She had always been someone that stood up for what she believed in and even during the rally tried to start conversations with the opposite side to get a better understanding of what they were doing and why. Initially she wasn't going to attend the rally but because of a protest the night before she really felt like she had to be there. The driver of the car got arrested and never showed any signs of remorse. He even said that Heather's death doesn't matter and spoke very badly about her mother. He acted like she was "the enemy". He had mental health problems but it was also his own decision to drive from Ohio all the way to Charlottesville. The lives of other victims and people affected have changed forever. Not only do they have to live with the trauma and physical injuries, some of them still get targeted by white supremacists. However, they won't stop and want to keep going, especially for Heather. Her mother also said that Heather's legacy is about civil rights, justice and a simple act of if you show up and step up you don't know what impact your life will make. It's important to channel the anger not into hate, violence or fear but to right this wrong.

NASA & SpaceX: Journey To The Future

Discovery Plus

This is a documentary about the journey of how Nasa and SpaceX work together to launch astronauts from American soil after the Space shuttle program ended in 2011. It will be the first time that a commercial rocket will carry people to the International Space Station. Up until this point space travel has always been government owned. SpaceX is a company that is really focused on innovation and technology. They also want to make space travel safer and more frequent. This requires a lot of testing and failing. SpaceX designs and tests at the same time and wants to test the hardware rapidly. This is different from the way NASA used to do it where they would test and then later analyze it.

In order for SpaceX to be allowed to launch NASA astronauts to space, a series of test needed to be done. Demo 1, the first test, would have to show that the Dragon capsule is able to autonomously dock to the ISS and return safely back to earth. After the launch the first stage of the Falcon 9 rocket will return to earth and land on a drone ship, which makes it possible to reuse it. In the Dragon capsule there will be a “test person” that had a lot of sensors to collect a lot of data of what the effect is and to see if the predictions were correct. The Dragon capsule will automatically dock on the ISS with the help of an automated position system.

The second test would have to prove that it would be possible for the astronauts to return safely if there was a rocket failure during the flight. The inflight abort system would fly the Dragon capsule far away from the rocket and save the astronauts.

Space exploration is something that makes people excited and gives them the opportunity to dream big. It gives people hope and shows that we are capable of doing great things. It also shows that failure is something that is an unavoidable stop to success. If you're not failing, you're not learning. If you're too cautious and never fail, you're not figuring out how to push to do things that have never been done before.

Superhuman: The invisible made visible

Amazon Prime Video

This is a documentary about consciousness and how it affects everything around us. We are physical beings in a physical world, yet our minds communicate with unseen forces and unknown worlds. We are the visible part of an invisible realm.

Governments use remote viewing to spy but it can also be used to solve problems much quicker and more accurately. This shows that we have more capabilities than we think we do. This is why it's important to always keep an open mind and try new things. We should have more curiosity about life and our capabilities.

An interesting experiment they showed was how our pupils reflect our emotional processing. The unconscious mind senses what's coming, which they showed by paying attention to the pupil size when looking at certain images. Just before they moved on to the next image, the pupil would already change to the size that would fit with the next image and the emotion with that image.

Our thoughts, intent and emotions affect how we feel, but so do the things we say. This means we can speak things into existence. In another project they showed, they were able to visualize emotions and create sounds by reading the brain waves. This showed that we can train to calm our minds and that it's our own choice to make positive change in our life. If you put out negative energy, you are more likely to attract negative things.

Another thing that was shown, was psychokinesis and how our minds are able to move objects. If you get to a meditative state and you give it enough time and feel love towards an object, it will physically respond by moving. When there is fear of failure there is a disconnect. This shows that the want to do things right can block you.

One of the most interesting things shown was the Mindfold. This is used to encourage kids to use the vision they have with their higher consciousness. They were able to guess cards correctly and read a book blindfolded, without looking at it first. This shows that we all have more skills that we can develop, but are unaware of or we are too skeptical to even try. Not only did this work for kids, but it was also used to help blind people perceive their environment with more ease. Just like the test with the images, this shows that our consciousness sees things before our physical eyes do.

Reality emerges from consciousness, which means we all have control over our own reality. If you make good choices, you evolve toward love, consideration and caring. If you make poor choices, you de-evolve towards fear and self-centeredness. We live in a world with freedom and free will, which can change the entire quantum field. However, all we do is think about matter and stuff, but not vibrations. Matter and stuff is not what gives meaning to life, but relationships and love do.

Exploring your superhuman abilities allows you to discover your own potential, the mechanics of your consciousness and understand who you really are. How you think, feel, how you make choices and your contribution to the expansion of humanity as a whole. We can go from a limited state of being to an elevated superhuman species that fits within the grand design of an intelligent universe.