



It's a New Day!
Welcome to
Manzanitas
Child Care Program

Building on
Established Daily
Activities

Integrating
Games and Activities
Into your Day

Making
Long-lasting
Changes



Your Healthy Apple Score

WELCOME



Infants



Teachers Leading	Free Play
We encourage daily activity for growing minds and bodies	Our babies explore the world around them every day

We make sure our infants get outdoor time twice a day



Toddlers



Teachers Leading	Free Play
We play games and set-up activities for at least 60 min every day	Our toddlers play and explore for at least 30 min per day

We guarantee our toddlers go outside 3X a day - 60 minutes total



Preschoolers



Teachers Leading	Free Play
Our preschoolers are engaged in structured activities and games for at least 60 min per day	We encourage our preschoolers to explore and play on their own for at least 60 min per day

Our preschoolers enjoy the outside 3X a day - 90 minutes total

At Manzanitas “physical activity = healthy and happy kids!”



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