

# Lesson 1: Introduction



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In this lesson, you will access and read several articles, enabling you to intelligently answer the question, "What exactly is systems thinking?" By the time you have completed this lesson, you will know what makes a system a system, and you will recognize problems that benefit from systems thinking.

## Learning Objective

Consider the following learning objective as you move through the lesson:

- Identify a system and a problem within it.

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