



Let's go →



AS YOU KNOW ME,

[SIGNUP](#)[LOGIN](#)

E-mail

Password



[Forgot password?](#)

[Log in](#)

Don't have an Account? [Sign up](#)

or



[Log in with Google](#)



[Log in with Facebook](#)



[Log in with Twitter](#)



I AM YOUR MORNING MENTOR,

[SIGNUP](#)[LOGIN](#)

E-mail

Password

 (

Confirm password

 ([Create account](#)

or

[Continue as Guest?](#)[Continue with Google](#)[Continue with Facebook](#)[Continue with Twitter](#)



Verification

Enter the verification code we
just sent you on your
email address



If you didn't receive a code? [Resend](#)

Verify

12:30



Dashboard



FRIDAY

YOUR SCORE : 29/60

49%

MON TUE WED THU FRI SAT SUN

• • •

MOVE



REFLECT



GROW



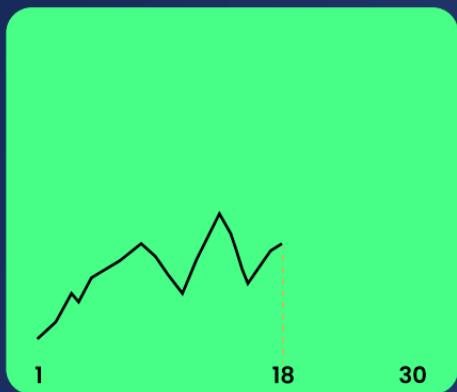


Dashboard

MONTHLY SCORE

5240

12:30



MON TUE WED THU FRI SAT SUN

...



MOVE

Pushups



REFLECT

Prayer

MOVE



REFLECT





Ranking



#1

#2

#3

32.

33.

34.

35.

36.

37.

38.

39.



12:30



Calender



JAN

**S M T W T F S**

	01	02	03	04	05	
06	07	08	09	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Our Overall Score



12:30



Your Profile



Hi,

THOWFIQ

Your Achievements



12:30



Settings

Account

Notifications

Privacy settings

Activeness selection

Help

Invite a friend





Account

Avatar



Name

P. Thowfiq

Email id

ultra.thowfiq@gmail.com

Country

India

Phone number

+91 82209 74362

Ok



Account

Create account

E-mail

Password

Confirm password

Create account

or



Continue with Google



Continue with Facebook



Continue with Twitter



Notifications

Daily Alarm time

05:00



Volume level



50%

Vibration mode

On

Off

Write a message to be notified

Today, is a very nice day. You are improving day by day.

Cancel

Ok



Privacy settings

Who can see your profile picture ?

Everyone

None

Who can see your streak ?

Everyone

None

Live location access

On

Off

[Cancel](#)

[Ok](#)



Activeness selection

Set the days you be active

Everyday

Individual days selection

On

Off

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

12:30



Help

Help centre

App information

Terms and conditions

FAQ

Report

