

Y's CRACKER

Black Hawk County Family YMCA
669 South Hackett
Waterloo, Iowa 50701
(319) 233-3531

October 1987



1987 MEMBERSHIP CAMPAIGN UNDERWAY

Our 1987 Membership Campaign started on October 1 and is in full swing, with approximately 35 Campaign Volunteers who are eager to recruit new members and resign expiring members for the Y.M.C.A. of Black Hawk County.

The campaign theme this year is, "Join the Y.M.C.A. and Join Your Friends." Board member Scott Bradfield is the chairman of the campaign.

There is an impressive list of incentives being offered by the campaign workers to the new members, and to renewal members as well. If you have any questions regarding the membership campaign, call Kathy Sweet or Nancy Winchip at the Y.M.C.A., 233-3531.

MEET SCOTT BRADFIELD

The Y.M.C.A. is happy to introduce a very special volunteer to you this month. He's Scott Bradfield, and he's our 1987 Membership Campaign Chairman.

Scott is originally from Waterloo, is married and has two daughters. He is a graduate of the UNI School of Business, and works as a State Farm Insurance agent.

Scott has been busy working on the campaign for the last few weeks. He has a group of 35 campaign workers who are actively seeking new members and encouraging current members whose memberships expire soon to renew.

When asked to comment on being the leader of the 1987 campaign, Scott said, "I'm excited about the campaign this year because I think we have as fine a group of people to work with as ever."

We wish to thank Scott for all of his hard work and we wish him well in his work on the campaign.

YMCA TRIVIA QUESTION OF THE MONTH

What Y.M.C.A.-sponsored program was founded in 1922, has over 800 active clubs has over 20,000 active members, has clubs in over 50 countries and on all the continents of the world, and has been a part of this Y.M.C.A. since 1937? Give up? Why, it's the Y.M.C.A. Y's Mens Club.

But don't let the name fool you. The Y's Mens Club is the **co—ed** adult service club of and for our local Y.M.C.A. just as our Y.M.C.A. Is for the **entire** family.

When you join our Y's Mens Club, you join a club which works, thinks, and plays in an atmosphere of **SERVICE IN ACTION**. Y's Men and Women serve in many ways — from club activities (1st and 3rd Mondays of each month throughout the school year), to leadership for the Y.M.C.A.; from selling Christmas trees, to building things at Day Camp. In many cases we assist in internationalizing our Y.M.C.A. so that local members are aware of our larger worldwide organization.

Y's Men and Women is fellowship, the opportunity to grow and be creative, to give back a little of what was given to us as we were growing up — and yes, some work. Sound interesting? Next time you're at the Y, stop in and inquire or just pick up the phone and contact anyone of the Y.M.C.A. staff. We'd love to have you.

P.S.: Please support your Y.M.C.A. and our Y's Mens Club by buying your 1987 Christmas tree at our Christmas tree lot located in the back parking lot of the Y.M.C.A. facility. And be watching for the 1st Annual Lighting of the Christmas Tree — The Y's Mens/Y.M.C.A. way!



FROM THE EXECUTIVE'S CHAIR

A recently completed development study done for our local Y.M.C.A. revealed that our organization has "a great story to tell about the human service side of the Y — but somehow it's not being told to our community at large."

We can all come up with justification on why the story isn't being told: not enough money in the P.R. budget; our nice clean facility creates the "rich" image; the old "assessment fee" problem; or "the parking lot and lockers are always full . . . there's no need here."

So how CAN we solve our human service "image" problem?

Well, our Y.M.C.A. is currently undertaking steps to identify solutions and work on strategies in regard to addressing this problem, but we also need **your help**.

As a 4,000-plus member organization, we are the largest full-family serving organization in our community. We need all of you to become educated on what the Y.M.C.A. is doing for you and your family so you can tell others our human service story.

We need you to understand the role of the Y.M.C.A. in our community. We need you to **GET INVOLVED** in your Y.M.C.A.

But how, you may ask? Do you have a minute?

First, begin by reading the literature that is sent to you on a regular basis: our brochure, newsletters such as the one you are reading, and flyers on individual programs from the schools. Help us help others by becoming knowledgeable about the things the Y does besides the things that you are involved in.

Second, get involved by giving back little pieces of your time and talents. It doesn't have to be a large commitment — and it can come in so many different ways. You can help us by just being positive while you are here participating in our programs.

And third, after you have accomplished the first two things, communicate your experiences at the Y to others. Share our story. If you hear negative comments while you're out and about, confront these comments or jot them down and make the Y staff aware of the comments so we can attempt to deal with the situation.

Remember — you are the Y.M.C.A. We are only as strong as the collective power of each one of us doing our part in "Telling the Story." Let's not let the Y.M.C.A. be the best-kept secret in town!

Thanks for caring and sharing,



Jim Weaton
Y.M.C.A. Executive Director

VOLUNTEERS COACHES NEEDED

Our Youth Sports Department needs volunteer coaches for our Boys and Girls Basketball Clinics. Contact Peggy Schuler if you are interested in helping. The Y.M.C.A. depends on volunteers to run successful, cost-effective programs! Call soon.

Y-INDIANS GUIDES/PRINCESSES

YIG/YIP is still available to anyone who wishes to join. This program is open to any father who has children in Kindergarten through the 3rd grade. Share special experiences with your child through this fine Y program. Call Dave Phelps at the YMCA for more information.

YOUTH SPORTS DEPARTMENT OFFERS GYMNASTICS PROGRAMS

Parents! Check out these classes which run November 9-December 19.

GYM TOTS — 3-4 year olds

Monday	9:30 a.m.
Tuesday	10:30 a.m.
Tuesday	5:30 p.m.
Tuesday	6:30 p.m.

PRESCHOOL GYMNASTICS — 4-5 year olds

Monday	10:30 a.m.
Tuesday	9:30 a.m.
Tuesday	5:30 p.m.
Thursday	6:30 p.m.

Gym Tots and Preschool Gymnastics are both taught at the Y.M.C.A. building.

YOUTH PROGRESSIVE GYMNASTICS — Ages 6 and up

(Held at Peet Junior High School in Cedar Falls)

Level I	Monday	6:30 p.m.
Level II	Monday	7:30 p.m.

KARATE AND JUDO INSTRUCTION CLASSES OFFERED

KARATE — Ages 6 and up

Beginners	Monday & Wednesday	5:30 p.m.
Intermediate	Monday & Wednesday	6:30 p.m.
Adult Karate	Tuesday & Thursday	7:30 p.m.

Members

\$10 per month

Non-Y Members

\$20 per month

Karate is an ongoing program at the Y.M.C.A. sign up for this program and begin attending any time.

JUDO — Ages 7 and up

A new session of Judo is scheduled to begin on November 12 and run through December 17. The Judo Class meets Thursdays at 6:30 p.m. Cost for Judo is \$10 for members and \$20 for non-Y members.

Call the Y.M.C.A. if you have questions regarding Karate or Judo. Our number is 233-3531.

5-on-5 YOUTH BASKETBALL CLINICS

The 1987 Boys and Girls Basketball Clinics are set to begin on Saturday, November 7 and run through January 16. Basketball Clinics are for boys and girls in grades 3-6 who are interested in working on basketball skills and learning the concepts of 5-on-5 basketball.

Basketball clinics will be held at the following sites.

Waterloo: Y.M.C.A. and Hoover Intermediate School
Cedar Falls: Hansen and Orchard Hill Elementary Schools

Registration information will be available after October 20 at the Y.M.C.A. For further information about Basketball Clinics, call Peggy Schuler, Y.M.C.A. Youth Sports Director.

KIDS — SPEND HALLOWEEN AT THE Y.M.C.A.



On October 30 the Y.M.C.A. will be holding its 2nd Annual Halloween Overnight Party. The overnight is for children ages 6-12. Those attending will be placed in groups with children their own age for activities; including fun in the pool, on the racquetball courts, in the gym and more. We will be singing songs and watching a great movie, too.

Y.M.C.A. overnights include a snack before bedtime and breakfast in the morning. Children who attend will need to bring a sleeping bag, pillow, swim suit, towel, gym clothes, and tennis shoes (other than those worn into the building).

The Halloween overnight begins at 7 p.m. on October 30 and ends at 8 a.m. on October 31.

Fee are as follows:

Y.M.C.A.		Non-Y Member
\$8.00	first child	\$12.00
\$7.00	2nd child (same family)	\$11.00
\$6.00	3rd child (same family)	\$10.00

VOLUNTEER OF THE MONTH

Chuck Seger

Our program volunteer for the month of October is Chuck Seger of Waterloo. Chuck has been active with our Flag Football program as a coach for the past 9 years.

Chuck and his wife Bev have lived in Waterloo for 18 years. They have two children, Kurt, a junior at Central High, and Lora, a 7th grader at Edison Intermediate. Chuck began coaching when his son started playing football in the clinic and has continued because he enjoys working with young people.

When asked about his interest in coaching the football clinics, Chuck said, "They (the kids) have a lot of enthusiasm which makes them easy to coach. In this program, all the young athletes get to participate and develop whatever skills they have."

The Y.M.C.A. appreciates the hard work that Chuck has been putting forth in working with the football clinics. Volunteers like Chuck are helping us accomplish our goals in the community, by helping us reach a lot of people and at the same time helping us keep our costs down.

Thank you, Chuck!



LIFT YOUR SPIRITS

Y.M.C.A. FITNESS HALLOWEEN OPEN HOUSE

It's time again for our Y.M.C.A. Fitness Class Open House. The theme this year is centered around Halloween, so come, bring the kids, and wear your favorite costume!

The Open House is scheduled for October 31 here at the Y.M.C.A. at 10 a.m. in the gym. Our fitness staff members will rotate being the class leaders. There will be refreshments afterward, and a chance at door prizes. The child care room will also be open for anyone who wishes to bring children, ages 6 and under, for a small fee.

Bring a friend and join the fun!

ATTENTION MILERS CLUB PARTICIPANTS

Yes, we do have a Y.M.C.A. staff person in charge of the Milers Club. Nancy Winchip (our fearless Fitness Director) will be **running** the program.

As you may have noticed, the Milers Club mileage charts have been moved. The club now has its own designated wall space across from the Adult Men/Boys locker-room.

Milers Club is a first class program. A lot of the club members are working very hard to reach their running goals, and some have surpassed their goals already this year. Please note that this club is considered a full-year program and awards will be given each January to honor member's accomplishments.

If you have any questions or concerns about the Milers Club, stop by and see Nancy, whose office is located adjacent to the Welcome Center. She is considering having a club get-together to recognize individual achievements, and would appreciate your input.

ATTENTION AQUATRIM PARTICIPANTS

The following changes will become effective November 9, 1987:

Due to the overwhelming response to Aquatrim class, we will be adding a class on Tuesday, Thursday, and Friday from 9:30-10:30 a.m.

Consequently, we will be reducing the number of people in both the 8:30 and 9:30 M,W,F classes. The limit for the 8:30 class will be 25, and the limit for the 9:30 class will be 35.

Our NEW Aquatrim class will be held on Tuesdays, Thursdays, and Fridays at 9:30 a.m. (On Friday you may choose to come to either the 8:30 or 9:30 class.) This new class will also have a limit of 35 participants.

NOTE: The M,T,TH Advaned Aquatrim at 6:15 p.m. will not change either time or enrollment number.

MASTERS SWIMMING

Our Masters Swim Program has had a real good turn out. We are averaging 8-12 people per night and we're hoping for more growth. We are interested in finding new members for the Club, so if you have time on M and W at 8 p.m., drop by and give us a try. The program is free to our members and is \$5 (guest pass fee) for non-members. Our next meet will be held in Newton on October 18. For more information concerning Masters Swim Club or the swimming meet, please contact David Phelps.

WE WELCOME OUR NEW MEMBERS —

on behalf of the YMCA we would like to welcome you to our membership.

Betsy Betts
Vaughn Griffith, Jr.
Karen Hanus
Chad Krueger
David Matejka
Michael Meeter
Carol Olson
Scott Pierce
Paul Swanson
Robin Burns & Family
Judith Cassidy & Family
Andrew Dunbar
Mr. & Mrs. Ronald Duncan
Ryan Gresmer
Laura Hannam
Kristopher Kruse
Jim Meek
Jean Menke & Family
James Needham
Kelly Phillips
Sarah Phipps
Neel Sheth
Lindsay & Jill Vaux
Vincent Faherty
Christopher Larsen
Greg Mohr
Scott Sivertsen
Roger Wolf
Bruce Clark & Family
Angela Everhart
Melissa Everhart
Ryan Flater
Jim Meek
Todd Rampton
Paul Seeber
Mark Tucker
Kenny Allen
Chad Beck
Jason Hamrock
Gregory Harter
Curtis Morehouse
Shawn McBride
Robert Schmadeke
Randy Swanson & Family
Duane Blesz & Family
Chris Finck
Dan, Shelley & Steve Holm
Greg, Joe & Josh Jennings
Keith Nielsen
Karen Slifka

Lee Ann Steimel
Tim Blackburn
Chad Cutsforth
Mohammed Fahmy & Family
Curtis Goodell
Kevin High
Troy Schaefer
Brad Svoboda
David Wickersheim & Family
Larry Daniels
Evelyn Honn
Sean McGrance
Kirk Olson
Carrie Petersen
Shelley Smith
Darin Seeger
Kevin Brumbaugh
Steve Fuller & Family
Dylan Jacobson
Chad Linck
Emma Kluckhohn
Dennis O'Neill
Patricia O'Neill
Martha Perala
Scott DeWitt
Sandra Ehrig
Kelly Gauger
Sean Hewitt
Tony Ellis
Janet McConville
Scott Neilsen
Danny O'Hara
Michael O'Hara
Michael Shaw
Steve Hangartner
David Gemoll
Richard Rath
Danette Messerschmidt
Kae Burke
Trent Ackerson
Mike Goswami & Family
Darrin Mehlert
Yavonna Osman
Scott Adkins
Tom Freestone
Ted Murray
Hiren Patel
Mark Reed
Mr. & Mrs. Timothy Smith
Charles Struckman

Bradley Struckman
David Wood
John Conner & Family
Edith Pearce
Chris Petersen
Karen Bush
Jeanette Carolan
Kevin Murray
Vicki Merchant
Shawn Akbar
Andy DeWald
Craig Natzke
Timothy Zuck
James Doyle
Susan Hilliard
Robyn Stewart
Robert Thrutchley
Jill Pickett & Family
Stephanie Peterson
Kim Lyon
Michelle Judas
Brandon Judas
Lori Gardner
Mr. & Mrs. Doug Eremieff
Grace Powell
Arnold Farber
Darin Ames
Peggy Boomgarden
Mr. & Mrs. Brad Hart
Bilal Rahim
Erik Wheelock
Jan Capesius
Robert Kieter
Ben Freestone
Carl Hamer
Cynthia Maddux
Audra & Dan Berg
Arash Sangah
Mary Stansbury
John Fellmer
Maggie Hull
Tory Laube
Troy Michael DeJoode
Jenny Harvey
Mark Kuiper
Sy Nadler & Family
Aftab Rahim
Helen Cowley
James Savereide
William Swanton

Lonnie Walker
Tony Walker
Colleen Day
Rod Gemoll
Jack Fitzgerald & Family
Edward Rutkowski
Marie Grabenbauer
Penny Bakel
David & Susan Perry
Greg Moore
John Bostwick & Family
Debra Clayton
Denis Dolan
Nancy Fox
Greg Van Brocklin & Family
Anthony Farrell
Stuart Hoover
Susan Huebner
Mr. & Mrs. Robert Jones
Brian Mossman
Derrick McClain
Jim Oesterle
Mr. & Mrs. Michael Robert
Juan Martinez
Matthew Steege
Kristina Tolander
Stephanie Tolander
Mark Wyatt
David Henrichs
Paul Henrichs
Doug Yarrington
Michelle Moeller
Lori Witt
Jere Wheatley & Family
Jason Miller
Dan Horan
Jim Glaw
Cathy A. Wygle
Carly & Kristin Degraeve
Robert Savereide
Mr. & Mrs. Laverne Schuerman
Donald & Melinda Young
Sandra Machado
Mark Stoll
Jamie Runde
Joi Lin Mosbarger
Steve Schafer
Shelley Smith
Daniel Herndon
Josh & Abby Herndon

We have so many New Members that we are out of space to list their names! Look for a continuation of our New Members list in next month's Y's Cracker.

BLACK HAWK COUNTY FAMILY YMCA
669 SOUTH HACKETT ROAD
WATERLOO, IOWA 50701

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