

# Y's CRACKER

Black Hawk County Family YMCA  
669 South Hackett  
Waterloo, Iowa 50701  
(319) 233-3531

March 1988



## FROM THE EXECUTIVE'S CHAIR

# CAMPAIGN FEVER IS COMING — CATCH IT!



So, you've been coming to the 'Y' the last few weeks, wondering what in the world is going on. Why is the game room equipment in the lobby area? What are those office spaces in the "old" game room going to be for? Why did they put up that glass wall?

Well, rest easy, it is all for a very important and exciting project that our Y.M.C.A. will be undertaking for the next sixteen weeks. A Capital Campaign to eliminate our \$1.5 million building debt.

Two important issues need to be addressed to you, our valued member. First, the reasons for our current debt, and second, the reasons behind our urgency to eliminate our debt.

Our debt problem can be traced to four primary areas.

1. Cost overrun of \$437,200 on the initial building project of 1980.
2. High interest rate of 16.75% at the time of the note application.
3. Interim financing needed against the pledges received for project payment.
4. Large amount of defaulted pledges on the initial campaign due to recent community recession.

There are several reasons behind your Y.M.C.A. board of director's decision to put this debt behind us. We need to put dollars into program services, not interest. We must avoid curtailment of important programs now and in the immediate future. We need to maintain our current facilities and position ourselves for future expansion. We have to continue our emphasis on excellence in staff development. We must continue our trend toward self-sufficiency because of the declining United Way dollar. Above all else, we have to remain affordable to as many people in our community as possible.

You will, no doubt, be hearing about more of our efforts in the coming weeks. Please take the time to stop, listen, and respond

when the call is given. To help us remain vital and to continue to address the challenges that certainly lie ahead, we ask for your support and prayers as we all work for a better Y.M.C.A. tomorrow — TODAY!

For more information, please feel free to stop in at Campaign Headquarters located in our former game room. After the conclusion of our successful drive, the game room will be put back where it was originally — bigger and better than ever!!!

Jim Weaton  
YMCA Executive Director



## COMING UP: ANOTHER GREAT FITNESS OPEN HOUSE

On Saturday, March 12 you are invited to bring a guest along and attend a special Y's Way to Aerobics class.

The Y.M.C.A. fitness instructors will take turns leading you through a Movie Theme Workout, using music from old and new movies. Those attending will work out to the best of Top Gun, Rocky, Flashdance, and other great movie tunes.

The open house will start at 10:00 a.m. in the gym at the Y. Refreshments will be served after the workout.

This Movie Theme Workout is FREE to any Y.M.C.A. member or guest. Child care for children ages six and under is available for a nominal fee.



## LARGE POOL

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:30 a.m.	Youth & Adult Lap	Youth & Adult Lap	Youth & Adult Lap	Youth & Adult Lap	Youth & Adult Lap	Closed	Closed
8:30-9:30 a.m.	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	
9:30-10:30 a.m.	Adult Lap Open	Adult Lap Open	Adult Lap Open	Adult Lap Open	Adult Lap Open	Adult Lap Open	
10:30-11:30 a.m.	Open	Open	Open	Open	Open	Open	
11:30-1:00 p.m.	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap Noon-1:00 p.m.	
1:00-4:00 p.m.	Open	Open	Open	Open	Open	Open 1:00-4:45 p.m.	<b>**Family Swim</b> 1:00-4:45 p.m.
4:00-6:15 p.m.	Open	Open	Open	Open	Open		
6:15-7:00 p.m.	Open Adult Lap	Open Adult Lap	Adult Lap Open	Open Adult Lap	Adult Lap Open	<b>**Family Swim</b> 6:00-9:00 p.m.	
7:00-8:00 p.m.	Open	Open	Open	Open	Open		
8:00-9:00 p.m.	Masters/Open	Open	Masters/Open	Open	Open		

## SMALL POOL

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-8:00 a.m.	Closed	Closed	Closed	Closed	Closed	Closed	Closed
8:00-9:00 a.m.	Open	Open	Open	Open	Open	Closed	
9:00-11:30 a.m.	Open	Open	Open	Open	Open	Open	
11:30-1:00 p.m.	Open	Open	Open	Open	Open	9:00-Noon	
1:00-3:00 p.m.	Open	Open	Open	Open	Open	Open Swim	<b>**Family Swim</b> 1:00-4:45 p.m.
3:00-4:00 p.m.	Open	Open	Open	Open	Open	12:00-4:45 p.m.	
4:00-6:30 p.m.	Open	Open	Open	Open	Open	<b>**Family Swim</b> 6:00-9:00 p.m.	
6:30-8:00 p.m.	Open	Open	Open	Open	Open		
8:00-9:00 p.m.	Open	Open	Open	Open	Open		

## NAUTILUS CENTER UPDATE

The Nautilus Program Center is almost one year old, and it has over 365 program participants! Since it is such a success, the Y.M.C.A. would like to add a brand new machine. Over 35 machines are available from the company that makes Nautilus machines. We are asking the Nautilus program participants for help in deciding which to purchase.

During the month of March there will be four pictures of Nautilus machines posted in the Nautilus Center. We would like our Nautilus members to look at the pictures and read the descriptions about the machines we are considering. Then, cast a ballot listing the machines you would like to see us purchase by order of preference.

The machines being considered this year are Hip Abduction, Duo Squat, Duo Decline Press, and Rotary Torso.

## 4-SALE

You may have noticed that our new display case is filling up quickly with merchandise. We're happy to announce that we've been able to reduce the price of the high quality racquetballs that we've been selling. Also for racquetball enthusiasts, we've got the A'me Racquetball Grips. The A'me Grip is very popular and very helpful in getting a good grip on your game.

Other new items include frisbees, key chains, can coolers, duffle bags, swim patches, and Ultra Swim Kits. More items are on the way.

To make a purchase, stop by upstairs at the Welcome Center. If you have suggestions for items that you think would be proper to sell, see Nancy Winchup.



## AN IMPORTANT NOTE TO OUR MEMBERS

This letter serves to inform you about developments that have taken place the last few years concerning the funding given to the YMCA as a United Way Agency.

In 1982 when the YMCA opened our current facility on South Hackett, we received \$123,199 or 26% of our operating budget. In 1988, our Y will be receiving \$46,575 or 7% of operating income. A decline in funding by 62%.

To off-set the decline in United Way dollars, we have been forced to raise membership and program fees so that the quality of service wouldn't be sacrificed or persons who couldn't afford our services be denied the opportunity of Y participation.

An important aspect to you being a member of our YMCA is that through your fees, you have allowed someone less fortunate to also participate. The YMCA has **never** denied access to **anyone** due to financial limitations. This is really what the YMCA is all about.

During these past few years our membership and program participation has grown to over 20,000! We have continued to subsidize over 700 less fortunate! We have worked with over 600 unemployed in the 1st organized program in the community! We have allowed over 41 human service agencies and group homes totaling over 675 access to our facility/staff/equipment/time so that they might enhance their own programs and ultimately our community!

We have and continue to do more for our community but continue to receive less from the very funding that is so vital to keeping these programs alive. United Way funds. Funds we all contribute to so that the Y **can** be for **EVERYONE**.

We must certainly ask the question why? Why is United Way turning away from the YMCA when it appears they are trying to do more? And want to do more?

One reason certainly is the trending away from youth development in general. It's a mammoth concern to those of us — the organization — that are trying to reverse the perpetuity of our current welfare system.

Another is perception — which **is** reality. The perception by United Way and their volunteers indicate to us clearly that there is a lack of understanding of what goes on at the YMCA. A building tour (optional every 2 years) and two 20-30 minute presentations outside our YMCA is not enough time to demonstrate and "tell our story".

There is a feeling that comes from United Way that the Y **isn't** for everyone. A definite misconception if any of them have been here at peak times.

Lastly, the philosophy of United Way that the "successful" operations can afford the cutbacks by raising fees. It is interesting to note that all three allocation panels that the YMCA participated in this year asked the question "Why can't you just raise your fee?"

Our response was that we have been doing that for the last five years and will not be doing that for the next two. A statement we felt needed to be made to **you** our **valued** members.

Our question to United Way might well be "Why haven't the other agencies been asked to raise their fees to compensate their United Way decline in dollars?" The answer may well be that they haven't experienced a decline in dollars paralled to the YMCA.

Thus, as a result of all these developments, our YMCA will be "back on the street" soliciting contributions from those per-

Continued on next column

sons, like you who believe what the YMCA is trying to do in our community. We have been given no choice in this matter. We need the continued contributed support to keep the Y and its programs open to **EVERYONE**.

If you would like further information concerning the YMCA and United Way please contact any YMCA Board Member or Jim Weaton, Executive Director. Your input, help and support is vital to keeping a strong YMCA.

## DAY CAMP IS COMING

A favorite part of the summer for many young people in the Waterloo/Cedar Falls area is Y.M.C.A. Day Camp. Day Camp is a time when youngsters ages 6-12 have the chance to get out on their own a little and try things.

Our Y.M.C.A. Day Camp program is held at Black Hawk Park north of Cedar Falls. Transportation to and from camp is available each day. Each week there is an overnight planned where children get a chance to cook out and sleep in a tent (in good weather).

Camp fun includes hikes, games, songs, sports, outdoor adventures, and much more.

This summer we have six action-packed weeks of Day Camp planned. Day Camp will run June 27-July 1, July 11-15, 18-22, 25-29, August 1-5, and 8-12.

Be watching for more information about Day Camp to be posted at the Y and be on the look out for materials coming home from school. Get ready for Day Camp fun!

## SATURDAY FUN NIGHTS

If your kids and their friends are looking for something fun to do on Saturday nights during the month of March, then the Y.M.C.A. has something fun planned for them!

Each Saturday night from 6-9 p.m. we will be having our own special fun-club fun. The program is for 1st through 4th graders, and includes swimming, gym activities, and movies. Advance registrations must be made by calling the Y.M.C.A., 233-3531.

Fees for Fun Nights are as follows:

Members		Non-Members
\$12.00	1st Child	\$16.00
\$11.00	2nd Child	\$15.00
\$10.00	3rd Child	\$14.00
FREE	4th Child	FREE

Those attending the program will need to bring a swimsuit, gym clothes, and gym shoes other than those worn into the building.



## CHILD CARE UPDATE

If you received a Y.M.C.A. Quality Child Care Check and have not filled it out, please do so. There were approximately 60 sent out and only 20 have been returned. Please make an extra effort to fill it out as completely as possible. After March 16, a small committee of parents will review the surveys. If you would like to serve on the committee, please notify Nancy Winchip by calling the Y.M.C.A. or stopping by her office.



## SPRING CELEBRATION!!!

### Spring Break Overnight

On Friday, March 25, the Y.M.C.A. will be holding it's annual Spring Break Overnight Party. The overnight is for children ages 6-12. Those attending will be placed with children their own age for activities, including fun in the pool, on the racquetball courts, in the gym, in the game room, and more!

Y.M.C.A. overnights include a movie and a snack before bedtime and breakfast in the morning. Children who attend will need to bring a sleeping bag, pillow, pajamas, swim suit, towel, gym clothes, and tennis shoes (other than those worn into the building).

The Spring Break Overnight begins at 7:30 p.m. on Friday and ends at 8:00 a.m. on Saturday, March 26.

Fees for attending the overnight are as follows:

YMCA Member		Non-Y Member
\$10.00	1st Child	\$14.00
\$ 9.00	2nd Child	\$13.00
\$ 8.00	3rd Child	\$12.00
FREE	4th Child	FREE
	(same family)	

## MEMBERS ONLY

### RACQUETBALL TOURNAMENT

The Family Y.M.C.A will be having its 2nd Annual Members Only Racquetball Tournament on March 26 and 27. The majority of the tournament will be played on the first day, Saturday, March 26, with Sunday play only if necessary.

The tournament will consist of singles and mixed doubles play. The divisions are as follows:

Singles: Men's, A, B, & C      Mixed Doubles: A/B & C  
Women's B & C

Plaques will be awarded to 1st and 2nd place finishers in each division.

The entry fee is \$10.00 for the first entry and \$4 for the second entry. The entry deadline is Wednesday, March 23. For more information, pick up an entry form at the Welcome Center or the Courtesy Desk.

### 1987 MILERS CLUB UPDATE

Finally, your t-shirts have arrived! If you participated in any of the Milers Club activities LAST YEAR please stop and pick up your shirt from Nancy Winchip. Congratulations to those of you who have earned a shirt.

# WE WELCOME OUR NEW MEMBERS

On behalf of the Family YMCA, we would like to welcome the following people into our membership.

Tracy Cherney  
Doug Moore  
Catherine L. Murray  
Leonard Harmon  
Brent Schenk  
Ben & Dan Sprague  
Pat Jones  
Ryan Richter  
Alan Dohlman  
Rita Riggert  
Scott Jacobson  
Jim Stumpo & Family  
Nancy Clark  
Kyle McKee  
James Sprau & Family  
Kory Swanson  
Lindsay Wise  
Mark Berthoff  
Gary Moore

Jeffrey Fauchtenicht  
Todd Foxhaven  
Todd Hixson  
Arthur Bell  
Mark Andera & Family  
Tim Pierce  
Sande Andorf  
Amy Bickley  
John Holmes & Family  
Debbie Brecher  
Steve Jordan  
Tim & Theresa Hoffman  
Monica Mundhenke  
Brad Hamlyn  
Steve Nemmers & Family  
LaVerne Teepe & Family  
Robert Weidemann  
Paul Lovegren & Family  
Russell Wasendorf Sr.  
James Thompson

Andrew Pope  
Larry Bedard  
Chris Champ  
Darin Beck  
Mick Wightman  
Mr. & Mrs. Charles E. Orr & Family  
Mark Moothart  
Matt Estill  
Kevin Casey  
Tammy Moline  
Matt McCallum  
Independance House  
Curt Olson & Family  
Louis Jacques & Family  
Patty Kidder  
Chris Anderson  
James Stewart  
Matt Spooner  
Rod Dostart  
Trent Johnson

Mike Magasano  
Milissa Christensen  
Todd Glaw  
Nancy Spooner & Family  
Glenn Bishop  
Lisa Scelich  
Myriah Cain  
Matt Anders & Cory Hackett  
Kevin & Kimberly Cross  
Jim Farrier  
Janet Barnes  
Cliff Brooks & Family  
Mike Trentz  
Julie Setaro  
Mike Nedoba  
Janice Thompson  
Todd Schatzberg  
Thomas Wehrle  
Rodney Bienfang

**BLACK HAWK COUNTY FAMILY YMCA**  
**669 SOUTH HACKETT ROAD**  
**WATERLOO, IOWA 50701**



BULK MAIL  
NON PROFIT ORG.  
U. S. POSTAGE  
**PAID**  
PERMIT NO. 1611  
WATERLOO, IOWA