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John E. Bragdon, President

Sam L. Chollar, Jr., Gen. Secretary

Ron Bender, Edito

CHECK WHAT YOUR YMCA HAS TO OFFER YOU THIS SUMMER, 1968

SUMMER PHYSICAL SCHEDULE AT WATERLOO

As of June 1, 1968 the YMCA will close its doors for the summer in Tuesday, Thursday and Sat. nights at 5 P.M. The building will remain open on Monday, Wednesday and Friday evenings until 9 P.M.

SWIMMING LESSONS

Registrations for swimming classes at Waterloo will be open from Monday June 10 through the 15 from 9 A.M. to 5 P.M.

All present class members are asked to register for a new class time. The swimming classes will be instructed by Roger Kramer, a senior college student at Upper Iowa.

Roger is a certified Water Safety Instructor and will be a real plus to the YMCA staff for the summer.

EIGHT WEEKS

The lessons are held three times a week. 45 minutes per lesson, for a period of eight weeks. Classes will begin Monday, June 17 and continue through Saturday, August 10. Boys who currently have YMCA memberships may have their parents call in for swimming class enrollment. They needn't come to the building.

NON MEMBERS

Non members may participate in the summer swim classes by paying an \$8.00 program fee for the eight weeks.

A boy wishing to convert this to a \$15.00 yearly membership will have 30 days after August 10 to pay the balance of \$7.00.

YOUNG NEW YOUTH DIRECTOR, STEVENS NOW PHYSICAL DIRECTOR





Jeff Young

Dan Stevens

Jeff Young has joined the staff here at Central YMCA following his June graduation from Northern Iowa with a B.A. in sociology.

Young, 22, will be the new youth director at Central and brings a wide variety of experience in Y.M.C.A. work, including work at the Cedar Falls branch. Jeff resides at 2804 Garden Avenue, Cedar Falls.

As of June 1, Dan Stevens, 24, formally assumed his duties as the new physical director. Dan had been the community youth and camp director for three years and has been acting physical director since Chuck Hazama left Waterloo. Dan, his wife Betty and son Jeff live at Log Cabin Park in Waterloo.

One member of the Central staff is leaving. Fred Wallace, assistant physical director, is returning to his home state, Ohio.

A death in the family necessitated Fred's return, and he has been transferred to a Y.M.C.A. near his hometown of Warren.

Central General Secretary San Chollar said the Y would not replace a man in Fred's position, but will use college students on a part-time basis to perform the duties Fred had.

CAMP HARTMAN FILLING REGISTRATIONS

Already 230 campers have registered to attend Day Camp Hartman the major part of the camping program for the YMCA of Black Hawk Co.

This was the total number of campers for the 1967 camping season at Hartman. The season has been expanded this year from three two-week sessions last year to four two-week sessions this year

The staff has been hired, groups have been active in cleaning the buildings and grounds and the swimming pool has been cleaned and filled.

All we need now is a few more campers. The first two periods are closed to registrations but openings still exist in the last two periods; July 22 to August 3 and August 5 to August 17.

A membership in the YMCA is not required in order to attend Camp Hartman. A boy wishing to go need only to register and pay a fee of \$25 per session which includes the cost of transportation to and from camp from the YMCA in Waterloo and bus stops set up throughout the community.

Also included in the cost is milk for the noon lunch and accident insurance for boys from the time they leave home in the morning until they return home in the afternoon.

The boys attend camp every day Monday through Friday for two weeks from 9:15 A.M. to 4:15 P.M. On the last Friday night of each session a parents night program and camper over-

(continued on page 2)

Camp Hartman:

(continued from page 1) night is scheduled. We have all new bunks and mattresses in all the cabins and new tables and benches in the dining lodge, all made possible by a generour contribution to camp by the Waterloo Kiwanis Club.

All boys in the metropolitan area are encouraged to attend. The program ranges from swimming classes to arts and crafts to archery to canoeing to ????. The interest of the boys determines the majority of the program at the camp. Be a Camp Hartman camper this summer!!

SWIMMING CLASS SCHEDULE

Following is the schedule that we are offering for the summer:

Classes: (Mon., Wed., Fri.,)

Tadpole A

Mon., Wed., Fri.,8:30-9:15

Tadpole B

Mon., Wed., Fri.,9:15-10:00

Tadpole C

Mon., Wed., Fri.,10:15-11:00

Tadpole D

Mon., Wed., Fri.,11:00-11:45

Minnow 1, Fish 1

Mon., Wed., Fri.,1:30-2:15

Minnow 11, Flying Fish 1

Mon., Wed., Fri.,2:15-3:00

Minnow 111, Shark 1

Mon., Wed., Fri.,3:15-4:00

Open Swim

Mon. through Sat. 4:00-5:00 (Tues., Thurs., Sat.)

Minnow IV, Flying Fish II

Tues., Thurs., Sat.,8:30-9:15

Fish II, Shark II

Tues., Thurs., Sat.,9:15-10:00

Fish III, Porpoise

Tues., Thurs., Sat.,10:15-11:00

Ir. Life Saving

Tues., Thurs., Sat.,11:00-11:45

Open Swim

Mon. through Sat.11:45-1:30

Tadpole E

Tues., Thurs., Sat.,1:30-2:15

Tadpole F

Tues., Thurs., Sat.,2:15-3:00

Tadpole G

Tues., Thurs., Sat.,3:15-4:00

SUMMER ADVENTURE FOR BOYS 8-15

For the second year in a row, the Central Branch of the Y.M.C.A. of Black Hawk County will operate a Summer Adventure Club for non-members and members.

The program is under the direction of Dick Miller, Summer Program Director. Dick has many overnights, river trips, tours and camping trips planned for the summer, for boys of all ages 8-15 years.

The finale of the summer, will be an eight day camping trip to the Black Hills of South Dakota. A printed schedule will be sent to Y.M.C.A. members and other notices will be made in the Courier and on the radio and TV.

YMCA-CAP CEDAR VALLEY COMMUNITY PROGRAM EXPANDED

Durring the past year Cedar Falls YMCA staff has provided the supervision and direction for the development of the YMCA- Community Action Program Cedar Valley Community Program. This operation, guided by the YMCA, is funded by the Black Hawk

County Community Action Council through government Office of Economic Opportunity Funds.

The Cedar Falls Y has assumed the responsibility for the recreation phase of the program, recruited a staff of 4 senior UNI sociology majors to give leadership for a Saturday recreation and club program for the grade school and junior high school students. Since last mid-summer the program has been operated on a \$3,500 budget.

The Cedar Valley Summer recreation program will include the operation of a playground at North Cedar School and at Policeman's Park. A staff of 5 will continue to work with youth grade school and junior high club groups for special activities that will add through the summer months planning variety and interest to the basic playground operation.

Planning, operation and evaluation of the program will be in the hands of the Cedar Valley Community Advisory Committee, David Morris, Chairman. Represented on the Advisory Committee are 5 youths from the community who are members of the Cedar Valley Teenage Council.



THE SWIMMERS — Members of the Waterloo Y.M.C.A. Swim team pose with their hard-won trophies, the fitting conclusion to a fun-filled year.

ADVENTURE, FUN, SAFETY CEDAR FALLS Y SUMMER PROGRAM GOALS

Bill Kramer, Executive of the Cedar Falls YMCA announced: "The GOALS will be translated into action in a number of new program adventures

during the summer months."

The aim will be to develop a quality program based upon worthwhile activities in small groups under trained leadership. Roger Fox will give leadership to the Special Activities and Club program for the Branch, and Rolland Guild and Mrs. Sandy Trotter will direct the swimming instruction Program at the Camp Hartman and the Howard Johnson pools respectively.

Summer Activities will include adventure bus trips, Canoe and Archery Club classes, river canoe trips, camping for club groups, and North Woods canoe trips for Junior High boys and girls and

older.

New progrms this summer will include a club program for boys who do not have fathers at home, and planned activities for the YWCA-YMCA Junior High Recreation Program; special activities for the YMCA club groups: Junior Tri-Hi-Y, Junior Hi-Y, and Pink-Y High School girls.

Again this summer the YMCA Branch in Čedar Falls will work with the Community Action Council to provide a recreation program in the Cedar Valley neighborhoods. In the latter program, playground operations will be conducted at North Cedar School and

at Policeman's park.

The program will include opportunities for Adventure Bus trips, overnights, and cook-outs. The Cedar Valley Advisory Committee, David Morris, Chairman, and members of the Cedar Valley Youth TAC (Teen Age Council), Ken Jungling, Chairman, will help with the program expansion in this area.

SPECIAL PROGRAM ANNOUNCED FOR CEDAR FALLS

Roger Fox, Summer Program Director for the Cedar Falls Branch, announced the following special activities and classes:

Canoe Lessons: 6 lessons, beginning Monday, June 17.

Archeryl Club:

Weekly meetings

beginning Tuesday, June 18.

Jets Club: A club program for boys who do not have fathers at home. First meetingThursday, June 20. Meets weekly; boys plan their own program activi-

Adventure Bus Trips for boys and

girls:

June 22 - Des Moines Trip, Zoo,

Capitol, Historical Buildings, Airport. Iuly 13 - Pikes Peak, McGregor,

Spook Cave Trip

July 27 - Harmony Cave, Decorah, Ice Cave Trip.

Y Foags - Rockhound Club for boys and girls. Field trips scheduled on June

7, 19, and July 2, 9.

River Canoe Trip - July 16-20. Trippers will plan their own trip on one of the Iowa Rivers. Planning meeting for the trip will be held at the Y in C. F. Monday evening July 1, 7:30 p.m.

Overnight Fishing Trip - Lake Mc-Bride, June 23, 4 p.m. 24th and 25th.

Other fishing trips will be scheduled during the summer.

Overnight Camp-out - July 29-31. Special Activities will be scheduled for the following program club and Council groups:

YW-YM Jr. High Recreation Pro-

gram Steering Committee Co-Ed.

Junior Hi-Y Boys Junior Tri-Hi Y Girls Pink-Y High School Girls Gra-Y Offcers - Boys Tri-Gra-Y Girls

To include, trips to state parks, to local parks and points of interest, picnics, horseback riding, golf as planned by each group.

CEDAR FALLS SUMMER SWIMMING PROGRAM TO **BEGIN JUNE 17**

The YMCA Summer Swimming Instruction Program will begin Monday, June 17, said Bill Kramer, YMCA Director in Cedar Falls. Instruction Classes for youth and adults will be at the Camp Hartman out door pool in Cedar Heights and at the Howard Johnson Motor Lodge Pool. The YMCA progressive swimming instruction course will be taught. The Y Family Night program will begin June 17. Boys and Girls Swimming Instruction Classes Camp Hartman:

10 lessons beginning 1st Course: Monday June 17. Classes begin at

12:30 p.m.

2nd Course: 10 lessons beginning Monday July 15. Classes begin at 12:30 p.m.

Swimmers will be assigned to pro-

per skill levels.

In each course Monday, Wednesday, Friday Classes and Tuesday, Classes will be scheduled.

Swim Fees: \$7.00 per course. YMCA Membership required (Boys, \$3.00 per year; Girls, \$2.00 per year) \$5.00 for the second course if enrolled in both Summer instruction courses.

Women's and older girls Swimming Instruction Class at Camp Hartmans

1st course, 10 lessons beginning

Monday, June 17.

2nd Course, 10 lessons beginning Monday July 15.

Swimming Fee: \$7.00 per course.

Membership required.

Boys and Garls Swimming Instruction Classes at the Howard Johnson Pools

1st course: 10 lessons beginning Monday June 17. Classes begin at 8:30 a.m.

2nd course: 10 lessons beginning Monday July 15. Classes begin at 8:30 a.m.

Women's and Older girls Swimming Instruction .. Classes.. at.. the.. Howard

Johnson.. Pool.

1st course: 10 lessons beginning Tuesday, June 18. 10:30 a.m.

Men's and Older Boys Swimming Insstruction Classes at the Howard Johnson

1st course: 10 lessons beginning Tuesday, June 18. 6:30 p.m.

Howard Johnson Swim Fees: \$10:00 per course. Membership required. Family Night Swimming at the Camp Hartman Pool.

Monday, Wednesday, Pool open and Friday nights 7:00 to 9:00 p.m. for 9 weeks beginning Monday, June 17.

Fee: \$12.00 for YMCA Members

Family.

\$17.00 for other families.

NORTH WOODS CANOE TRIPS FOR **BOYS AND GIRLS**

Enthusiasm is running high in anticipation of fun and advanced Camping adventure of the annual Black Hawk County YMCA North Woods Canoe Trip.

For the past two years fellows and girls 14 years and older have made the trip. The Boys and the Girls Trail groups have traveled north together, taken their planned routes, met for a Du'f dov at the end of their 10 day trip and returned more confident and runged

A girls and boys North Woods Trail group will be organized to ta'-a an eleven day trip into the Gunflint Area of the Superior National Forest Aurust 9 to 19.

Planning sessions, water and canoe trips, and packing and preparation of equipment sessions will be held for the North Woods campers durring the early port of the summer.

Girls 15 years and older and boys 14 and older who are good swimmers, and who have had camping experience are eligible for these trail groups. A guide and an adult counselor will provide leadership for each trail group. For further information contact Bill Kramer,

Cedar Falls YMCA.

32nd Annual Y.M.C.A. All Sports Banquet



THE HEAD TABLE — It's eat, chat and enjoy yourself both at the head table and around the Horizon Room at the 32nd Annual Y.M.C.A. All Sports Banquet this spring. Head speaker for the Occasion was Iowa State head wrestling Coach Harold Nichols.



OUR COACH IS BEST — Kathy Harned, a member of the Y.M.C.A. girls swim team, presents a token of the team's appreciation — a bunny — to Coach Virgil Haley, who doesn't seem to know what to think of his gift.



GOOD WORK JACK — Mike Zegarac, right, presents the Service to Youth plaque to Jack Bond in appreciation of Bond's efforts at the Y.M.C.A. Zegarac is the head of the Y Physical Education Committee.

SUMMER PROGRAM SET FOR EVANSDALE

The summer program for Evansdale is set.

Four playgrounds will be in operation in co-operation with the Recreation Commission of Evansdale. Playground activities will include games and crafts.

A club program will also be in operation in Evansdale. There will be four adventure clubs for boys ages 8-13. Activities will consist entirely of camping, trips to places of interest and other outdoor programs.

There will also be a Summer Fun Club in the city of Washburn. The activities will be about the same as those in Evansdale.

TWINS TRIP ON TAP FOR EVANSDALE GRA-Y

The Jewett and Elk Run School Gra-Y clubs are finishing their program year with a busy slate of activities.

Activities have included goofy golf, softball, lunch at Henry's and Shakey's Pizza, tours of Grout Museum and outings at Camp Hartman.

The big finale was May 31 at Camp Hartman, where about 50 boys participated in outdoor activities and overnight camping.

The boys will also be making a trip to Minneapolis for a Minnesota Twins baseball game this summer. The trip will be paid for with money the boys earned selling candy last winter.

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MONEY DONATED BY SATURDAY NITERS CLUB

The Saturday Niters Club has donated \$811 to the YMCA. The money is to be split in the following way: renovation of the Horizon Room, \$411; Help a Youth to Camp, \$300 and Summer Adventure Club and Evansdale, \$100.

Saturday Niters Club consists of high school members who have dances two Saturday nights each month. The club is governed and operated by a board made up of representatives from each of the three high schools in Waterloo.

The money they donated was profit from the dances. A big thanks to all board members form the Y staff.



* MEN - WOMEN! *

LIVE

EAT

PLAY

YEAR 'ROUND

AT YOUR

Y. M. C. A. !



IT'S WORTH A SMILE — Jim Christensen is all smiles as he receives his Most Valuable Swimmer in the 9-10 division from Iowa State wrestler Jim Duschen. Brother Tom Christensen Iooks on, below right, after receiving his award in the 8 and under division. In back is another Cyclone matmen, NCAA National Champion Dan Gable, former West Waterloo athlete. Both boys are the sons of Dr. Sam Christensen.



PRETTY MILERS — Dan Stevens, the Y.M.C.A.

Physical Director, is flanked by Tiny Meyerhoff,
left, and Margaret Sederius, who hold their running trophies. Tiny earned hers by running 660
miles in one year and Margaret by running 440
miles in a year.

INDIAN GUIDES CAMP

AT BOONE

Ninety fathers and sons from the Waterloo Y.M.C.A. journeyed to the Des Moines Y.M.C.A. Camp at Boone, Iowa, Saturday and Sunday, May 25 and 26.

The purpose of the trip was to attend the first Nation Camp-out of the Waterloo group. The Big and Little Braves had a wonderful time playing and working together in this rugged outdoor setting.

According to Longhouse Chief Rod Olson of 1160 Pleasant Valley Drive, Waterloo, the group participated in contests, games, boating, fishing, burro riding, archery, riflery, hiking, a mass campfire program, chapel services Sunday morning, and wonderful food all the time they were there.

Many are already making plans for next years Pow-Wow.

BOWERSOX SPEEDS TO VICTORY

The Waterloo Nation of Y-Indian Guides held its third annual Match Box Derby Sunday, April 21 at the Y.M.C.A.

Many "Indians" and their families journeyed to the Y to race home-made model size cars on the 36 foot track. Out of the 17 entries submitted, Tom Bowersox of the Beaver Tribe, son of Mr. and Mrs. E. M. Bowersox of 411 Beverly Hills, Waterloo, won the speed event in his 12 cylinder lotus powered GT.

Second, third and fourth places in speed went to Eric Christensen of the Cree, Jeff Guthart of the Sioux, and Scott Malven of the Cree respectively.

Winners in the decoration event went to J. R. Thompson, Cree, Kent Smith -Kickapoo, Jeff Guthart - Sioux, and Scott Malven - Cree respectively in the six years and under class.

In the Seven years and over class, winners were Dana Smith - Kickapoo, Eric Christensen - Cree, Tim Frisch -Sioux, and David Adams - Kickapoo.

YMCA AND YWCA CO-SPONSOR JUNIOR HIGH RECREATION PROGRAM

A new venture in Cedar Falls has been the co-sponsorship by the Cedar Falls YMCA and the YWCA of the Junior High Recreation Program. After 2 months of careful planning the first Junior High Recreation Program was conducted for Cedar Falls in February. A dance and gym program was held at Holmes Junior High School.

In casual dress the young people played volleyball, shot baskets, chatted together, and danced to the music provided by Don Timmerman, of Station KWWL. 475 junior high youth attended the recreation program. Programs have been planned by a steering Committee of students from Peet, Holmes and St. Pats School.

The next program will be June 6 at Peet. The "Outcasts" will provide the music and the gym will be open.

Members of the Steering Committee have met to make posters and plan responsibility assignments for the programs and to discuss ways in which they might be made the kind of program to provide a place for junior high vouth to go and have fun with their friends. Present plans call for summer meetings during the month of June and July.



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