

# BLACKHAWK Y.M.C.A. BROADCASTER

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John E. Bragdon, President

Sam L. Chollar, Jr., Gen. Secretary

Ron Bender, Editor

## SWING INTO SPRING AT THE Y



William  
Clark  
... YMCA  
directors'  
President

### CLARK YMCA BOARD PRESIDENT

William Clark is the new president of the YMCA Board of Directors for the 1969-70 year.

Other officers elected are Robert J. Brown, first vice-president; Robert J. Schreiner, second vice-president; M. L. Lorenzen, secretary and Jack Canady, treasurer.

Clark has served as the second and first vice-president the past two years and has been on the board three years. He was preceded in the top post by John E. Bragdon, who served as president for three years.

Clark is president of Repass Auto Supply.

The class of 1972 was also nominated and elected by the voting membership of the YMCA. Included are Sam Annis, Harry Blindman, Paul Hall, William C.

Langlas, Charles Mauser, Jr., Dean Platt Marvin Simpson, David Tyler, Lowell J. Walker and Robert A. Young.

### MORRIS ISLE NEW CAMP THIS SUMMER

The YMCA of Black Hawk County will operate two separate camps this summer, announced Camp Director Randy Bray.

Camp Hartman Day Camp will provide eight weeks of camping, divided into four two-week sessions. The dates of the sessions are: June 23-July 4, July 7-18, July 21-Aug.1 and Aug. 4-15.

The camp is for boys from ages 7-12 or in grades one through six. The cost for a two-week session is \$30 per boy. This fee includes noon refreshment, transportation from the YMCA and back every day and insurance.

The second camp will be at Morris Isle, a former YMCA resident camp. Morris Isle is a 125 acre island four miles north of Cedar Falls.

Morris Isle will be a six-day, six-night, primitive resident camp for boys 11 and older. The camp will be directed by Dick Miller, Summer Program Director.

The cost of the June 15-21 session is \$32. The fee includes all meals, transportation, leadership and accident insurance.

### H.Y.C. GOAL 100 BOYS

The annual Help A Youth to Camp Campaign kicked off April 30 with a breakfast meeting.

Money collected during the campaign will be used to send needy boys to camp this summer. Last year 50 boys who could not pay their own way were able to go to camp because of H.Y.C. contributions.

This year the goal is to send 100 boys. Each \$30 collected will send one boy to Camp Hartman for two weeks.

### FEDERATION PLANS

The Black Hawk and Cedar Nations recently took steps to combine and form a federation. This federation has announced plans for two events.

Sunday, May 4 a Potlach (party) was put on for all Indian Guide and Princess Tribes. The Potlach was at the Camp Grounds at Black Hawk Park.

Each of the 26 tribes in the federation brought a game or craft to share with the others. Nail driving contests, water dunking and bottle knock-down were among the favorites.

The federation has also made plans for a campout at the Des Moines Y Camp in Boone. Dates for the event are May 24-25.

The camp setting is an excellent place for a father and son to spend a weekend. The cost of the three-meal overnight will be \$6 per person.



## LEARN TO SWIM PROGRAM TO BOYS

With vacation time approaching, parents may be starting to worry about the danger their children face near water without knowing how to swim.

With the idea of helping a youngster perhaps save his life this summer, the YMCA is starting a learn-to-swim program strictly for first and second grade boys who cannot swim a stroke.

The program will run the last week in May and the first two weeks in June, with a test period wrapping up the classes.

The boys will meet two 45 minute periods per week for the three weeks. The class is open to boys from all local schools.

Two YMCA water Safety instructors, Bob Malloy and Mary Beth Ormister will conduct the program.

## SUMMER SWIM CLASS SCHEDULE FOR CENTRAL

|                |                          |             |
|----------------|--------------------------|-------------|
| Fadpole A      | Mon., Wed., Fri. ....    | 8:30- 9:15  |
| Fadpole B      | Mon., Wed., Fri. ....    | 9:15-10:00  |
| Fadpole C      | Mon., Wed., Fri. ....    | 10:15-11:00 |
| Fadpole D      | Mon., Wed., Fri. ....    | 11:00-11:45 |
| Fish I         | Mon., Wed., Fri. ....    | 1:30 - 2:15 |
| Minnow I       | Mon., Wed., Fri. ....    | 1:30 - 2:15 |
| Flying Fish I  | Mon., Wed., Fri. ....    | 2:15- 3:00  |
| Minnow II      | Mon., Wed., Fri. ....    | 2:15- 3:00  |
| II             | Mon., Wed., Fri. ....    | 3:15- 4:00  |
| Shark I        | Mon., Wed., Fri. ....    | 3:15- 4:00  |
| Minnow IV      | Tues., Thurs., Sat. .... | 8:30- 9:15  |
| Flying Fish II | Tues., Thurs., Sat. .... | 8:30- 9:15  |
| Fish II        | Tues., Thurs., Sat. .... | 9:15-10:00  |

|           |                          |                           |
|-----------|--------------------------|---------------------------|
| Shark II  | Tues., Thurs., Sat. .... | 9:15-10:00                |
| Fish III  | Tues., Thurs., Sat. .... | 10:15-11:00               |
| Porpoise  | Tues., Thurs., Sat. .... | 10:15-11:00               |
| Minnow V  | Tues., Thurs., Sat. .... | 1:30- 2:30                |
| Open Swim | Mon. — Sat. ....         | 12:00- 1:00<br>4:00- 5:00 |

Instructor for the summer is Mary Beth Ormiston. Registration is week of June 16-21 — call YMCA. Classes begin June 23-Aug. 16. \$10.00 for non-members. All boys must re-register for summer classes.

## CEDAR FALLS Y CLUB PROGRAM CONCLUDES

Gra-Y members from 15 Clubs about 300 strong participated in the Y's Men's Club Gra-Y Field Day May 10 at the Cedar Falls High School track. Each boy participated in 4 field and running events on an individual and club basis for achievement awards. This Event Brought to a close a successful year of Gray-Y Club Activities involving over 450 boys in the 3-6 grades.

One-hundred and thirty boys and girls member of the Cedar Falls YMCA Boys and Girls Swim Teams, and parents met in a spring party to honor Swim team members for their achievements during the competitive season, Sunday, May 14, at the Cedar Falls Trinity United Methodist Church. Major and minor letters were awarded to swim team members.

## JOIN IN INTER-NATION POTLATCH AND A WEEK-END CAMP-OUT

Two Spring Y Indian Guide and Y Princess Program Events have been conducted by the joint Council of Chiefs of the Waterloo Black Hawk Nation of Y Indian Guides composed of 13 Tribes with Robert Hall, Nation Chief; and the Cedar Falls Cedar Nation of 17 Y Indian Guide and Y Indian Princess Tribes under the leadership of Ed Brown, Nation Chief.

Sunday May 4 Big Braves and their Little Braves and Little Princesses converged at the Black Hawk Park group camping area. Amid the sound of Tom-toms and the Dad-son, Dad-daughter chatter an afternoon of fun participating in over 25 different carnival type events the first inter-Nation Event was judged a huge success.

The second joint nation program will be a week-end Campout at the Des Moines Y Camp, near Boone, May 23 and 24.

## BOMBARDMENT TITLE TO GRANT

The Grant Elementary School team earned the Waterloo Gra-Y Bombardment Championship in a 14-team YMCA tournament at the Emerson School in April.

Grant placed three of its four individual teams (five men to a team) in the semifinals of the tourney, then went on to win the first, second and third places.

In bombardment, a basketball court is divided in half with one team on each side. The object of the game is to throw a playground ball at a member of the opposition.

If he is hit with the ball without catching it, he is out of the game. But if he catches the ball, the thrower is out. The first team to eliminate all opposing members is the winner.

Over 70 boys competed in the meet. Four teams were entered from Grant, Longfellow and Whittier, while Emerson entered two.

The teams competed individually, but school points were also kept. Whittier was runnerup in school competition.

Reginald Sallis captained the winning Grant team, with team members Cornell Hoosman, Glen Manning, Eric Robinson and Dave Zanders. The second place Grant team included captain Fred Epps, Clifford Greer, Walter King, Leslie Johnson and Stacey Van Arsdale.

The third place team from Whittier included captain Rany Cook, Mark Lane, Richard Ladd, Jack Caddel, Jeff Garms and Brian Dabney.





**I'M GLAD TO BE HERE** — Art Holst of Peoria, Ill., the featured speaker for the 33rd Annual YMCA All-Sports Banquet, puts a point across to his attentive audience and to the members of the head table. The theme of Holst's talk was "The Challenge of being a professional."



**WARD, DID YOU SAY?** — Robert Ward, right, has no trouble remembering the name of the young man getting a judo letter at left. It is his son Sean. Dr. Ward is the coach of the YMCA Judo Club, devoting many hours of his time to volunteer work at the Y.

Awards, fun and fellowship were again in evidence at the YMCA's 33rd Annual All-Sports Banquet at the Horizon Room May 1.

The main speaker for the occasion was Art Holst of Peoria, Ill., who is an active official in the National Football League. Holst's talk was about football, but he only used his football experiences and those of the NFL players to illustrate points in his talk, such as: being awake to opportunity, concentrating on being a winner instead of a good loser and knowing the challenge of being a professional.

Bob Brown was the toastmaster for the banquet, which included presentation of awards to competitors in softball, judo, swimming, handball, racketball, paddleball, flag football, running, gymnastics, athletic achievement and the Service Club Olympics.

The Rev. Edgar A. Brammer, pastor of the College Hill Lutheran Church in Cedar Falls, was honored as the YMCA of Black Hawk County Layman of the Year.



**YOUR TURN** — Mildred (Tiny) Meyerhoff, left, presents the traveling trophy of the Run For Your Life club to M. J. (Jim) Dwyer at the maximum amount of time it can be held by one person.



**TALENTED GROUP** — The YMCA Gymnastics Club poses for a picture at the All-Sports Banquet. Front row from left to right; Jane Jensen, Donald Morgan, Dick Morgan, Jeff Wood, Louie Braatz and Toni Wilkins. Second row l-r; Laurie Braatz, Cindy Dirks, Kim Dirks, Patti Bond, Margaret Kirschner, Martha Hughes, Blair Gaertner. Top row l-r: Physical Director Dan Stevens, Patti Vaughn, April Vanderbilt, Coach Marv Dirks and Coach Jack Bond.



**LOT OF HARDWARE** — Bill Wood, left, and Dan Steiber pose with the huge armloads of hardware each won this past year competing in paddleball and racketball at the YMCA. Wood was presented four trophies at the YMCA All-Sports Banquet and Steiber presented five, big tablefull for two men.



**BRAMMER LAYMAN OF THE YEAR**

The Rev. Edgar A. Brammer, pastor the College Hill Lutheran Church in Cedar Falls, was honored as the YMCA Black Hawk County Layman of the Year at the Y's All-Sports Banquet May 1 at the Horizon Room.

The Rev. Brammer has been an active member of the YMCA Central Branch since 1942. He has served as a member of the Cedar Falls YMCA Board of Managers since 1945 and in 1968 was appointed a member of the Board of Trustees of the YMCA of Black Hawk County.

He was graduated from the Concordia Theological Seminary of the Lutheran Church, Missouri Synod, in St. Louis, Mo. After a four-year campus ministry at the University of Florida, he moved to Cedar Falls in 1942 and became pastor at College Hill, serving as campus minister to the students of the then Iowa State Teachers College, now University of Northern Iowa.

The Rev. Brammer has served as a member of the Executive Committee of the Y Board of Managers and was chairman of a program study committee in the early 1960's, the work of which was instrumental in providing guidance for church expansion programs and development within the past five years.

He has also served as a member of the Branch Facility Development Committee which has studied the prospect of building program for the Cedar Falls Branch.

Rev. Ed has had keen insight into the life and contribution of the YMCA in the life of the community. He has given leadership in interpreting the importance of developing strong County YMCA-Branch YMCA relationships.

Rev. Brammer has continued interest and leadership through the YMCA cause "the YMCA is an agency which provides youth a channel through which to develop leadership potential for community service."

Also he says, "I am a satisfied customer. I have found important health values through regular participation in YMCA physical program activities."

Thank you for your Service to the YCA, Rev. Edgar Brammer.



**CONGRATULATIONS** — YMCA All-Sports Banquet Toastmaster Robert Brown, left, presents the Layman of the Year Award to the Rev. Edgar A. Brammer at the banquet May 1. The Rev. Brammer was honored for his work at the Y since 1942.

★ MEN — WOMEN! ★

LIVE

EAT

PLAY

YEAR 'ROUND

AT YOUR

Y. M. C. A.

**SMOKE SIGNALS FROM Y INDIAN GUIDES**

**MATCHBOX DERBY**

The Fourth Annual Y Indian Guide Matchbox Derby was Sunday April 20. The cars raced were built by fathers and sons who are members of the Black Hawk Nation of Indian Guides.

The cars are built to specific standards and raced on a 36-foot track.

Three division winners are crowned: speed, decoration for ages six and under and decoration for ages seven and over.

Don Christianson and his son Eric took first place in the speed division. Mike Galvin was the decoration winners in the six and under division and Martin Braatz the champ in the seven and over decoration class.

Congratulations to all place winners.

**NATIONAL LONGHOUSE**

The annual Y Indian Guide National Longhouse was April 25-27 in Detroit, Mich. Over 600 delegates from 31 states attended the three-day convention.

Randy Bray of the Central YMCA staff represented the Black Hawk Nation. Ed Brown, Cedar National Chief and National Council Representative, was the Cedar Falls delegate.

**MILLER DIRECTS ADVENTURE CLUB**

The Summer Adventure Club will be under the direction of Dick Miller for the third straight year.

The club presents outing programs for boys ages 8-17.

Here is a partial list of this summer's activities:

July 2-3 — Overnight for boys 7-11.

July 11 — Fishing' Daze and Swim.

The theme of the conference was "Sons Today-Dads Tomorrow." The conference was devoted to the promotion of close relationships between father and son.



July 12 — Father-Son Baseball trip.

July 15-17 — Three-day camp at Yellow River.

Aug. 6 — Visit to Minnesota Vikings training camp.

Aug. 14 — Youth Day (ages 7-11).

Aug. 16 — Youth Day (ages 12-16).

July 31-Aug. 9 — Back pack trip to Grand Tetons.

Further information and registration blanks for camp are available at the YMCA.



## **CEDAR FALLS SUMMER PROGRAM LEADERSHIP ANNOUNCED**

Bill Kramer, Cedar Falls YMCA Branch Director, announced that David Byers will serve the Branch as Youth Program Director for the summer. A junior UNI student, Byers has served the branch as co-ordinator of youth club program and special events during the past school year.

Mrs. Sandy Trotter will direct the Aquatic program of the Branch. Swimming instruction programs are conducted at the Camp Hartman and the Howard Johnson Motor Inn Pools during summer.

Roger Fread, graduating senior student at UNI, has been appointed director of the YMCA-OEO Cedar Valley Summer Recreation Program. Fread has served as a Branch Youth Club leader and a club program supervisor during the past school year.

## **CEDAR FALLS Y TO CONDUCT SWIMMING**

Mrs. Sandy Trotter, Cedar Falls Y Branch Aquatic Director, announces the Branch Y Swimming Instruction Program at the Camp Hartman and the Howard Johnson Motor Inn Pools will include two 10 lesson series for boys, girls and adults.

The first series will begin Monday, June 16. Classes will be held 12:30 and 1:30 Monday, Wednesday, Friday, Tuesday, Thursday and Saturday morning at the Camp Hartman Pool. Classes will be during the morning hours at the Howard Johnson pool.

The second Swimming Instruction lesson series will begin Wednesday, July 9th.

A Family Recreational Swimming program will begin Monday, June 16, 7 to 9 p.m. at the Camp Hartman Pool. The pool will be open to family groups on Monday, Wednesday and Friday evenings through August 15th.

For summer swimming program information and details please call the Cedar Falls Y office, Phone 266-5223.

## **NORTHWOODS CANOE TRIP FOR EXPERIENCED**

The trail groups of boys and girls, 14 years and older, help to plan their own canoe route, menus, and "on the trail" activities with a counselor who is one of the group. The counselor-guide knows youth language and he is there with the extra know-how and skill and judgment that some situations demand

... to help North Woods Canoe tripper to learn, grow, have fun and an enriching experience on the trail.

The 1969 Trip dates are August 9-19, and the Program fee is \$57.00. A series of preparation sessions have been planned to ready canoe trippers for the trail.

If you are interested in an exciting, adventurous YMCA Advanced Camping program for youth and young adults contact Bill Kramer, Cedar Falls YMCA Branch Director for additional details. Phone 266-5223.

## **PROGRAM TO INCLUDE TOURS & OUTING**

David Byers, Cedar Falls Y Youth Program Director, announced that the Branch Y Summer program will include a variety of activities for Y youth and Branch Club groups. Program activities will begin Monday, June 15. They will include:

### **Canoeing Instruction Lessons**

Six lessons begin Saturday, June 14, 9:30 a.m. Meet at Camp Hartman. The final session is an all-day river canoe trip.

### **Archery Club**

Will meet weekly throughout the summer beginning the week of June 15. There will be archery instruction and shooting on the range in Wyth State Park.

### **Y Foags**

The Cedar Falls Y Rockhound club will have regularly scheduled meetings and outings during the summer months. The first meeting will be Thursday, June 19. The group will meet at the C.F. Y office, bring a sack lunch and rock hunting equipment.

### **Y Bus Adventure Trips**

Will be scheduled throughout the vacation period. July 7, trip to Pike's Peak and McGregor Area; August 21, Des Moines trip. Others will be scheduled.

### **Gra-Y Boys**

Fun programs will be scheduled: June 21, Fun Day at Camp Hartman; July 5, Morris Isle adventure and outing.

### **River Canoe Trips**

For boys and girls have been scheduled: July 8, 4 day river canoe trip for girls 12 and older; July 21-26, 6 day river canoe trip for boys 11 and older.

## **Father-Son**

Baseball trip to see the Minnesota Twins in action will be scheduled for July 12.

## **Chicago Trip**

A special 3-4 day trip for Y Jet Club and other fellows has been set for July 14-17. "This going home" trip for Dave Byers will mean an exciting schedule for fellows in the windy city.

## **Overnight Camping**

Trips for boys and girls have been scheduled: July 28-29, girls overnight, Back Bone State Park; August 22-23, boys overnight, and fishing trip to Beads Lake.

## **DANCES PLANNED**

The YWCA-YMCA Junior High Recreation Program will plan several party dance programs during summer.

This program, sponsored by the YWCA and the Cedar Falls YMCA, has conducted monthly parties during the school year. A steering committee of 30 youngsters from Campus, Peet, Holmes, St. Pats and Columbus schools have met to plan the summer parties.

## **SERVICE REPRESENTATIVE MEETS**

Robert Engdahl, representative of the YMCA National Building and Furnishing Service, met with the Cedar Falls Branch Y Board at their May meeting to outline their services to the local YMCA and to recommend a plan for development of the Cedar Falls Building program.

## **Y'S MEN ATTEND REGIONAL CONVENTION**

Members of the Waterloo and Cedar Falls Y's Men's Clubs and their Y's Menettes attended the Iowa Regional Convention at Ottumwa May 3 and 4.

The two local clubs hosted a visiting Y's Man from Jamaica May 5 and 6th. Monday Evening, May 5, the clubs had an informal reception for Roy Knight, at the Cedar Falls Trinity United Methodist Church. The occasion gave Y's Men and their wives an opportunity to get acquainted with Mr. Knight and learn more about his country and the Y's Men's program in Jamaica..





## FROM THE DESK OF THE GENERAL SECRETARY

The YMCA's 1969 summer program is underway, with a tougher task than ever to expand the Y program in our community.

With the deterioration of the Waterloo downtown area and the moving out of the city core of businesses, the YMCA facilities are finding a definite need to fulfill.

We are trying to use our building as wisely as possible, to counter financial problems and cooperate with local, state and area governments.

One way we are doing this is to make available our meeting rooms for classes to the Hawkeye Institute of Technology's Police Science course.

There is also a possibility of housing for students in the future, another way of bringing people into our facility.

We are also experimenting with a family program, which would involve the family as a whole, either at home or at the Y. We want to get the WHOLE family involved.

Youth dances, parties and seminars are a way to avail high school age people of our facility. We are making the Horizon Room available to these young people.

The Horizon Room is also being used as an annex to our athletic program. Golf instruction, tumbling and other physical activities which do not necessarily require a gymnasium are being tried in the room.

In our physical program we are using busses to bring more children to the YMCA.

Our efforts and experiments could not be accomplished without the advice, ideas and cooperation of our lay board, volunteer committees and professional staff. These groups working together are responsible for our programs.

## GYMNASTICS SESSION A SUCCESS

The YMCA Gymnastics Club, in its first year of heavy competition after two formative years, had a highly successful season under coaches Jack Bond, Marv Dirks and Dixie Remling.

Cindy Dirks not only proved she is the best girl tumbler in Iowa, but she also went out of the state to win first place in the tumbling division at the Little 10 State Championship in Chicago in April. Cindy competed against performers from 10 states there.

The club started the season by earning 43 places in the Midwest Invitational meet at Urbandale. Jeff Wood took second in boys 9 and under still rings, parallel bars and high bar. Wood was also second in all-around gymnast and Louie Braatz fifth. This means a competitor builds enough points in all events.

Rick Vanderbilt won the sidehorse and vaulting in boys 13 and over, and was second in parallel bars. Dave Zimmer was second in floor exercise and Rick

first.

Kim Dirks won the girls 9 and under balance beam and the vaulting and uneven parallel bars events. Kim was first in all-around and Patti Bond fifth. In girls 13 and over Janice Wood won vaulting and was third in uneven bars. Patty Fogleman was fifth in all-around. Cindy Dirks was fourth in floor exercise in the elite girls division.

Cindy was fourth in novice free exercise and fifth in balance beam in the gym meet at Iowa State University in Ames.

Cindy won the novice tumbling in the Iowa AAU championships at Grandview Junior College in Des Moines. She was also second in free exercise.

In the state meet Cindy was first in elementary tumbling and April Vanderbilt fifth in junior tumbling. Rick Vanderbilt was third in senior boys tumbling.

Cindy Dirks won the elementary tumbling at the district meet in Marion and was also first in floor exercise. Louie Braatz was fourth in parallel bars and Laurie Braatz fourth in trampoline. Rick Vanderbilt was second in tumbling, April Vanderbilt fourth and Patti Fogleman third in junior girls tumbling.

District and state meets are sponsored by Junior Chamber of Commerce.

The Waterloo club has 36 competitors who work up from beginning tumbling to beginning apparatus and then into competition if they choose. There are about 100 youngsters in the total program, with Dixie Remling coaching the tumbling, floor exercises and dance movements; Mark Dirks the girls apparatus and Jack Bond the boys all-around.



**YOUNG MEN'S CHRISTIAN ASSOCIATION**  
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