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From: "Rep. Jim Costa" <CA21JCima@mail.house.gov> To:
Isabelle.Moser@mail.house.gov Subject: Representative Costa responding to your
message Date: Wed, 04 Sep 2024 17:10:54 -0400 <meta http-equiv="Content-Type"
content="text/html; charset=utf-8"><body><!DOCTYPE HTML PUBLIC "-//W3C//DTD
XHTML 1.0 Transitional //EN"
"http://www.w3.org/TR/xhtml1/DTD/xhtml1-transitional.dtd" ><html><head> <!--ly,
6/2022, tr#252686--> <style id="IQEmailStyle"> /* Client-specific Styles */
body { width: 100% !important; margin: 0px;} .ReadMsgBody { width: 100%; }
.ExternalClass { width: 100%; display:block !important; } /* Force Hotmail to
display emails at full width */ /* Reset Styles */ body { margin:0; padding: 0;
} img { outline: none; text-decoration: none; max-width :100%;} br, strong br,
b br, em br, i br { line-height: 100%; } h1, h2, h3, h4, h5, h6 { line-height:
100% !important; -webkit-font-smoothing: antialiased; } /*ly, tr#221562, add
same margin as margin-block-start/end*/
h1{margin-top:0.67em;margin-bottom:0.67em;}
h2{margin-top:0.83em;margin-bottom:0.83em;}
h3{margin-top:1em;margin-bottom:1em;}
h4{margin-top:1.33em;margin-bottom:1.33em;}
h5{margin-top:1.67em;margin-bottom:1.67em;}
h6{margin-top:2.33em;margin-bottom:2.33em;} table td, table tr {
border-collapse: collapse; } p { margin-bottom: 1em; } table.menu-change a {
text-decoration:none; } /* pre-header */ .preheader { display:none !important;
visibility:hidden; mso-hide:all !important; font-size:0px; color:#ffffff;
line-height:0px; max-height:0px; max-width:0px; opacity:0; overflow:hidden; }
</style> <style id="IQCustomStyle"></style> <style id="IQMobileStyle"
type="text/css"></style> <meta name="viewport"
content="width=device-width,initial-scale=1.0,user-scalable=0,minimum-scale=1.0,maximum-scale=1.0"><
<body id="newsletterBody" class="" data-new-gr-c-s-check-loaded="14.1193.0"</pre>
data-gr-ext-installed="" data-new-gr-c-s-loaded="14.1193.0"><div
id="newsletterContent" class=""> <style> p { margin-bottom:1em; } </style>
<table class="container" border="0" width="100%" cellspacing="0"
cellpadding="0">    <p style="color: #999999; font-family:
Arial; font-size: 10px; text-align: center;">News from Representative Costa<br/>or>
<br/>br><a
href="https://iqconnect.house.gov/iqextranet/view_newsletter_setup.aspx?link=CA16JC%2501103743%25
target="_blank">Click here to open this e-mail in its own browser window</a>
    <a
href="https://iqconnect.house.gov/iqextranet/view_newsletter_setup.aspx?plain_text=Y&link=CA16JC
target="_blank">Click here to open a plain text version of this email</a> 
<table class="bg-change" style="margin: 0px auto; border: 2px solid #0d4f82;
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colspan="2" align="center"><img width="640" style="display: block; margin: 0
auto; max-width: 100%;;" title="CA23_2023_1.png"
src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/CA23_2023_1.png"
alt="Image">  <!-- /Banner --> <!--- Menu --> <!--- /Menu --> <!---
Content -->   <table
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align="left">   <td class="content-change
width-change general-change textedit" style="width: 640px; padding: 0px;
font-family: 'Book Antiqua', palatino; font-size: 11pt; vertical-align: top;
background-color: #ffffff; color: #313941;" align="left" width="460"><table
class="button-change" style="width: 100.17%; font-family: Arial, sans-serif;
height: 50px;" border="0" cellspacing="0" cellpadding="0"> <tbody
class="ui-sortable">  <td style="width: 14.7264%;
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href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ20
target="_blank" rel="noopener"><img width="88" style="display: block;
max-width: 100%;; margin: 0px auto 0px auto;" title="Contact-Me-Icon.png"
src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/Contact-Me-Icon.png"
alt="Image" height="88"></a> <td style="width: 14.5326%; height: 50px;
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href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
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src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/Press-Icon.png"
alt="Image" height="88"></a> <td style="width: 14.845%; text-align:
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src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/Capitol-Tours-Icon.png"
alt="Image" height="88"></a> <td style="width: 13.5356%; text-align:
center; height: 50px;"><a
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style="font-family: 'book antiqua', palatino; text-align: center;"><img
width="88" style="display: block; max-width: 100%;; margin: 0px auto 0px auto;"
title="Grants-Icon.png"
src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/Grants-Icon.png"
alt="Image" height="88"></span></span></a> <td style="width:
18.7124%; height: 50px;"><a
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src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/Agency-Icon.png"
alt="Image" height="88"></span></span></a> 
   <td class="content-change width-change general-change"
textedit" style="width: 640px; padding: 3px 10px 15px; font-family: 'Book
Antiqua', palatino; font-size: 14px; vertical-align: top; background-color:
#ffffff; color: #313941;" align="left" width="460"> Dear Friend, 
September is <strong>National Suicide Prevention Month</strong>, a crucial
time to bring awareness and confront the stigma around mental health. People
often suffer in silence due to the fear of judgment and shame. This narrative
must change to ensure everyone feels comfortable seeking help in their darkest
moments.    To address and break this stigma, Congressman
Costa cosponsored, voted, and is advocating for legislative solutions,
including:    <a
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>S.2938 - Bipartisan Safer Communities
Act</strong>:</a> Protects children and reduce the threat of gun violence
across the country. Requires an investigative period to review juvenile and
mental health records, including checks with state databases and local law
enforcement, for buyers under 21 years of age. Invests in programs to expand
mental health and supportive services in schools, which will help train more
mental health service providers, improve safety, and enhance student
learning.  
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>H.R.6451 - Mental Health Justice Act of
2023</strong>:</a>&nbsp; To amend the Public Health Service Act to authorize
grants to States, Indian Tribes, Tribal organizations, and political
subdivisions thereof to hire, employ, train, and dispatch mental health
professionals to respond in lieu of law enforcement officers in emergencies
involving one or more persons with a mental illness or an intellectual or
developmental disability, and for other purposes. 
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2i
target="_blank" rel="noopener"><strong>H.R.4884 - Mental Health for Latinos Act
of 2023:</strong></a> Requires the Substance Abuse and Mental Health Services
Administration to develop and implement an outreach and education strategy
regarding behavioral health issues among the Hispanic and Latino populations.
Strategy is design to promote behavioral and mental health and reduce stigma
associated with mental health conditions and substance abuse among such
populations.  
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>H.R.3850 - Pride in Mental Health Act of
2023:</strong></a> Establishes grants and reporting requirements concerning the
mental and behavioral health of youth who are lesbian, gay, bisexual, queer or
questioning, nonbinary, intersex, or Two-spirit (gender-variant members of
indigenous communities). SAMHSA must award grants to assess and improve mental
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for providing mental and behavioral health resources for such youth and
collecting data.  
href="https://igconnect.house.gov/igextranet/igClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2i
target="_blank" rel="noopener"><strong>H.R.3432 - Telemental Health Care Access
Act of 2023:</strong></a> Eliminates certain restrictions relating to Medicare
coverage of mental health services that are provided through
telehealth.  
approaches us, it is essential to remind oneself and others about the
importance of mental health. Together, we can break the stigma and create a
community where mental health is a priority, and no one must face their
challenges alone.   If you or someone you know is struggling,
please use these resources:    <a
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>National Suicide Prevention
Lifeline:</strong> </a>Call 9988 for immediate support&nbsp;
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>Crisis Text Line:</strong></a> Text HOME
to 741741 to connect with a volunteer Crisis Counselor. Free confidential 24/7
support.
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>Veterans Crisis Line:</strong> </a>Call
1-800-273-8255, and Press 1, chat online, or send a text message to
838255.  
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>Find Local Support Groups
(MHA) </strong></a>
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>Finding Help & amp;
Treatment </strong></a> <a
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2
target="_blank" rel="noopener"><strong>California Department of Healthcare
Services </strong></a>   <td
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Opx auto; max-width: 100%;;" title="Facebook-Icon.png"
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target="_blank" rel="noopener"><img width="57" style="display: block; max-width: 100%;; margin: 0px auto 0px auto;" title="Twitter-Icon.png"

health and substance abuse outcomes for those youth. Recipients may use grants

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src="https://iqconnect.house.gov/iqextranet/Customers/CA16JC/IG-Icon.png"
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color: #d1b547; font-family: 'book antiqua', palatino;">Capitol
Office<br/>
span><span style="font-size: 10pt; color: #ffffff;"><span
style="font-family: 'book antiqua', palatino;">2081 Rayburn</span><span
style="font-family: 'book antiqua', palatino;"> <br>House Office
Building<br/>
Bu
 <td style="width: 210.332px; padding-top: 10px; padding-bottom: 10px;
line-height: normal; font-family: Arial, sans-serif; background-color:
#0b2e51;"> <span style="font-weight: bold;
font-size: 11pt; color: #d1b547; font-family: 'book antiqua', palatino;">Fresno
District Office<br/>
span><span style="color: #ffffff; font-size: 10pt;"><span
style="font-family: 'book antiqua', palatino;">2440 Tulare Street</span><span
style="font-family: 'book antiqua', palatino;"> <br>Suite 420<br>Fresno, CA
class="nsoffice-item textedit" style="width: 196.328px; padding-top: 10px;
padding-bottom: 10px; line-height: normal; font-family: Arial, sans-serif;
background-color: #0b2e51;"> <span
style="font-weight: bold; font-size: 11pt; color: #d1b547; font-family: 'book
antiqua', palatino;">Visalia District Office<br></span><span style="font-size:
10pt; color: #f9e9a9; font-family: 'book antiqua', palatino;"><span
style="color: #ffffff;">425 E. Oak Ave<br>Suite 202<br>Visalia, CA
93291<br/>br>Phone: (559) 749-9330</span></span>    
  <!-- /Footer -->  <p style="text-align:
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style="color: #999999;"
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