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<!DOCTYPE html><html lang="en" id="template"><head> <meta
http-equiv="Content-Type" content="text/html; charset=utf-8"><title>Newsletter:
Hurricane Ida Recovery Resources</title><meta name="viewport"
content="width=device-width, initial-scale=1"><!--[if !mso]><!--><meta
http-equiv="X-UA-Compatible" content="IE=edge"><!--<![endif]--><style>body,
table, td, a{-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;} /*
Prevent WebKit and Windows mobile changing default text sizes */
img{-ms-interpolation-mode: bicubic;} /* Allow smoother rendering of resized
image in Internet Explorer *//* RESET STYLES */img { border: 0; height: auto;
line-height: 100%; outline: none; text-decoration: none; }table {
border-collapse: collapse !important; }body { height: 100% !important; margin:
0 !important; padding: 0 !important; width: 100% !important; }strong {
font-weight: bold; } /* Editor reset *//* FIRESIDE STYLES */.component img
{max-width:600px;}.component table {mso-table-rspace:10pt;
border-collapse:collapse;}.component { padding: 0px !important; }.press
{padding-bottom: 0px;}</style><style>@media all and (max-width:650px) {
.image-1, .caption-1, .img-1 img, .image-1 tr, .image-1 td, .image-2, .img-2
img, .image-2 tr, .image-2 td {max-width: 100% !important; width: 100%
!important;} .responsive-table {width:100% !important;} .responsive-table img
{max-width:100% !important; height: auto !important;} .press .component, .press
td {text-align:center;} .component { margin-left: 20px; margin-right: 20px;}
.component .responsive-table { margin-left: 0px !important; margin-right: 0px
!important;} .wide .video-thumb { width: 100% !important;height: auto
!important; } .wide.video-container { width: 100% !important; }
.component.full-width {margin-left: 0px; margin-right: 0px; } }</style><style
type="text/css"> /* CLIENT-SPECIFIC STYLES */ body, table, td,
a{-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;} /* Prevent
WebKit and Windows mobile changing default text sizes */ table,
td{mso-table-lspace: 0pt; mso-table-rspace: 0pt;} /* Remove spacing between
tables in Outlook 2007 and up */ img{-ms-interpolation-mode: bicubic;} /* Allow
smoother rendering of resized image in Internet Explorer */ /* RESET STYLES */
img { border: 0; height: auto; line-height: 100%; outline: none;
text-decoration: none; } table { border-collapse: collapse !important; } body {
height: 100% !important; margin: 0 !important; padding: 0 !important; width:
100% !important; } strong { font-weight: bold; } /* Editor reset */ /* FIRESIDE
STYLES */ .component img {max-width:600px;} .component table
{mso-table-rspace:10pt; border-collapse:collapse; font-family: 'Georgia',
times, serif;} .component td, td {font-family: 'Georgia', times, serif;}
.component { padding: 0px !important; } .press {padding-bottom: 0px;}
.caption-1 td {font-family: 'Georgia', times, serif;} /* Margin/NoMargin STYLES
*/ .component.full-width{ overflow: hidden; margin: 0px; } /* HEADER STYLES */
.header-bar {width: 100%;} .header-bar-margin {background-color:#ffffff;}
.header-bar h2 {margin: 0 !important; padding: 0 !important; color: #000080
!important;text-align: center;font-size: 30px !important;font-weight: bold
!important; } .survey-content > table > tbody tr td { border-color: #18335b
!important; } .survey-content input.survey-submit { font-family: 'Georgia',
times, serif !important; } </style><style id="media-queries"> @media all and
(max-width:650px) { .image-1, .caption-1, .img-1 img, .image-1 tr, .image-1 td
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{max-width: 100% !important; width: 100% !important;} .responsive-table {width:100% !important;} .responsive-table img {max-width:100% !important; height: auto !important;} .press .component, .press td, .split .component, .split .component td, .split td {text-align:center;} .component { margin-left: 20px; margin-right: 20px;} .component .responsive-table { margin-left: 0px !important; margin-right: 0px !important;} .wide .video-thumb { width: 100% !important;height: auto !important; } .wide.video-container { width: 100% !important; } } </style><!--[if (gte mso 9)|(IE)]> <style> </style> <![endif]--></head><body style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;margin: 0px !important; padding: 0px !important;"><div id="preview-text" style="display: none; font-size: 1px; color: #fefefe; line-height: 1px; font-family: 'Georgia', times, serif; max-height: 0px; max-width: 0px; opacity: 0; overflow: hidden;">A Message from the Office of Rep. AOC Dear Community Members of NY-14:We are heartbroken that several community members lost their lives due to Hurricane Ida, and are devastated by the impact in our district and throughout the city. We hope you have taken time to check in on your friends, family, and neighbors during this unprecedented time. As we begin to recover from the storm, we wanted to share several resources below that you might find helpful.As always, please do not hesitate to contact our office if you have any questions or if we can be of any other assistance. You can reach our office by sending a message HERE or by calling our office at 718-662-5970. From,The Office of Congresswoman Alexandria Ocasio-Cortez </div><table role="presentation" width="650" align="center" class="responsive-table" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;font-family: 'Georgia', times, serif; background-color: #ffffff;" border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td align="center" valign="top" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;font-family: 'Georgia', times, serif; font-size: 16px;"><img alt="Representative Alexandria Ocasio-Cortez" width="650" style="-ms-interpolation-mode: bicubic;display: block; width: 650px;" src="https://ocasiocortezforms.house.gov/uploadedphotos/highresolution/f4dffe58-d3d1-45e8-a6e7-5e3 </td></tr></tbody></table><table role="presentation" width="650" align="center" class="responsive-table" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;background-color: #ffffff; font-family: 'Georgia', times, serif;" border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td class="responsive-table" valign="top" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;font-family: 'Georgia', times, serif; font-size: 16px; color: #000000;"><table role="presentation" class="responsive-table" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"><tbody><tr height="20"><td style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"></td></tr></tbody></table><div class="region" id="region-1"><div class="component full-width" style="padding: 0px !important;"><div class="header-bar" style="overflow: hidden;"><table role="presentation" align="center" class="responsive-table table-w-bg-color" style="mso-table-lspace:0pt; mso-table-rspace:0pt;mso-table-rspace:10pt; border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:

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100%;font-family: Georgia, times, serif; margin-right: 0px; margin-left: 0px;"
border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0"
leftmargin="0" topmargin="0" width="650"><tbody><tr height="0"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;font-size: 0%; line-height:
0px"> </td></tr><tr><td class="responsive-table"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-size:30px;color:#000080;" valign="top"><table role="presentation"
width="100%" style="mso-table-lspace:0pt;
mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;min-width: 100%;" border="0" cellspacing="0" cellpadding="0"
marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;padding: 0
15pt; font-family: 'Georgia', times, serif;"><div class="cke_editable
cke_editable_inline cke_contents_ltr cke_show_borders cke_focus"
style="overflow: hidden;"><h2 style="text-align: center;">A Message from the
Office of Rep. AOC</h2></div></td></tr></tbody></table></td></tr><tr height="0"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;font-size: 0%; line-height:
0px"> </td></tr></tbody></table></div></div><div class="component "
style="padding: 0px !important;"><div class="spacing" style="overflow:
hidden;width:100%"><table role="presentation" class="responsive-table"
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border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;border-spacing: 0px; margin-right: 20px; margin-left: 20px;" border="0"
cellpadding="0" cellspacing="0" width=""><tbody><tr><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;min-width:
100%;"><table role="presentation" style="mso-table-lspace:0pt;
mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;border-spacing: 0px;" border="0" cellpadding="0" cellspacing="0"
width="100%"><tbody><tr class="spacerRow" height="16"><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-size:0%;line-height: 16px;"> 
</td></tr></tbody></table></td></tr></tbody></table></div></div><div
class="component " style="padding: 0px !important;"><div class="editable"
style="overflow: hidden;width:100%"><table class="responsive-table"
role="presentation" border="0" cellpadding="0" cellspacing="0"
style="mso-table-lspace:0pt; mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;table-layout: fixed; margin-right: 20px; margin-left: 20px;"
width="610"><tbody><tr><td class="table-w-bg-color" valign="top"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"><div
class="cke_editable cke_editable_inline cke_contents_ltr cke_focus
cke_show_borders" style="overflow: hidden;"><p style="margin:
0;line-height:1.38"><span style="font-size:12pt; font-variant:normal;
white-space:pre-wrap"><span style="font-family:Georgia"><span
style="color:#000000"><span style="font-weight:400"><span
style="font-style:normal"><span style="text-decoration:none">Dear Community
Members of NY-14:</span></span></span></span></span></span></p><p
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style="margin: 0;"><br></p><p style="margin: 0;line-height:1.38"><span
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">We are heartbroken that several community members
lost their lives due to Hurricane Ida, and are devastated by the impact in our
district and throughout the city. We hope you have taken time to check in on
your friends, family, and neighbors during this unprecedented time. As we begin
to recover from the storm, we wanted to share several resources below that you
might find helpful.</span></span></span></span></span></span></p><p
style="margin: 0;"><br></p><p style="margin: 0;line-height:1.38"><span
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">As always, please do not hesitate to contact our
office if you have any questions or if we can be of any other assistance. You
can reach our office by sending a message
</span></span></span></span></span></span><a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1823-42084
href="https://ocasio-cortez.house.gov/contact" style="-webkit-text-size-adjust:
100%; -ms-text-size-adjust: 100%;text-decoration:none"><span
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#1155cc"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:underline"><span
style="-webkit-text-decoration-skip:none"><span
style="text-decoration-skip-ink:none">HERE</span></span></span></span></span></span></span>
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none"> or by calling our office at
718-662-5970.</span></span></span></span></span></span></p><p style="margin:
0;line-height:1.38"><span style="font-size:12pt; font-variant:normal;
white-space:pre-wrap"><span style="font-family:Georgia"><span
style="color:#000000"><span style="font-weight:400"><span
style="font-style:normal"><span
style="text-decoration:none"> </span></span></span></span></span></span></p><p
style="margin: 0;line-height:1.38"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">From,</span></span></span></span></span></span></p><p
style="margin: 0;line-height:1.38"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">The Office of Congresswoman Alexandria
Ocasio-Cortez</span></span></span></span></span></span></p></div></td></tr></tbody></table></
class="component " style="padding: 0px !important;"><div class="spacing"
style="overflow: hidden;width:100%"><table role="presentation"
class="responsive-table" style="mso-table-lspace:0pt;
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mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;border-spacing: 0px; margin-right: 20px; margin-left: 20px;" border="0"
cellpadding="0" cellspacing="0" width=""><tbody><tr><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;min-width:
100%;"><table role="presentation" style="mso-table-lspace:0pt;
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100%;border-spacing: 0px;" border="0" cellpadding="0" cellspacing="0"
width="100%"><tbody><tr class="spacerRow" height="16"><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-size:0%;line-height: 16px;">
</td></tr></tbody></table></td></tr></tbody></table></div></div><div
class="component full-width" style="padding: 0px !important;"><div
class="header-bar" style="overflow: hidden;"><table role="presentation"
align="center" class="responsive-table table-w-bg-color"
style="mso-table-lspace:0pt; mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-family: Georgia, times, serif; margin-right: 0px; margin-left: 0px;"
border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0"
leftmargin="0" topmargin="0" width="650"><tbody><tr height="5"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;font-size: 0%; line-height:
5px;"> </td></tr><tr><td class="responsive-table"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-size:30px;color:#000080;" valign="top"><table role="presentation"
width="100%" style="mso-table-lspace:0pt;
mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;min-width: 100%;" border="0" cellspacing="0" cellpadding="0"
marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;padding: 0
15pt;font-family:"Georgia", times, serif;"><div class="cke_editable
cke_editable_inline cke_contents_ltr cke_show_borders cke_focus"
style="overflow: hidden;"><h2 style="text-align: center;">Resources for
Disaster Survivors</h2></div></td></tr></tbody></table></td></tr><tr height="5"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;font-size: 0%; line-height:
5px;"> </td></tr></tbody></table></div></div><div class="component "
style="padding: 0px !important;"><div class="editable" style="overflow:
hidden;width:100%"><table class="responsive-table" role="presentation"
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mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;table-layout: fixed; margin-right: 20px; margin-left: 20px;"
width="610"><tbody><tr><td class="table-w-bg-color" valign="top"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"><div
class="cke_editable cke_editable_inline cke_contents_ltr cke_focus
cke_show_borders" style="overflow: hidden;"><div style="overflow:
hidden;overflow:hidden; background-color:#ffffff">
<li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;

font-variant:normal; white-space:pre-wrap">The City of New York has developed a list of
resources for those who were affected by this historic storm that you can find
<a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1824-42084
href="https://www1.nyc.gov/site/em/resources/ida.page"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;text-decoration:none"><span style="font-size:12pt; font-variant:normal;
white-space:pre-wrap">here</s
style="font-size:12pt; font-variant:normal; white-space:pre-wrap">. This comprehensive list of resources includes
information about service centers that are open to help New Yorkers recover,
mental health resources, and assistance for food, housing, finances,
businesses, and more.
<li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap">Download the free Notify NYC mobile
app<span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"> for iPhone or Android
<a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1825-42084
href="https://a858-nycnotify.nyc.gov/" style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;text-decoration:none"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap">here</s
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span

style="font-family:Georgia">. This is the best way to receive up-to-date alerts about the status of mass transit, weather damage, vaccination sites, and more.
<li style="list-style-type:disc" aria-level="1">If you have flood insurance, report your loss immediately to your insurance agent or carrier. Be sure to ask them about advance payments. If you need help finding your insurance agent or carrier, call the National Flood Insurance Program (NFIP) at 877-336-2627. <li style="list-style-type:disc" aria-level="1">Policyholders with <a data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1826-42084 href="https://urldefense.com/v3/__https:/www.google.com/url?sa=t&rct=j&q=&esrc=s&a style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;text-decoration:none">three-year Group Flood Insurance policies can call the NFIP Direct at 800-638-6620. Select your language and then choose option 2 for the Special Direct Facility.
<li style="list-style-type:disc" aria-level="1"><span style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span

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style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">If you are able to safely return to your home,
before you discard anything,</span></span></span></span></span></span><span
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:700"><span style="font-style:normal"><span
style="text-decoration:none"> take as many photos and videos as possible of
your flood damaged home and personal property, including floodwater lines on
the outside of the structure.</span></span></span></span></span></span><span
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none"> For appliances and electronics, take a photograph
of the make, model and serial
number. </span></span></span></span></span></span></li><li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">If you intend to file a water damage or loss claim
with the city, make sure to file your claim in person or by registered or
certified mail within 90 days. You can find the form
</span></span></span></span></span></span><a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1827-42084
href="https://comptroller.nyc.gov/wp-content/uploads/2016/07/water-damages.pdf?fbclid=IwAR1ndKyG
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100%;text-decoration:none"><span style="font-size:12pt; font-variant:normal;
white-space:pre-wrap"><span style="font-family:Georgia"><span
style="color:#1155cc"><span style="font-weight:400"><span
style="font-style:normal"><span style="text-decoration:underline"><span
style="-webkit-text-decoration-skip:none"><span
style="text-decoration-skip-ink:none">here</span></span></span></span></span></span></span></s
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">. Other claims can be filed
</span></span></span></span></span></span><a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1828-42084
href="https://comptroller.nyc.gov/services/for-the-public/claims/file-a-claim/"
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100%;text-decoration:none"><span style="font-size:12pt; font-variant:normal;
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style="color:#1155cc"><span style="font-weight:400"><span
style="font-style:normal"><span style="text-decoration:underline"><span
style="-webkit-text-decoration-skip:none"><span
style="text-decoration-skip-ink:none">here</span></span></span></span></span></span></span></s
style="font-size:12pt; font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">.</span></span></span></span></span></span></li><li
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style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">While FEMA Individual Assistance Program has not
been approved, Governor Hochul has sought federal assistance of the program.
Additionally, FEMA has updated their Individual Assistance Program and Policy
Guide to be more flexible and accessible for marginalized folks, who
historically struggle the most when recovering from climate disasters. You can
find the updated guide </span></span></span></span></span></span><a
data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1829-42084
href="https://www.fema.gov/sites/default/files/documents/fema_updated-iappg-version-1.1.pdf"
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100%;text-decoration:none"><span style="font-size:12pt; font-variant:normal;
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style="color:#1155cc"><span style="font-weight:400"><span
style="font-style:normal"><span style="text-decoration:underline"><span
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style="text-decoration-skip-ink:none">here</span></span></span></span></span></span></span></s
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</span></span></span></span></span></span><a
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style="-webkit-text-decoration-skip:none"><span
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recovery</span></span></span></span></span></span></span></span></a><span
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style="text-decoration:none"> with the National Flood Insurance Program at
</span></span></span></span></span></span><a
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style="font-style:normal"><span style="text-decoration:underline"><span
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style="-webkit-text-decoration-skip:none">FEMA.gov</spa
style="font-size:12pt; font-variant:normal; white-space:pre-wrap">.
<li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap">Be
patient.<span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"> Recovery will take many months or more.
Individuals who experienced damage and power loss should use extreme caution
during the recovery phase. If you have insurance, start documenting your damage
and reporting your loss immediately to your
agent. </div></div></td></tr></tbody>
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</td></tr></tbody></table></td></tr></tbody></table></div></div><div
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style="overflow: hidden;"><h2 style="text-align: center;">Staying Safe from
Post-Storm Hazards</h2></div></td></tr></tbody></table></td></tr><tr height="5"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
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style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:700"><span style="font-style:normal"><span
style="text-decoration:none">Use a generator
safely</span></span></span></span></span></span><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">. Never use a generator inside a home, basement,
shed or garage even if doors and windows are
open. </span></span></span></span></span></span><ul><li
style="list-style-type:circle" aria-level="2"><span style="font-size:12pt;
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style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:700"><span style="font-style:normal"><span
style="text-decoration:none">Keep generators outside and far away from your
home</span></span></span></span></span></span><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:400"><span style="font-style:normal"><span
style="text-decoration:none">. Windows, doors and vents could allow carbon
monoxide to come indoors. Read both the label on your generator and the owner's
manual and follow the
instructions. </span></span></span></span></span></span></li></ul></li><li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;
font-variant:normal; white-space:pre-wrap"><span
style="font-family:Georgia"><span style="color:#000000"><span
style="font-weight:700"><span style="font-style:normal"><span
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style="text-decoration:none">Avoid carbon monoxide poisoning. A generator, grill, camp stove or other gasoline, propane, natural gas or charcoal burning devices should never be used inside a home, garage, basement, crawlspace or any partially enclosed area. These should only be used outdoors and at least 20 feet away from windows. <li style="list-style-type:disc" aria-level="1">Put your health and safety first. Be careful in areas with storm damage or flooding. If you evacuated, return only when officials say it is safe to do so. Areas without power may experience heat advisories, which can lead to illness or a threat to life. <li style="list-style-type:disc" aria-level="1">Be aware of heat-related illnesses. Areas without power may experience heat advisories, which can lead to illness or a threat to life. Learn to recognize the <a data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1832-42084 href="https://urldefense.com/v3/__http:/www.cdc.gov/disasters/extremeheat/warning.html__;!!Bg5easoy style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;text-decoration:none">signs of heat illness.
<li style="list-style-type:circle" aria-level="2">Stay hydrated by drinking plenty of non-alcoholic, non-caffeinated beverages such as water or juice. Keep your pets hydrated by

providing plenty of fresh water for your pets and provide a shady area.
<li style="list-style-type:circle" aria-level="2">Check on family, friends, and neighbors. Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. <li style="list-style-type:disc" aria-level="1">Be careful when cleaning up. Wear protective clothing, including a long-sleeved shirt, long pants, work gloves and sturdy thick-soled shoes. Do not try to remove heavy debris by yourself. Use an appropriate mask if cleaning mold or other debris. People with asthma and other lung conditions and/or immunosuppressive disorders should not enter buildings with indoor water leaks or mold growth that can be seen or smelled. Children should not take part in disaster cleanup work.
<li style="list-style-type:disc" aria-level="1">Avoid downed power or utility lines. They may be live with deadly voltage. Stay far away and report them immediately to your power company.
<li style="list-style-type:disc" aria-level="1">Check on friends and family. If you are able, please check on your neighbors, friends, and family because some may need more help than others.
</div></div></td></tr></tbody></table role="presentation" class="responsive-table" style="-webkit-text-size-adjust:

100%; -ms-text-size-adjust: 100%;"><tbody><tr height="20"><td style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"></td></tr></tbody></table></td></tr></tbody></table><table role="presentation" width="650" class="responsive-table" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;font-family: Arial, Helvetica, sans-serif; background-color: #ffffff;" border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td valign="middle" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;color: #08244a; background-color: #ffffff;"><img alt="facebook icon" width="32" src="https://ocasiocortezforms.house.gov/images/email/facebook.png" style="-ms-interpolation-mode: bicubic;border-width: 0px; border-style: solid; width: 32px;"> <img alt="twitter icon" width="32" src="https://ocasiocortezforms.house.gov/images/email/twitter.png" style="-ms-interpolation-mode: bicubic;border-width: 0px; border-style: solid; width: 32px;"> <img alt="instagram icon" width="32" src="https://ocasiocortezforms.house.gov/images/email/instagram.png" style="-ms-interpolation-mode: bicubic;border-width: 0px; border-style: solid; width: 32px;"> <img alt="youtube icon" width="32" src="https://ocasiocortezforms.house.gov/images/email/youtube.png" style="-ms-interpolation-mode: bicubic;border-width: 0px; border-style: solid; width: 32px;"> </td></tr><tr><td valign="middle" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;height:10px; background-color: #ffffff;"> </td></tr></tbody></table><table role="presentation" width="650" class="responsive-table" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;font-family: Arial, Helvetica, sans-serif;" border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td valign="middle" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;height:30px;"> </td></tr><tr><td valign="middle" align="center" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;color: #18335b; font-size: 12px;">Unsubscribe </td></tr></tbody></table><table role="presentation" width="100%" align="center" style="font-family: Georgia, times, serif; background-color: #ffffff;" border="0" cellspacing="0" cellpadding="0" marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td valign="middle" align="center" style="color: #000000; font-size: 16px;

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Here to view this email in your browser
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