

From: "Rep. Takano" <reptakano@mail8.housecommunications.gov> To: lana.abbasi@mail.house.gov Subject: Today is Transgender Day of Visibility Date: Thu, 31 Mar 2022 11:19:39 -0400 Here are resources to support our local transgender community Dear Alexander, Today is Transgender Day of Visibility, a day to honor the achievements and contributions of the transgender community, celebrate the resilience and success of transgender people, and raise awareness for the needs of the transgender community. Trans rights are human rights. The transgender community is under attack on a daily basis. That's why it's important to share resources for those who may need them. Below, you can find resources for community and social support, healthcare, mental health and counseling, housing, and legal help. Please feel free to share widely.

Community and social support: Riverside Pride: Riverside LGBTQ+ Pride Inc. is a volunteer-directed organization formed as another step towards uplifting, celebrating, and uniting the LGBTQIA+ communities of Riverside, California and surrounding areas. Their mission is one of support, community building, activism, education, and consciousness-raising. Rainbow Pride Youth Alliance: A LGBTQ+ mental health non-profit based out of San Bernardino with a mission to promote, advocate and offer support for LGBTQ+ youth and their families. Riverside Transgender Coalition: The Riverside Transgender Coalition is a grassroots organization working to meet the needs of the local transgender community. LGBTQ+ Center of Riverside County: The LGBTQ+ Center of Riverside County is an organization with the goal of guiding and supporting the local LGBTQ+ community and its allies, helping them become who they aspire to be. The Center offers support groups, sensitivity training, and other resources. Out UCR: The LGBT Resource Center of the University of California, Riverside. The Center provides support, education, and advocacy regarding sexual orientation and gender identity/expression for the UC Riverside community and beyond. Healthcare: California LGBTQ Health and Human Services Network: The California LGBTQ Health & Human Services Network is an LGBTQ-specific program of Health Access, bringing together more than 60 non-profit providers, community centers, and researchers to advocate collectively for state level policies and resources that will advance LGBTQ health. You can find national, statewide, and local resources at their website, as well as research, reports, and contact information. Transgender Health and Wellness Center: Multiple locations offering services to the community, including mental health support, vocal coaching, hair removal, advocacy and other programs to help those in need. Riverside Flaster Family Health Center: Planned Parenthood offers a number of high-quality, affordable healthcare services, including birth control, HIV services, LGBTQ services and care, STD testing and services, and others. Riverside University Health System: Offering sexual and mental health to all in Riverside County, the Riverside University Public Health department has resources to those who need it. Mental Health and Counseling: Take My Hand: Riverside University Health System offers a peer-to-peer chat program called Take My Hand – where you can talk to someone who understands and can offer emotional support. The Trevor Project: The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25. National Suicide Prevention Lifeline: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals. The hotline number is 1-800-273-8255. Housing: TruEvolution:

Fights for health equity and racial justice to advance the quality of life and human dignity of LGBTQ people, and provides a range of health programs including HIV testing, mental health, housing programs, and more. Operation SafeHouse: Provides emergency shelter, intervention and outreach services to runaway, homeless or other youth in crisis. SafeHouse offers youth in the Inland Empire area positive alternatives to becoming victims of the streets. The Transpower Project: Aims to eliminate increased rates of homelessness and unstable housing in the transgender and nonbinary community in Riverside County. The Transpower Project provides street and clinical outreach in form of triage services and connections to local resources around housing, mental health, and employment. Legal Help: The Transgender Law Center: Transgender Law Center (TLC) is the largest national trans-led organization advocating for a world in which all people are free to define themselves and their futures. Grounded in legal expertise and committed to racial justice, TLC employs a variety of community-driven strategies to keep transgender and gender nonconforming people alive, thriving, and fighting for liberation. Lambda Legal: A national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and everyone living with HIV through impact litigation, education and public policy work.

Sincerely, Mark Takano Member of Congress ■ ■ ■ Rep. Takano | 420 Cannon House Office Building, Washington, DC, DC 20515 Unsubscribe {recipient's email}

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