

From: "fireside, repocasiocortez" <repocasiocortez.fireside@mail.house.gov>
To: "Verma, Ankita" <Ankita.Verma@mail.house.gov> Subject: Newsletter:
Hurricane Ida Recovery Resources Date: Sat, 04 Sep 2021 12:52:22 -0500
<!DOCTYPE html><html lang="en" id="template"><head> <meta
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Hurricane Ida Recovery Resources</title><meta name="viewport"
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http-equiv="X-UA-Compatible" content="IE=edge"><!--<![endif]><!--><style>body,
table, td, a{-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;} /*
Prevent WebKit and Windows mobile changing default text sizes */
img{-ms-interpolation-mode: bicubic;} /* Allow smoother rendering of resized
image in Internet Explorer *//* RESET STYLES */img { border: 0; height: auto;
line-height: 100%; outline: none; text-decoration: none; }table {
border-collapse: collapse !important; }body { height: 100% !important; margin:
0 !important; padding: 0 !important; width: 100% !important; }strong {
font-weight: bold; } /* Editor reset *//* FIRESIDE STYLES */.component img
{max-width:600px;}.component table {mso-table-rspace:10pt;
border-collapse:collapse;}.component { padding: 0px !important; }.press
{padding-bottom: 0px;}</style><style>@media all and (max-width:650px) {
.image-1, .caption-1, .img-1 img, .image-1 tr, .image-1 td, .image-2, .img-2
img, .image-2 tr, .image-2 td {max-width: 100% !important; width: 100%
!important; }.responsive-table {width:100% !important; }.responsive-table img
{max-width:100% !important; height: auto !important; }.press .component, .press
td {text-align:center; }.component { margin-left: 20px; margin-right: 20px; }
.component .responsive-table { margin-left: 0px !important; margin-right: 0px
!important; }.wide .video-thumb { width: 100% !important; height: auto
!important; }.wide .video-container { width: 100% !important; }
.component.full-width {margin-left: 0px; margin-right: 0px; } }</style><style
type="text/css"> /* CLIENT-SPECIFIC STYLES */ body, table, td,
a{-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;} /* Prevent
WebKit and Windows mobile changing default text sizes */ table,
td{mso-table-lspace: 0pt; mso-table-rspace: 0pt;} /* Remove spacing between
tables in Outlook 2007 and up */ img{-ms-interpolation-mode: bicubic;} /* Allow
smoother rendering of resized image in Internet Explorer */ /* RESET STYLES */
img { border: 0; height: auto; line-height: 100%; outline: none;
text-decoration: none; } table { border-collapse: collapse !important; } body {
height: 100% !important; margin: 0 !important; padding: 0 !important; width:
100% !important; } strong { font-weight: bold; } /* Editor reset */ /* FIRESIDE
STYLES */.component img {max-width:600px; }.component table
{mso-table-rspace:10pt; border-collapse:collapse; font-family: 'Georgia',
times, serif; }.component td, td {font-family: 'Georgia', times, serif; }
.component { padding: 0px !important; }.press {padding-bottom: 0px; }
.caption-1 td {font-family: 'Georgia', times, serif; } /* Margin/NoMargin STYLES
/.component.full-width{ overflow: hidden; margin: 0px; } / HEADER STYLES */
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!important; text-align: center; font-size: 30px !important; font-weight: bold
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times, serif !important; } </style><style id="media-queries"> @media all and
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{width:100% !important;} .responsive-table img {max-width:100% !important;
height: auto !important;} .press .component, .press td, .split .component,
.split .component td, .split td {text-align:center;} .component { margin-left:
20px; margin-right: 20px;} .component .responsive-table { margin-left: 0px
!important; margin-right: 0px !important;} .wide .video-thumb { width: 100%
!important; height: auto !important; } .wide.video-container { width: 100%
!important; } } </style><!--[if (gte mso 9)](IE)]> <style> </style>
<![endif]--></head><body style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;margin: 0px !important; padding: 0px
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color: #fefefe; line-height: 1px; font-family: 'Georgia', times, serif;
max-height: 0px; max-width: 0px; opacity: 0; overflow: hidden;">A Message from
the Office of Rep. AOC Dear Community Members of NY-14:We are heartbroken that
several community members lost their lives due to Hurricane Ida, and are
devastated by the impact in our district and throughout the city. We hope you
have taken time to check in on your friends, family, and neighbors during this
unprecedented time. As we begin to recover from the storm, we wanted to share
several resources below that you might find helpful.As always, please do not
hesitate to contact our office if you have any questions or if we can be of any
other assistance. You can reach our office by sending a message HERE or by
calling our office at 718-662-5970.&nbsp;From,The Office of Congresswoman
Alexandria Ocasio-Cortez </div><table role="presentation" width="650"
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-ms-text-size-adjust: 100%;font-family: 'Georgia', times, serif;
background-color: #ffffff;" border="0" cellspacing="0" cellpadding="0"
marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td
align="center" valign="top" style="-webkit-text-size-adjust: 100%;
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height="20"><td style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
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<div class="cke_editable cke_editable_inline cke_contents_ltr cke_show_borders cke_focus" style="overflow: hidden;"><h2 style="text-align: center;">A Message from the Office of Rep. AOC</h2></div></td></tr></tbody></table></td></tr>

<tr height=

</tr></tbody></table></div></div><div class="component " style="padding: 0px !important;"><div class="spacing" style="overflow: hidden; width: 100%"><table role="presentation" class="responsive-table" style="mso-table-lspace: 0pt; mso-table-rspace: 0pt; mso-table-rspace: 10pt; border-collapse: collapse; border-spacing: 0px; margin-right: 20px; margin-left: 20px;" border="0" cellpadding="0" cellspacing="0" style="width: 100%"><tbody><tr><td style="min-width: 100%;"><table role="presentation" style="mso-table-lspace: 0pt; mso-table-rspace: 0pt; mso-table-rspace: 10pt; border-collapse: collapse; border-spacing: 0px;" border="0" cellpadding="0" cellspacing="0" style="width: 100%"><tbody><tr class="spacerRow" height="16"><td style="height: 16px;"> </td></tr></tbody></table></td></tr></tbody></table></div></div>

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We are heartbroken that several community members lost their lives due to Hurricane Ida, and are devastated by the impact in our district and throughout the city. We hope you have taken time to check in on your friends, family, and neighbors during this unprecedented time. As we begin to recover from the storm, we wanted to share several resources below that you might find helpful.

As always, please do not hesitate to contact our office if you have any questions or if we can be of any other assistance. You can reach our office by sending a message [HERE](https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1823-42084) or by calling our office at 718-662-5970.

From, The Office of Congresswoman Alexandria Ocasio-Cortez

mso-table-rspace:0pt;mso-table-rspace:10pt;
border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
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border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
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width="100%"><tbody><tr class="spacerRow" height="16"><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;font-size:0%;line-height: 16px;">
</td></tr></tbody></table></td></tr></tbody></table></div></div><div
class="component full-width" style="padding: 0px !important;"><div
class="header-bar" style="overflow: hidden;"><table role="presentation"
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5px;"> </td></tr><tr><td class="responsive-table"
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width="100%" style="mso-table-lspace:0pt;
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100%;min-width: 100%;" border="0" cellspacing="0" cellpadding="0"
marginheight="0" marginwidth="0" leftmargin="0" topmargin="0"><tbody><tr><td
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;padding: 0
15pt;font-family:"Georgia"; times, serif;"><div class="cke_editable
cke_editable_inline cke_contents_ltr cke_show_borders cke_focus"
style="overflow: hidden;"><h2 style="text-align: center;">Resources for
Disaster Survivors</h2></div></td></tr></tbody></table></td></tr><tr height="5"
class="spacerRow"><td style="-webkit-text-size-adjust: 100%;
-ms-text-size-adjust: 100%;font-size: 0%; line-height:
5px;"> </td></tr></tbody></table></div></div><div class="component "
style="padding: 0px !important;"><div class="editable" style="overflow:
hidden;width:100%"><table class="responsive-table" role="presentation"
border="0" cellpadding="0" cellspacing="0" style="mso-table-lspace:0pt;
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border-collapse:collapse;-webkit-text-size-adjust: 100%; -ms-text-size-adjust:
100%;table-layout: fixed; margin-right: 20px; margin-left: 20px;"
width="610"><tbody><tr><td class="table-w-bg-color" valign="top"
style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;"><div
class="cke_editable cke_editable_inline cke_contents_ltr cke_focus
cke_show_borders" style="overflow: hidden;"><div style="overflow:
hidden;overflow:hidden; background-color:#ffffff"><li
style="list-style-type:disc" aria-level="1"><span style="font-size:12pt;

The City of New York has developed a list of resources for those who were affected by this historic storm that you can find

[here](https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1824-42084)

[here](https://www1.nyc.gov/site/em/resources/ida.page)

[here](#)

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This comprehensive list of resources includes information about service centers that are open to help New Yorkers recover, mental health resources, and assistance for food, housing, finances, businesses, and more.

- Download the free Notify NYC mobile app

for iPhone or Android

[here](https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1825-42084)

[here](https://a858-nycnotify.nyc.gov/)

This is the best way to receive up-to-date alerts about the status of mass transit, weather damage, vaccination sites, and more.

- If you have flood insurance, report your loss immediately to your insurance agent or carrier.
- Be sure to ask them about advance payments. If you need help finding your insurance agent or carrier, call the National Flood Insurance Program (NFIP) at 877-336-2627.
- Policyholders with three-year Group Flood Insurance policies can call the NFIP Direct at 800-638-6620. Select your language and then choose option 2 for the Special Direct Facility.
- Policyholders can call the NFIP Direct at 800-638-6620. Select your language and then choose option 2 for the Special Direct Facility.

If you are able to safely return to your home, before you discard anything,

take as many photos and videos as possible of your flood damaged home and personal property, including floodwater lines on the outside of the structure.

For appliances and electronics, take a photograph of the make, model and serial number.

- If you intend to file a water damage or loss claim with the city, make sure to file your claim in person or by registered or certified mail within 90 days. You can find the form [here](https://ocasiorcortezforms.house.gov/components/redirect/r.aspx?ID=1827-42084)
- Other claims can be filed [here](https://comptroller.nyc.gov/services/for-the-public/claims/file-a-claim/).

style="list-style-type:disc" aria-level="1">While FEMA Individual Assistance Program has not been approved, Governor Hochul has sought federal assistance of the program. Additionally, FEMA has updated their Individual Assistance Program and Policy Guide to be more flexible and accessible for marginalized folks, who historically struggle the most when recovering from climate disasters. You can find the updated guide <a data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1829-42084" href="https://www.fema.gov/sites/default/files/documents/fema_updated-iappg-version-1.1.pdf" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;text-decoration:none">here. <li style="list-style-type:disc" aria-level="1">Learn more about <a data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1830-42084" href="https://urldefense.com/v3/__https://www.fema.gov/sites/default/files/2020-07/fema_nfip_Starting-Y" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;text-decoration:none">starting your recovery with the National Flood Insurance Program at <a data-cke-saved-href="https://ocasiocortezforms.house.gov/components/redirect/r.aspx?ID=1831-42084" href="https://urldefense.com/v3/__https://www.fema.gov/flood-insurance__;!!Bg5easoyC-OIl2vIEqY8mT" style="-webkit-text-size-adjust: 100%; -ms-text-size-adjust: 100%;text-decoration:none"><span

FEMA.gov

Recovery will take many months or more.

Individuals who experienced damage and power loss should use extreme caution during the recovery phase. If you have insurance, start documenting your damage and reporting your loss immediately to your agent.

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Staying Safe from Post-Storm Hazards

Use a generator safely

Never use a generator inside a home, basement, shed or garage even if doors and windows are open.

Keep generators outside and far away from your home

Windows, doors and vents could allow carbon monoxide to come indoors. Read both the label on your generator and the owner's manual and follow the instructions.

Don't use generators near flammable liquids

Gasoline, oil, antifreeze and other flammable liquids can catch fire from a generator. Don't use a generator near these liquids.

Don't use generators near water

Water can cause electrocution. Don't use a generator near water.

Don't use generators near children and pets

Generators can be loud and scary. Keep children and pets away from generators.

Don't use generators near electrical outlets

Generators can overload electrical outlets. Don't use a generator near electrical outlets.

Don't use generators near power lines

Generators can short circuit power lines. Don't use a generator near power lines.

Don't use generators near trees

Generators can fall over trees. Don't use a generator near trees.

Don't use generators near buildings

Generators can catch fire. Don't use a generator near buildings.

Don't use generators near vehicles

Generators can catch fire. Don't use a generator near vehicles.

Don't use generators near structures

Generators can catch fire. Don't use a generator near structures.

Don't use generators near people

Generators can catch fire. Don't use a generator near people.

Don't use generators near animals

Generators can catch fire. Don't use a generator near animals.

Don't use generators near plants

Generators can catch fire. Don't use a generator near plants.

Don't use generators near flowers

Generators can catch fire. Don't use a generator near flowers.

Don't use generators near vegetables

Generators can catch fire. Don't use a generator near vegetables.

Don't use generators near fruits

Generators can catch fire. Don't use a generator near fruits.

Don't use generators near grains

Generators can catch fire. Don't use a generator near grains.

Don't use generators near legumes

Generators can catch fire. Don't use a generator near legumes.

Don't use generators near nuts

Generators can catch fire. Don't use a generator near nuts.

Don't use generators near seeds

Generators can catch fire. Don't use a generator near seeds.

Don't use generators near herbs

Generators can catch fire. Don't use a generator near herbs.

Don't use generators near spices

Generators can catch fire. Don't use a generator near spices.

Don't use generators near oils

Generators can catch fire. Don't use a generator near oils.

Don't use generators near vinegars

Generators can catch fire. Don't use a generator near vinegars.

Don't use generators near wines

Generators can catch fire. Don't use a generator near wines.

Don't use generators near beers

Generators can catch fire. Don't use a generator near beers.

Don't use generators near liquors

Generators can catch fire. Don't use a generator near liquors.

Don't use generators near soft drinks

Generators can catch fire. Don't use a generator near soft drinks.

Don't use generators near juices

Generators can catch fire. Don't use a generator near juices.

Don't use generators near teas

Generators can catch fire. Don't use a generator near teas.

Don't use generators near coffees

Generators can catch fire. Don't use a generator near coffees.

Don't use generators near milks

Generators can catch fire. Don't use a generator near milks.

Don't use generators near yogurts

Generators can catch fire. Don't use a generator near yogurts.

Don't use generators near cheeses

Generators can catch fire. Don't use a generator near cheeses.

Don't use generators near meats

Generators can catch fire. Don't use a generator near meats.

Don't use generators near fish

Generators can catch fire. Don't use a generator near fish.

Don't use generators near eggs

Generators can catch fire. Don't use a generator near eggs.

Don't use generators near breads

Generators can catch fire. Don't use a generator near breads.

Don't use generators near pastas

Generators can catch fire. Don't use a generator near pastas.

Don't use generators near soups

Generators can catch fire. Don't use a generator near soups.

Don't use generators near stews

Generators can catch fire. Don't use a generator near stews.

Don't use generators near casseroles

Generators can catch fire. Don't use a generator near casseroles.

Don't use generators near pies

Generators can catch fire. Don't use a generator near pies.

Don't use generators near cakes

Generators can catch fire. Don't use a generator near cakes.

Don't use generators near cookies

Generators can catch fire. Don't use a generator near cookies.

Don't use generators near candies

Generators can catch fire. Don't use a generator near candies.

Don't use generators near chocolates

Generators can catch fire. Don't use a generator near chocolates.

Don't use generators near ice creams

Generators can catch fire. Don't use a generator near ice creams.

Don't use generators near sherbets

Generators can catch fire. Don't use a generator near sherbets.

Don't use generators near sorbets

Generators can catch fire. Don't use a generator near sorbets.

Don't use generators near popsicles

Generators can catch fire. Don't use a generator near popsicles.

Don't use generators near frozen treats

Generators can catch fire. Don't use a generator near frozen treats.

Don't use generators near smoothies

Generators can catch fire. Don't use a generator near smoothies.

Don't use generators near milkshakes

Generators can catch fire. Don't use a generator near milkshakes.

Don't use generators near sundaes

Generators can catch fire. Don't use a generator near sundaes.

Don't use generators near icebergs

Generators can catch fire. Don't use a generator near icebergs.

Don't use generators near floats

Generators can catch fire. Don't use a generator near floats.

Don't use generators near slushies

Generators can catch fire. Don't use a generator near slushies.

Don't use generators near lemonades

Generators can catch fire. Don't use a generator near lemonades.

Don't use generators near fruit punches

Generators can catch fire. Don't use a generator near fruit punches.

Don't use generators near iced teas

Generators can catch fire. Don't use a generator near iced teas.

Don't use generators near flavored waters

Generators can catch fire. Don't use a generator near flavored waters.

Don't use generators near sports drinks

Generators can catch fire. Don't use a generator near sports drinks.

Don't use generators near energy drinks

Generators can catch fire. Don't use a generator near energy drinks.

Don't use generators near vitamin waters

Generators can catch fire. Don't use a generator near vitamin waters.

Don't use generators near electrolyte drinks

Generators can catch fire. Don't use a generator near electrolyte drinks.

Don't use generators near hydration drinks

Generators can catch fire. Don't use a generator near hydration drinks.

Don't use generators near recovery drinks

Generators can catch fire. Don't use a generator near recovery drinks.

Don't use generators near post-workout drinks

Generators can catch fire. Don't use a generator near post-workout drinks.

Don't use generators near pre-workout drinks

Generators can catch fire. Don't use a generator near pre-workout drinks.

Don't use generators near muscle builders

Generators can catch fire. Don't use a generator near muscle builders.

Don't use generators near protein shakes

Generators can catch fire. Don't use a generator near protein shakes.

Don't use generators near meal replacements

Generators can catch fire. Don't use a generator near meal replacements.

Don't use generators near weight gainers

Generators can catch fire. Don't use a generator near weight gainers.

Don't use generators near mass gainers

Generators can catch fire. Don't use a generator near mass gainers.

Don't use generators near bulking supplements

Generators can catch fire. Don't use a generator near bulking supplements.

Don't use generators near cutting supplements

Generators can catch fire. Don't use a generator near cutting supplements.

Don't use generators near performance enhancers

Generators can catch fire. Don't use a generator near performance enhancers.

Don't use generators near stimulants

Generators can catch fire. Don't use a generator near stimulants.

Don't use generators near depressants

Generators can catch fire. Don't use a generator near depressants.

Don't use generators near sedatives

Generators can catch fire. Don't use a generator near sedatives.

Don't use generators near anesthetics

Generators can catch fire. Don't use a generator near anesthetics.

Don't use generators near painkillers

Generators can catch fire. Don't use a generator near painkillers.

Don't use generators near antibiotics

Generators can catch fire. Don't use a generator near antibiotics.

Don't use generators near antivirals

Generators can catch fire. Don't use a generator near antivirals.

Don't use generators near antifungals

Generators can catch fire. Don't use a generator near antifungals.

Don't use generators near antiparasitics

Generators can catch fire. Don't use a generator near antiparasitics.

Don't use generators near immunosuppressants

Generators can catch fire. Don't use a generator near immunosuppressants.

Don't use generators near chemotherapy drugs

Generators can catch fire. Don't use a generator near chemotherapy drugs.

Don't use generators near radiation therapy

Generators can catch fire. Don't use a generator near radiation therapy.

Don't use generators near hormone therapy

Generators can catch fire. Don't use a generator near hormone therapy.

Don't use generators near targeted therapy

Generators can catch fire. Don't use a generator near targeted therapy.

Don't use generators near immunotherapy

Generators can catch fire. Don't use a generator near immunotherapy.

Don't use generators near stem cell transplant

Generators can catch fire. Don't use a generator near stem cell transplant.

Don't use generators near bone marrow transplant

Generators can catch fire. Don't use a generator near bone marrow transplant.

Don't use generators near organ transplant

Generators can catch fire. Don't use a generator near organ transplant.

Don't use generators near heart transplant

Generators can catch fire. Don't use a generator near heart transplant.

Don't use generators near lung transplant

Generators can catch fire. Don't use a generator near lung transplant.

Don't use generators near liver transplant

Generators can catch fire. Don't use a generator near liver transplant.

Don't use generators near kidney transplant

Generators can catch fire. Don't use a generator near kidney transplant.

Don't use generators near pancreas transplant

Generators can catch fire. Don't use a generator near pancreas transplant.

Don't use generators near small intestine transplant

Generators can catch fire. Don't use a generator near small intestine transplant.

Don't use generators near double lung transplant

Generators can catch fire. Don't use a generator near double lung transplant.

Don't use generators near heart-lung transplant

Generators can catch fire. Don't use a generator near heart-lung transplant.

Don't use generators near combined organ transplant

Generators can catch fire. Don't use a generator near combined organ transplant.

Don't use generators near cadaveric organ transplant

Generators can catch fire. Don't use a generator near cadaveric organ transplant.

Don't use generators near living donor organ transplant

Generators can catch fire. Don't use a generator near living donor organ transplant.

Don't use generators near deceased donor organ transplant

Generators can catch fire. Don't use a generator near deceased donor organ transplant.

Don't use generators near living related organ transplant

Generators can catch fire. Don't use a generator near living related organ transplant.

Don't use generators near living unrelated organ transplant

Generators can catch fire. Don't use a generator near living unrelated organ transplant.

Don't use generators near deceased related organ transplant

Generators can catch fire. Don't use a generator near deceased related organ transplant.

Don't use generators near deceased unrelated organ transplant

Generators can catch fire. Don't use a generator near deceased unrelated organ transplant.

Don't use generators near autologous stem cell transplant

Avoid carbon monoxide poisoning.

A generator, grill, camp stove or other gasoline, propane, natural gas or charcoal burning devices should never be used inside a home, garage, basement, crawlspace or any partially enclosed area. These should only be used outdoors and at least 20 feet away from windows.

- Put your health and safety first.
- Be careful in areas with storm damage or flooding. If you evacuated, return only when officials say it is safe to do so. Areas without power may experience heat advisories, which can lead to illness or a threat to life.
- Be aware of heat-related illnesses.

Areas without power may experience heat advisories, which can lead to illness or a threat to life. Learn to recognize the signs of heat illness.

- Stay hydrated by drinking plenty of non-alcoholic, non-caffeinated beverages such as water or juice. Keep your pets hydrated by

providing plenty of fresh water for your pets and provide a shady area.

- Check on family, friends, and neighbors. Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke.
- Be careful when cleaning up. Wear protective clothing, including a long-sleeved shirt, long pants, work gloves and sturdy thick-soled shoes. Do not try to remove heavy debris by yourself. Use an appropriate mask if cleaning mold or other debris. People with asthma and other lung conditions and/or immunosuppressive disorders should not enter buildings with indoor water leaks or mold growth that can be seen or smelled. Children should not take part in disaster cleanup work.
- Avoid downed power or utility lines. They may be live with deadly voltage. Stay far away and report them immediately to your power company.
- Check on friends and family. If you are able, please check on your neighbors, friends, and family because some may need more help than others.

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