

From: "Rep. Jim Costa" <CA21JCima@mail.house.gov> To: Isabelle.Moser@mail.house.gov Subject: Representative Costa responding to your message Date: Wed, 04 Sep 2024 17:10:54 -0400 <meta http-equiv="Content-Type" content="text/html; charset=utf-8"><body><!DOCTYPE HTML PUBLIC "-//W3C//DTD XHTML 1.0 Transitional //EN"

"http://www.w3.org/TR/xhtml1/DTD/xhtml1-transitional.dtd" ><html><head> <!--ly, 6/2022, tr#252686--> <style id="IQEmailStyle"> /* Client-specific Styles */ body { width: 100% !important; margin: 0px;} .ReadMsgBody { width: 100%; } .ExternalClass { width: 100%; display: block !important; } /* Force Hotmail to display emails at full width */ /* Reset Styles */ body { margin: 0; padding: 0; } img { outline: none; text-decoration: none; max-width: 100%;} br, strong br, b br, em br, i br { line-height: 100%; } h1, h2, h3, h4, h5, h6 { line-height: 100% !important; -webkit-font-smoothing: antialiased; } /*ly, tr#221562, add same margin as margin-block-start/end*/

h1{margin-top:0.67em;margin-bottom:0.67em;}

h2{margin-top:0.83em;margin-bottom:0.83em;}

h3{margin-top:1em;margin-bottom:1em;}

h4{margin-top:1.33em;margin-bottom:1.33em;}

h5{margin-top:1.67em;margin-bottom:1.67em;}

h6{margin-top:2.33em;margin-bottom:2.33em;} table td, table tr {

border-collapse: collapse; } p { margin-bottom: 1em; } table.menu-change a {

text-decoration: none; } /* pre-header */ .preheader { display: none !important;

visibility: hidden; mso-hide: all !important; font-size: 0px; color: #ffffff;

line-height: 0px; max-height: 0px; max-width: 0px; opacity: 0; overflow: hidden; }

</style> <style id="IQCustomStyle"></style> <style id="IQMobileStyle"

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data-gr-ext-installed="" data-new-gr-c-s-loaded="14.1193.0"><div

id="newsletterContent" class=""> <style> p { margin-bottom: 1em; } </style>

<table class="container" border="0" width="100%" cellpadding="0"

cellpadding="0"> <tbody> <tr> <td> <p style="color: #999999; font-family:

Arial; font-size: 10px; text-align: center;">News from Representative Costa

<a

href="https://iqconnect.house.gov/iqextranet/view_newsletter_setup.aspx?link=CA16JC%2501103743%25"

target="_blank">Click here to open this e-mail in its own browser window

 <a

href="https://iqconnect.house.gov/iqextranet/view_newsletter_setup.aspx?plain_text=Y&link=CA16JC"

target="_blank">Click here to open a plain text version of this email </p>

<table class="bg-change" style="margin: 0px auto; border: 2px solid #0d4f82;

width: 13px;" border="0" width="640px" cellpadding="0" cellpadding="0"

align="center"> <tbody><!-- Banner --> <tr> <td style="width: 640px;"

colspan="2" align="center"></td> </tr> <!-- /Banner --> <!-- Menu --> <!-- /Menu --> <!--

Content --> <tr> <td style="width: 640px;" colspan="2"> <table

class="body-zone" border="0" width="640px" cellspacing="0" cellpadding="0" align="left"> <tbody class=""> <tr class=""> <td class="content-change width-change general-change textedit" style="width: 640px; padding: 0px; font-family: 'Book Antiqua', palatino; font-size: 11pt; vertical-align: top; background-color: #ffffff; color: #313941;" align="left" width="460"><table class="button-change" style="width: 100.17%; font-family: Arial, sans-serif; height: 50px;" border="0" cellspacing="0" cellpadding="0"> <tbody class="ui-sortable"> <tr style="height: 50px;"> <td style="width: 14.7264%; height: 50px; text-align: center;"></td> <td style="width: 14.5326%; height: 50px; text-align: center;"></td> <td style="width: 14.845%; text-align: center; height: 50px;"></td> <td style="width: 13.7561%; height: 50px; text-align: center;" align="center"></td> <td style="width: 14.3567%; height: 50px; text-align: center;"></td> <td style="width: 13.5356%; text-align: center; height: 50px;"></td> <td style="width: 18.7124%; height: 50px;"><span

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style="font-family: 'book antiqua', palatino; text-align: center;"></span></strong></span></a></td> </tr> </tbody>
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health and substance abuse outcomes for those youth. Recipients may use grants for providing mental and behavioral health resources for such youth and collecting data.

[H.R.3432 - Telemental Health Care Access Act of 2023](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

Eliminates certain restrictions relating to Medicare coverage of mental health services that are provided through telehealth.

As National Suicide Prevention Month approaches us, it is essential to remind oneself and others about the importance of mental health. Together, we can break the stigma and create a community where mental health is a priority, and no one must face their challenges alone.

If you or someone you know is struggling, please use these resources:

[National Suicide Prevention Lifeline](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2) Call 9988 for immediate support

[Crisis Text Line](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2) Text HOME to 741741 to connect with a volunteer Crisis Counselor. Free confidential 24/7 support.

[Veterans Crisis Line](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2) Call 1-800-273-8255, and Press 1, chat online, or send a text message to 838255.

[Find Local Support Groups \(MHA\)](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

[Finding Help & Treatment](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

[California Department of Healthcare Services](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

<div>class="content-change width-change general-change textedit" style="width: 640px; padding: 3px 10px 15px; background-color: #ffffff; color: #313941; align="center" width="460"></div> <div><table style="width: 240px;" border="0" width="304" cellspacing="0" cellpadding="0" align="center"></div> <div><tbody class="ui-sortable"></div> <div><tr></div> <div><td style="width: 55.2951px; text-align: center;"></div> <div></div> <div></div> <div></div> <div><td style="width: 58.1597px; text-align: center;"></div> <div></div> <div></div> <div></div>
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[Facebook-Icon.png](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

[Twitter-Icon.png](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

[Twitter-Icon.png](https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2)

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target="_blank" rel="noopener"></td> </tr> </tbody> </table></td> </tr> </tbody>
</table> </td> </tr> <!-- /Content --> <!-- Footer --> <tr> <td style="width:
640px;" colspan="2" align="center"> <table class="footer-change general-change"
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color: #d1b547; font-family: 'book antiqua', palatino;">Capitol
Office
<span
style="font-family: 'book antiqua', palatino;">2081 Rayburn<span
style="font-family: 'book antiqua', palatino;">
House Office
Building
Washington, DC 20515
Phone: (202) 225-3341 </p>
</td> <td style="width: 210.332px; padding-top: 10px; padding-bottom: 10px;
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#0b2e51;"> <p style="text-align: center;"><span style="font-weight: bold;
font-size: 11pt; color: #d1b547; font-family: 'book antiqua', palatino;">Fresno
District Office
<span
style="font-family: 'book antiqua', palatino;">2440 Tulare Street<span
style="font-family: 'book antiqua', palatino;">
Suite 420
Fresno, CA
93721
Phone: (559) 495-1620 </p> </td> <td
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padding-bottom: 10px; line-height: normal; font-family: Arial, sans-serif;
background-color: #0b2e51;"> <p style="text-align: center;"><span
style="font-weight: bold; font-size: 11pt; color: #d1b547; font-family: 'book
antiqua', palatino;">Visalia District Office
<span style="font-size:
10pt; color: #f9e9a9; font-family: 'book antiqua', palatino;"><span
style="color: #ffffff;">425 E. Oak Ave
Suite 202
Visalia, CA
93291
Phone: (559) 749-9330 </p></td> </tr> </tbody> </table>
</td> </tr> <!-- /Footer --></tbody> </table> <p style="text-align:
center;"><a
style="color: #999999;"
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ2

I <a style="color: #999999;"
href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=CA16JC&crop=15113QQQ20639616QQQ5411016QQQ7802011">Policy </p> </td> </tr> </tbody> </table> <style> /***** SMARTPHONE
STYLING RULES *****/ @media only screen and (max-width: 497px) {
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