<body><!DOCTYPE HTML PUBLIC "-//W3C//DTD XHTML 1.0 Transitional //EN" "http://www.w3.org/TR/xhtml1/DTD/xhtml1-transitional.dtd" ><html><head> <!--ly, 6/2022, tr#252686--> <style id="IQEmailStyle"> /* Client-specific Styles */ body { width: 100% !important; margin: 0px;} .ReadMsgBody { width: 100%; } .ExternalClass { width: 100%; display:block !important; } /* Force Hotmail to display emails at full width */ /* Reset Styles */ body { margin:0; padding: 0; } img { outline: none; text-decoration: none; max-width :100%;} br, strong br, b br, em br, i br { line-height: 100%; } h1, h2, h3, h4, h5, h6 { line-height: 100% !important; -webkit-font-smoothing: antialiased; } /*ly, tr#221562, add same margin as margin-block-start/end*/ h1{margin-top:0.67em;margin-bottom:0.67em;} h2{margin-top:0.83em;margin-bottom:0.83em;} h3{margin-top:1em;margin-bottom:1em;} h4{margin-top:1.33em;margin-bottom:1.33em;} h5{margin-top:1.67em;margin-bottom:1.67em;} h6{margin-top:2.33em;margin-bottom:2.33em;} table td, table tr { border-collapse: collapse; } p { margin-bottom: 1em; } table.menu-change a { text-decoration:none; } /* pre-header */ .preheader { display:none !important; visibility:hidden; mso-hide:all !important; font-size:0px; color:#ffffff; line-height:0px; max-height:0px; max-width:0px; opacity:0; overflow:hidden; } </style> <style id="IQCustomStyle" ></style> <style id="IQMobileStyle" type="text/css" ></style> <meta name="viewport" content="width=device-width,initial-scale=1.0,user-scalable=0,minimum-scale=1.0,maximum-scale=1.0" ></head> <body id="newsletterBody" class="" ><div id="newsletterContent" class=""> <table style="table-layout: fixed;" border="0" width="640px" cellspacing="0" cellpadding="0" align="center"> <tbody > <tr> <td align="center"> <p style="text-align: center; color: #134278; font-family: Arial; font-size: 10pt;">News from Representative Ryan </P> <table class="body-zone bg-change width-change" style="width: 640px; padding: 0; border-spacing: 0; border-color: #134278;" border="0" cellspacing="0px"> <tbody class=""> <tr > <td class="content-change general-change textedit" style="padding: 0; font-size: 0; font-family: Arial, sans-serif;" ><table class="banner-change" style="width: 100%; border-spacing: 0px; padding: 0px; margin: 0px; font-family: Arial, sans-serif; font-size: 12pt; height: 170px;"> <tbody class="ui-sortable"> <tr style="height: 170px;" > <td style="height: 170px;"> <div style="text-align: center; font-size: 11pt;" ><A id="Home" title="Home" href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=NY19PR&crop=13971QQQ6124460QQ target="_blank" rel="noopener" ><strong style="text-align: center;" ><IMG width=640 style="display: block; margin: 0 auto; max-width: 100%;;" title="PRyanNewsletterHeader.jpg" src="https://iqconnect.house.gov/iqextranet/Customers/NY19PR/PRyanNewsletterHeader.jpg" alt="Image" ></A ></div> </TD> </tr> </tbody> </table ></TD> </tr> <tr> <td class="content-change general-change textedit" style="padding: 0; font-size: 11pt; font-family: Arial, sans-serif;" >

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I was born in Kingston. Attended Kingston High School. And at 18 years old, I wanted to serve this country. To serve the community that raised me. So I made the decision to attend the United States Military Academy at West Point.

On a clear, crisp May morning in 2004. I stood proudly with my West Point classmates, raised my right hand and solemnly swore an oath to protect and defend the Constitution from all enemies, foreign and domestic.

A member of one of the first classes of cadets to graduate after 9/11, I served two tours in Iraq as an Army Intelligence Officer. <strong>It was my job to protect the troops I led in combat. It was my job to make difficult decisions with life-or-death consequences and to maintain my integrity no matter what.

18 years after I took that oath at West Point, I renewed that oath to protect and serve our nation. Alongside my two sons, Theo and Cameron, and my wonderful wife, Rebecca, I vowed that I would fight for my constituents, the same way I fiercely protected my soldiers.</p > <table style="text-align: center; width: 100%;"> <tbody class="ui-sortable"> <tr> <td style="text-align: center;" ><IMG width=640 style="display: block; margin: 0 auto; max-width: 100%;;" title="best_(2).jpg" src="https://iqconnect.house.gov/iqextranet/Customers/NY19PR/best_(2).jpg"

alt="Image" ></TD> </tr> </tbody> </table ></td > </tr> <tr> <td class="content-change general-change textedit" style="padding: 0px 10px; font-size: 14pt; font-family: Arial, sans-serif; background-color: #ffffff;"> <p >I’ve only been down in D.C. a few months, but I’ve certainly hit the ground running. Just a few weeks after being sworn in, I introduced and passed a bill, with support from both Democrats and Republicans, to extend access to VA home loans to National Guardsmen and Reservists.

I know what it means to put one's life on the line for this country, and I will not stop fighting for them to get the benefits they have earned. </P> <p >Since then, I’ve <A href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=NY19PR&crop=13971QQQ6124460QQ target="_blank" rel="noopener">voted to increase funding for local law enforcement</A >, secured millions of dollars in <A href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=NY19PR&crop=13971QQQ6124460QQ target="_blank" rel="noopener">grants to fight the opioid epidemic</A >, and<A href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=NY19PR&crop=13971QQQ6124460QQ target="_blank" rel="noopener"> fought against Central Hudson’s gross incompetence and corporate greed</A >.

So that’s what I’ve been up to down here. But the most important thing is to make sure I’m listening to you. Serving this district is the honor of my lifetime, and it is my job first and foremost to make sure I am representing you.

Please <A href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=NY19PR&crop=13971QQQ6124460QQ target="_blank" rel="noopener">take this brief survey</A > to let me know what is on your mind. I want to hear what matters to you, what is on your mind, and how I can help address it as your representative in DC.

By participating in this survey, you are subscribing to my newsletter. You may unsubscribe at any time.

And if you ever need help right away with the federal government- anything from backlogged veterans’ benefits to stalled tax refunds- please contact my office in Washington D.C. at (202) 225-5614 or in Kingston at (845) 443-2930. </p ></TD> </tr> <tr> <td class="content-change general-change textedit" style="padding: 0px 10px; font-size: 14pt; font-family: Arial, sans-serif; background-color: #ffffff;"> <p >I look forward to hearing from you soon! </P> <p >Sincerely,
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Patrick K. Ryan
Member of Congress
New York's 19th District
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