

[illegible]

mobile-content" style="padding: 10px 30px; font-size: 13pt; font-family: Arial, sans-serif; background-color: #ffffff; color: #000000;"> <p style="text-align: left;"> </p> <p>Hi Viswajith, </p> <p>Posttraumatic stress disorder (PTSD) is a mental health problem that affects lots of people - especially veterans. As a 20-year combat veteran, I'm committed to improving the support systems that help America's heroes heal from the battle scars of service. </p> <p style="text-align: center;"> </p> <p>Today is National PTSD Screening Day. If you've been struggling since experiencing a trauma, take a 5-question self-screen to determine if your feelings are related to PTSD: www.ptsd.va.gov/screen </p> <p>Talking about mental health isn't easy - but with support, PTSD can be treated. In April, I passed my bipartisan bill to ensure veterans have access to the mental health support they need when they transition from their tour of duty back to civilian life. </p> <p>I'll always stand up for America's heroes. If you need any assistance with your veterans benefits, please don't hesitate to call our office at (515) 400-8180 or by visiting nunn.house.gov/veterans. </p> <p style="text-align: center;"> </p> <p>As always, please reach out to our offices with any concerns, comments, or requests. Please also consider signing up for our weekly newsletter to get more updates on news relevant to our community. </p> <p>In Service, </p> <p style="text-align: left;"> </p> <p>Zach Nunn </p> <!-- Save for Web Slices (Untitled-1) --> <table id="Table_01" style="margin-bottom: 20px;" border="0" width="640" cellspacing="0" cellpadding="0"> <tbody class="ui-sortable">

style="margin-bottom: 10px; padding-bottom: 10px;"> <tr> <td style="width: 164.5px; text-align: center;"></td> <td style="width: 82.25px; text-align: center;"></td> <td style="width: 82.25px; text-align: center;"></td> <td style="width: 82.25px; text-align: center;"></td> <td style="width: 82.25px; text-align: center;"></td> <td style="width: 164.5px; text-align: center;"></td> </tr> </tbody> </table> <table class="footer-change general-change office-change mobile-footer" style="width: 100%; font-size: 9pt; font-family: Arial, sans-serif; color: #9a9a9a; background-color: #ffffff;" border="0" cellspacing="0" cellpadding="0"> <tbody class="ui-sortable"> <tr> <td style="width: 100%;" align="center"> <p> </p> <p>Open in browser Open plain text version <a href="https://iqconnect.house.gov/iqextranet/iqClickTrk.aspx?&cid=IA03ZN&crop=15669QQQ36" here to unsubscribe </p> </td> </tr> </tbody> </table></td> </tr> </tbody> </table> </div></body></html></body>