## VI

## CATHERINE DOUGLAS

THE TRAGEDY OF JAMES I. OF SCOTS. 20TH FEBRUARY, 1437.

NOTE.— Tradition says that Catherine Douglas, in honour of her heroic act when she barred the door with her arm against the murderers of James the First of Scots, received popularly the name of "Barlass." The name remains to her descendants, the Barlas family, in Scotland, who bear for their crest a broken arm. She married Alexander Lovell of Bolunnie.

A few stanzas from King James's lovely poem, known as *The King's Ouhair*, are quoted in the course of this ballad.

CATHERINE am a Douglas born,
A name to all Scots dear;
And Kate Barlass they 've called me now
Through many a waning year.

This old arm's withered now. 'Twas once Most deft 'mong maidens all To rein the steed, to wing the shaft, To smite the palm-play ball.

In hall adown the close-linked dance
It has shone most white and fair;
It has been the rest for a true lord's head,
And many a sweet babe's nursing-bed,
And the bar to a King's chambere.