

A dedicated title page that contains the following:

- A clear and descriptive title that makes it clear what the manuscript reports
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Abstract (Level 1 heading)

Objective: The purpose and objective of the research presented (research question). If the data presented is a single observation or the side product of another research project then authors should state this here. **Results:** A brief summary of the main results.

Keywords: Three to ten keywords representing the main content of the manuscript.

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The introduction should be brief and provide the motivation/objective for the work. If the data presented is a single observation or the side product of another study then authors should state this in the introduction. Authors should not write a lengthy introduction or provide a detailed literature review. Instead, it is sufficient to cite one or two relevant review articles to introduce the topic. Authors should cite relevant work if the manuscript extends previously published research. There is no strict word limit on the introduction but we advise authors not to write more than 300 words.

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This should contain the main body of the research note, and may be structured into different subsections with short and informative headings. Authors should concisely describe the <u>data or results</u> they present and provide a <u>short but critical discussion</u> of the findings within the context of the research field.

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Subheading 1 – e.g. Methods (Level 2 heading)

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In order to ensure submissions are of maximum benefit to the research community, authors must clearly state the limitations of their work. This can be done in bullet point format.

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Ethics approval and consent to participate Availability of data and material

- ..

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Consent for publication
Competing interests
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All references must be numbered consecutively, in square brackets, in the order in which they are cited in the text, followed by any in tables or legends. The reference list must be finalized before submission.

Figures, tables and additional files

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