

New College Dinner Menus Week 1

Menu Item	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	24-Feb	25-Feb	26-Feb	27-Feb	28-Feb	29-Feb	1-Mar
Vegetarian Soup of the Day	Mama's Vegetable Noodle (V)	Potato and Leek (Vg)	Swiss Chard and Lentil (V)	Cabbage Goulash (V)	Tomato and Spinach Puree (V)	Soup Du Jour	Soup Du Jour
Meat Based Soup of the Day	Chicken Quesadilla	Italian Beef Noodle	Chicken Corn Chowder	French Canadian Pea and Ham	Boston Clam Chowder	Soup Du Jour	Soup Du Jour
Salad Bar	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.	Three daily Composed Salads with an array of harvested vegetables, nuts, and dried fruits, with daily selection of salad dressing.
Action Station	Fresh Potato Chip Bar: Kettle Cooked Chips, Onion Dip, Vegan Spinach Dip, Ranch Dip, Salsa, Green Onions, Caramelized Onions, Chopped Bacon, Sous Cream	Fried Rice Station	Pad Thai	Fried Rice Station			Spaghetti Two Ways
Grill Station	Beef Burger(H) Chicken Burger(H) French Fries  Gravy/Poutine Daily Special: Mexican Burger with Fried Jalapenos	Beef Burger(H) Italian Sausage Sweet Potato Fries  Gravy/Poutine Daily Special: Chicken Ranch Burger	Beef Burger(H) Corn Dog French Fries  Gravy/Poutine Daily Special: Fish Burger with Spicy Cocktail Sauce	Beef Burger(H) Knackwurst Sausage Waffle Fries  Gravy/Poutine Daily Special: Grilled Swiss Cheese with Bacon and Tomato	Beef Burger(H) Hot Dog French Fries  Gravy/Poutine Daily Special: Shrimp Po Boy with Cajoun Mayo	Beef Burger(H) Chefs Choice French Fries  Gravy/Poutine	Beef Burger(H) Chefs Choice Waffle Fries  Gravy/Poutine
Chef Table Entrée 1	Chicken Pot Pie(H)	Oatmeal Crusted Fish with Burre Blanc	International Day Chicken Piccata (H)	Shepherd's Pie	Garlic Black Bean Mussels and Scallions	Saturday Family Roast: Yankee Pot Roast(H)	Octoberfest Sausage
Chef Table Vegetable	Braised Navy Bean (V)	Garlic Roasted Carrots(V)	Oven Roasted Root Vegetables(V)	Mushy Peas	Asian Vegetable Medley	Oven Roasted Italian Vegetables(V)	Braised Red Cabbage (V)
Vegetable of The Day	Thai Eggplant with peppers, onions and basil	Oven Roasted Okra	Roasted Root Vegetable Medley	Balsamic Glazed Carrots	Sauted Patty Pan Squash		
Chef Table Starch	Rice Pilaf(V)	Mashed Potato(VG)	Lemon Herb Noodles	Mashed Potato(V)	Rice Pilaf(V)	Herbed Egg Noodles(V)	Buttermilk Mashed Potatoes(V)
Vegan Buffet	Eggplant Parmesan(V)  Garlic Bread(V) Spaghetti & Primavera Sauce(V)	North African Lentil Tagine(V)  Orange Scented Couscous(V) Oatmeal Crusted Tofu(V)	Navy Bean Cassoulet(V)  Tofu Cacciatote (V)	Bean Stew(V)  Corn Bread(V)	Garlic Black Bean Stir Fry(V)  Quinoa & Eggplant Caponata(V)	Mushroom Pasta Faggioli(V)  Primavera Bean Stew	Tofu Picatta (V)  Ratatouille (V)
Greens and Things	<b>Classic Cobb Salad:</b> Chicken, Bacon, Red Onions, Avocado, Blue Cheese, Tomatoes, Cucumber, Carrots	<b>Subs Away:</b> Cold Cuts, Turkey, Roasted Vegetables, Egg Salad, Tuna Salad, Cheddar, Swiss, Tomatoes, Red Onions, Hot peppers, Cucumber, Sub Sauce	<b>Chinese Bao:</b> Asian Braised Pork, Onions, Green Onions, Chilies, Cilantro Marinated Daikon and Carrots	<b>Poke Bowl:</b> Sticky Rice, Baby Kale, Cucumber, Edamame, Tabiko, Narutomaki, Green Onions, Avocado, Wakame, Nori, Carrots, Corn	Bubble Tea: Daily Flavoured Tea, Daily Milk Tea, Tapioca Bubbles, Daily Fruit		
Pizza Station	Pepperoni Cheese(VG) Spicy Vegetarian (VG)  Texas Pulled Pork	Pepperoni Cheese(VG) Mushroom Lovers (VG)  Pesto Chicken and Spinach	Pepperoni Cheese(VG) Classic Canadian  Sun Dried Tomato and Red Onion	Special Event : Cheese Pizza Day 5 Cheese Pizza/ Margarita Pizza Neapolitan Pizza Vegan Pizza/Cauliflower Crust Pizza	Pepperoni Cheese(VG) Meat Lovers  Caprese (VG)	Pepperoni Cheese(VG)  Chefs Choice	Pepperoni Cheese(VG)  Chefs Choice
Desserts	Carrot Cake with Cream Cheese Frosting	Baked Apples	Banana Whole Wheat	Rice Pudding	Sticky Toffee Pudding	Chefs Choice Sweets	Chefs Choice Sweets