Temperature, humidity, and latitude analysis to predict potential spread and seasonality for COVID-19

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Abstract

Background:

A significant number of infectious diseases display seasonal patterns in their incidence, including human coronaviruses. Betacoronaviruses such as MERS-CoV and SARS-CoV are not thought to be seasonal.

Methods: We examined climate data from cities with significant community spread of COVID-19 using ERA-5 reanalysis, and compared to areas that are either not affected, or do not have significant community spread.

Findings:

To date, Coronavirus Disease 2019 (COVID-19), caused by SARS-CoV-2, has established significant community spread in cities and regions along a narrow east west distribution roughly along the 30-50° N' corridor at consistently similar weather patterns consisting of average temperatures of 5-11°C, combined with low specific (3-6 g/kg) and absolute humidity (4-7 g/m³). There has been a lack of significant community establishment in expected locations that are based only on population proximity and extensive population interaction through travel.

Interpretation:

The distribution of significant community outbreaks along restricted latitude, temperature, and humidity are consistent with the behavior of a seasonal respiratory virus. Additionally, we have proposed a simplified model that shows a zone at increased risk for COVID-19 spread. Using weather modeling, it may be possible to predict the regions most likely to be at higher risk of significant community spread of COVID-19 in the upcoming weeks, allowing for concentration of public health efforts on surveillance and containment.

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Background:

Many infectious diseases show a seasonal pattern in their incidence. An onerous burden for health care systems around the globe, influenza is the characteristic example. The influenza virus shows significant seasonal fluctuation in temperate regions of the world but nevertheless displays less seasonality in tropical areas. Despite the multitude of possible mechanisms proposed to explain this variation, our current understanding of this phenomenon is still incomplete.

Coronavirus Disease 2019 (COVID-19), caused by SARS-CoV-2, initially came to attention in a series of patients with pneumonia of unknown etiology in the Hubei province of China, and subsequently spread to many other regions in the world through global travel.⁶ Because of geographical proximity and significant travel connections, epidemiological modeling of the epicenter predicted that regions in Southeast Asia, and specifically Bangkok would follow Wuhan, and China in the epidemic.^{7,8} More recently, the World Health Organization has declared this as a pandemic. For many the biggest concern is not only the swift spread of the pandemic, but also how it will behave in the coming months, and which areas and populations are most at risk.

A number of studies, both laboratory, ⁹ epidemiological studies, ^{10,11} and mathematical modelling, ¹² point to role of ambient temperature and humidity on the survival and transmission of viruses. The tremendous level of research supporting both ambient temperature and humidity in its role in transmission and infection motivated this study to examine the influence of environmental factors on COVID-19. We sought to determine whether climate could be a factor in the spread of this disease.

Methods:

2-meter (2m) temperatures, relative humidity (RH), specific humidity (Q), and absolute humidity (AH) were based on data from the ECMWF ERA-5 reanalysis. Climatologic (1979-2020) and persistence forecasting (2019 data) was used to analyze latitude and temperature trends globally and for affected areas using ERA-5. ERA-5 reanalysis data for 2019 obtained from Climate Reanalyzer (https://ClimateReanalyzer.org), Climate Change Institute, University of Maine, USA. ERA-Interim reanalysis data (https://doi.org/10.1002/qj.828). ERA-5 reanalysis was also carried out for January-February 2020 and displayed using Copernicus Climate Change Service Information 2020. The analysis of 2-meter temperature is performed in separate analysis following the upper air 4D-Var analysis. ERA-5 reanalysis data (C3S, 2017) covers the earth with a resolution of 30 km x 30 km. Preliminary daily updates are available 5 days of real time though quality-assured monthly updates are published within 3 months of real time. 2m temperature was calculated by interpolating between the lowest model level and the Earth's surface, taking into account the atmospheric conditions.

2-meter Temperature (2m) is temperature at the height of 2 meters above earth's surface. Relative humidity (RH) is the percentage of the maximum amount of water vapor that the atmosphere can hold at a given temperature (saturation). Specific humidity (Q) is defined as the mass of water vapour in a unit mass of moist air (g/kg). Absolute humidity (AH) is defined as the total mass of water vapor present in a given volume or mass of air (g/m³). COVID-19 country-wide data was obtained from Johns Hopkins CSSE. Significant community transmission is defined as ≥ 10 reported death as of March 10, 2020.

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Findings:

Through March 10, 2020, significant community transmission has occurred in a consistent east and west pattern. Initially, the new epicenters of disease were all roughly along the 30-50° N' zone; to South Korea, Japan, Iran, and Northern Italy (Figure 1). After the unexpected emergence of a large outbreak in Iran, we first made this map in late February. Since then new areas with significant community transmission include the Northwestern United States, Spain, and France (Figure 1). Notably, during the same time, COVID-19 failed to spread significantly to countries immediately north (such as Russia and Mongolia) and south of China. The number of patients and reported deaths in Southeast Asia is much less when compared to more temperate regions noted above.

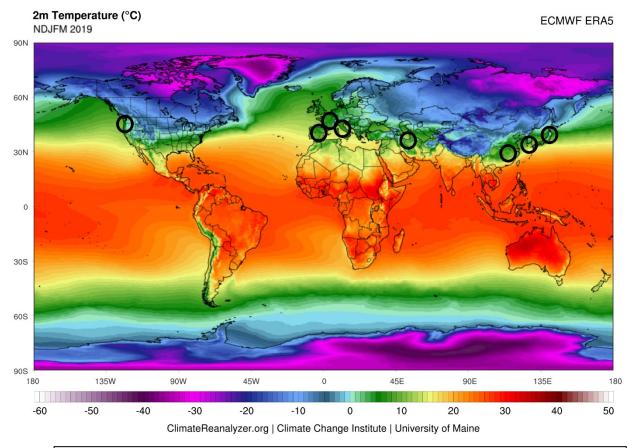


Figure 1. World temperature map November 2018-March 2019. Color gradient indicates 2-meter temperatures in degrees Celsius. Black circles represent countries with significant community transmission (≥ 10 deaths as of March 10, 2020). Image from Climate Reanalyzer (https://ClimateReanalyzer.org), Climate Change Institute, University of Maine, USA.

Further analysis using 2-meter (2m) temperatures from 2020 yielded similar results (Figure 2). In the months of January 2020 in Wuhan and February 2020 in the other affected cities, there was a striking similarity in the measures of average temperature (4-9 °C at the airport weather stations). Average temperatures from a period of 20-30 days prior to the first community spread death in the area showed similar temperatures (3-9 °C at the airport weather stations) (Supplementary Table 1, Supplementary Figure 1), and as city temperatures

are slightly higher than airports due to urban effect,¹³ they are within an estimated range of 5-11°C. In addition to having similar average temperature, these locations also exhibit a commonality in that the timing of the outbreak coincides with a nadir in the yearly temperature cycle with relatively stable temperatures over a one month period or more (Table 1 and Supplementary Figure 1). These cities had varying relative humidity (44-84%), but consistently low specific (3-6 g/kg) and absolute humidity (4-7 g/m³) (Table 1). The combined profile of having low average temperatures and specific humidity tightly clusters all the cities with significant outbreaks as of March 10, 2020 (Figure 3).

Average 2-meter Temperature (°Celsius) for Jan-Feb 2020 (ERA-5)

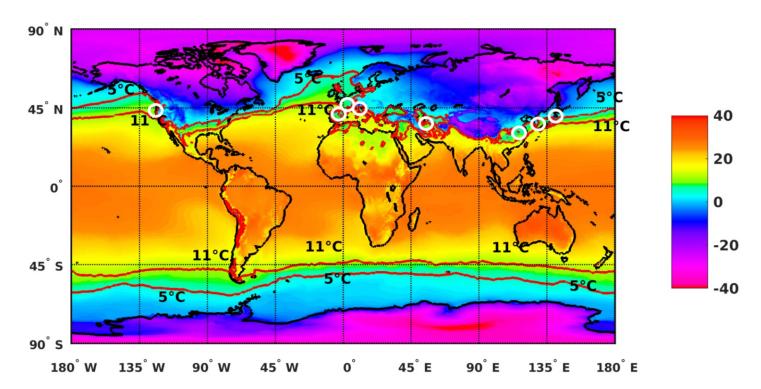


Figure 2. World temperature map January 2020-February 2020. Color gradient indicates 2-meter temperatures in degrees Celsius based on data from the ECMWF ERA-5 reanalysis. White circles represent countries with significant community transmission (≥10 deaths as of March 10, 2020), and red isolines areas with temperature between 5-11°C. Generated using Copernicus Climate Change Service Information 2020.

Temperature versus humidity plot for cities with COVID-19 outbreaks

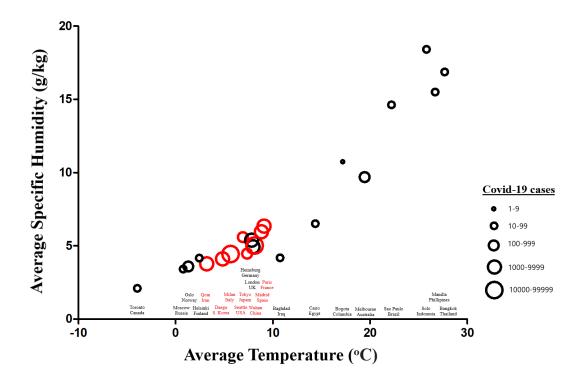


Figure 3. Temperature versus humidity plot for cities with COVID-19 based on data from the ECMWF ERA-5 reanalysis. Temperatures and specific humidity are average values obtained from cities between 20 and 30 days prior of 1st community spread related death for cities with significant community outbreaks of COVID-19. Other cities with COVID-19 outbreaks were similarly analyzed, with benchmarks being 1st community spread related death (when available), or 1st case if no deaths had occurred yet. Red color represent countries with significant community transmission (≥10 deaths as of March 10, 2020), and circle size represents total cases in each country.

Given the temporal spread among areas with similar temperature and latitude, some predictions can tentatively be made about the potential community spread of COVID-19 in the coming weeks. Using 2019 temperature data for March and April, risk of community spread could be predicted to affect areas just north of the current areas at risk (Figure 4). These could include (from east to west) Manchuria, Central Asia, the Caucuses, Eastern Europe, Central Europe, the British Isles, the Northeastern and Midwestern United States, and British Columbia.

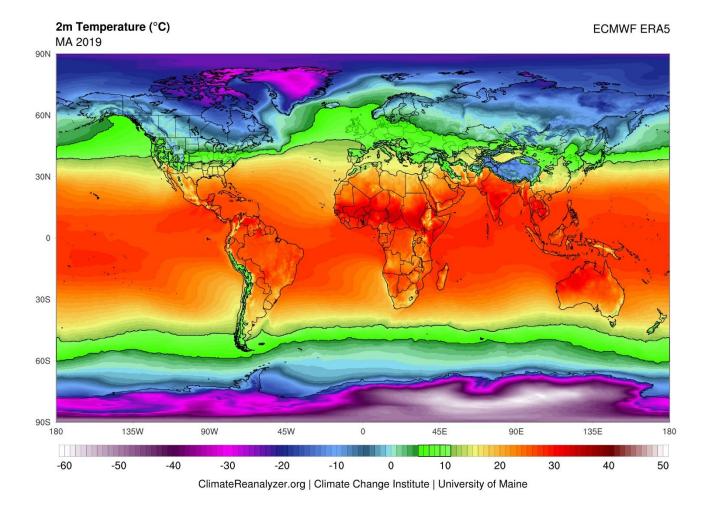


Figure 4. World 2 meter average temperature map March 2019-April 2019 predicting at risk zone for March-April 2020. Color gradient indicates average 2M temperatures in degrees Celsius. Tentative zone at risk for significant community spread in the near-term include land areas within the green bands, outlined in dark black (showing 5-11°C zone based on 2019 data), and will change based on actual average temperatures during this time period. Image from Climate Reanalyzer (https://ClimateReanalyzer.org), Climate Change Institute, University of Maine, USA. Digital manipulation by Cameron Gutierrez and Glenn Jameson.

Table 1. November 2019 to February 2020 monthly climate data

City	Nov 2019			Dec 2019				Jan 2020				Feb 2020				
	2m	Rh	Q	AH	2m	Rh	Q	AH	2m	Rh	Q	AH	2m	Rh	Q	AH
	(°C)	(%)	(g/kg)	(g/m^3)	(°C)	(%)	(g/kg)	(g/m^3)	(°C)	(%)	(g/kg)	(g/m^3)	(°C)	(%)	(g/kg)	(g/m^3)
Cities with significant community transmission of COVID-19																
Wuhan	14	66	6	8	8	74	5	6	5	84	4	6	10	77	6	7
Tokyo	14	72	7	9	10	73	5	7	8	72	5	6	9	66	5	6
Daegu	9	68	5	6	2	62	3	4	3	67	3	4	4	62	3	4
Qom	9	61	5	5	7	72	5	6	4	69	4	4	8	44	4	4
Milan	9	85	6	8	7	80	5	6	5	77	4	5	8	60	4	5
Seattle	7	84	5	7	7	88	5	7	7	85	5	7	6	82	5	6
Paris	8	89	6	7	6	87	5	7	6	88	5	7	8	81	6	7
Madrid	9	74	6	7	8	77	5	6	6	77	5	5	9	71	5	6
Cities tentatively predicted to be at risk for COVID-19 in the coming weeks																
London	7	90	6	7	7	89	5	7	7	89	6	7	7	81	5	6
Manchester	6	92	5	7	5	91	5	6	6	90	5	7	6	84	5	6
Berlin	6	88	5	7	4	84	4	6	4	84	4	5	6	77	5	6
Prague	6	86	5	6	3	82	4	5	2	84	4	5	5	72	4	5
Hamburg	6	91	5	7	5	87	5	6	5	89	5	6	6	82	5	6
Vancouver	8	81	5	7	6	85	5	6	5	82	5	6	5	81	4	6
New York	7	65	4	5	3	74	4	5	3	69	4	4	4	69	4	5
Warsaw	6	88	5	7	3	86	4	5	2	87	4	5	4	79	4	5
Glasgow	5	88	5	6	6	89	5	7	7	86	5	7	5	85	5	6
Kiev	5	84	5	6	3	87	4	5	1	86	3	4	2	77	4	4
St. Louis	5	71	4	5	3	75	4	5	2	78	4	4	2	72	3	4
Beijing	5	53	3	4	-3	54	2	2	-3	58	2	2	1	62	2	3
Previously pre	dicted o	city wh	ere CO	VID-19	failea	l to tak	ke hold									
Bangkok	28	70	16	19	26	70	15	17	28	74	17	20	28	70	16	19
Average 2m te	emperat	ure (°C), relat	ive hun	nidity	(RH, %	6), spec	cific hu	midity	(Q, g/k	g), and	absolut	te hur	nidity (AH, g/1	m³) data
from cities wit	from cities with community spreading of COVID-19 (as of 3/10/20). Temperature and humidity based on data from the															

Average 2m temperature (°C), relative humidity (RH, %), specific humidity (Q, g/kg), and absolute humidity (AH, g/m³) data from cities with community spreading of COVID-19 (as of 3/10/20). Temperature and humidity based on data from the ECMWF ERA-5 reanalysis. Temperatures not adjusted for urban effect.

Interpretation: The distribution of the significant community outbreaks along restricted latitude, temperature, and humidity are consistent with behavior of a seasonal respiratory virus. The association between temperature and humidity in the cities affected with COVID-19 deserves special attention. There is a similarity in the measures of average temperature (5-11°C) and RH (44-84%) in the affected cities and known laboratory conditions that are conducive to coronavirus survival (4°C and 20-80% RH). In the time we have written up these results, new centers of significant community outbreaks include parts of Germany and England, all of which had seen average temperatures between 5-11°C in January and February 2020, and included in either the Jan-Feb 2020 map (Figure 2), or Mar-Apr risk map (Figure 4).

Temperature and humidity are known factors in SARS-CoV, MERS-CoV and influenza survival. ¹⁵⁻¹⁸ Furthermore, new outbreaks occurred during periods of prolonged time at these temperatures, perhaps pointing to increased risk of outbreaks with prolonged conditions in this range. Besides potentially prolonging half-life and viability of the virus, other potential mechanisms associated with cold temperature and low humidity include stabilization of the droplet and enhanced propagation in nasal mucosa, as has been demonstrated with other respiratory viruses. ^{9,19} It is important to note that even colder areas in the more northern latitudes have been relatively free of COVID-19 pointing to a potential minimum range for the temperature, which could be due to avoidance of freeze-thaw cycles that could affect virus viability or other factors (as at least one human coronaviruses tested is freeze-thaw resistant). ²⁰ Although most studies have focused on relative humidity, this can be affected by temperature, and thus specific humidity (a measure of absolute humidity) is used to control for this variable. Researchers have found that low specific humidity is a key factor in

laboratory transmission of influenza,⁹ as well as the onset of seasonal influenza in the United States.¹¹ All of the above points to a potential direct relation between temperature and SARS-CoV-2 environmental survival and spreading. This hypothesis can be tested in experimental conditions similar to work that has been done before,¹⁴ environmental sample testing from areas of ongoing infection, and close epidemiologic and climate studies.

In the coming two months, temperatures will rise dramatically across many areas in the Northern Hemisphere, which potentially place many areas at risk, according to our simplified model. However, the current model does not take into account the effect of forecast temperatures or specific humidity, which will be included in future models. The areas to the north which develop temperature profiles that overlap current areas at risk, may only do so transiently as they rapidly warm (with possible exception of areas such as the Northwest United States and British Columbia, which can stay at yearly nadirs for prolonged periods of time). Furthermore, as the virus moves further north it will encounter sequentially less human population densities. The above factors, climate variables not considered or analyzed (cloud cover, maximum temperature, etc.), human factors not considered or analyzed (impact of public health interventions, concentrated outbreaks like cruise ships, travel, etc.), viral factors not considered or analyzed (mutation rate, pathogenesis, etc.), mean that although the current correlations with latitude, temperature, and humidity seem strong, a direct causation has not been proven and predictions in the near term have to be considered with extreme caution.

Human coronaviruses (HCoV-229E, HCoV-HKU1, HCoV-NL63, and HCoV-OC43), which usually cause common cold symptoms, have been shown to display strong winter seasonality between December and April, and are undetectable in summer months in temperate regions.²¹ Some studies have shown that the alphacorona virus HCoV-229E peaks in the fall, while HCoV-OC43 (a betacoronavirus in the same genera as SARS-CoV-2) has a winter predominance. 22,23 Although it would be even more difficult to make a long-term prediction at this stage, it is tempting to expect COVID-19 to diminish considerably in affected areas (above the 30° N') in the coming months and into the summer. It could perhaps prevail at low levels or cause several seasonal peaks in tropical regions similar to influenza, cause outbreaks in the Southern Hemisphere at the same time, and begin to rise again in late fall and winter in temperate regions in the upcoming year. One other possibility is that, combined with intensive public health efforts, it will not be able to sustain itself in the summer in the tropics and Southern Hemisphere and disappear, just as SARS-CoV did so in 2003; however, the everincreasing number of cases worldwide make this increasingly less likely. MERS has pointed to as a case of a betacoronavirus that is able to spread in all seasons. However, it should be remembered that the vast majority of cases were in the Arabian Peninsula and that influenza infection there does not follow the same pattern as more temperate climates.²⁴ In the upcoming summer months in the Northern Hemisphere, surveillance efforts for SARS-CoV-2 in currently affected areas will be important to determine if there is a viral reservoir (such as prolonged stool shedding). Similarly, surveillance efforts in the tropics, as well as New Zealand, Australia, South Africa, Argentina, and Chile between the months of June through September may be of value in determining establishment in the human population.

An avenue for further research involves the use of integrated or coupled epidemiological-earth-human systems models, which can incorporate climate and weather processes and variables (e.g., dynamics of temperature, humidity) and their spatiotemporal changes, as well as simulate scenarios of human interactions (e.g., travel, transmission due to population density). Such models can assimilate data currently being collected to accelerate the improvements of model predictions on short time scales (i.e., daily to seasonal). This type of predictive approach would allow to explore questions such as what are population centers most at risk and for how long; where to intensify large scale surveillance and tighten control measures to prevent spreading;

better understanding of limiting factors for virus spreading in the Southern Hemisphere; and making predictions for a 2021-2022 virus season. A better understanding of the cause of seasonality for coronaviruses and other respiratory viruses would undoubtedly aid in better treatments and/or prevention, and be useful in determining which areas need heightened surveillance.

Conflict of interest: None to declare.

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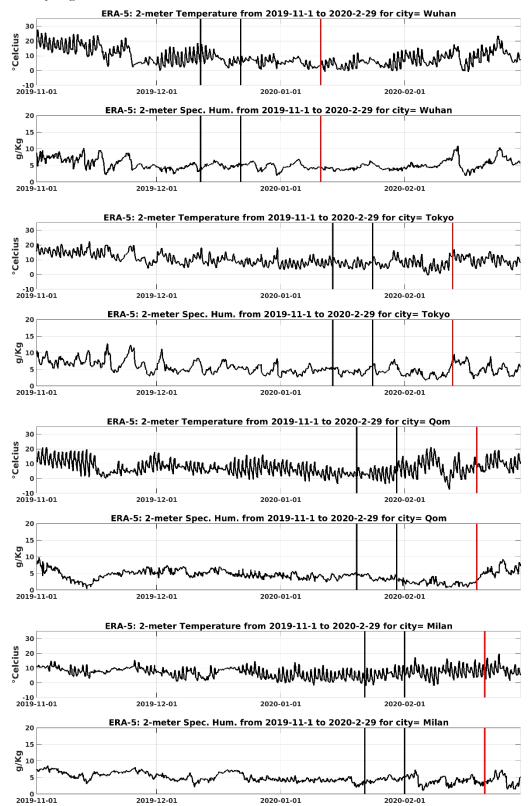
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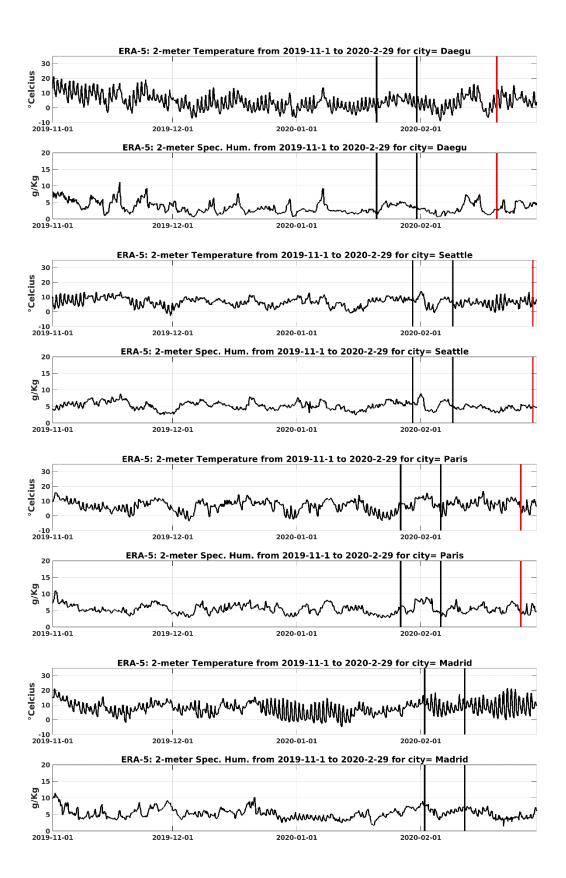
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Supplementary Figure and Table





Supplementary Figure 1. Average 2-meter average temperature and specific humidity charts for cities with significant COVID-19 outbreaks. Traces contain data from November 1, 2019 to the February 29, 2020 obtained from ERA-5 reanalysis. Red line indicates 1st community acquired COVID-19 case that led to death. Two black lines show the window between 20-30 days prior to the first death, presumably when community spread first occurred (assuming a doubling of cases every 5 days, and mortality rate between 2-3%).

Supplementary Table 2. City data related to significant COVID-19 outbreaks

Country (representative city)	Date of 1st reported community death	Date 1st reported case in country	Latitude	Koppen Climate Classification
China (Wuhan)	January 11, 2020	December 31, 2019	30.7766	Humid Subtropical Climate (Cfa)
Japan (Tokyo)	February 13, 2020	January 16, 2020	35.5494	Humid Subtropical Climate (Cfa)
S. Korea (Daegu)	February 20, 2020	January 31, 2020	35.8995	Dry-winter humid subtropical climate (Cwa)
Iran (Qom)	February 19, 2020	February 19, 2020	34.5756	Hot desert climate (Bwh)/ Hot semi-arid climates (Bsh)
Italy (Milan)	February 21, 2020	January 31, 2020	45.6301	Humid Subtropical Climate (Cfa)
France (Paris)	February 26, 2020	January 25, 2020	48.7262	Marine west coast climate (Cfb)
USA (Seattle	February 29, 2020	January 20, 2020	47.4502	Mediterranean warm/cool summer climates (Csb)
Spain (Madrid)	March 3, 2020	February 1, 2020	40.4983	Mediterranean hot summer climate (Csa)